

**Youth Development League – Upper – Southern Premier:  
StoneX Hendon Sunday 6<sup>th</sup> July 2025**

Posn	Team Name	Points
1	Blackheath & Bromley	695
2	Harrow & Dacorum	634
3	Reading	596
4	Shaftesbury Barnet Harriers	521.5
5	Windsor Slough Eton & Hounslow	510
6	<b>Havering AC</b>	266.5

**Having AC YDL Upper squad's brief flirtation with the tough Southern Premier Division came to an end at Hendon last Sunday when the small team, affected by fixture clashes with the National League and Schools Cup Final, bowed out with another defeat in the third and final fixture.**

The track highlights saw Poppy Vines improve her 1500m best in second, as Emmie Lole also set a new PB in winning the B string. Archie Ashpole won the long jump and Ryan Alexander won the high jump with Aidan Doherty second in the B high jump. Harrison Rabess won the B shot, and was second in the B hammer, as Sam Johnson was close to his best in placing third in the shot A, and he also set a new PB in finishing second in the A hammer. Findlay McLaren and Shea Sweeney were both runners up in their 800m races. Aidan, Jayden, Findlay and Shea were edged into second place in a competitive 4x400m race.

More second places were earned by Grace Tilson, B high jump and steeplechase, Amy Mansell in the long jump and Eboni Roach in the B hammer. Tobi Bellow was third in the 200m B-race, Jayden Wilkinson was third in the B javelin and Lila Chapelhow was third in the A discus and B shot.

U20M	A STRINGS	Pos.	Time/Dist			B STRINGS	Pos.	Time/Dist
100	Ryan Alexander U17	6	11.62		100	Teddy Monk	6	12.38
400	Findlay McLaren U17	6	53.06		400	Reggie Marshall U17	6	58.30
800	Shea Sweeney U17	2	2:03.51		LJ	Archie Ashpole	1	6.14
U17M	A STRINGS	Pos.	Time/Dist			B STRINGS	Pos.	Time/Dist
100	Tobi Belllo	5	11.69		100	Romel Semper	5	11.64
200	Romel Semper	4	23.65		200	Tobi Bellllo	3	24.06
400	Aidan Doherty	6	54.20		400	Jayden Wilkinson	6	55.21
800	Findlay McLaren	2	2:03.79		800	Sean Mugagga	4	2:25.45
HJ	Ryan Alexander	1	1.80		HJ	Aidan Doherty	2	1.60
LJ	Jayden Wilkinson	5	5.36		LJ			
SP	Sam Johnson	3	13.44		SP	Harrison Rabess	1	10.01
DT	Harrison Rabess	5	33.29		DT	Sam Johnson	3	23.88
HT	Sam Johnson	2	48.94 PB		HT	Harrison Rabess	2	22.50
JT	Sam Burdett	3	44.53		JT	Jayden Wilkinson	3	27.84
4x100	Ryan, Tobi B, Reggie, Romel						4	46.42
4x400	Aidan, Jayden, Findlay, Shea						2	3:34.75

<b>U17W</b>	<b>A STRINGS</b>	<b>Pos.</b>	<b>Time/Dist</b>			<b>B STRINGS</b>	<b>Pos.</b>	<b>Time/Dist</b>
100	Kara Adegite	6	13.30		100	Holly Bradbury	5	14.92
200	Kara Adegite	5	27.33		200	Holly Bradbury	6	30.58
300	Jessie Lynes	5	44.09		300	Daisy Cossey-Atkins	3	46.20
800	Olivia Bradbury	6	2:48.46		800			
1500	Poppy Vines	2	4:43.39 <b>PB</b>		1500	Emmie Lole	<b>1</b>	4:49.56 <b>PB</b>
300H	Amy Mansell	5	47.47		1500SC	Grace Tilson	2	6:25.97
HJ	Amy Mansell	3=	1.40 <b>PB</b>		HJ	Grace Tilson	2	1.25
LJ	Amy Mansell	2	5.05		TJ	Grace Tilson	5	8.55
SP	Eboni Roach	3	11.00		SP	Lila Chapelhow	3	9.10
DT	Lila Chapelhow	3	26.59		DT	Eboni Roach	2	26.12
HT	Lila Chapelhow	5	28.06		HT	Eboni Roach	2	27.17
4x100	Jessie, Amy, Holly, Kara						5	52.86
4x300	Daisy, Jessie, Grace, Olivia						4	3:10.15

**Non-Scoring:** 200: Holly Bradbury; DT Amie Parker ; 1500: Ruby Beasley; DT: Reggie Marshall