

Eastern Young Athletes' League, Watford Sun 7th June 2026

	Total	BU14	BU16	MU18	GU14	GU16	WU18
Havering AC	815	146	155	77	141	133	108
Colchester H	609	95	99	49	107	103	97
Stevenage/HAWCs	566	64	119	87	55	103	71
Ipswich	510	47	61	105	64	61	111
Cambridge/Ely/Newmarket	467	71	77	99	58	88	20
Watford	458	94	66	19	71	100	38
Ilford/Southend	455	64	93	86	50	55	74

Under 18 Women

Event	'A' String	Result	Pos	'B' String	Result	Pos
100m	Christine Atumonyogo	13.6	5	Oma Nwapa	12.5	1
200m	Amy Mansell	26.3	2			
400m	Grace Tilson	69.7	4			
800m	Grace Tilson	2:43.0	5			
1500m						
400m H	Amy Mansell	68.5	1			
Pole V	X					
High J	Oma Nwapa	1.45	1	Amy Mansell	1.35	1
Long J	Oma Nwapa	4.71	3	Jessica Page	3.49	3
Triple J	Grace Tilson	8.51	1	No B String		
Shot	Eboni Roach	12.57	1	Lila Chapelhow	7.86	1
Discus	Eboni Roach	31.05	1	Lila Chapelhow	21.08	1
Hammer	Lila Chapelhow	35.73	2	No B string		
Javelin	Jessica Page	28.29	2			
4x100m	Christine Atumonyogo, Oma Nwapa, Jessica Page, Amy Mansell				51.7	1

Under 18 Men

Event	'A' String	Result	Pos	'B' String	Result	Pos
100m	Ryan Alexander	11.2	2	Peter Aderibigbe	11.5	2
200m	Peter Aderibigbe	23.8	4			
400m	Jayden Wilkinson	58.2	7			
800m	Jake Tregidgo	2:10.5	5	Oliver Rushworth	2:12.6	4
1500m	Jack Forman	4:49.1	5			
400m H						
Pole Vault						
High Jump	Ryan Alexander	1.75	1			
Long Jump	Jayden Wilkinson	5.49	1			
Triple Jump	X					
Shot	Reggie Marshall	10.07	1			
Discus	Reggie Marshall	35.72	1			
Hammer	Sam Johnson	46.67	1			
Javelin	Samuel Burdett	49.34	1	William Tilson	40.11	1
4x100m A						

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Under 16 Girls						
Event	'A' String	Result	Pos	'B' String	Result	Pos
100m	Siobhan Etemadi	13.1	4	Ome Nwapa	12.9	1
200m	Esther Olajide	28.3	6	Millie Cook	26.8	1
300m	Millie Cook	42.7	2	Scarlett Barclay	46.0	3
800m	Emilia Curley	2:52.6	7	Ruby Wealleans	2:51.9	4
1500m	Brooke Lavey	6:23.7	6			
300m H	Abigail Adegite	49.8	1	Brooke Lavey	52.2	1
Pole V	-			No B string		
High J	Poppy Dent-Jones	1.55	2	Abigail Adegite	1.55	1
Long J	Ome Nwapa	4.75	1	Mia Borisova	4.18	2
Triple J	Ava Sweeney	9.01	3	No B String		
Shot	Ayla Baker	10.55	2	Danielle Adeyinka	9.19	1
Discus	Tomiwa Holloway	19.70	3	Kia Hylton Jones	19.29	1
Hammer	Danielle Adeyinka	18.79	4	No B string		
Javelin	Ayla Baker	37.01	1	Ome Nwapa	19.21	1
4x100m	Siobhan Etemadi, Abigail Adegite, Millie Cook, Ome Nwapa				50.7	1
Under 16 Boys						
Event	'A' String	Result	Pos	'B' String	Result	Pos
100m	Joshua Buxton	11.2	1	David Ojo Ekhaton	11.8	1
200m	David Ojo Ekhaton	24.3	3	Sonny Hurrell	24.3	1
300m	Zephaniah Smith	38.4	2	Nathan Hathaway	40.2	2
800m	Aidan Fairfax	2:11.5	2	Cruz Carvell	2:24.0	3
1500m	Freddie Scorey-Hall	4:27.5	3	Jack Rossington	4:32.6	2
300m H	Rehan Syed	45.1	4	Nathan Hathaway	43.1	1
Pole V						
High J	Joshua Buxton	1.65	3	Nathan Hathaway	1.55	2
Long J	Joshua Buxton	5.55	1	Sonny Hurrell	5.32	1
Triple J	Derin Okubanjo	11.26	2	No B String		
Shot	Ameer Salaam	16.29	1	Zephaniah Smith	10.61	1
Discus	Matthew Hamberger	37.81	1	Ethan Johnson	35.18	1
Hammer	Ethan Johnson	26.65	2	No B string		
Javelin	Ethan Johnson	40.40	3	Reuben McDermott	31.86	1
4x100m	David Ojo Ekhaton, Zephaniah Smith, Nathan Hathaway, Joshua Buxton,				47.0	1

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Under 14 Girls						
Event	'A' String	Result	Pos	'B' String	Result	Pos
100m	Olivia Rae Vaughan	12.9	1	Ava McMillan	13.1	1
200m	Ava McMillan	27.2	3	Olivia Rae Vaughan	27.8	1
800m	Violet Everett	2:34.3	2	Lucy Tregidgo	2:59.5	3
1500m	Darcy Davies	5:09.3	2	Molly Jenkinson Smith	5:18.9	1
200m H	Lucy Tregidgo	32.1	1	Edie Smith	34.3	2
High Jump	Elsie Smith	1.35	2	Isla Herrera	1.35	1
Long Jump	Ava McMillan	4.48	1	Olivia Rae Vaughan	4.08	1
Shot	Betsy Morrow	8.25	2	Destiny Carbon	8.04	1
Discus	Autumn Ely	17.83	3	Violet Everett	13.46	1
Hammer	Autumn Ely	20.13	3	No B string		
Javelin	Sophia Karim	31.35	1	Keira Attwood-Kelly	29.43	1
4x100m	Betsy Morrow, Ava McMillan, Destiny Carbon, Olivia Rae Vaughan				52.9	1
Under 14 Boys						
Event	'A' String	Result	Pos	'B' String	Result	Pos
100m	Elijah Lowe	12.0	1	Dre Overare	12.6	2
200m	Elijah Lowe	24.2	1	Dre Overare	26.6	2
800m	Austin Broadhurst	2:23.8	1	Alex Stokes	2:39.5	4
1500m	James Fenn	5:01.8	4	George Biggane	5:22.7	4
200m H	Austin Broadhurst	29.7	2	Teddy Madlin	32.6	1
Pole vault	George Cowley	2.30	1	No B String		
High J	Adeleke Adenuga	1.55	2	Gideon Lee	1.40	1
Long J	Euan Cheesewright	4.40	2	Gideon Lee	4.38	1
Shot	William Hiles	11.93	1	Elijah Lowe	9.97	1
Discus	William Hiles	30.19	1	AJ Gray	15.99	2
Hammer	William Hiles	22.16	1	No B String		
Javelin	Gideon Lee	39.99	1	Euan Cheesewright	31.34	1
4x100m	Dre Overare, William Hiles, Gideon Lee, Elijah Lowe				47.9	1

Eastern Young Athletes' League 2026 Non-Scoring Athletes

Name	Age-group	Event 1	Event 2	Event 3
Alice Jones	U14G	JT: 11.54		
Emily Johnson	U14G	JT: 22.57	DT	
Betsy Morrow	U14G	800: 2:45.8	DT: 15.30	
Ina Johnson	U14G	800: 3:06.2		
Sophia Crocker	U14G	800: 3:06.5		
Edie Smith	U14G	LJ: 4.05	HJ	
Inaiya Khan	U14G	LJ: 3.44		
Charlene Bangne	U14G	100: 13.9	200: 29.6	
Destiny Carbon	U14G	100: 14.1		
Andra Lungu	U14G	100: 14.5	SP: 6.51	
Jamila-Esa'a Garcia Sepa	U14G	100: 14.7	200: 30.2	
Michaela Afolabi	U14G	100: 14.9		
Kyra Chujor	U14G	200: 30.3		
April Rose Hurrell	U14G	200: 36.7		
Esther Olajide	U16G	HJ: 1.40		
Scarlett Barclay	U16G	200: 28.8		
Samanta Karablikovaite	U16G	200: 29.5	TJ: NJ	
Ava Sweeney	U16G	100: 13.9		
Ruby Wealleans	U16G	100: 14.0	LJ: 4.09	
Mia Borisova	U16G	100: 14.1		
Isabelle Ridley	U16G	100: 14.6	200	
Tomiwa Holloway	U16G	100: 14.9		
Mason Alexander	U14B	SP: 6.06	DT: 12.03	
AJ Gray	U14B	JT: 27.96		
Lawrence Fearon	U14B	100: 13.1	200: 26.9	
Kamron Awoyemi-Hall	U14B	100: 13.3	200: 28.3	
Jeremiah Akinyosade	U14B	100: 14.4	200: 29.9	
Tomiwa Okubanjo	U14B	100: 15.0	LJ: 3.99	
Max Forman	U14B	800: 2:28.9		
Adelana Adenuga	U14B	800: 2:38.5	200: 32.0	
Jack Rushworth	U14B	800: 2:39.2		
Teddy Madlin	U14B	800: 2:40.1		
Samuel Kirk	U14B	800: 2:40.8	SP: 6.81	
George Cowley	U14B	200H: 36.0	LJ: 3.81	
Ameer Salaam	U16B	DT: 44.34		
Barney Sullivan	U16B	SP: 8.91	DT: 21.72	HT: 15.90
Luke Brewington	U16B	800: 2:33.0	DT	
Dominic Bacon	U16B	800: 2:33.1		
Reuben McDermott	U16B	800: 2:36.1		
Rhys Cullum	U16B	800: 2:37.3		
Aidan Fairfax	U16B	300: 40.6		
Archie Bright	U16B	300: 45.7		
Callum Millard Jennings	U16B	1500: 4:45.3		
Thomas Swan	U16B	1500: 5:06.2		
Derin Okubanjo	U16B	100: 12.7		
Kai Richardson	U16B	100: 12.8		
Oba Samuel	U16B	100: 13.7	LJ: 4.42	
George Rogers	U16B	300H: 45.7	300: 42.9	