



South of England Under 20 & Senior Indoor Champs – Lee Valley Sat 4th & Sun 5th February 2023

There were two gold medals as a small group of club athletes contested the South of England Indoor Championships for Under 20-s and seniors at Lee Valley last weekend.

Paris King celebrated being appointed one of the six Kukri Sport Young Ambassadors # by improving her club record when winning the Under 20 women's 60m hurdles gold on Saturday. A blistering start put her in pole position and she held firm to cross the line in 8.51s, the fastest ever by a club U20W and just behind the club senior record of 8.5s set by Lynn Illott in 1974. Paris will be competing this weekend at the England Athletics Indoor age group championships in Sheffield.

The second gold came from Stephanie Okoro who won in a photo-finish by the narrowest of margins, one-hundredth of a second – just a few inches. Favourite Jessica Astill (Stevenage), who represented GB Juniors at last summer's World Junior Championships in Columbia, led from the gun and Steph's late charge brought her victory in the final stride in a new PB – indoors or out - of 55.74s, third fastest on the U20 all-time list.

Dan Peters finished fifth in the Under 20 800m, after clocking his fastest time since August 2021 in his heat. Also in action were Jacob Blanc who missed out on an U20M 400m final place, newcomer Tom Atkins who went out in the 60m semis, & Matthew Agnimmel (senior 400m) and Shane Hart (U20M 800m), who went out in the heats.

Kukri Sports Young Ambassadors: <https://www.kukrisports.com/uk/ytp-paris-king/>

Senior Men: 400m: Heat: Matthew Agnimmel 50.66s ;

Under 20 Women: 400m 1st Stephanie Okoro 55.74s **PB** (Heat: 57.08s) **60m Hurdles** 1st Paris King 8.51s **PB & Club U20W Record** (Heat: 8.73s)

Under 20 Men: 60m Tom Atkins Semi: 7.48s **PB** (Heat: 7.50s) **400m** Jacob Blanc Semi: 51.47s (Heat: 51.21s); **800m** 5th Dan Peters 2:02.18s (Heat: 1:59.79s); heat: Shane Hart 2:02.70s **Long Jump:** 13th Tom Atkins 5.79m

