



## ***Inter Counties Cross Country Championships Loughborough Sat 11<sup>th</sup> March***

**Club athletes pulled on the red vest of Essex to compete at the Inter Counties Championships, held at a very muddy course at Prestwood Hall, Loughborough on Saturday.**

Summer Smith's fantastic winter season, which has seen her win the Essex County, Essex Schools and Essex League titles, and finish third in the English Schools Cup Final and fifth in the South of England events, ended with a sixth place finish in the Under 13 race. With another year in the age group she can expect to challenge for national medals next year. She led the Essex team to team gold as Emmie Lole was 76<sup>th</sup> in the 300 strong field.

Freddie Rowe was 37<sup>th</sup> in the Under 15 Boys race, with Jack West 153<sup>rd</sup>, and Liam Battrum finished 85<sup>th</sup> for the Essex Under 13 boys.

Maddie Barker placed a fine 19<sup>th</sup> in the Under 20 race for her highest ever finish in a national event and Rosie Warner in 155<sup>th</sup> was the club's representative in the Under 15 girls' championship.

In the Senior men's race James Stewart found the muddy terrain more to his liking than Essex League champion Ben Davis, finishing 128<sup>th</sup>, 40 places ahead of his clubmate.

**Senior Men:** 128<sup>th</sup> James Stewart 42:18; 168<sup>th</sup> Ben Davis 43:15; **Under 20 Women:** 19<sup>th</sup> Maddie Barker 25:12; **Under 15 Girls:** 155<sup>th</sup> Rosie Warner 18:40; **Under 15 Boys:** 37<sup>th</sup> Freddie Rowe 15:16; 153<sup>rd</sup> Jack West 16:15; **Under 13 Girls:** 6<sup>th</sup> Summer Smith 13:15; 76<sup>th</sup> Emmie Lole 14:27; **Under 13 Boys:** 85<sup>th</sup> Liam Battrum 13:28.





### ***Brentwood Half Marathon Sun 12<sup>th</sup> March***

**There was a good club contingent in action at Sunday's Brentwood Half Marathon.**

Kieran O'Hara showed that he has good endurance as he finished sixth, three places higher than his half marathon debut at the same race last year. Barry Smith finished in a great 14<sup>th</sup> place, and second fastest in the M40 age group, with John Whitehead 50<sup>th</sup>, not far ahead of John Barker whose 53<sup>rd</sup> place was also second in the M55 age category. Steve Walker was 95<sup>th</sup>, Graham Hogan 113<sup>th</sup>, Darren Priestley 137<sup>th</sup>, Roy James 233<sup>rd</sup> and Rob Smith 338<sup>th</sup>. Clare Davies in 208<sup>th</sup> to finish 20<sup>th</sup> of the near 600 females and fifth of the W35 age group, while Stephanie Phillips was 428<sup>th</sup>, and 11<sup>th</sup> overall as the 18-35 females.

6<sup>th</sup> Kieran O'Hara 77:05; 14<sup>th</sup> Barry Smith 80:07 (2<sup>nd</sup> M40); 50<sup>th</sup> John Whitehead 85:42; 53<sup>rd</sup> John Barker 85:59 (2<sup>nd</sup> M55); 95<sup>th</sup> Steve Walker M50 89:32; 113<sup>th</sup> Graham Hogan M45 91:58; 137<sup>th</sup> Darren Priestley M55 93:59; 208<sup>th</sup> Clare Davies (5<sup>th</sup> W35) 97:13; 233<sup>rd</sup> Roy James M50 99:08; 338<sup>th</sup> Rob Smith M40 104:21; 428<sup>th</sup> Stephanie Phillips 106:11 (11<sup>th</sup> Senior Women).