



Essex Cross Country League – Rd 4 – Hilly Fields Colchester Sat 10th Jany

There were two individual and two team victories for Havering athletes as the fourth of the five round Essex Cross Country League season was held at Colchester's Hilly Fields course.

Findlay McLaren's second successive win in the **Under 17 Men's** race, ahead of teammate Sam Horseley, led the team's third win and ensured that Havering have already won the league title with one match to spare, as team positions are based on the best of the four matches. Shea Sweeney was a fine fifth and Sean Mugagga in 12th and Liam Battrum in 19th also competed.

Essex champion Kate O'Neill cruised to victory in the **Senior Women's** race in her first league outing this winter. Lydia Smith was ninth in her first race since last February and Morgan Campbell in 16th and Robyn Matson's 17th place finish saw the team settle for second on the day. Charlotte Evans (36th), Clare Rudgley (76th), Jane Hallam (104th) and Tracy O'Neill 118th also saw action. Havering have a narrow lead heading into the final fixture which will see the club go head to head with Chelmsford and Colchester Harriers in a three-way fight for the title.

The **Senior Men** notched up their first win of the winter, edging out Colchester Harriers on count back. Chander Dhillon (5th), James Stewart (8th), Kieran O'Hara (11th) and Sam Atkins all made the top 20, and Andrew Adebuse and Rob Warner in 24th and 25th were the other scorers. John Whitehead in 46th, Graham Pritchard in 63rd and John Barker 87th made the top 100 with Tony Pecoraro 123rd, Gary Atkins (135th), Steve Walker (154th) and Roy James (184th) the other finishers.

The **Under 13 Girls** were again runners up to the unbeaten SS Athletics squad who confirmed the title. Molly Jenkinson-Smith was first home in ninth, with Lucy Tregidgo 14th and 18th placed Esther Oyemike and Eleanor Fair (21st) the other Havering scorers. Emilia Curley and Isla Herrera were 22nd and 25th

The **Under 13 Boys'** team were third with Harrison Sewell in seventh and James Fenn both in the top 10, with Austin Broadhurst and Alex Stokes 20th and 21st the other scorers. Also competing were Joseph Legg (28th), Parker Swaisland (31st) Jack Rushworth (33rd) and James Campbell 41st.

There was another impressive turn out for **Under 15 Boys** with 11 in action as the team again placed third. First home was Jake Tregidgo in ninth with Henry Wakeling 19th, and Jack Rossington 21st and Callum Millard Jennings 25th completing the scoring quartet. Oliver Rushworth and Cruz Carvell made the top 30, with Thomas Swan, Stephen Hunt, and Luke Brewington making the top 40. Aidan Fairfax and Rhys Cullum also competed.

Ruby Beasley in sixth flew the flag for the **Under 17 Women** affected by a clash with a school as were the **Under 15 Girls** with Evie Green in 27th the only club competitor. In the **Under 11** competition Luke Hathaway was 20th placed boy and Amelia Bright and Ava Lynch were ninth and 19th for the girls.

The league season concludes at Basildon on 7th February while next week's cross country action sees club athletes competing for their borough teams at the Essex Schools Championships at Writtle University College.

For athlete & team photos see Havering AC Facebook Group (members only)

For Mike Jeffery's action photos see Essex Cross Country League Facebook Group
<https://www.facebook.com/groups/235239086671265>

Round 4 – Results

Senior Men: 5th Chander Dhillon 26:14; 8th James Stewart 26:24; 11th Kieran O'Hara 26:44; 20th Sam Atkins 27:31; 24th Andrew Adebuseye 27:48; 25th Rob Warner M40 27:50; (**Team 1st – 93 points**); 46th John Whitehead 29:22; 63rd Graham Pritchard M45 30:27; 87th John Barker M60 31:45; 123rd Tony Pecoraro M60 34:28; 135th Gary Atkins M55 35:14; 154th Steve Walker M55 26:31; 184th Roy James M55 39:35; **Teams:** 1st Havering 93; 2nd Colchester H 93; 3rd Southend 115. **League:** 1st Southend 6; 2nd Havering 9; 3rd Colchester H 13.

Veterans Teams (four to score): 1st Orion 87; 2nd Colchester H 143; 3rd Chelmsford 279; 4th Havering 298
League: 1st Orion 4; 2nd Havering 11; 3rd Colchester H 16

Senior Women: 1st Kate O'Neill 25:55; 9th Lydia Smith 27:18; 16th Morgan Campbell W35 28:30; 17th Robyn Matson W35 28:40; (**Team 2nd – 43 points**); 36th Charlotte Evans 31:55; 76th Clare Rudgley W50 38:46; 104th Jane Hallam W55 43:34; 118th Tracy O'Neill W60 46:37. **Div. 1 Teams:** 1st Colchester H 29; 2nd Havering 43; 3rd Chelmsford 72 **League:** 1st Havering 7; 2nd Chelmsford 8; 3rd Colchester H 18;

Under 17 Men: 1st Findlay McLaren 21:02; 2nd Sam Horsley 21:20; 5th Shea Sweeney 22:31; (**Team 1st – 9 points**); 12th Sean Mugagga 25:18; 19th Liam Battrum 27:39. **Teams:** 1st Havering 9; 2nd Colchester & T 33; 3rd Chelmsford 9 (2 athletes) **League** 1st Havering 5; 2nd Chelmsford 8; 3rd Southend 13

Under 17 Women: 6th Ruby Beasley 27:54; (**Team 6th**); **Teams:** 1st Basildon 18; 2nd Chelmsford 18; 3rd Colchester H 18 (2 athletes)... 6th Havering **League:** 1st Basildon 6; 2nd Chelmsford 16; 3rd Colchester H 19; 4th Havering 29.

Under 15 Boys: 9th Jake Tregidgo 15:17; 19th Henry Wakeling 16:06; 21st Jack Rossington 16:11; 25th Callum Millard Jennings 16:19; (**Team 3rd – 76 points**) 26th Oliver Rushworth 16:30; 30th Cruz Carvell 16:48; 34th Thomas Swan 17:07; 37th Stephen Hunt 17:19; 39th Luke Brewington 17:28; 45th Aidan Fairfax 18:10; 47th Rhys Cullum 19:01; **Teams:** 1st Basildon 37; 2nd Colchester & T 53; 3rd Havering 76; **League:** 1st Basildon 6; 2nd SS Athletics 11; 3rd Havering 14

Under 15 Girls: 27th Evie Green 21:22; (**Team 6th**) **Teams:** 1st Brentwood Beagles 25; 2nd Basildon 27; 3rd SS Athletics 30 .. 6th Havering **League:** 1st Brentwood Beagles 5; =2nd SS Athletics & Basildon 11 .. 5th Havering 23.

Under 13 Boys: 7th Harrison Sewell 13:38; 10th James Fenn 13:44; 20th Austin Broadhurst 14:11; 21st Alex Stokes 14:14 (**Team 3rd – 58 points**) 28th Joseph Legg 14:52; 31st Parker Swaisland 15:01; 33rd Jack Rushworth 15:06; 41st James Campbell 15:52; **Teams:** 1st SS Athletics 30; 2nd Colchester & T 34; 3rd Havering 58 **League:** 1st SS Athletics 4; 2nd Colchester & T 14; 3rd Havering 15 .

Under 13 Girls: 9th Molly Jenkinson-Smith 15:16; 14th Lucy Tregidgo 16:14; 18th Esther Oyemike 17:01; 21st Eleanor Fair 17:10 (**Team 2nd – 62 points**). 22nd Emilia Curley 16:29;; 25th Isla Herrera 17:21; **Teams:** 1st Basildon 40; 2nd Havering 62; 3rd Colchester H 62. **League:** 1st SS Athletics 8; =2nd Havering & Basildon 14.

Under 11 Boys: 20th Luke Hathaway 7:56; **Under 11 Girls:** 9th Amelia Bright 8:16; 19th Ava Lynch 8:49.