



## ***English Schools Combined Events Final Chelmsford Sat 20<sup>th</sup> & Sunday 21<sup>st</sup> September 2025***

Three club youngsters represented the Essex Schools team at the National Schools Combined Events Championships at Chelmsford this weekend.

**Joshua Buxton** started well in the Junior Boys pentathlon on Saturday, finishing second in the hurdles to the English Schools champion Charles Reilly and he was still in medal contention after the shot until a disappointing long jump ended his medal chances. A big high jump PB improved Joshua's position and after his final event the 800m he was placed 15th of the 40+ competitors. There was some consolation as Essex won the team event.

**Amy Mansell** also started well in the Intermediate Girls heptathlon with a big hurdles PB and she added another PB in the high jump. Solid performances in the 200m and long jump made up for below par results in the shot and javelin before her 800m run placed her 20th over the two days and in the top half of the field. Her Essex team were runners up.

The third club representative was **Ome Nwapa** who also started well in the junior girls' pentathlon with PBs in the hurdles and shot to rank her in the top 10 at that stage but after all five events Ome eventually had to settle for a commendable 23rd of the 43 taking part.

### **Results:**

#### **Inter Girls (U17W)**

Amy Mansell: 20<sup>th</sup> 3824 points:  
80mH: 12.42s **PB**; HJ: 1.44m **PB**; SP: 8.79m; 200m: 27.16s; LJ: 4.98m; JT: 15.26m; 800: 2:36.00s.

#### **Junior Boys (U15B)**

Joshua Buxton: 15<sup>th</sup> – 2441 points:  
80mH: 11.23s; SP: 10.93m; LJ: 4.54m; HJ: 1.74m **PB**;  
800m: 2:37.98s

#### **Junior Girls (U15G)**

Ome Nwapa 23<sup>rd</sup> - 2515 points:  
75mH: 12.20 **PB**; SP: 9.12m **PB** HJ: 1.47m; LJ: 4.51m;  
800m: 2:59.25s

