



Eastern Young Athletes' League, Bedford Sunday 16th August 2026

	Total	BU14	BU16	MU18	GU14	GU16	WU18
Bedford & County	688	101.5	129	79	105.5	107	96
Havering AC	627	73.5	112	69	114.5	101	112
Thurrock Harriers	614	111	67	83	102	82	110
Herts Phoenix	605	75	132	78	67	95	114
Cambridge/Ely/Newmarket	532	87	99	110	55	80	40
Basildon	453	88	73	61	69	82	41
Bedfordshire Lions	208	12	8	42	44	33	12

The four match series of Eastern Young Athletes League fixtures ended at Bedford on Sunday as the hosts come out on top and Havering won the three-way battle for second place to confirm third place in the table and qualification for the end of season Top 6 Trophy Final.

The **Under 14 Girls** teams won their section. Twins Edie and Elsie Smith won both A and B high jump competitions, and Edie was second in the B 200m hurdles, as was A string hurdler Lucy Tregidgo, and Ava McMillan in the A 100m. There were three more field events wins as Thalia Hayes won the B shot, with Destiny Carbon second in the A shot (& third in the 100m B), Autumn Ely won the hammer, as well as placing second in the B 200m, while Ina Johnson won the B javelin, with Emily Johnson second in the A string, and Isobel Milton was third in the B long jump. Charlene Bangne joined Autumn, Destiny and Ava in the winning relay quartet.

The **Under 16 Girls** had four pairs of wins as Abigail Adegite won the high jump and 300m hurdles, and her B string partners Esther Olajide (high jump) and Brooke Lavey (hurdles) also won, with Ome Nwapa and Mia Borisova taking full long jump points, and Ayla Baker and Evie Green winning both javelin strings. Ayla was second in both shot and discus, and Brooke was second in the 300m B race, Ome was third in the 200m A and Siobhan Etemadi was third in the B 100m. Siobhan, Abigail, and Ome were joined by Danielle Adeyinka in the second placed relay squad.

The small **Under 18 Women's** squad were second in a close contest. Eboni Roach and Lila Chapelhow won both strings of the shot and discus and the pair were second in the javelin (Eboni) and hammer (Lila). Oma Nwapa won both the high jump and B long jump, and Grace Tilson won the B 400m, and was third in the 800m, as the improving Jessie Lynes was third in the 400m A race. Amy Mansell was runner up in both the 400m hurdles and long jump and the relay squad were second thanks to Jessie, Amy, Oma and Kara Adegite.

The **Under 16 Boys** were third with Derin Okubanjo and Ameer Salaam providing the only wins in the triple jump and shot with Derin runner up in the B 300m hurdles and Ameer third in the discus. David Ojo Ekhaton was second in both sprints and Matthew Hamberger was B discus runner up. Jack Rossington was third in the A 800m, with Aidan Fairfax third in both the A 300m and B 800m, and Barney Sullivan was third in both the B shot and javelin, and Ethan Jonson third in the hammer.

The **Under 18 Boys** were shorthanded and the seven available athletes could only finish fifth. Aidan Doherty won the 400m and Harrison Rabess the discus, and was third in the high jump, with Reggie Marshall winning both the B discus and shot, with Sam Johnson second in the A shot. Tobi Bello was second in both sprints, and Oba Samuel stepped up from the Under 16s to place second in the B long jump.

The **Under 14 Boys** teams was badly hit by absences, with only eight athletes available. Gideon Lee and Euan Cheesewright starred with wins in both A and B long jump and javelin and George Cowley won the pole vault in a new PB, and Tomiwa Okubanjo was second in the B high jump. Tomiwa, Euan and Gideon were joined by Kamron Awoyemi-Hall in the third placed relay quartet.

Chelmsford lifted the league title for the fourth year with SS Athletics second, with Havering third and Bedford, Norwich and Shaftesbury Barnet joining the top three in the end of season Top 6 final on 6th September.

Provisional table & Top 6 Final qualifiers

1. CHELMSFORD 28 match points 3458 event points; 2 .SS ATHLETICS 27 - 3340.5; 3. HAVERING 25 - 2973.5; 4. BEDFORD 24 2672; 5. NORWICH 22 2697; 6. SHAFTESBURY BARNET 22 2601.5