

National Youth Development League – Southern Division 1A, Round 1
Sutcliffe Park, Eltham 3rd May 2026

Posn	Team Name	Points
1	Havering AC	643
2	Herne Hill Harriers	494
3	Cambridge Harriers	459.5
4	Bexley AC	440.5
5	Victoria Park H & Tower Hamlets AC	378
6	Newham & Essex Beagles AC	145

Under 16 Boys						
Event	'A' String	Result	Pos	'B' String	Result	Pos
100m	Joshua Buxton	11.45	1	David Ojo Ekhatore	11.97	2
200m	David Ojo Ekhatore	24.37	4	Zephaniah Smith	25.29	4
300m	Nathan Hathaway	39.79	3	Derin Okubanjo	41.18	2
800m	Jake Tregidgo	2:10.58	2	Jack Rossington	2:11.46	1
1500m	Freddie Scorey-Hall	4:30.01	3	Calum Millard-Jennings	4:51.48	3
100m H	Joshua Buxton	13.41	1	Rehan Syed	14.83	1
300m H	Nathan Hathaway	45.64	3	Rehan Syed	44.05	1
Long Jump	Derin Okubanjo	4.95	3	Sonny Hurrell	4.07	4
High Jump	Joshua Buxton	1.72	2	-		
Pole Vault						
Shot	Ameer Salaam	17.37	1	Zephaniah Smith	11.02	1
Discus	Matthew Hamberger	32.72	1	Barney Sullivan	21.09	1
Hammer	Ethan Johnson	22.36	3	Barney Sullivan	15.47	1
Javelin	Reuben McDermott	29.68	2	Barney Sullivan	22.57	1
4x100m R	Zephaniah, David, Sonny, Joshua				43.21	2
4x300m R	Rehan, Jack, Derin, Nathan				2:54.17	3
Under 14 Boys						
100m	Elijah Lowe	12.38	1	Dre Overare	12.51	1
200m	Elijah Lowe	24.55	2	Dre Overare	26.59	2
800m	Austin Broadhurst	2:28.85	4	Alex Stokes	2:36.30	4
1500m	James Fenn	4:54.63	4	Joseph Legg	4:54.66	3
80mH	Austin Broadhurst	13.74	2	Adeleke Adenuga	15.03	2
Long Jump	Euan Cheesewright	4.13	3	AJ Gray	4.11	2
High Jump	Adeleke Adenuga	1.56	2	Austin Broadhurst	1.35	2
Shot	William Hiles	11.55	1	Elijah Lowe	9.39	1
Discus	William Hiles	25.85	1			
Hammer	William Hiles	24.39	1			
Javelin	Euan Cheesewright	28.81	1			
4x100m R	Lawrence Fearon, Dre Overare, William Hiles, Elijah Lowe				49.47	1

Non-Scoring:

U14B 100 Lawrence Fearon 13.28; Harrison Locke 14.12; 800m: Parker Swaisland 2:40.83;

U16B: 100: Sonny Hurrell 12.27; 800: Aidan Fairfax 2:13.66;

Under 16 Girls						
Event	'A' String	Result	Pos	'B' String	Result	Pos
100m	Isabella Bryant-Afriyie	13.67	6	Siobhan Etemadi	13.00	2
200m	Ome Nwapa	27.80	3	Esther Olajide	29.40	4
300m	Millie Cook	42.58	1	Abigail Adegite	44.44	1
800m	Millie Cook	2:25.68	1	Evie Green	2:51.87	3
1500m	Holly Mason-Hughes	5:56.11	3	-		
80m H	Siobhan Etemadi	12.37	2	Ome Nwapa	12.32	1
300m H	Abigail Adegite	50.02	2	Amelie Shearing	53.42	1
Pole V						
Long J	Ome Nwapa	5.08	2	Mia Borisova	4.32	3
High J	Poppy Dent-Jones	1.50	2	Esther Olajide	1.40	1
Shot	Kia Hylton-Jones	9.82	2	Danielle Adeyinka	8.68	2
Discus	Ayla Baker	19.03	2	Kia Hylton-Jones	17.84	2
Hammer	Evie Green	9.43	2	-		
Javelin	Ayla Baker	35.65	1	Evie Green	17.99	2
4x100m	Siobhan, Poppy, Amira Bryant-Afriyie, Ome				52.41	3
4x300m	Abigail, Esther, Amelie, Millie				3:02.78	2

Under 14 Girls						
Event	'A' String	Result	Pos	'B' String	Result	Pos
100m	Olivia-Rae Vaughan	12.89	1	Ava McMillan	13.54	2
200m	Ava McMillan	26.93	3	Olivia-Rae Vaughan	27.76	2
800m	Lucy Tregidgo	2:41.47	3	Esther Oyemike	2:43.98	3
1500m	Molly Jenkinson-Smith	5:07.44	3	Isobel Harding	5:59.35	2
75mH	Lucy Tregidgo	12.89	1	Isla Green	13.47	1
Long J	Olivia-Rae Vaughan	4.39	3	Ava McMillan	4.15	1
High J	Isla Herrera	1.40	1	Elsie Smith	1.31	1
Shot	Thaila Hayes	7.14	2	Isla Green	6.96	1
Discus	Autumn Ely	16.59	1			
Hammer	Autumn Ely	16.41	2			
Javelin	Sophia Karim	30.70	1			
4x100m	Thaila Hayes, Oliva Rae Vaughan, Isla Green, Ava McMillan				55.04	1

Non Scoring:

U14G 100: Amaria Darkoa Oyelekan 14.27; Elsie Smith; 800: Isobel Harding 2:52.57;

U16G 100: Freya Swaisland 13.87; Danielle Adeyinka 13.85; Mia Borisova 14.1; 200m: Amira Bryant-Afriyie 29.65