

Eastern Young Athletes' League, Top 6 Final Chelmsford **Sunday 6th September 2026**

	Total	BU14	BU16	MU18	GU14	GU16	WU18
Chelmsford	711	78	105	98	100	122	138
Havering AC	636	91	105	127	82	93	74
SS Athletics / Enfield	553	97	98	66	78	72	98
Shaftesbury Barnet	525	96	91	79	75	79	63
Bedford & County	509	66	91	82	71	89	59
City of Norwich	369	46	43	37	73	68	70

Havering's young athletes ended their club season in style with a brilliant second place finish in the Eastern Young Athletes League Top 6 Final on Sunday. Hosts and league champions Chelmsford won their fourth successive league and trophy double title, while Havering improved on their third-placed league position to comfortably beat league runners up SS Athletics/Enfield for second. Havering's Under 18 men won their category with a dominant series of results and the Under 16 Boys shared first place with the hosts.

The full strength **Under 18 Men's** team racked up 15 victories to finish almost 30 points clear of the opposition. Romel Semper took full points in both sprints and his B string partners Tobi Bello (100m) and Ryan Alexander (200m) were also victorious. Aidan Doherty also had a win double taking the B 400m & 800m races, Freddie Rowe cruised to 800m A success and Findlay McLaren was a close second in the 400m. Shea Sweeney won the B 1500m with Sam Horsley third in the A string. Tobias Samuel joined Romel, Tobi and Ryan in the winning sprint relay quartet who finished well clear. Ryan improved his high jump best for victory and Tobias was third in the long jump, as Bode Thompson won the B high jump and Jayden Wilkinson won the B long jump. More field wins came from Sam Johnson (shot), Harrison Rabess and Reggie Marshall (discus A & B), and Sam Burdett (javelin) while Harrison was also second in the triple jump.

A strong performance saw the **Under 16 Boys** share first place with the hosts, with both clubs under pressure from the other team. Wins were hard to come by for club athletes, but national medallist Ameer Salaam won the shot and was discus runner up, with Zephaniah Smith winning the B shot event in a PB, and Ethan Johnson smashing his javelin PB for victory, with Oba Samuel second in the B string, as was B discus thrower Matthew Hamberger. Derin Okubanjo won the triple jump, while on the track Jake Tregidgo won the B 800m, with Jack Rossington third in the A race, and there were second places for David Ojo Ekhaton and Zaire Lewin Dawkins in the 200m races, and Nathan Hathaway with a PB in the 300m. Josh Buxton was third in the hurdles and long jump, and his B string partners Rehan Syed (hurdles) and Derin Okubanjo (long jump) were also third.

A solid team performance saw the **Under 16 Girls** finish second. Abigail Adegite won the high jump with a big PB, and Esther Olajide equalled her best to win the B string event, while Ome Nwapa won the B hurdles. Abigail improved her 200m best for second in the B race and Siobhan Etemadi was second in the B 100m and third in the A hurdles, with Millie Cook and Evie Green both third in their 800m races. Ayla Baker won her javelin speciality and improved her shot and discus best for more points as Tomiwa Holloway was B discus runner up and Danielle Adeyinka was third in the B shot. Siobhan, Abigail, Millie and Ome combined to place second in the relay.

There were three wins for the second-placed **Under 14 Girls** as Olivia Vaughan won the 100m, Isla Herrera improved her high jump best to share the spoils in the high jump, while Emily Johnson was close to her PB in winning the B javelin. Keira Attwood Kelly was third in the javelin A, Molly Jenkinson Smith and Darcy Davies were third in the 1500m A & B, and Violet Everett was B discus runner up and third in the 800m A race, as was Lucy Tregidgo in the B 800m. There were also third places for Ava McMillan (200m) and Betsy Morrow (shot).

The four individual wins for the **Under 14 Boys** came in the field events as George Cowley won the pole vault, Gideon Lee and Euan Cheesewright won both A & B javelin, and were second and third respectively in the long jump A & B, while William Hiles won the shot and was third in the discus and hammer. Elijah Lowe was second in both A string sprints and the B shot, with Lawrence Fearon second in the B 100m. William joined Lawrence, Gideon and Elijah in the winning sprint relay team, who end the season top of the UK club Under 14 rankings.

The **Under 18 Women** fought hard for points. Eboni Roach was second in both the shot and discus, and third in the B javelin, Jess Page was javelin A runner up, Jessie Lynes took chunks off her PB for second place in the 400m, and Jasmine Asmal returned from injury to place second in the B 800m. Amy Mansell improved her best for third in the hurdles and was also third in the 400m A race, while Brooke Lavey stepped up from the Under 16s to set a new high jump PB in third, as Grace Tilson was third in the B string.