



England Athletics Under 15 and Under 17 Championships Birmingham, Saturday 26th and Sunday 27th August 2023

Ruby Tillson added to her medal tally winning Under 17 high jump silver at the England Athletics Age Group Championships at Birmingham's Alexander Stadium in cold and damp conditions on Saturday.

It was the Upminster 16-year-old's third national silver this year after taking indoor pentathlon silver in February and English Schools high jump silver at the same venue in July. Ruby came close to victory, only losing gold on countback to winner Mabel Scanes, with whom she had tied with for silver at the English Schools, with both athletes clearing 1.70m but Mabel cleared second time to Ruby's third..

Joel Ajayi made his second national final of the summer, finishing seventh in the U17 Men's 100m final after twice running a new personal best of 10.89s in both heat and final, the third fastest ever by a club Under 17. Zak Williams was sixth in the Under 15 boys pole vault with a 2.98m clearance, and he would have needed to clear a new club record as the next height was 3.18m, compared to Zak's best of 3.12m. Zak was also seventh in the javelin with his opening throw of 46.22m, with Sam Burdett 14th in the same competition with 40.27m.

Two other club athletes gained useful experience at the prestigious England Athletics championships as Maggie Smith ran 50.27s in her 300m hurdles heat and Cassie Campbell clocked 27.24s in her 200m heat, both in the Under 17 category.

Bobby Williams opted out of competing in the Under 17 javelin at Birmingham on Sunday after placing fourth for the England Under 18 team at Cardiff the day before against older opposition. His best throw of 53.83m was a new personal best with the senior 800gm javelin and it was the fourth longest ever by a club Under 17.



