

HAVERING AC - CLUB CHAMPIONSHIPS AND OPEN MEETING Held at HORNCHURCH STADIUM

Sunday 17th September 2023

	No.	Pos	Name	Club	Age Group	Performance	URN	HAC Medals
300m - Under 15 Girls & Under 17 Women								
300	46	1	Ella Gilder-Briggs	B Beagles	U15G	44.32	3902742	
300	107	2	Pasqualina Muscedere	S'end	U17W	45.26	3757978	
300	86	3	Naomi Pereira	HAWC	U15G	46.01	3957764	
300	106	4	Sophia Willson	Have	U17W	48.00	3834310	U17W Gold
300m - Under 15 Boys								
300	163	1	Callum Clydesdale	WGEL	U15B	38.70	4036491	
300	109	2	Findlay McLaren	Have	U15B	38.83	3940259	U15B Gold
300	31	3	Ryan Alexander	Have	U15B	38.89	3962061	U15B Silver
1500m - Under 13 & Under 15 Girls & Boys								
1500	173	1	Evangeline Warn	B Beagles	U15G	4:49.77	4040038	
1500	156	2	Summer Smith	Have	U13G	4:50.05	3913807	U13G Gold
1500	181	3	Charlie Smith	SS	U13B	5:10.79	4051234	
1500	160	4	Jasmine Asmal	Have	U15G	5:14.18	4027873	U15G Gold
1500	162	5	Orla Friel	Have	U15G	5:14.22	4050767	U15G Silver
1500	169	6	Isabel Forrest	B Beagles	U15G	5:16.17	3875620	
1500	176	7	Joseph Sewell	Have	U13B	5:26.00	4061632	U13B Gold
1500	167	8	Jessica Page	Have	U15G	5:34.74	3985733	U15G Bronze
1500	154	7	Elena Williams	Have	U13G	5:47.99	4063072	U13G Silver
1500	183	8	Daniel Smith	B Beagles	U13B	5:58.14	4078171	
1500m - Mixed ages								
1500	184	1	Freddie Rowe	Have	U15B	4:18.77	3950075	U15B Gold
1500	175	2	Louis King	B Beagles	U17M	4:46.14	4085470	
1500	153	3	Roy Head	Herts P	M55	5:05.24	4035182	
1500	28	4	Aidan Doherty	Have	U15B	5:10.58	3983602	U15B Silver
1500	129	5	Madison Heil	Have	U17W	5:26.59	4026733	U17W Gold
1500	186	6	Sean Mugagga	Have	U15B	5:39.16	4015112	U15B Bronze
1500	134	7	Rebecca O'Rourke	Have	SW	5:39.56	3535759	

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	No.	Pos	Name	Club	Age Group	Performance	URN	HAC Medals
70m Hurdles - Under 13 Girls Race 1						wind:	0.1	
70HU13G	72	1	Evie Abbott	B Beagles	U13G	12.51	4110553	
70HU13G	63	2	Poppy Dent-Jones	Have	U13G	15.84	4097677	U13G Silver
70HU13G	92	3	Siobhan Etemadi	Have	U13G	16.66	4083663	U13G Bronze
70m Hurdles - Under 13 Girls Race 2						wind:	0.5	
70HU13G	177	1	Cherri Moss	Chelm	U13G	13.42	4085298	
70HU13G	94	2	Isabelle Ridley	Have	U13G	14.11	4027386	U13G Gold
70HU13G	90	3	Ava O'Neal	B Beagles	U13G	16.66	4107978	
75m Hurdles - Under 15 Girls Race 1						wind:	2.5	
75HU15G	97	1	Annabella Drake	Have	U15G	12.65	4037483	U15G Gold
75HU15G	87	2	Amy Mansell	Have	U15G	12.83	3985537	U15G Silver
75HU15G	98	3	Isabelle James	Have	U15G	13.27	4053341	U15G Bronze
75HU15G	96	4	Scarlett Woods	Have	U15G	14.42	3940416	
75m Hurdles - Under 15 Girls Race 2						wind:	0.4	
75HU15G	99	1	Chelsea Clarke	Chelm	U15G	12.06	3988455	
75HU15G	85	2	Lily Hartman	Bas	U15G	12.78	3766490	
75HU15G	155	3	Amy Pugsley	Chelm	U15G	12.80	3986564	
75m Hurdles - Under 13 Boys						wind:	0.8	
75HU13B	57	1	Felix Churchill-Browne	Bas	U13B	13.72	4071958	
75HU13B	53	2	Jesse Crawley	Have	U13B	13.95	4068274	U13B Gold
75HU13B	56	3	Niall King	SS	U13B	16.96	4096074	
75HU13B	103	4	Miles Boston	Herts P	U13B	17.20	3982288	
80m Hurdles - Under 15 Boys & Under 17 G						wind:	0.5	
80HU15B	104	1	Zak Williams	Have	U15B	12.21	3861264	U15B Gold
80HU17W	100	2	Maggie Smith	Have	U17W	12.62	3943906	U17W Gold
80HU17W	172	3	Abella Ammam	Dart	U17W	13.42	4031364	
100m Hurdles - Senior Women						wind:	0.1	
100HW	101	1	Chloe Williams	Have	W35	15.01	2725000	
110m Hurdles - U20M						wind:	0.1	
110HU20M	105	1	Freddy Khan	Bas	U20M	15.27	3903136	
400m Mixed								
400	111	1	Nathan Hart	Have	U17M	55.75	3771554	U17M Silver
400	110	2	Joseph Gray	Have	U17M	56.30	3831500	U17M Bronze
400	101	3	Chloe Williams	Have	W35	63.89	2725000	
400	108	4	Nina Brennan	Have	W35	65.04	2724680	
400m Under 17, Under 20 & Senior Men								
400	116	1	Kieran O'Hara	Have	SM	52.38	3372705	
400	112	2	Daniel Lammas	Have	U17M	52.40	3770810	U17M Gold
400	114	3	Shane Hart	Have	U20M	52.74	3644823	
400	115	4	Joshua Lee-Prime	Have	U20M	53.93	3666943	
400	74	5	Calvin Sanni	Have	U20M	56.31	3822033	

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	No.	Pos	Name	Club	Age Group	Performance	URN	HAC Medals
100m - Under 13 Girls Race 1					wind: -0.5			
100	70	1	Heidi Whatton	S'end	U13G	13.76	4051638	
100	62	2	Cleopatra Drake	Have	U13G	13.81	4069945	U13G Gold
100	68	3	Emma Frisby	S'end	U13G	14.16	4049777	
100	60	4	Omezirim Nwapa	Have	U13G	14.45	4061927	U13G Silver
100	150	5	Layla Dixon	Bas	U13G	14.72	4095504	
100m - Under 13 Girls Race 2					wind: 1.4			
100	69	1	Evie Boygle	S'end	U13G	13.83	4048984	
100	71	2	Katie Lowe	B Beagles	U13G	14.23	4110137	
100	72	3	Evie Abbott	B Beagles	U13G	14.28	4110553	
100	67	4	Talia Malcolm	Have	U13G	14.95	4058999	U13G Bronze
100m - Under 13 Girls Race 3					wind: 1.6			
100	61	1	Sophia-rae Ahmad	Have	U13G	15.02	4027722	
100	65	2	Tomiwa Holloway	Have	U13G	15.57	4105044	
100	177	3	Cherri Moss	Chelm	U13G	15.62	4085298	
100	64	4	Isabelle Moore	Have	U13G	18.33	4067489	
100m - Under 13 Boys Race 1					wind:			
100	59	1	Albie Lyons	S'end	U13B	12.2	4110574	
100	58	2	Benjamin Oladitan	Thurr	U13B	13.2	4035079	
100	52	3	Nathan Bia	Have	U13B	13.9	4100881	U13B Gold
100	179	4	George Thompson	S'end	U13B	14.2	4046911	
100	55	5	George Hill	S'end	U13B	14.3	4109125	
100	161	6	Bobby Monk	Unatt	U13B	16.4		
100m - Under 13 Boys Race 2					wind: 3.0			
100	57	1	Felix Churchill-Browne	Bas	U13B	14.70	4071958	
100	53	2	Jesse Crawley	Have	U13B	14.71	4068274	U13B Silver
100	51	3	Zachary Binge	Have	U13B	15.13	4105047	U13B Bronze
100	56	4	Niall King	SS	U13B	16.19	4096074	
100m - Under 15 Girls Race 1					wind:			
100	178	1	Ufuoma Obukata	Thurr	U15G	13.1	4091089	
100	39	2	Oluwafisola Fagbadegun	Have	U15G	13.3	3943506	U15G Gold
100	41	3	Erin Frisby	S'end	U15G	13.4	4087012	
100	46	4	Ella Gilder-Briggs	B Beagles	U15G	13.4	3902742	
100	45	5	Honey Peck	B Beagles	U15G	13.6	4054577	
100	37	6	Kara Adegite	Have	U15G	13.8	4045247	U15G Silver
100m - Under 15 Girls Race 2					wind:			
100	49	1	Lucy Bulman	Chelm	U15G	13.8	3946380	
100	44	2	Nesochi Onyechere	B Beagles	U15G	14.5		
100	152	3	Shakira Rauof	S'end	U15G	14.7	4052855	
100m - Under 15 Girls Race 3					wind:			
100	50	1	Alexandra Okolo	S'end	U15G	15.2	4049728	
100	38	2	Ellen Moore	Have	U15G	16.5	3994294	U15G =Bronze
100	40	3	Lara Ghir	Have	U15G	16.5	4104330	U15G =Bronze

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100m - Under 15 Boys Race 1					wind:			
100	35	1	Alex Foster	WGEL	U15B	11.7	3965316	
100	182	2	David Bajela	S'end	U15B	12.0	4065487	
100	30	3	Tobias Samuel	Have	U15B	12.0	3996934	U15B Gold
100	33	4	Lee Boka	B Beagles	U15B	12.2	3838567	
100	36	5	Wayne Imbuwa	B Beagles	U15B	12.9	4107553	
100m - Under 15 Boys Race 2					wind:			
100	32	1	Maxwell Adeosun	Have	U15B	12.5	4021908	U15B Silver
100	180	2	Joshua Alowooja	Thurr	U15B	12.5	4110632	
100	29	3	Jake Shaw	Have	U15B	12.6	4013526	U15B Bronze
100	34	4	Lucas West	Chelt	U15B	12.7	4045418	
100	164	5	Teddy Monk	Unatt	U15B	13.3		
100m - Under 17 Women Race 1					wind:			
100	22	1	Summer Foskett	S'end	U17W	13.2	4046912	
100	18	2	Precious Fagbadegun	Have	U17W	13.2	3775558	U17W Gold
100	16	3	Stephanie Osuala	Have	U17W	13.3	4016617	U17W Silver
100	19	4	Robyn Whitehouse	S'end	U17W	13.7	3723729	
100m - Under 17 Women Race 2					wind:			
100	172	1	Abella Ammam	Dart	U17W	13.9	4031364	
100	15	2	Ellie Bradley	Have	U17W	14.9	3949074	U17W Bronze
100	17	3	Lisa Osuala	Have	U17W	15.0	4016616	
100m - Under 20 & Senior Women					wind:			
100	24	1	Maisy Tyrell	S'end	U20W	12.8	3741943	
100	25	2	Aleena Lawrence	Ilf	U20W	13.6	3872372	
100	23	3	Megan Cook	Have	U20W	15.0	3645970	
100	27	4	Clare St John-Coleman	Chelm	W60	15.8	2717154	
100m - Under 17 Men Race 1					wind:			
100	5	1	Joel Ajayi	Have	U17M	11.3	3950065	U17M Gold
100	2	2	Emmanuel Asirifi-Otchere	Have	U17M	11.6	4090546	U17M Silver
100	189	3	Josiah Williams	Thurr	U17M	11.8	3835617	
100m - Under 17 Men Race 2					wind:			
100	166	1	Samuel Armstrong	Thurr	U17M	12.1	4038007	
100	7	2	Miles Davis	Col H	U17M	12.5	4050853	
100	4	3	Aly Hashem	Have	U17M	13.7	3864504	U17M Bronze
100m - Under 20 & Senior Men					wind:			
100	9	1	Reece Malcolm	Have	U20M	11.4	3708501	
100	12	2	Jordon Duncan	Ilf	SM	11.5	3755336	
100	13	3	Nat Senior	Ilf	SM	11.6	2982538	
100	14	4	Malachi Harley	Ilf	SM	11.6	3499482	
100	11	5	Akeem Akintokun	Have	SM	11.6	2833183	
100	10	6	Archie Winney	Have	U20M	11.8	3647385	

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800m - Under 13 Girls								
800	122	1	Madison Kindler	B Beagles	U11G	2:26.5	4040657	
800	121	2	Aria Sabado	B Beagles	U13G	2:53.2	4110554	
800	94	3	Isabelle Ridley	Have	U13G	2:54.1	4027386	U13G Gold
800	93	4	Zenobia Williams	Have	U13G	2:55.8	4102484	U13G Silver
800	90	5	Ava O'Neal	B Beagles	U13G	2:57.3	4107978	
800	89	6	Penelope Field	Herts P	U13G	2:57.5	4059192	
800	119	7	Kyra Sinclair	Have	U13G	2:57.7	4061043	U13G Bronze
800	120	8	Stevie Makepeace	S'end	U13G	3:01.2	4048989	
800	118	9	Jessica Latham	Have	U13G	3:04.2	4027596	
800m - Under 13 Boys								
800	141	1	Frankie Edwards	B Beagles	U13B	2:30.2	3999647	
800	103	2	Miles Boston	Herts P	U13B	2:31.8	3982288	
800	158	3	Harvey Thomas	Newmkt J	U13B	2:32.5	3904620	
800	138	4	Isaac Shearing	Have	U13B	2:39.9	4027218	U13B Gold
800	142	5	Sidney Cook	Have	U13B	2:44.8	4063071	U13B Silver
800	140	6	Callum Millard Jennings	Have	U13B	2:49.1	4105256	U13B Bronze
800	79	7	Yabets Mihre	Have	U13B	2:53.7	4102486	
800	273	8	Spencer Hart	Have	U13B	2:55.8	4015857	
800m - Under 15 Girls								
800	126	1	Missy Tiller	B Beagles	U15G	2:27.4	4107036	
800	127	2	Faye Owers	WGEL	U15G	2:34.2	3985130	
800	123	3	Abigail Rogers	Have	U15G	2:37.6	3957051	U15G Gold
800	128	4	Georgia Banyard	Col H	U15G	2:40.0	4098707	
800	124	5	Ruby Beasley	Have	U15G	2:42.7	4103238	U15G Silver
800	43	6	Daisy Middlemiss	B Beagles	U15G	2:49.7	4107128	
800m - Under 15 Boys & Senior Woman								
800	163	1	Callum Clydesdale	WGEL	U15B	2:17.9	4036491	
800	144	2	Shea Sweeney	Have	U15B	2:19.2	3956948	U15B Gold
800	145	3	Rahul Solanki	WGEL	U15B	2:20.2	4054804	
800	143	4	Liam Battrum	Have	U15B	2:29.3	3994573	U15B Silver
800	136	5	Hannah Rayden	St Alb	SW	2:30.4	3138584	
800m - Under 17 & Senior Women								
800	131	1	Charlotte Evans	Have	U17W	2:31.3	3811563	U17W Gold
800	132	2	Abigail Swan	Have	U17W	2:36.0	3755245	U17W Silver
800	133	3	Ava Madsen	Craw	U17W	2:37.3	3977603	
800	130	4	Hannah Evans	Have	U17W	2:41.3	3811564	U17W Bronze
800	135	5	Laura Durn	B Beagles	W45	2:47.1	3192921	
800	134	6	Rebecca O'Rourke	Have	SW	2:51.6	3535759	
800m - Under 17, Under 20 & Senior Men & Women								
800	195	1	Harvey Weinberger	Unatt	SM	2:01.2	3689049	
800	147	2	Max Sanderson	B Beagles	U17M	2:02.4	4039646	
800	149	3	Matthew Blacklock	Have	U20M	2:05.2	3592707	
800	148	4	Charlie Burgess	Have	U20M	2:05.2	3776161	
800	146	5	Toby Johnson	Have	U17M	2:08.9	3771552	U17M Gold
800	170	6	Amon Triba	High	SM	2:09.2	3809700	
800	137	7	Nicole Edmunds	Exe	SW	2:13.9	3079225	

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200m - Under 13 Girls Race 1					wind:			
200	70	1	Heidi Whatton	S'end	U13G	29.1	4051638	
200	60	2	Omezirim Nwapa	Have	U13G	29.8	4061927	U13G Gold
200	150	3	Layla Dixon	Bas	U13G	29.9	4095504	
200	92	4	Siobhan Etemadi	Have	U13G	31.9	4083663	U13G =Silver
200m - Under 13 Girls Race 2					wind:			
200	71	1	Katie Lowe	B Beagles	U13G	30.2	4110137	
200	151	2	Autumn Eke-Aluong	NEB	U13G	30.6	4031295	
200	93	3	Zenobia Williams	Have	U13G	31.8	4102484	U13G =Silver
200	61	4	Sophia-rae Ahmad	Have	U13G	31.9	4027722	U13G =Silver
200m - Under 13 Girls Race 3					wind:			
200	177	1	Cherri Moss	Chelm	U13G	32.6	4085298	
200	65	2	Tomiwa Holloway	Have	U13G	33.5	4105044	
200	90	3	Ava O'Neal	B Beagles	U13G	35.1	4107978	
200	89	4	Penelope Field	Herts P	U13G	36.5	4059192	
200	91	5	Megan Latham	Have	U13G	37.5	4106174	
200m - Under 13 Boys Race 1					wind:			
200	58	1	Benjamin Oladitan	Thurr	U13B	27.7	4035079	
200	52	2	Nathan Bia	Have	U13B	28.2	4100881	U13B Gold
200	77	3	Nicky Mulholland	B Beagles	U13B	28.7	4044327	
200	55	4	George Hill	S'end	U13B	28.8	4109125	
200	179	5	George Thompson	S'end	U13B	29.5	4046911	
200								
200m - Under 13 Boys					wind:			
200	51	1	Zachary Binge	Have	U13B	31.2	4105047	U13B Silver
200	78	2	Max Sillett	Have	U13B	33.1	4085530	U13B Bronze
200	79	3	Yabets Mihre	Have	U13B	34.0	4102486	
200	56	4	Niall King	SS	U13B	35.4	4096074	
200m - Under 15 Girls Race 1					wind:			
200	41	1	Erin Frisby	S'end	U15G	28.3	4087012	
200	45	2	Honey Peck	B Beagles	U15G	28.3	4054577	
200	86	3	Naomi Pereira	HAWC	U15G	29.1	3957764	
200m - Under 15 Girls Race 2					wind:			
200	85	1	Lily Hartman	Bas	U15G	26.1	3766490	
200	87	2	Amy Mansell	Have	U15G	27.1	3985537	U15G Gold
200	37	3	Kara Adegite	Have	U15G	27.4	4045247	U15G Silver
200	39	4	Oluwafisola Fagbadegun	Have	U15G	28.6	3943506	U15G Bronze
400								
200m - Under 15 Girls Race 3					wind:			
200	44	1	Nesochi Onyechere	B Beagles	U15G	29.8		
200	157	2	Daisy Willingale	B Beagles	U15G	29.9	4056866	
200	50	3	Alexandra Okolo	S'end	U15G	31.0	4049728	

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200m - Under 15 Boys					wind:			
200	33	1	Lee Boka	B Beagles	U15B	24.7	3838567	
200	34	2	Lucas West	Chelt	U15B	24.9	4045418	
200	29	3	Jake Shaw	Have	U15B	25.2	4013526	U15B Gold
200	36	4	Wayne Imbuwa	B Beagles	U15B	25.7	4107553	
200	32	5	Maxwell Adeosun	Have	U15B	28.4	4021908	U15B Silver
200m - Under 17 Women					wind:			
200	22	1	Summer Foskett	S'end	U17W	27.2	4046912	
200	16	2	Stephanie Osuala	Have	U17W	27.9	4016617	U17W Gold
200	18	3	Precious Fagbadegun	Have	U17W	28.2	3775558	U17W Silver
200	19	4	Robyn Whitehouse	S'end	U17W	28.4	3723729	
200	15	5	Ellie Bradley	Have	U17W	30.8	3949074	U17W Bronze
200m - Under 20 & Senior Women					wind:			
200	24	1	Maisy Tyrell	S'end	U20W	26.4	3741943	
200	83	2	Lucy Nattrass	Have	U20W	27.9	3647375	
200	80	3	Ayshah Lawrence	Ilf	SW	28.2	3612647	
200	82	4	Rachel Kerr	Have	SW	29.4	2724817	
200m - Under 17 Men					wind:			
200	5	1	Joel Ajayi	Have	U17M	22.8	3950065	U17M Gold
200	185	2	Fosuhene Enyiam	Thurr	U17M	23.0	4104539	
200	189	3	Josiah Williams	Thurr	U17M	24.1	3835617	
200	200	4	Kelvin Amankwaah	Thurr	U17M	25.2	4091086	
200	7	5	Miles Davis	Col H	U17M	25.8	4050853	
200	4	6	Aly Hashem	Have	U17M	28.2	3864504	U17M Silver
200m - Under 17 & Under 20 Men					wind:			
200	73	1	Matthew Agnimel	Have	SM	22.4	3003853	
200	12	2	Jordon Duncan	Ilf	SM	22.9	3755336	
200	9	3	Reece Malcolm	Have	U20M	23.2	3708501	
200	10	4	Archie Winney	Have	U20M	24.1	3647385	
200	171	5	Andre Di Lieto	Nott U	SM	24.5	4016484	

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Hammer								
HT3K	279	1	Eboni Roach	Have	U15G	24.17	3985542	U15G Gold
HT3K	194	2	Lila Chapelhow	Thurr	U15G	23.47	3988449	
HT3K	17	3	Lisa Osuala	Have	U17W	23.31	4016616	U17W Gold
HT3K	281	4	Maya Tseyao	Chelm	U15G	22.47	4095611	
HT4K	191	1	William Stander	WGEL	U15B	38.30	4035801	
HT4K	287	2	Katie Ennis	Have	U20W	33.36	3645965	
HT4K	296	3	Freddie Hatcher	Have	U15B	21.19	3959155	U15B Gold
HT6K	270	1	Oliver Pullen	Have	U17M	20.20	4036456	U17M Gold
HT6K	372	2	Ole West	S'end	U17M	13.05	3898475	
Long Jump - Pool 1								
LJ	30	1	Tobias Samuel	Have	U15B	5.92	3996934	U15B Gold
LJ	97	2	Annabella Drake	Have	U15G	4.66	4037483	U15G Gold
LJ	69	3	Evie Boygle	S'end	U13G	4.51	4048984	
LJ	62	4	Cleopatra Drake	Have	U13G	4.44	4069945	U13G Gold
LJ	68	5	Emma Frisby	S'end	U13G	4.28	4049777	
LJ	119	6	Kyra Sinclair	Have	U13G	3.84	4061043	U13G Silver
LJ	78	7	Max Sillett	Have	U13B	3.62	4085530	U13B Gold
LJ	102	8	George Burgess	Have	U13B	3.57	4066832	U13B Silver
LJ	92	9	Siobhan Etemadi	Have	U13G	3.55	4083663	U13G Bronze
LJ	123	10	Abigail Rogers	Have	U15G	3.52	3957051	U15G Silver
LJ	61	11	Sophia-rae Ahmad	Have	U13G	3.44	4027722	
LJ	118	12	Jessica Latham	Have	U13G	3.19	4027596	
LJ	38	13	Ellen Moore	Have	U15G	3.17	3994294	U15G Bronze
LJ	64	14	Isabelle Moore	Have	U13G	2.65	4067489	
Shot - All								
SP2.72K	275	1	Dulce Smith Rodriguez	Have	U13G	9.05	4098921	U13G Gold
SP2.72K	257	2	Ayla Baker	Have	U13G	8.59	4071230	U13G Silver
SP2.72K	258	3	Orlaith McLaren	Have	U13G	6.25	4060728	U13G Bronze
SP3K	279	1	Eboni Roach	Have	U15G	10.61	3985542	U15G Gold
SP3K	87	2	Amy Mansell	Have	U15G	9.28	3985537	U15G Silver
SP3K	284	3	Poppy Smith	Have	U17W	7.60	3872527	U17W Gold
SP3K	295	4	Ethan Johnson	Have	U13B	7.55	4034739	U13B Gold
SP3K	278	5	Isobel Pridie	Have	U15G	6.00	4016613	U15G Bronze
SP4K	296	1	Freddie Hatcher	Have	U15B	8.54	3959155	U15B Gold
SP4K	108	2	Nina Brennan	Have	W35	7.37	2724680	
SP5K	252	1	Michael Tesi	Have	U17M	9.73	3797664	U17M Gold
SP7.26K	199	1	Jonathan Hart	Have	M40	7.35	3761672	
Long Jump - Pool 2								
LJ	247	1	Joseph Ramie	Unatt	SM	6.95	2724921	
LJ	246	2	Aaron Freshwater	Have	SM	5.43	3260351	
LJ	100	3	Maggie Smith	Have	U17W	4.67	3943906	U17W Gold
LJ	4	4	Aly Hashem	Have	U17M	4.58	3864504	U17M Gold
LJ	248	5	James Stewart	Have	SM	4.47	3020818	
LJ	193	6	Clarissa Shuck	Dart	U17W	3.82	4067845	
LJ	81	7	Amy Kilner	Have	SW	3.66	3633682	
LJ	291	8	Ginte Bailey	Have	W35	3.58	3646791	
LJ	198	9	Martin Chester	Have	M50	3.47	2724702	
LJ	27	10	Clare St John-Coleman	Chelm	W60	3.44	2717154	

HAVERING AC - CLUB CHAMPIONSHIPS AND OPEN MEETING Held at HORNCHURCH STADIUM

Sunday 17th September 2023

	No.	Pos	Name	Club	Age Group	Performance	URN	HAC Medals
Discus								
DT0.75K	275	1	Dulce Smith Rodriguez	Have	U13G	20.01	4098921	U13G Gold
DT0.75K	156	2	Summer Smith	Have	U13G	19.78	3913807	U13G Silver
DT0.75K	257	3	Ayla Baker	Have	U13G	19.44	4071230	U13G Bronze
DT0.75K	93	4	Zenobia Williams	Have	U13G	12.90	4102484	
DT0.75K	258	5	Orlaith McLaren	Have	U13G	12.63	4060728	
DT1K	287	1	Katie Ennis	Have	U20W	31.08	3645965	
DT1K	280	2	Madison Poulter	Chelm	U15G	22.91	4045804	
DT1K	108	3	Nina Brennan	Have	W35	22.43	2724680	
DT1K	279	4	Eboni Roach	Have	U15G	21.18	3985542	U15G Gold
DT1K	295	5	Ethan Johnson	Have	U13B	17.13	4034739	U13B Gold
DT1K	102	6	George Burgess	Have	U13B	14.72	4066832	U13B Silver
DT1K	278	7	Isobel Pridie	Have	U15G	13.29	4016613	U15G Silver
DT1.25K	250	1	Harrison Rabess	Have	U15B	28.47	4033531	U15B Gold
DT1.25K	296	2	Freddie Hatcher	Have	U15B	22.92	3959155	U15B Silver
DT1.5K	252	1	Michael Tesi	Have	U17M	33.00	3797664	U17M Gold
Pole Vault - All								
PV	196	1	Jack Hughes	Chelm	U20M	4.10	3896526	
PV	6	2	Quentin Pritchard	G&G	U17M	3.50	3789159	
PV	286	3	Lilianne Jervis-Allan	WSEH	U17W	3.40	3976628	
PV	104	4	Zak Williams	Have	U15B	3.10	3861264	U15B Gold
PV	282	5	Olivia Kraus	G&G	U15G	2.60	4034062	
PV	293	6	Claire Brennan	Have	W40	2.50	2667112	
PV	190	7	Jack Eames	WSEH	U15B	2.40	3947254	
PV	96	8	Scarlett Woods	Have	U15G	1.90	3940416	U15G Gold
PV	249	9	Alan Hardy	B&B	M65	1.90	2745620	
PV	1		Harry Casey	E&H	U17M	NH	3985717	
PV	270		Oliver Pullen	Have	U17M	NH	4036456	
PV	289		Erin Rees	WSEH	U20W	NH	3700007	
PV	374		Jack Staunton	WSEH	U20M	NH	3700347	
PV	108		Nina Brennan	Have	W35	NH	2724680	
High Jump - All								
HJ	75	1	Jack Hignett	Have	U17M	1.75	4047428	U17M Gold
HJ	31	2	Ryan Alexander	Have	U15B	1.70	3962061	U15B Gold
HJ	109	3	Findlay McLaren	Have	U15B	1.65	3940259	U15B Silver
HJ	106	4	Sophia Willson	Have	U17W	1.55	3834310	U17W Gold
HJ	100	5	Maggie Smith	Have	U17W	1.50	3943906	U17W Silver
HJ	28	6	Aidan Doherty	Have	U15B	1.45	3983602	U15B Bronze
HJ	97	7	Annabella Drake	Have	U15G	1.45	4037483	U15G Gold
HJ	138	8	Isaac Shearing	Have	U13B	1.40	4027218	U13B Gold
HJ	160	9	Jasmine Asmal	Have	U15G	1.35	4027873	U15G Silver
HJ	60	10	Omezirim Nwapa	Have	U13G	1.30	4061927	U13G Gold
HJ	85	11	Lily Hartman	Bas	U15G	1.30	3766490	
HJ	277	12	Shalomie King	Have	U15G	1.25	4052969	U15G Bronze
HJ	294	13	Schalk Steyn	Have	U13B	1.15	4064948	U13B Silver
HJ	78	14	Max Sillett	Have	U13B	1.15	4085530	U13B Bronze

HAVERING AC - CLUB CHAMPIONSHIPS AND OPEN MEETING Held at HORNCHURCH STADIUM

Sunday 17th September 2023

	No.	Pos	Name	Club	Age Group	Performance	URN	HAC Medals
Javelin - Pool 1								
JT400	295	1	Ethan Johnson	Have	U13B	25.77	4034739	U13B Gold
JT400	265	2	Alana Graves	Have	U13G	21.03	4060727	U13G Gold
JT400	103	3	Miles Boston	Herts P	U13B	20.64	3982288	
JT400	276	4	Isabelle Stander	WGEL	U13G	16.29	4078211	
JT400	269	5	Niamh Salter	Have	U13G	15.53	4064949	U13G Silver
JT400	257	6	Ayla Baker	Have	U13G	11.47	4071230	U13G Bronze
JT500	167	1	Jessica Page	Have	U15G	32.27	3985733	U15G Gold
JT500	96	2	Scarlett Woods	Have	U15G	26.22	3940416	U15G Silver
JT500	280	3	Madison Poulter	Chelm	U15G	22.19	4045804	
JT500	160	4	Jasmine Asmal	Have	U15G	21.93	4027873	U15G Bronze
JT500	278	5	Isobel Pridie	Have	U15G	14.51	4016613	
JT600	297	1	Samuel Burdett	Have	U15B	37.49	3761972	U15B Gold
JT600	191	2	William Stander	WGEL	U15B	31.13	4035801	
JT600	287	3	Katie Ennis	Have	U20W	22.26	3645965	
JT600	250	4	Harrison Rabess	Have	U15B	20.28	4033531	U15B Silver
Triple Jump - All								
HJ	32	1	Maxwell Adeosun	Have	U15B	11.27	4021908	U15B Gold
HJ	30	2	Tobias Samuel	Have	U15B	11.23	3996934	U15B Silver
HJ	299	3	Adrian Shalajo-Afolabi	Have	U15B	11.18	4073371	U15B Bronze
HJ	7	4	Miles Davis	Col H	U17M	10.82	4050853	
HJ	184	5	Freddie Rowe	Have	U15B	10.74	3950075	
HJ	172	6	Abella Ammam	Dart	U17W	10.31	4031364	
HJ	155	7	Amy Pugsley	Chelm	U15G	9.97	3986564	
HJ	250	8	Harrison Rabess	Have	U15B	9.68	4033531	
HJ	290	9	Adele Pereira	Herts P	U20W	9.21	3545855	
Javelin - Pool 2								
JT500	192	1	Imogen List	Herts P	U17W	37.12	3696778	
JT500	285	2	Faye Fearon	Have	U17W	14.98	4106592	U17W Gold
JT600	104	1	Zak Williams	Have	U15B	43.47	3861264	U15B Gold
JT700	373	1	Milan Andrews	WGEL	U17M	29.14	4010512	
JT700	253	2	James Gillett	Have	U17M	29.12	4104329	U17M Gold
JT700	242	3	James Brinton-Quinn	Have	U17M	23.95	3774089	U17M Silver
JT700	372	4	Ole West	S'end	U17M	15.97	3898475	
JT800	197	1	Peter Brinton-Quinn	Have	SM	64.47	3300127	
JT800	245	2	Hal Hutton	Have	SM	54.34	3372675	
JT800	251	3	Bobby Williams	Have	U17M	48.78	3664974	