

Junior / Under 20 Men (as at 30th June 2025)

100 Metres

1	Joel Ajayi	10.49	U17	8th June 2024
2	Eugene Ayanful	10.73	U17	6 th August 2006
3	Matthew Russell	10.76		31 st August 1998
4	Ross Bacchus	10.8		9 th May 1998
5	Joshua Olawore	10.84		9 th August 2014
6	Ronnie Adoma	10.89		18 th April 2022
7	= Mo Marenah	10.9		27 th May 1989
7	= Luke Stott	10.9		22 nd April 2006
		(11.02)		29 th April 2006)
9	Richard Akinyebo	10.93		13 th September 2020
10	Kevin Farrell	10.96		13 th May 1995

Wind Assisted Marks

Joel Ajayi	10.38	U17	23rd June 2024
Matthew Russell	10.6		9 th May 1998
	(10.63)		4 th July 1998)
Richard Akinyebo	10.76		20 th September 2020
Richard Morrissey	10.87		29 th August 2010
Lewis Bailey	10.90		6 th June 2015

200 Metres

1	Kevin Farrell	21.63		12 th July 1996
2	Brendan Lawlor	21.7		3 rd August 1986
3	Joshua Olawore	21.76		9 th August 2014
4	Richard Akinyebo	21.84		20 th September 2020
5	Joel Ajayi	21.89	U17	30th June 2024
6	Eugene Ayanful	21.91	U17	28 th July 2006
7	Mo Marenah	22.0		5 th August 1989
8	Richard Morrissey	22.04		20 th June 2010
9	Ronnie Adoma	22.17		28 th May 2023
10	= Matthew Russell	22.20	U17	12 th July 1996
10	= David Burke	22.2		30 th August 1986
10	= Charlie Moss	22.2	U17	27 th July 2008

Wind Assisted Marks

Kevin Farrell	21.51		13 th July 1996
Matthew Russell	21.89	U17	13 th July 1996
Richard Morrissey	21.94		29 th August 2010
Luke Stott	22.09		28 th Aug 2005
Lewis Bailey	22.15		2 nd July 2016

400 Metres

1	Richard Morrissey	48.01		31 st July 2010
2	Thomas Pitkin	48.59		14 th May 2017
3	Kevin Lidlow	48.72		30 th August 1980
4	Ian Chambers	49.09		17 th June 1989
5	Mark Bishop	49.1		16 th August 1986
6	Graham Healy	49.4		15 th August 1987
7	Andrew Lewis	49.40		4 th July 2009
8	Philip Sadler	49.49		27 th May 1995
9	Jacob Blanc	49.59		28 th May 2022
10	Peter Winch	49.6y		28 th July 1968

800 Metres

1	Freddie Rowe	1:51.05	U17	12th April 2025
2	Gary Robbins	1:52.2		19 th July 1987
3	Keith Evans	1:53.8		15 th July 1978
4	Michael Boxall	1:54.2		31 st August 1968
5	Glen Coppin	1:54.25		7 th July 2000
6	Thomas Keevil	1:54.33		15 th August 2018
7	Findlay McLaren	1:54.55	U17	18th June 2025
8	Russell Bailey	1:54.6	U17	15 th July 1978
9	Russell Middleton	1:54.8		19 th September 1987
10	= Douglas Speer	1:55.0y		5 th September 1962
10	= Ian Berrett	1:55.0		August 1978
10	= Mark Blackburn	1:55.0		30 th June 1979

1500 Metres

1	Freddie Rowe	3:44.62	U17	18th June 2025
2	Richard Bolam	3:51.8		15 th June 1974
3	Gary Robbins	3:52.1		19 th September 1986
4	Adrian Murphy	3:54.4		7 th August 1975
5	Ross Clarke	3:56.45		21 st July 2007
6	Glen Coppin	3:57.9		24 th June 2000
7	Ben Davis	3:58.62		24 th June 2017
8	Elliott Cordery	3:58.83		25 th July 2018
9	Pat Gahagan	3:58.?		August 1980
10	Thomas Keevil	3:59.09		2 nd June 2018

110 Metres Hurdles – 3ft 6ins

1	Peter Akwaboah	15.3		5 th August 1989
2	George Hadler	15.55		5 th July 2014
3	Brett Heath	15.68		21 st August 1994
4	Bill Peaty	15.8y		29 th June 1957
5	Kevin Lidlow	15.9 ?w		5 th May 1980
6	Mark Bishop	16.2		28 th September 1986
7	= Paul Dunston	16.3		1 st May 1982
7	= Michael Sampson	16.3		22 nd August 1993
9	Anthony Williams	16.4		17 th May 2008
10	Kevin Benton	16.8		25 th July 1998

110 Metres Hurdles - 3ft 3ins (99 cms)

1	Robbie Clarricoats	14.19		16 th June 2013
2	Isaac Ogunlade	14.53		29 th August 2010
3	Joshua Olawore	14.7		1 st July 2012
		(15.35)		22 nd September 2013)
4	Leo Barker	14.71		3 rd August 1997
5	Jacob Blanc	14.73		7 th August 2022
6	George Hadler	14.89		28 th May 2014
7	Jack Edgar-Hill	14.90		8 th July 2012
8	Bradley James	15.1		27 th June 2021
		(15.25)		31 st July 2021)
9	Anthony Williams	15.18		15 th June 2008
10	Toby Bishop	15.19		19 th September 2021

Wind Assisted Marks

Isaac Ogunlade	14.37	25 th July 2010
George Hadler	14.50	25 th May 2013
Joshua Olawore	14.5	24 th June 2012
Jack Edgar-Hill	14.6	24 th June 2012
	(14.65)	20 th June 2010)

400 Metres Hurdles – 3 ft (91.4 cms)

1	Kevin Lidlow	52.81		24 th May 1981
2	Jacob Blanc	53.47		24 th June 2022
3	Isaac Ogunlade	54.71		3 rd July 2010
4	George Hadler	55.11		26 th May 2013
5	Leroy Groves	55.12		15 th June 1988
6	Thomas Pitkin	55.13		22 nd April 2017
7	Darren Matthews	56.0		18 th May 1985
8	Robbie Clarricoats	56.58		26 th May 2013
9	David Troup	56.6		12 th August 1972
10	= Paul Dunston	56.90		26 th June 1982
10	= Adam McCarthy	56.9		26 th April 2009

2,000 Metres Steeplechase

1	Paul Bettridge	5:58.8		22 nd August 1976
2	Richard Fisher	6:02.8		6 th August 1965
3	William Bullock	6:03.8		10 th July 1981
4	Gavin Maley	6:05.2		11 th May 1996
5	Ben Davis	6:06.36		8 th July 2017
6	Keith Berrett	6:08.2		?
7	Paul Berrett	6:08.9		18 th April 1979
8	Daniel Belbeck	6:15.57		7 th July 1991
9	Jason Lendon	6:18.8		26 th May 1993
10	Robert Day	6:20.8		1965

3,000 Metres Steeplechase

1		Paul Bettridge	9:26.8		24 th July 1976
2		Richard Fisher	9:36.0		4 th May 1966
3		William Bullock	9:36.4		30 th May 1981
4		Jason Lendon	9:40.0		2 nd July 1994
5		Ben Davis	9:44.38		4 th August 2018
6		Stephen Harrison	9:45.4		11 th August 1965
7	=	Roy Young	9:47.0		11 th August 1965
7	=	Robert Day	9:47.0		15 th May 1965
9		Alex Ford	9:53.82		2 nd May 2022
10		Wesley Hawes	9:55.5		19 th July 1998

High Jump

1	=	Steve Thornett	1.95m		16 th July 1983
1	=	Steven Prady	1.95m	U17	18 th August 2001
3	=	Alan Murrell	1.93m		7 th August 1965
3	=	Steve Nadin	1.93m		7 th July 1986
3	=	Dean Tompkins	1.93m	U17	5 th May 1990
3	=	Brett Heath	1.93m		23 rd January 1994
3	=	Richard Brown	1.93m		5 th July 1999
3	=	Shandell Taylor	1.93m		4 th August 2018
9	=	Tony Freeman	1.91m		7 th July 1990
9	=	Jack Hignett	1.91m indoor	U17	3 rd March 2024

Long Jump

1		Shandell Taylor	7.78m		13 th July 2018
2		Stuart Wells	7.56m		11 th July 1997
3		Joshua Olawore	7.20m	U17	18 th August 2011
4		Peter Akwaboah	7.08m		21 st May 1988
5		Hudson McClean	7.00m		8 th September 1974
6		Alex Law	6.92m		16 th May 2015
7		Joseph Ramie	6.89m		16 th May 2009
8		Lorne Gutteridge	6.81m		28 th May 1984
9		Richard Holland	6.78m		12 th August 2012
10		Leo Barker	6.76m		2 nd August 1997

Wind Assisted Marks

		Joshua Olawore	7.28m		9 th August 2014
		Peter Akwaboah	7.18m		28 th May 1988
		Hudson McClean	7.13m		7 th September 1974
		John Davies	6.96m	U17	15 th August 1999
		Alan Hardy	6.95m		15 th May 1976
		Joseph Ramie	6.95m		28 th June 2008
		Patrick McLean-Tattan	6.77m		25 th June 2022

Triple Jump

1		Peter Akwaboah	15.60m		7 th August 1988
2		Jimi Tele	15.01m		7 th July 2012
3		Eric Robinson	14.39m		31 st May 1958
4		Fred Alsop	14.15m		27 th July 1957
5		Lorne Gutteridge	14.10m		9 th June 1984
6		Ray Harwood	14.08m		30 th May 1964
7		Joshua Olawore	14.02m indoor	U17	26 th Feb 2011
			(13.94m)	U17	11 th June 2011)
8		Joseph Ramie	13.98m		24 th May 2009
9		John Davies	13.88m	U17	12 th June 1999
10		Kieron Keevil	13.86m		12 th June 1993

Wind Assisted Marks

		Jimi Tele	15.33m		12 th May 2013
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Pole Vault

1		Ed Thompson	4.40m		19 th April 2014
2	=	Brett Heath	4.20m		17 th April 1994
2	=	Kevin Tufton	4.20m		22 nd August 1999
4		John Woodberry	3.75m		14 th April 1976
5	=	Dean Tompkins	3.70m	U17	24 th June 1990
5	=	Richard Gray	3.70m	U17	20 th July 1993
7	=	Arron Bonning	3.60m		5 th May 1993
7	=	Jay Ryan	3.60m		27 th July 2008

9	Peter Dukelow	3.58m	23 rd July 1966
10	Ciaran Mastrogiacomio	3.55m	25 th June 2023
Shot Putt 6.00 kg (in use from 1 January 2002)			
1	Scott Hayes	16.77m *	1 st September 1991
2	Emmanuel Quarshie	15.05m	9 th July 2011
3	Duane Jibunoh	14.46m	27 th April 2014
4	Laurence Goodacre	14.35m	2 nd July 2011
5	Joshua Olawore	14.34m	30 th June 2013
6	Terry Kent	13.63m *	21 st May 1983
7	Brett Heath	13.43m *	23 rd January 1994
8	Ayo Babatunde	13.25m	18 th September 2022
9	Patrick McLean-Tattan	12.69m	26 th June 2022
10	Alex Law	12.54m	13 th September 2015
* 6.25 kg (in use until 31 December 2001)			
Shot Putt 7.26kg			
1	Scott Hayes	15.35m	7 th July 1991
2	Emmanuel Quarshie	13.34m	17 th July 2011
3	Duane Jibunoh	12.57m	19 th April 2014
4	Brett Heath	11.65m	29 th April 1994
5	Andy Woolgar	11.59m	1 st May 1982
6	Patrick McLean-Tattan	11.45m	17 th August 2024
7	Jay Ryan	11.42m	3 rd May 2008
8	Dean Tompkins	11.26m	1 st April 1990
9	Mark Bishop	10.59m	7 th September 1986
10	Alex Law	10.52m	8 th August 2015
Discus 1.75kg			
1	Scott Hayes	51.46m	1 st April 1991
2	Duane Jibunoh	50.52m	15 th June 2014
3	Patrick McLean-Tattan	41.69m	15 th September 2024
4	Leo Barker	40.90m	3 rd August 1997
5	Patrick McLean-Tattan	40.07m	9 th July 2022
6	Laurence Goodacre	39.85m	11 st May 2011
7	Bradley Reece	38.65m	10 th May 2009
8	Danny Wilson	38.03m	16 th September 2012
9	Darron Keevil	37.54m	15 th May 1993
10	Michael Duncan	36.96m	26 th March 2016
Discus 2.0kg			
1	Scott Hayes	47.42m	22 nd June 1991
2	Duane Jibunoh	46.51m	19 th April 2014
3	Patrick McLean-Tattan	38.39m	3 rd August 2024
4	Brett Heath	36.80m	1 st May 1994
5	Bradley Reece	35.91m	16 th May 2009
6	Andy Woolgar	35.14m	1 st May 1982
7	Michael Duncan	33.56m	15 th April 2017
8	Emmanuel Quarshie	33.26m	4 th June 2011
9	Danny Wilson	33.06m	20 th April 2013
10	Toby Bishop	30.86m	13 th August 2022
Hammer 6.00 kg (in use from 1 January 2002)			
1	Kevin Deacon	52.89m	17 th September 2003
2	Bradley Reece	50.75m	23 rd May 2010
3	Joe Forde	49.91m	18 th June 2006
4	Daniel Gamester	45.28m *	14 th June 1997
5	Lewis Williams	41.99m	29 th May 2011
6	Terry O'Leary	32.32m	29 th Aug 2004
7	Andrew Tierney	29.85m	27 th July 2003
8	Patrick McLean-Tattan	29.21m	24 th April 2022
9	Christian Newton	28.23m	24 th April 2005
10	Jay Ryan	27.33m	27 th July 2008
* 6.25 kg (in use until 31 December 2001)			

Hammer 7.26kg

1	Kevin Deacon	47.64m	18 th April 2003
2	Joe Forde	43.14m	5 th August 2006
3	Bradley Reece	45.58m	5 th June 2010
4	Daniel Gamester	39.84m	3 rd May 1997
5	Andrew Tierney	25.13m	4 th August 2001
6	Christian Newton	24.63m	9 th July 2005
7	Duane Jibunoh	23.12m	7 th June 2014
8	Emmanuel Quarshie	22.18m	31st July 2010
9	Georgie Bean	20.67m	21st Aug 2010

Javelin 800g New Model Only

1	Bonne Buwembo	70.80m	13 th September 2008
2	Max Law	68.57m	2 nd June 2019
3	Peter Brinton-Quinn	61.64m	12 th September 2021
4	Bradley James	61.03m	7 th May 2022
5	Bradley Burr	60.19m	17 th April 2010
6	Hal Hutton	57.59m	25 th September 2022
7	Bobby Williams	55.21m	12th May 2024
8	Georgie Bean	54.22m	U17 15 th June 2008
9	Mark Bishop	53.80m	8 th June 1986
10	Patrick McLean-Tattan	53.19m	3rd August 2024

Decathlon**(100m, Long Jump, Shot, High Jump, 400m, 110m hurdles, Discus, Pole Vault, Javelin, 1500m)**

1	Brett Heath	6579 E Points (11.83w, 6.41m, 11.65m, 1.88m, 52.04, 15.88, 36.80m, 4.20m, 39.78m, 4.28.37)	30 th April / 1 st May 1994
2	Mark Bishop	6070 H Points 11.5, 6.41m, 10.59m, 1.79m, 50.2, 16.7, 28.70m, 3.30m, 52.86m (Old Style) 4.50.0	6 th /7 th September 1986
3	Greg Archer	5437 H Points 12.0, 6.39m, 9.48m, 1.79m, 53.2, 18.1, 29.86m, 2.60m, 38.20m (Old Style) 5.03.9	29 th /30 th September 1984
4	Mark Bird	4663 Points	27 th /28 th September 1980
5	Kieron Keevil	4348 Points	27 th /28 th August 1993

Decathlon Under 18 Implements**(100m, Long Jump, Shot, High Jump, 400m, 110m hurdles, Discus, Pole Vault, Javelin, 1500m)**

1	Patrick McLean-Tattan	5895 E Points (11.65, 6.10m, 12.92m, 1.59m, 53.47, 16.67, 42.61m, 2.80m, 48.84m, 5.05.51)	28 th /29 th May 2022
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Decathlon Junior Implements

1	Leo Barker	6384 E Points 11.37, 6.76m, 12.10m, 1.77m, 53.24, 14.71, 40.90m, 2.90m, 49.32m, 5:13.96	2 nd /3 rd August 1997
2	Joshua Olawore	6269 E Points 11.05, 7.18m, 12.81m, 1.76m, 50.62; 15.35, 29.15m, 2.60m, 41.99m, 5:07.75	21 st / 22 nd September 2013
3	Bradley James	5733 E Points 11.80, 6.60m, 8.82m, 1.74m, 52.42, 15.41, 27.80m, 2.20m, 53.15m, 4:55.08	18 th /19 th September 2021
4	Toby Bishop	5713 E Points 11.71, 6.26m, 11.08m, 1.74m, 53.70, 15.19, 34.67m, 3.10m, 42.61m, 5:43.58	18 th /19 th September 2021

5	Aaron Bonning	5334 H Points 12.2, 5.94m, 10.80m, 1.66m, 55.6; 16.9, 31.22m, 3.40m, 41.84m, 5:01.0	25 th /26 th June 1994
6	Danny Wilson	5197 E Points 11.93, 5.33m, 12.37m, 1.63m, 52.09; 18.63, 38.03m, 2.20m, 33.13m, 4:47.23	15 th /16 th September 2012
7	Darron Keevil	5065 H Points 12.7, 5.96m, 9.96m, 1.80m, 56.8, 16.8, 31.58m, 2.90m, 39.04m, 5:10.8	26 th /27 th June 1993
8	Bradley Burr	4978 H Points 12.3, 5.62m, 10.79m, 1.74m, 56.8, 16.7, 28.34m, 2.60m, 54.45m, 5:49.7	26 th /27 th June 2010
9	Patrick McLean-Tattan	4906 H Points 11.8, 6.77w, 12.69m, 1.65m, 55.9, 19.2, 39.33m, 2.60m, 42.81, DNF	25 th / 26 th June 2022

H = Hand Timing E = Electronic Timing

Other Junior / U20 Records

4 x 100 Metres Relay	43.37	U17	20th July 2024
	Ryan Alexander, Emmanuel Asirifi-Otchere, Tobias Samuel, Maxwell Adeosun		
4 x 200 Metres Relay	1:36.2	U17	7 th August 1976
	Team Unknown		
4 x 400 Metres Relay	3:24.0		18 th May 1980
	Team Unknown		
4 x 800 Metres Relay	8:15.1	U17	26 th August 1976
	Ian Berrett, Keith Evans, S Pattle, Andy Coleman		
4 x 1500 Metres Relay	17:46.6	U17	10 th September 1986
	Team Unknown		
3 x 800 Metres Relay	5:49.3		1988
	Team Unknown		
3 x 1500 Metres Relay	12:18.2	U17	12 th September 1984
	David Caton, Russell Middleton, Gary Robbins		
Medley Relay 200, 200, 400, 800	3:28.6		14 th July 1987
	Graham Healy, David Burke, Russell Middleton, Gary Robbins		

60 metres	Joel Ajayi	6.82 Indoor	U17	10th February 2024
150 metres	Matthew Russell	16.5	U17	23 rd March 1997
300 Metres	Philip Sadler	35.97 Indoor		29 th February 1996
600 Metres	Ian Berrett	1:27.1		6 th August 1977
1000 Metres	Paul Berrett	2:30.9		20 th August 1980
2000 Metres	Roy Young	5:32.2		17 th April 1964
3000 Metres	Adrian Murphy	8:24.2		3 rd September 1975
5000 Metres	Adrian Murphy	14:44.8		26 th July 1975
1 Mile	Richard Bolam	4:15.5		9 th July 1975
2 Miles	Roy Young	9:03.6		29 th June 1965
60 Metres Hurdles	Jacob Blanc	8.06 Indoor		5 th February 2022
200 Metres Hurdles	M Corbett	27.8y		11 th June 1961
300 Metres Hurdles	Jacob Blanc	38.47		9 th April 2022
Pentathlon +	Brett Heath	3589 Points		23 rd January 1994
Heptathlon + (Indoor)	Toby Bishop	4494 Points		19 th December 2021
	6.34, 6.18m, 12.07m, 1.72m, 8.46, 3.26m, 3:02.32			
	<i>Note: + Junior Implements</i>			