



MEETINGS REPORT

Saturday, Sunday & Monday 29th to 31st May 2021

The sunny Bank Holiday weather brought out the best in club athletes as the Youth Development League squad opened their campaign with victory at the first league meeting at Woodford on Sunday while other fine individual marks were posted elsewhere.

The Under 17 & 20 squad edged out the combined Basildon & Newham squad at Woodford thanks to a glut of 25 wins at the YDL match which offered a limited programme due to COVID restrictions.

The Under 17 Men had eight wins as Dan Peters and Sam Mahoney won both 800m strings and Patrick Tattan-McLean and Brendan Burgess also stook full discus points – both with PBs. Ayo Babatunde won the 100m and Dikachi Godwin took the long jump honours on his club debut, and Jacob Blanc's comfortable 400m hurdles win improved his best. Matthew Page won the B hammer, and was second in the pole vault (PB), and more runners up spots went to Ridwan Salaam (100m B), and Lewis Dixon (long jump B).

The Under 17 Women also starred as Maddie Barker was victorious in the 1500m, Uche Okpalauko won the 200m B race with Karis Thomas third in the A, while Dara Otitoju won the B high jump with Isabelle Bartlett second in the A string. Olivia Boachie and Stephanie Okoro were comfortable winners in both 300m races and were joined by Uche Okpalauko and Lucy Natrass in the winning 4x300m relay quartet who smashed the club record by almost three seconds.

The Under 20 Men's events brought victories for the steeplechase pairing of Alex Ford & Ben Naish, as all-rounder Toby Bishop had a double win in the pole vault, and Aaron Eweka returned to club colours with a win in the B 100m. Reece Harriott and Luke Chester were both 800m runners up, as was Bradley James in the 110m hurdles. Michael Okoro, Aaron, Toby & Reece combined for victory in the sprint relay.

For the Under 20 women Sydney Foley and Rebecca O'Rourke notched up full points in the 1500m, Jade Kavanagh cruised to victory in the 400m and Anne-Prisca Djondo won the shot. Shalom Gbadebo (200m B) and Emma Ramsden (javelin A) were both second, and Emma was third in the 200m A.

Woodford Results on next page

On Saturday Findlay McLaren improved his 800m best by clocking the fastest time by an Under 13 Boy this year at the BFTTA Open at the Jim Peters Stadium, Dagenham. His 2m 14.89s clocking was the second best ever by a club Under 13, with only Bob Thanda's record of 2m 10.3s set in June 1998 ahead of him.

Jacob Blanc was the star performer at Monday's Lee Valley Hurdles & Barriers meeting. He opened with a new club record in the Under 17 Men's 400m hurdles as he improved on his day-old personal best to 54.79s to trim six hundredths of a second off George Hadler's club best set in 2012. Later in the day Jacob won the 100m hurdles in the fastest time in the UK so far with 13.21s, the third fastest ever by a club U17.

Also at Lee Valley on Monday Stephanie Okoro improved her 300m hurdles best in only her second outing to an impressive 45.06s, for third best club all time.

National Youth Development League, Round 1, Woodford 30 May 2021

Posn	Team Name	Points
1	Havering AC	248
2	Basildon Beagles (Composite)	241
3	Woodford Green with EL	164
4	Bexley AC	148
5	Victoria Tower Highgate (composite)	100

U20M	A STRINGS	Pos.	Time/Dist	B STRINGS	Pos.	Time/Dist	
100	Michael Okoro	4	11.58	100	Aaron Eweka	1	11.65
800	Reece Harriott	2	2:00.96	800	Luke Chester	2	2:07.14
110H	Bradley James	2	16.0	400H	=		
2k S	Alex Ford	1	6:33.43	2k S	Ben Naish	1	7:03.89
LJ	Ashton Thatcher-Gray	3	6.01w	(5.51 legal)			
PV	Toby Bishop	1	2.70	DT	Toby Bishop	1	36.05
4x100	Michael, Aaron, Toby, Reece					1	44.90

U20W	A STRINGS	Pos.	Time/Dist	B STRINGS	Pos.	Time/Dist	
200	Emma Ramsden	3	27.1	200	Shalom Gbadebo	2	29.81
400	Jade Kavanagh	1	59.23				
1500	Sydney Foley	1	4:59.75	1500	Rebecca O'Rourke	1	5:52.22
SP	Anne-Prisca Djondo	1	9.33	JT	Emma Ramsden	2	15.11

U17M	A STRINGS	Pos.	Time/Dist	B STRINGS	Pos.	Time/Dist	
100	Ayo Babatunde	1	11.78	100	Ridwan Salaam	2	12.08
800	Dan Peters	1	2:03.90	800	Sam Mahoney	1	2:10.15
400H	Jacob Blanc	1	55.51				
LJ	Dikachi Godwin	1	6.08	LJ	Lewis Dixon	2	5.33
PV	Matthew Page	2	2.40				
DT	Patrick Tattan-McLean	1	43.12	DT	Brendan Burgess	1	34.95
HT	Patrick Tattan-McLean	3	34.93	HT	Matthew Page	1	7.47
4x100							DQ

U17W	A STRINGS	Pos.	Time/Dist	B STRINGS	Pos.	Time/Dist		
200	Karis Thomas	3	26.78	200	Uche Okpalauko	1	27.73	
300	Olivia Boachie	1	41.2	300	Steph Okoro	1	40.4	
1500	Maddie Barker	1	4:54.27					
HJ	Isabelle Bartlett	2	1.35	HJ	Dara Otitoju	1	1.35	
JT	Katie Ennis	3	19.64					
4x300	Lucy Natrass, Uche, Olivia & Steph					(Club record)	1	2:49.8

Non Scoring:

100: Dikachi Godwin 12.05; Lewis Dixon 12.38.

800: Shane Hart 2:07.98:

DT: Lewis Edwards 25.38

300m: Lucy Natrass 45.3

Field events: 3

