



Eastern Young Athletes' League, Chelmsford Sun 15th August 2021

	Total	BU13	BU15	MU17	GU13	GU15	WU17
Havering AC	724	103.5	132	124	95.5	117	137
Chelmsford	584.5	80	95	79	99.5	101.	115
Basildon	482	62	81	97	80	76	66
Thurrock	469	62.5	62	69	78	88.5	94
Orion/Ilford	209.5	42	64	21	31	20.5	16
Braintree	168	30	28	28	16	56	0

Havering's young athletes team extended their unbeaten record for the summer with a convincing 140-point victory over the hosts in the Eastern Young Athletes League at Chelmsford on Sunday.

The Under 15 boys were in untouchable form winning by 37 points led by Al-Ameen Salaam who won the 300m and Shot, the latter in a new PB and fifth best ever by a club U15, and was hurdles runner up. Chris Agnimel and Leon Bengo took full points in both 100m races, and Daniel Lammas won the 200m and the quartet combined for an easy relay win in season's best and fastest in the UK in this age group this year. Lammas also was 800m runner up with Oliver Taylor-Bush winning the B race, and other B string wins came from Ike Okwudi (300m) & Jack West (1500m). Bobby Williams & Luca Gregory won both javelin strings, Noah Harriott won both shot & discus B strings, Michael Tesi won the hammer and Joseph Gray won the vault on his event debut.

The Under 17 men won by 27 points. Denzel Achi and Ridwan Salaam won both A & B 100m races and Reece Malcolm won the 200m B race and added full points in the B long jump. Ronnie Adoma won the B 400m on his club debut and was shot runner up. Jacob Blanc eased to hurdles victory, as Ayo Babatunde won the B, and also won the B discus and was A 400m runner up. Finley Wolton won the B 1500m as Sam Mahoney and the returning Charlie Howell were both runners up in their 800m races. Matthew Pages' javelin PB won the B string, as Oliver Grundy was second in the A, and Matthew added second places in both vault and shot, while Patrick McLean-Tattan won both hammer and discus.

There was another strong showing from the Under 13 boys who contributed 10 victories. Zak Williams and Sam Burdett took full points in the javelin and Zak added wins in the long jump and discus, with Luca Rawle winning the discus B. Findlay McLaren and Shea Sweeney won both A & B 800m events and Aidan Doherty won both the 100m & 200m B string races, as well as the B shot. Second places were gained by Ryan Alexander (high jump), James Campbell (shot) and Ethan Carroll (1500m B).

The Under 17 women put in another strong performance. National 300m hurdles champion Stephanie Okoro was just outside her fastest in winning the 300m flat, and also won the long jump and Olivia Sorae won the B 100m. Natalie Sewell was also a whisker outside her career best in winning the 1500m as Maddie Barker won the B string, while Hannah Yexley won the B 800m. Hannah also won the B discus, as Katie Ennis added the A discus to her second places in the vault and B javelin. Paige Robinson won the B hurdles and was runner up in the B high jump and 200m, with Uche Okpalauko second in the 200m A. More track runners up places went to Karis Thomas (100m), Lucy Nattrass (B 300m) and Paris King (hurdles). Paris was also second in the shot and long jump. Faith Reilly won the javelin and was second in the B shot, and Izzy Bartlett was second in the hammer. Paris, Olivia, Uche and Karis clocked one of the fastest ever times by a club U17 squad in winning the relay.

Cassie Campbell and Precious Fagbadegun won both 200m strings and were runners up in their 100m races for the Under 15 girls. Miriam Adebayo was close to her best in winning the 300m, and Abigail Swan won the B 1500m and B javelin, as Charlotte Evans was 1500m A string runner up, as was Liana Constable in the B hurdles. Ruby Tillson won the A high jump and B shot, with Zikora Ezeonwuka's PB placing second in the A shot, and Tilly Bunn won the B discus and was second in the hammer. More second place points were earned by Maggie Smith (B High jump), Zoe McLean-Tattan (discus A) and debutant Lucy Quinlan in the javelin. Precious, Ruby, Miriam and Cassie got the baton round safely for another relay win.

The Under 13 girls, fielding several athletes in their first club competition, just lost out to the hosts for four points. Fisola Fagbadegun and Leila Jones took full points in both the 100m and 200m, and Scarlett Woods' big 800m PB won her the B race and Scarlett was also victorious in the B javelin, as Emily Quinlan's javelin PB placed second in the A competition and ranks her eighth on the club all time U13 list. Eboni Roach and Oma Nwapa were both second in the shot, as was Oma in the B high jump. Fisola, Leila, and Oma were joined by Amy Mansell in the winning relay team.