

National Youth Development League – Southern Division 1B, R1
Sutcliffe Park, Eltham 3rd May 2026

Posn	Team Name	U14B	U14G	U16B	U16G	Points
1	Havering AC	134	139	174	164	643
2	Herne Hill Harriers	97	114	95	148	494
3	Cambridge Harriers	105	92	136	70.5	459.5
4	Bexley AC	94	80	105	105.5	440.5
5	Victoria Park H & Tower Hamlets AC	72	34	122	114	378
6	Newham & Essex Beagles AC	27	36	26	24	145

Havering's young athletes opened their Youth Development League, Southern Division 1 season with a big victory at a warm and sunny Sutcliffe Park, Eltham on Sunday, winning all four age categories.

The **Under 16 Boys** performed strongly with 12 wins as Barney Sullivan won his three B string throwing events, and Joshua Buxton set PBs in winning both 100m sprint and 100m hurdles, and was second in the high jump. Rehan Syed won both the B string 100m and 300m hurdles events and Jack Rossington won the 800m B, as Jake Tregidgo was 800m A runner up. Ameer Salaam and Zephaniah Smith took full points in both shot strings and Matthew Hamberger won the A discus. David Ojo Ekhaton (100m) and Derin Okubanjo (300m B) were both second, as was Reuben McDermott in the A javelin. Zephaniah, David and Joshua were joined by Sonny Hurrell in the second placed sprint relay quartet.

The **Under 14 Boys** won comfortably, led by a strong field events showing as William Hiles winning hat-trick dominated the shot, discus and hammer and Euan Cheesewright won the javelin. Elijah Lowe added B shot victory to his 100m win, and he was second in the 200m, and Dre Overare won the B 100m and was 200m B runner up. Austin Broadhurst and Adeleke Adenuga were second in both their hurdles and high jump events, and AJ Gray was second in the B long jump. Lawrence Fearon combined with Dre, William and Elijah in the winning sprint relay squad.

Millie Cook won both 300m and 800m in a strong all round showing for the **Under 16 Girls** team. Abigail Adegite won the B 300m and was second in the 300m hurdles, and Amelie Shearing won the 300m hurdles B. Ome Nwapa won the B sprint hurdles and was second in the long jump, Siobhan Etemadi was second in both the B 100m and A string sprint hurdles, while Esther Olajide won the B high jump and Poppy Dent-Jones was second in the high jump A. Ayla Baker had the only throws win the javelin, backed up by second place in the A discus, but there were second places for Kia Hylton-Jones (A shot and B discus), Evie Green (hammer & B javelin), and Danielle Adeyinka (B shot). The 4x300m relay team of Abigail, Esther, Amelie and Millie were also second.

Eight separate athletes won individual events for the **Under 14 Girls**, with Isla Green (B hurdles and shot) the only athlete to win twice. Olivia Rae Vaughan won the 100m, Lucy Tregidgo the A hurdles, Ava McMillan the B long jump, Isla Herrera and Elsie Smith won A and B high jump, Autumn Ely the discus, as well as second in the hammer, and Sophia Karim won the javelin. Thaila Hayes (shot) and Isobel Harding (800m B) added second places. Thaila, Olivia, Isla Green and Ava were the winning sprint relay foursome.

The victory puts the Havering team in the frame for promotion to the Southern Premier Division, if the other three matches go so well, starting with the second round at the end of May hosted by Cambridge Harriers.