



Cross Country Report Sat 5th February

Nine club athletes flew the flag for Essex Schools at the South East Counties Schools event at Reigate Priory on Saturday.

Maddie Barker led home a trio of club athletes in the Senior Girls' race in 15th as Sydney Foley was 35th and Hannah Yexley placed 44th. There were also three club athletes competing in the Inter Girls event as Charlotte Evans finished 15th, with sibling Hannah in 41st and Abigail Swan in 69th.

In the Junior age group Jack West was a good 15th in the boys' race while Rosie Warner was 43rd in the girls' event, and Sam Mahoney placed 65th for the Inter Boys.

SE Schools Inter Counties Results

Senior Girls: 15th Maddie Barker 15:51; 35th Sydney Foley 16:25 44th Hannah Yexley 16:55

Intermediate Girls: 15th Charlotte Evans 15:54; 41st Hannah Evans 16:31; 69th Abigail Swan 17:12;

Intermediate Boys: 65th Sam Mahoney 21:57

Junior Girls: 43rd Rosie Warner 14:28; **Junior Boys:** 18th Jack West 14:34



BUCS XC Champs – Greenford

Kate O'Neill returned after a long injury lay off by placing sixth for Birmingham University in the British Universities (BUCS) Cross Country Championships 6k race at Greenford on Saturday.

Kate was in superb cross-country form two years back in 2020, winning a national Inter-Counties bronze medal and earning an England U20 vest, but injury restricted her to one track race that summer and throughout 2021, and the Saturday BUCS event was her come back race.

Hopefully, this successful return means that the Brentwood 20-year-old will soon be back to her best.

Sam Atkins was 70th of the 500 finishers for St Mary's University in the Men's 8km race.

