

Youth Development League – Upper – Southern Division 1A
Finsbury Park Sunday 2nd August 2026

Posn	Team Name	U20M	U20W	U18M	U18W	Points
1	Shaftesbury Barnet Harriers	61	90	127	89	367
2	Highgate Heathside	81	63	65	118	327
3	Haverling AC	44	31	87	91	253
4	Herne Hill Harriers	22	33	48	34	137
5	Victoria Park & Tower Hamlets	18	0	12	9	39

A third place finish on the day for Haverling's YDL small Under 18 and Under 20 squad in the third and final fixture at Finsbury Park on Sunday confirmed a third place in the overall standings. There were great results from the athletes who competed but lack of numbers due to holiday absences meant that the club were unable to challenge the top two clubs.

Both **Under 18** squads were second. For the women, Oma Nwapa had a trio of wins in the sprint hurdles, long jump, and B javelin, Lila Chapelhow won the hammer and B discus and was B hot runner up, and Eboni Roach won the discus and was second in the shot. Amy Mansell won the 400m hurdles and was second in the 100m and U20 shot, while Jessie Lynes set a new PB in placing second in the 400m, and Jess Page was javelin runner up. Oma, Jessie, Jess and Amy combined to place second in the sprint relay.

The **Under 18 Men** team had eight wins. Aidan Doherty provided the only track win in the 400m, but there were wins in both long jump strings thanks to Jayden Wilksinosn and Tobias Samuel, and Reggie Marshall won both the shot & discus B events with Harrison Rabess winning the A shot and finishing second in the A discus and 800m. Emanuel Iwuchukwu won the triple jump and the U20 high jump (PB). Bode Thompson won the B high jump with Ryan Alxander second in the A, as well as second in the U20 100m B string.

The small **Under 20** teams were represented by Findlay McLaren and Shea Sweeney who won the A & B 400m, with James Gillett winning in the javelin, and Peter Aderibigbe placing second in the long jump in a PB, and Romel Semper and Ryan Alexander both second in the 100m strings. Lucy Chapelhow and Rosie Warner won both A & B 1500m, and Lucy was third in the sprint hurdles.

League after 3 of 3

Posn	Team Name	League Points	Match Points
1	Shaftesbury Barnet Harriers	14	1251
2	Highgate Heathside	12	1194
3	Haverling AC	10	953
4	Herne Hill Harriers	6	549
5	Victoria Park & Tower Hamlets	3	357