

Youth Development League – Upper Tonbridge Sunday 24th April 2022

Posn	Team Name	Points
1	Cambridge Harriers Kent)	750
2	Havering AC	537
3	Tonbridge AC	506
4	Medway & Maidstone	505
5	Croydon Harriers	488
6	Basildon	376
7	Newham & EB	182

Havering's Under 17 and Under 20 squad got their season off to a good start with a second place finish at Tonbridge School on Sunday.

The **Under 20 Women's** team were able to call on their big guns and notched up six track wins as European U18 medallist Steph Okoro returned to club action with a comfortable win in her 400m hurdles speciality and added a winning 200m sprint PB. Paris King won the 100m and was second in the 100m hurdles and Olivia Boachie cruised to 400m victory. Natalie Sewell won the 800m and Maddie Barker the 1500. Megan Cook (100m PB) and Lucy Nattrass (200m) were both third in the B sprints. On the field Katie Ennis contested all four field events and improved her hammer best for second to add to second places in the discus and B javelin, with Niamh Pridie third in the A javelin.

The **Under 20 Men's** were small in number but recorded three wins as Jacob Blanc opened his 2023 account over the 400m hurdles with a win. Simon Hill and Matthew Page won the javelin A and B events and vaulted higher than previously to place second in the pole vault, and Tom Atkins was long jump runner up on his club debut.

The **Under 17 Women's** team scored solidly throughout, although wins were hard to come by. Rosie Warner's 3000m victory was the only track maximum and Ruby Tillson and Maggie Smith were field winners, both in the long jump, with Ruby adding PBs and second places in the A 80m hurdles and shot, and Maggie second in the 80m hurdles B and third on her 300m hurdles debut. Faith Wicks improved her PB to win the pole vault and recovered from a fall when well placed to place third in the B 800m. Mya Thomas (200m) and Cassie Campbell (100m) were second and third in their B sprints, and there were more third places for the 1500m pairing of Charlotte Evans and Abi Swan,. Tilly Bunn excelled with PBs in her three throwing events, winning the discus, second in the B shot and third in the hammer. Lucy Quinlan was second in the javelin, as was Miriam Adebayo in the triple jump to add to her third places in the 300m and U20 long jump.

The throwers scored heavily for the **Under 17 Men's** squad, with six wins and a second place. Bobby Williams won the javelin and Wyatt Larkins the hammer, with Michael Tesi adding a win in the A discus to his shot runner up, with PBs in each. James Mallon improved his PBs to win both discus and hammer B and Luca Gregory won the B shot and was second in the long jump B. Joel Ajayi added B triple jump win to his fast 100m A win – the only track win for this age group, as Archie Simms was runner up in the 400m hurdles and Jeffrey Fenoo third in the long jump A.

Cambridge Harriers (Kent) were comfortable winners as Havering were edged into third by one point by Medway & Maidstone. The second of the four match series sees the teams meet at Basildon on Sunday 28th May.

U20M	A STRINGS	Pos.	Time/Dist			B STRINGS	Pos.	Time/Dist	
100	Reece Malcolm	6	11.68		100				
200	Reece Malcolm	6	23.60w		200	Calvin Sanni	6	24.08w	
400	Calvin Sanni	6	55.22		1500	Finley Wolton	4	4:42.28	
400H	Jacob Blanc	1	54.82						
LJ	Tom Atkins	2	5.83		PV	Matthew Page	2	3.20 PB	
JT	Simon Hill	1	47.47		JT	Matthew Page	1	40.85	
4x100	Reece Malcolm, Joel Ajayi U17, Emmanuel Asirifi-Otchere U17, Calvin Sanni							4	45.71
U17M	A STRINGS	Pos.	Time/Dist			B STRINGS	Pos.	Time/Dist	
100	Joel Ajayi	1	11.01		100	Emmanuel A-Otchere	2	11.58 PB	
400	Jeffrey Fenoo	6	59.50						
800	Joseph Gray	6	tbc		1500	Toby Johnson	6	4:29.67 PB	
400H	Archie Sims 2nd	2	58.84						
LJ	Jeffrey Fenoo	3	5.33		LJ	Luca Gregory	2	4.60	
TJ	Emmanuel A-Otchere	4	10.23		TJ	Joel Ajayi	1	9.48	
SP	Michael Tesi	2	10.07	PB	SP	Luca Gregory	1	9.09	
DT	Michael Tesi	1	33.31	PB	DT	James Mallon	1	29.61 PB	
HT	Wyatt Larkins 2 nd	1	48.44		HT	James Mallon	1	21.97 PB	
JT	Bobby Williams	1	59.42		JT	Luca Gregory	N/S	33.01	
U20W	A STRINGS	Pos.	Time/Dist			B STRINGS	Pos.	Time/Dist	
100	Paris King	1	12.36		100	Megan Cook	3	14.49 PB	
200	Stephanie Okoro	1	24.99w	PB	200	Lucy Natrass	3	29.13w	
400	Olivia Boachie	1	57.67		800	Natalie Sewell	1	2:19.00	
1500	Maddie Barker	1	4:49.28						
100H	Paris King	2	14.81		400H	Stephanie Okoro	1	60.73	
LJ	Miriam Adebayo	3	4.32		TJ	Charlotte Evans U17	4	5.74	
SP	Katie Ennis	4	6.44		HT	Katie Ennis	2	35.57 PB	
DT	Katie Ennis	2	32.38						
JT	Niamh Pridie	3	24.20		JT	Katie Ennis	2	18.62	
4x100	Paris King, Steph Okoro, Lucy Natrass, Megan Cook							4	51.95
U17W	A STRINGS	Pos.	Time/Dist			B STRINGS	Pos.	Time/Dist	
100	Mya Thomas	5	13.28		100	Cassie Campbell	3	13.20	
200	Cassie Campbell	6	27.24w		200	Mya Thomas	2	27.19w	
300	Miriam Adebayo	3	43.44		300	Gillian Danbata	5	48.56	
800	Hannah Evans	4	2:36.85		800	Faith Wicks	3	3:09.39	
1500	Charlotte Evans	3	5:07.60		1500	Abi Swan	3	5:32.17	
3000	Rosie Warner	1	11:55.32						
80H	Ruby Tillson	2	11.76	PB	80H	Maggie Smith	2	12.93	
300H	Maggie Smith	3	50.28	PB	PV	Faith Wicks	1	2,30 PB	
LJ	Ruby Tillson	1	5.14		LJ	Maggie Smith	1	4.46	
TJ	Miriam Adebayo	2	10.23		JT	Lucy Quinlan	2	30.63	
SP	Ruby Tillson	2	10.86	PB	SP	Tilly Bunn	2	8.43 PB	
HT	Tilly Bunn	3	28.44	PB	DT	Tilly Bunn	1	27.39 PB	
4x100	Cassie, Mya, Miriam, Gillian							4	53.03
4x300	Ruby, Hannah Charlotte Cassie							5	3:04.86