

Eastern Young Athletes' League, Watford Sun 18th May 2025

	Total	BU13	BU15	MU17	GU13	GU15	WU17
Chelmsford	818	105	133	110	100	141	171
Shaftesbury Barnet	766	135	121	144	112	86	107
Havering AC	708	69	103	145	98	112	136
St Albans	515	48	112	69	68	83	88
Watford	480	76	44	84	83	104	47
Bedfordshire Lions	299	28	33	30	71	43	35
Orion/Ilford	288	53	61	59	1	56	20

Under 17 Men

Event	'A' String	Result	Pos	'B' String	Result	Pos
100m	Romel Semper	12.2	5	Tom Walford	12.1	3
200m	Romel Semper	25.5	7	Tom Walford	24.8	3
400m	Shea Sweeney	54.7	4	Jayden Wilkinson	56.7	2
800m	Findlay McLaren	2:01.7	1	Shea Sweeney	2:10.4	2
1500m	Aidan Doherty	4:19.6	3	Sean Mugagga	4:56.8	3
100m H	Romel Semper	15.2	3	Emanuel Iwuchukwu	15.6	2
Pole Vault	X			No B string		
High Jump	Findlay McLaren	1.70	2	Aidan Doherty	1.70	2
Long Jump	Emanuel Iwuchukwu	5.67	1	Jayden Wilkinson	5.18	1
Triple Jump	Emanuel Iwuchukwu	12.94	1	Harrison Rabess	11.60	1
Shot	Sam Johnson	12.80	2	Harrison Rabess	10.97	2
Discus	Harrison Rabess	39.21	2	Sam Johnson	23.84	2
Hammer	Sam Johnson	46.63	1	No B string		
Javelin	Samuel Burdett	40.28	2	Jayden Wilkinson	30.42	1
4x100m	Aidan, Jayden, Emanuel, Tom				47.7	5

Under 17 Women

Event	'A' String	Result	Pos	'B' String	Result	Pos
100m	Kara Adegite	13.3	3	Honey Peck	14.1	4
200m	Amy Mansell	26.4	1	Kara Adegite	27.7	2
300m	Jessie Lynes	45.4	4	Daisy Cossey-Atkins	46.2	3
800m	Emmie Lole	2:20.3	1	Jasmine Asmal	2:33.3	2
1500m	Poppy Vines	4:54.8	2	Orla Friel	5:02.2	1
80m H	Jasmine Asmal	14.1	3	Scarlett Woods	14.7	2
Pole V	Scarlett Woods	2.30	1	No B string		
High J	Honey Peck	1.30	5	Grace Tilson	1.30	4
Long J	Amy Mansell	4.91	3	-		
Triple J	Jasmine Asmal	9.63	3	Grace Tilson	8.26	3
Shot	Lila Chapelhow	9.11	3	Grace Tilson	6.25	3
Discus	Lila Chapelhow	24.22	2	Clare Coogan	20.76	3
Hammer	Lila Chapelhow	33.19	3	No B string		
Javelin	Scarlett Woods	25.35	1	Amy Mansell	19.17	2
4x100m	Kara, Honey, Olivia Bryant-Afriyie, Jessie				DQ	

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Under 15 Girls						
Event	'A' String	Result	Pos	'B' String	Result	Pos
100m	Abigail Adegite	14.1	5	Mia Borisova	14.2	6
200m	Abigail Adegite	28.8	6	Isabella Bryant-Afriyie	29.0	4
300m	Millie Cook	43.6	1	Brooke Lavey	47.6	7
800m	Millie Cook	2:24.5	3	Elena Williams	2:47.2	5
1500m	Holly Mason-Hughes	5:58.5	6	Isabelle Ridley	6:09.0	4
75m H	Siobhan Etemadi	12.7	4	Brooke Lavey	13.1	2
Pole Vault	-			No B string		
High Jump	Poppy Dent-Jones	1.55	1	Amelie Shearing	1.40	2
Long Jump	Mia Borisova	4.24	3	Siobhan Etemadi	3.55	4
Shot	Dulce Smith-Rodriguez	8.85	2	Kia Hylton-Jones	8.32	1
Discus	Dulce Smith-Rodriguez	23.07	1	Ayla Baker	21.50	1
Hammer	Dulce Smith-Rodriguez	20.49	3	No B string		
Javelin	Ayla Baker	30.48	1	Bethany Friel	11.54	4
4x100m	Siobhan, Mia, Millie, Abigail				55.1	4
Under 15 Boys						
Event	'A' String	Result	Pos	'B' String	Result	Pos
100m	Tobi Oloyede	12.4	3	Tobi Oluborode Oluseye	13.3	3
200m	Zaire Lewin-Dawkins	25.6	5	Timi Oluborode Oluseye	26.8	3
300m	Nathan Hathaway	42.3	5	Timi Oluborode Oluseye	42.0	4
800m	Barney Sullivan	2:29.1	7	Stephen Hunt	2:28.8	5
1500m	Callum Millard Jennings	5:16.1	7	Cruz Carvell	5:17.3	4
80m H	Derin Okubanjo	14.2	3	Nathan Hathaway	13.7	2
Pole V	-			No B string		
High J	Tobi Oluborode Oluseye	1.40	4	-		
Long J	Tobi Oloyede	5.05	1	Tobi Oluborode Oluseye	4.98	1
Shot	Ethan Johnson	8.97	4	Barney Sullivan	7.38	3
Discus	Ethan Johnson	29.55	1	Israel Boateng	15.10	2
Hammer	-			No B string		
Javelin	Ethan Johnson	29.51	2	George Rogers	20.86	2
4x100m	Tobi O, Tobi OO, Timi OO, Zaire				49.0	2

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Under 13 Girls						
100m	Charlene Bangne	14.1	4	Betsy Morrow	15.4	6
200m	Charlene Bangne	29.3	3	Betsy Morrow	30.8	4
800m	Lucy Tredidgo	2:44.5	4	Eliza Mesher	2:50.6	3
1500m	Darcy Davies	5:34.7	6	Molly Jenkinson-Smith	5:34.8	3
75m Hurdles	Lucy Tredidgo	12.9	3	Edie Smith	13.1	2
High Jump	Edie Smith	1.25	3	Elsie Smith	1.20	2
Long Jump	Lucy Tredidgo	3.89	5	Isla Herrera	3.22	6
Shot	Betsy Morrow	7.66	1	Edie Smith	5.74	1
Discus	Darcy Davies	9.67	5	Emily Johnson	8.36	3
Javelin	Sophia Karim	21.70	1	Keira Attwood- Kelly	19.89	1
4x100m	Elsie, Betsy, Thalia, Charlene				58.4	5
Under 13 Boys						
Event	'A' String	Result	Pos	'B' String	Result	Pos
100m	Rajveer Nahr	15.7	7	Teddy Madlin	14.5	3
200m	AJ Gray	30.5	4	Samuel Kirk	31.2	4
800m	Alex Stokes	2:39.1	4	Teddy Madlin	2:44.0	2
1500m	Joseph Legg	5:11.9	5	James Fenn	5:12.2	2
70m H	Teddy Madlin	15.7	3	-		
High J	Rajveer Nahr	1.10	6	-		
Long J	AJ Gray	3.96	4	Samuel Paul	2.93	5
Shot	Samuel Paul	7.47	4	-		
Discus	Rajveer Nahr	14.16	2	-		
Javelin	Samuel Kirk	15.64	4	AJ Gray	15.55	3
4x100m	Teddy, AJ, Samuel K, Rajveer				59.5	4

Eastern Young Athletes' League 2025 **Non-Scoring Athletes**

Name	Age-group	Event 1	Event 2	Event 3
Elsie Smith	U13G	100: 15.7	LJ: 3.48	
Ina Johnson	U13G	800: 3:15.7		
Isla Herrera	U13G	100: 16.2	200: 33.6	
Thalia Hayes	U13G	100: 15.8	200: 34.2	SP: 5.27
Destiny Carbon	U13G	100: 14.7	200: 32.3	LJ: 3.26
Meadow McNab	U13G	100: 17.0	800: 3:16.7	
Emily Johnson	U13G	200: 35.2	JT: 16.21	
Isla Green	U13G	70H: 14.0	800: 2:58.9	100: 15.7
Danielle Adeyinka	U15G	100: 14.7	200: 29.4	
Safia Kadar	U15G	100: 15.7	200: 32.8	
Isabella Bryant-Afriyie	U15G	100: 13.5		
Siobhan Etemadi	U15G	100: 14.2		
Sophia-Rae Ahmad	U15G	100: 15.9		
Amira Bryant-Afriyie	U15G	200: 31.4		
Chrysta-Marie Mainoo	U15G	200: 32.8		
Bethany Friel	U15G	800: 2:52.6	LJ: 2.97	
Amelie Shearing	U15G	75H: 13.7		
Ruby Wealleans	U15G	LJ: 3.91		
Brooke Lavey	U15G	LJ: 3.14		
Olivia Bryant-Afriyie	U17W	100: 15.4		
Amelie Madlin	U17W	300: 49.2	JT: 15.84	
Daisy Cossey-Atkins	U17W	800: 2:42.1	200	
Orla Friel	U17W	JT: 22.56		
Amie Parker	U17W	800: 2:44.7	DT: 16.63	

Name	Age-group	Event 1	Event 2	Event 3
Samuel Kirk	U13B	800: 2:42.6		
Samuel Paul	U13B	200: 35.5		
Michael Lesser	U15B	800: 2:37.4	JT: 21.36	
Thomas Swan	U15B	800: 2:51.3		
Dominic Bacon	U15B	800: 2:46.2		
Israel Boateng	U15B	SP: 7.58		
Jack Forman	U15B	1500: 4:49.5		
Zaire Lewin-Dawkins	U15B	100: 13.8		
David Ojo Ekhaton	U15B	100: 12.7	200: 26.0	
George Rogers	U15B	SP: 6.90	80H: 15.1	
Jack Rowlandson	U15B	1500: 5:44.4		
Derin Okubanjo	U15B	200: 28.7		
Barney Sullivan	U15B	DT: 16.32		
Jack Rossington	U15B	300:45.0	DT: 14.21	
Timi Oluborode Oluseye	U15B	LJ: 4.48		
Stephen Hunt	U15B	LJ: 3.29		
Ethan Carroll	U17M	1500: 4:51.9		
Tristan Williamson	U17M	400: 67.9	LJ: 4.54	