

**HAVING AC - CLUB CHAMPIONSHIPS AND OPEN MEETING Held at HORNCHURCH**

**Sunday 17th September 2023**

	No.	Pos	Name	Club	Age Group	Performance	HAC Medals
<b>300m - Under 15 Girls &amp; Under 17 Women</b>							
300	46	1	Ella Gilder-Briggs	B Beagles	U15G	44.32	
300	107	2	Pasqualina Muscedere	S'end	U17W	45.26	
300	86	3	Naomi Pereira	HAWC	U15G	46.01	
300	106	4	Sophia Willson	Have	U17W	48.00	U17W Gold
<b>300m - Under 15 Boys</b>							
300	163	1	Callum Clydesdale	WGEL	U15B	38.70	
300	109	2	Findlay McLaren	Have	U15B	38.83	U15B Gold
300	31	3	Ryan Alexander	Have	U15B	38.89	U15B Silver
<b>1500m - Under 13 &amp; Under 15 Girls &amp; Boys</b>							
1500	173	1	Evangeline Warn	B Beagles	U15G	4:49.77	
1500	156	2	Summer Smith	Have	U13G	4:50.05	U13G Gold
1500	181	3	Charlie Smith	SS	U13B	5:10.79	
1500	160	4	Jasmine Asmal	Have	U15G	5:14.18	U15G Gold
1500	162	5	Orla Friel	Have	U15G	5:14.22	U15G Silver
1500	169	6	Isabel Forrest	B Beagles	U15G	5:16.17	
1500	176	7	Joseph Sewell	Have	U13B	5:26.00	U13B Gold
1500	167	8	Jessica Page	Have	U15G	5:34.74	U15G Bronze
1500	154	7	Elena Williams	Have	U13G	5:47.99	U13G Silver
1500	183	8	Daniel Smith	B Beagles	U13B	5:58.14	
<b>1500m - Mixed ages</b>							
1500	184	1	Freddie Rowe	Have	U15B	4:18.77	U15B Gold
1500	175	2	Louis King	B Beagles	U17M	4:46.14	
1500	153	3	Roy Head	Herts P	M55	5:05.24	
1500	28	4	Aidan Doherty	Have	U15B	5:10.58	U15B Silver
1500	129	5	Madison Heil	Have	U17W	5:26.59	U17W Gold
1500	186	6	Sean Mugagga	Have	U15B	5:39.16	U15B Bronze
1500	134	7	Rebecca O'Rourke	Have	SW	5:39.56	

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	No.	Pos	Name	Club	Age Group	Performance	HAC Medals
<b>70m Hurdles - Under 13 Girls Race 1</b>					wind:	<b>0.1</b>	
70HU13G	72	1	Evie Abbott	B Beagles	U13G	12.51	
70HU13G	63	2	Poppy Dent-Jones	Have	U13G	15.84	U13G Silver
70HU13G	92	3	Siobhan Etemadi	Have	U13G	16.66	U13G Bronze
<b>70m Hurdles - Under 13 Girls Race 2</b>					wind:	<b>0.5</b>	
70HU13G	177	1	Cherri Moss	Chelm	U13G	13.42	
70HU13G	94	2	Isabelle Ridley	Have	U13G	14.11	U13G Gold
70HU13G	90	3	Ava O'Neal	B Beagles	U13G	16.66	
<b>75m Hurdles - Under 15 Girls Race 1</b>					wind:	<b>2.5</b>	
75HU15G	97	1	Annabella Drake	Have	U15G	12.65	U15G Gold
75HU15G	87	2	Amy Mansell	Have	U15G	12.83	U15G Silver
75HU15G	98	3	Isabelle James	Have	U15G	13.27	U15G Bronze
75HU15G	96	4	Scarlett Woods	Have	U15G	14.42	
<b>75m Hurdles - Under 15 Girls Race 2</b>					wind:	<b>0.4</b>	
75HU15G	99	1	Chelsea Clarke	Chelm	U15G	12.06	
75HU15G	85	2	Lily Hartman	Bas	U15G	12.78	
75HU15G	155	3	Amy Pugsley	Chelm	U15G	12.80	
<b>75m Hurdles - Under 13 Boys</b>					wind:	<b>0.8</b>	
75HU13B	57	1	Felix Churchill-Browne	Bas	U13B	13.72	
75HU13B	53	2	Jesse Crawley	Have	U13B	13.95	U13B Gold
75HU13B	56	3	Niall King	SS	U13B	16.96	
75HU13B	103	4	Miles Boston	Herts P	U13B	17.20	
<b>80m Hurdles - Under 15 Boys &amp; Under 17 G</b>					wind:	<b>0.5</b>	
80HU15B	104	1	Zak Williams	Have	U15B	12.21	U15B Gold
80HU17W	100	2	Maggie Smith	Have	U17W	12.62	U17W Gold
80HU17W	172	3	Abella Ammam	Dart	U17W	13.42	
<b>100m Hurdles - Senior Women</b>					wind:	<b>0.1</b>	
100HW	101	1	Chloe Williams	Have	W35	15.01	
<b>110m Hurdles - U20M</b>					wind:	<b>0.1</b>	
110HU20M	105	1	Freddy Khan	Bas	U20M	15.27	
<b>400m Mixed</b>							
400	111	1	Nathan Hart	Have	U17M	55.75	U17M Silver
400	110	2	Joseph Gray	Have	U17M	56.30	U17M Bronze
400	101	3	Chloe Williams	Have	W35	63.89	
400	108	4	Nina Brennan	Have	W35	65.04	
<b>400m Under 17, Under 20 &amp; Senior Men</b>							
400	116	1	Kieran O'Hara	Have	SM	52.38	
400	112	2	Daniel Lammas	Have	U17M	52.40	U17M Gold
400	114	3	Shane Hart	Have	U20M	52.74	
400	115	4	Joshua Lee-Prime	Have	U20M	53.93	
400	74	5	Calvin Sanni	Have	U20M	56.31	

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	No.	Pos	Name	Club	Age Group	Performance	HAC Medals
<b>100m - Under 13 Girls Race 1</b>					wind:	<b>-0.5</b>	
100	70	1	Heidi Whatton	S'end	U13G	13.76	
100	62	2	Cleopatra Drake	Have	U13G	13.81	U13G Gold
100	68	3	Emma Frisby	S'end	U13G	14.16	
100	60	4	Omezirim Nwapa	Have	U13G	14.45	U13G Silver
100	150	5	Layla Dixon	Bas	U13G	14.72	
<b>100m - Under 13 Girls Race 2</b>					wind:	<b>1.4</b>	
100	69	1	Evie Boygle	S'end	U13G	13.83	
100	71	2	Katie Lowe	B Beagles	U13G	14.23	
100	72	3	Evie Abbott	B Beagles	U13G	14.28	
100	67	4	Talia Malcolm	Have	U13G	14.95	U13G Bronze
<b>100m - Under 13 Girls Race 3</b>					wind:	<b>1.6</b>	
100	61	1	Sophia-rae Ahmad	Have	U13G	15.02	
100	65	2	Tomiwa Holloway	Have	U13G	15.57	
100	177	3	Cherri Moss	Chelm	U13G	15.62	
100	64	4	Isabelle Moore	Have	U13G	18.33	
<b>100m - Under 13 Boys Race 1</b>					wind:		
100	59	1	Albie Lyons	S'end	U13B	12.2	
100	58	2	Benjamin Oladitan	Thurr	U13B	13.2	
100	52	3	Nathan Bia	Have	U13B	13.9	U13B Gold
100	179	4	George Thompson	S'end	U13B	14.2	
100	55	5	George Hill	S'end	U13B	14.3	
100	161	3	Bobby Monk	Unatt	U13B	16.4	
<b>100m - Under 13 Boys Race 2</b>					wind:	<b>3.0</b>	
100	57	1	Felix Churchill-Browne	Bas	U13B	14.70	
100	53	2	Jesse Crawley	Have	U13B	14.71	U13B Silver
100	51	3	Zachary Binge	Have	U13B	15.13	U13B Bronze
100	56	4	Niall King	SS	U13B	16.19	
<b>100m - Under 15 Girls Race 1</b>					wind:		
100	178	1	Ufuoma Obukata	Thurr	U15G	13.1	
100	39	2	Oluwafisola Fagbadegun	Have	U15G	13.3	U15G Gold
100	41	3	Erin Frisby	S'end	U15G	13.4	
100	46	4	Ella Gilder-Briggs	B Beagles	U15G	13.4	
100	45	3	Honey Peck	B Beagles	U15G	13.6	
100	37	4	Kara Adegite	Have	U15G	13.8	U15G Silver
<b>100m - Under 15 Girls Race 2</b>					wind:		
100	49	1	Lucy Bulman	Chelm	U15G	13.8	
100	44	2	Nesochi Onyechere	B Beagles	U15G	14.5	
100	152	3	Shakira Rauof	S'end	U15G	14.7	
<b>100m - Under 15 Girls Race 3</b>					wind:		
100	50	1	Alexandra Okolo	S'end	U15G	15.2	
100	38	2	Ellen Moore	Have	U15G	16.5	U15G =Bronze
100	40	3	Lara Ghir	Have	U15G	16.5	U15G =Bronze

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	No.	Pos	Name	Club	Age Group	Performance	HAC Medals
<b>100m - Under 15 Boys Race 1</b>							
wind:							
100	35	1	Alex Foster	WGEL	U15B	11.7	
100	182	2	David Bajela	S'end	U15B	12.0	
100	30	3	Tobias Samuel	Have	U15B	12.0	U15B Gold
100	33	4	Lee Boka	B Beagles	U15B	12.2	
100	36	5	Wayne Imbuwa	B Beagles	U15B	12.9	
<b>100m - Under 15 Boys Race 2</b>							
wind:							
100	32	1	Maxwell Adeosun	Have	U15B	12.5	U15B Silver
100	180	2	Joshua Alowooja	Thurr	U15B	12.5	
100	29	3	Jake Shaw	Have	U15B	12.6	U15B Bronze
100	34	4	Lucas West	Chelt	U15B	12.7	
100	164	5	Teddy Monk	Unatt	U15B	13.3	
<b>100m - Under 17 Women Race 1</b>							
wind:							
100	22	1	Summer Foskett	S'end	U17W	13.2	
100	18	2	Precious Fagbadegun	Have	U17W	13.2	U17W Gold
100	16	3	Stephanie Osuala	Have	U17W	13.3	U17W Silver
100	19	4	Robyn Whitehouse	S'end	U17W	13.7	
<b>100m - Under 17 Women Race 2</b>							
wind:							
100	172	1	Abella Ammam	Dart	U17W	13.9	
100	15	2	Ellie Bradley	Have	U17W	14.9	U17W Bronze
100	17	3	Lisa Osuala	Have	U17W	15.0	
<b>100m - Under 20 &amp; Senior Women</b>							
wind:							
100	24	1	Maisy Tyrell	S'end	U20W	12.8	
100	25	2	Aleena Lawrence	Ilf	U20W	13.6	
100	23	3	Megan Cook	Have	U20W	15.0	
100	27	4	Clare St John-Coleman	Chelm	W60	15.8	
<b>100m - Under 17 Men Race 1</b>							
wind:							
100	5	1	Joel Ajayi	Have	U17M	11.3	U17M Gold
100	2	2	Emmanuel Asirifi-Otchere	Have	U17M	11.6	U17M Silver
100	189	3	Josiah Williams	Thurr	U17M	11.8	
<b>100m - Under 17 Men Race 2</b>							
wind:							
100	166	1	Samuel Armstrong	Thurr	U17M	12.1	
100	7	2	Miles Davis	Col H	U17M	12.5	
100	4	3	Aly Hashem	Have	U17M	13.7	U17M Bronze
<b>100m - Under 20 &amp; Senior Men</b>							
wind:							
100	9	1	Reece Malcolm	Have	U20M	11.4	
100	12	2	Jordon Duncan	Ilf	SM	11.5	
100	13	3	Nat Senior	Ilf	SM	11.6	
100	14	4	Malachi Harley	Ilf	SM	11.6	
100	11	5	Akeem Akintokun	Have	SM	11.6	
100	10	6	Archie Winney	Have	U20M	11.8	

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	No.	Pos	Name	Club	Age Group	Performance	HAC Medals
<b>800m - Under 13 Girls</b>							
800	122	1	Madison Kindler	B Beagles	U11G	2:26.5	
800	121	2	Aria Sabado	B Beagles	U13G	2:53.2	
800	94	3	Isabelle Ridley	Have	U13G	2:54.2	U13G Gold
800	93	4	Zenobia Williams	Have	U13G	2:55.9	U13G Silver
800	90	5	Ava O'Neal	B Beagles	U13G	2:57.4	
800	89	6	Penelope Field	Herts P	U13G	2:57.8	
800	119	7	Kyra Sinclair	Have	U13G	2:57.9	U13G Bronze
800	120	8	Stevie Makepeace	S'end	U13G	3:01.3	
800	118	9	Jessica Latham	Have	U13G	3:04.3	
<b>800m - Under 13 Boys</b>							
800	141	1	Frankie Edwards	B Beagles	U13B	2:30.2	
800	103	2	Miles Boston	Herts P	U13B	2:31.8	
800	158	3	Harvey Thomas	Newmkt J	U13B	2:32.5	
800	138	4	Isaac Shearing	Have	U13B	2:39.9	U13B Gold
800	142	5	Sidney Cook	Have	U13B	2:44.8	U13B Silver
800	140	6	Callum Millard Jennings	Have	U13B	2:49.1	U13B Bronze
800	79	7	Yabets Mihre	Have	U13B	2:53.7	
800	273	8	Spencer Hart	Have	U13B	2:55.8	
<b>800m - Under 15 Girls</b>							
800	126	1	Missy Tiller	B Beagles	U15G	2:27.4	
800	127	2	Faye Owers	WGEL	U15G	2:34.2	
800	123	3	Abigail Rogers	Have	U15G	2:37.6	U15G Gold
800	128	4	Georgia Banyard	Col H	U15G	2:40.0	
800	124	5	Ruby Beasley	Have	U15G	2:42.7	U15G Silver
800	43	6	Daisy Middlemiss	B Beagles	U15G	2:49.7	
<b>800m - Under 15 Boys &amp; Senior Woman</b>							
800	163	1	Callum Clydesdale	WGEL	U15B	2:17.9	
800	144	2	Shea Sweeney	Have	U15B	2:19.2	U15B Gold
800	145	3	Rahul Solanki	WGEL	U15B	2:20.2	
800	143	4	Liam Battrum	Have	U15B	2:29.3	U15B Silver
800	136	5	Hannah Rayden	St Alb	SW	2:30.4	
<b>800m - Under 17 &amp; Senior Women</b>							
800	131	1	Charlotte Evans	Have	U17W	2:31.3	U17W Gold
800	132	2	Abigail Swan	Have	U17W	2:36.0	U17W Silver
800	133	3	Ava Madsen	Craw	U17W	2:37.3	
800	130	4	Hannah Evans	Have	U17W	2:41.5	U17W Bronze
800	135	5	Laura Durn	B Beagles	W45	2:47.2	
800	134	5	Rebecca O'Rourke	Have	SW	2:51.7	
<b>800m - Under 17, Under 20 &amp; Senior Men &amp; Women</b>							
800	195	1	Harvey Weinberger	Unatt	SM	2:01.2	
800	147	2	Max Sanderson	B Beagles	U17M	2:02.4	
800	149	3	Matthew Blacklock	Have	U20M	2:05.2	
800	148	4	Charlie Burgess	Have	U20M	2:05.2	
800	146	5	Toby Johnson	Have	U17M	2:09.0	U17M Gold
800	170	6	Amon Triba	High	SM	2:09.2	
800	137	7	Nicole Edmunds	Exe	SW	2:14.0	

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	No.	Pos	Name	Club	Age Group	Performance	HAC Medals
<b>200m - Under 13 Girls Race 1</b>							
						wind:	
200	70	1	Heidi Whatton	S'end	U13G	29.1	
200	60	2	Omezirim Nwapa	Have	U13G	29.8	U13G Gold
200	150	3	Layla Dixon	Bas	U13G	29.9	
200	92	4	Siobhan Etemadi	Have	U13G	31.9	U13G =Silver
<b>200m - Under 13 Girls Race 2</b>							
						wind:	
200	71	1	Katie Lowe	B Beagles	U13G	30.2	
200	151	2	Autumn Eke-Aluong	NEB	U13G	30.6	
200	93	3	Zenobia Williams	Have	U13G	31.9	U13G =Silver
200	61	4	Sophia-rae Ahmad	Have	U13G	31.9	U13G =Silver
<b>200m - Under 13 Girls Race 3</b>							
						wind:	
200	177	1	Cherri Moss	Chelm	U13G	32.6	
200	65	2	Tomiwa Holloway	Have	U13G	33.6	
200	90	3	Ava O'Neal	B Beagles	U13G	35.2	
200	89	4	Penelope Field	Herts P	U13G	36.5	
200	91	5	Megan Latham	Have	U13G	37.6	
<b>200m - Under 13 Boys Race 1</b>							
						wind:	
200	58	1	Benjamin Oladitan	Thurr	U13B	27.7	
200	52	2	Nathan Bia	Have	U13B	28.2	U13B Gold
200	77	3	Nicky Mulholland	B Beagles	U13B	28.7	
200	55	4	George Hill	S'end	U13B	28.8	
200	179	5	George Thompson	S'end	U13B	29.5	
200							
<b>200m - Under 13 Boys</b>							
						wind:	
200	51	1	Zachary Binge	Have	U13B	31.2	U13B Silver
200	78	2	Max Sillett	Have	U13B	33.1	U13B Bronze
200	79	3	Yabets Mihre	Have	U13B	34.0	
200	56	4	Niall King	SS	U13B	35.4	
<b>200m - Under 15 Girls Race 1</b>							
						wind:	
200	41	1	Erin Frisby	S'end	U15G	28.3	
200	45	2	Honey Peck	B Beagles	U15G	28.3	
200	86	3	Naomi Pereira	HAWC	U15G	29.1	
<b>200m - Under 15 Girls Race 2</b>							
						wind:	
200	85	1	Lily Hartman	Bas	U15G	26.1	
200	87	2	Amy Mansell	Have	U15G	27.1	U15G Gold
200	37	3	Kara Adegite	Have	U15G	27.4	U15G Silver
200	39	4	Oluwafisola Fagbadegun	Have	U15G	28.6	U15G Bronze
<b>200m - Under 15 Girls Race 3</b>							
						wind:	
200	44	1	Nesochi Onyechere	B Beagles	U15G	29.8	
200	157	2	Daisy Willingale	B Beagles	U15G	29.9	
200	50	3	Alexandra Okolo	S'end	U15G	31.0	

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<b>200m - Under 15 Boys</b>							
wind:							
200	33	1	Lee Boka	B Beagles	U15B	24.7	
200	34	2	Lucas West	Chelt	U15B	25.0	
200	29	3	Jake Shaw	Have	U15B	25.2	U15B Gold
200	36	4	Wayne Imbuwa	B Beagles	U15B	25.7	
200	32	5	Maxwell Adeosun	Have	U15B	28.4	U15B Silver
<b>200m - Under 17 Women</b>							
wind:							
200	22	1	Summer Foskett	S'end	U17W	27.3	
200	16	2	Stephanie Osuala	Have	U17W	28.0	U17W Gold
200	18	3	Precious Fagbadegun	Have	U17W	28.4	U17W Silver
200	19	4	Robyn Whitehouse	S'end	U17W	28.5	
200	15	5	Ellie Bradley	Have	U17W	30.9	U17W Bronze
<b>200m - Under 20 &amp; Senior Women</b>							
wind:							
200	24	1	Maisy Tyrell	S'end	U20W	26.4	
200	83	2	Lucy Natrass	Have	U20W	28.0	
200	80	3	Ayshah Lawrence	Ilf	SW	28.2	
200	82	4	Rachel Kerr	Have	SW	29.5	
<b>200m - Under 17 Men</b>							
wind:							
200	5	1	Joel Ajayi	Have	U17M	22.8	U17M Gold
200	185	2	Fosuhene Enyiam	Thurr	U17M	23.1	
200	189	3	Josiah Williams	Thurr	U17M	24.1	
200	200	4	Kelvin Amankwaah	Thurr	U17M	25.3	
200	7	5	Miles Davis	Col H	U17M	25.9	
200	4	5	Aly Hashem	Have	U17M	28.2	U17M Silver
<b>200m - Under 17 &amp; Under 20 Men</b>							
wind:							
200	73	1	Matthew Agnimel	Have	SM	22.4	
200	12	2	Jordon Duncan	Ilf	SM	22.9	
200	9	3	Reece Malcolm	Have	U20M	23.2	
200	10	4	Archie Winney	Have	U20M	24.1	
200	171	5	Andre Di Lieto	Nott U	SM	24.5	

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	No.	Pos	Name	Club	Age Group	Performance	HAC Medals
<b>Hammer</b>							
HT3K	279	1	Eboni Roach	Have	U15G	24.17	U15G Gold
HT3K	194	2	Lila Chapelhow	Thurr	U15G	23.47	
HT3K	17	3	Lisa Osuala	Have	U17W	23.31	U17W Gold
HT3K	281	4	Maya Tseayo	Chelm	U15G	22.47	
HT4K	191	1	William Stander	WGEL	U15B	38.30	
HT4K	287	2	Katie Ennis	Have	U20W	33.36	
HT4K	296	3	Freddie Hatcher	Have	U15B	21.19	U15B Gold
HT6K	270	1	Oliver Pullen	Have	U17M	20.20	U17M Gold
HT6K	372	2	Ole West	S'end	U17M	13.05	
<b>Long Jump - Pool 1</b>							
LJ	30	1	Tobias Samuel	Have	U15B	5.92	U15B Gold
LJ	97	2	Annabella Drake	Have	U15G	4.66	U15G Gold
LJ	69	3	Evie Boygle	S'end	U13G	4.51	
LJ	62	4	Cleopatra Drake	Have	U13G	4.44	U13G Gold
LJ	68	5	Emma Frisby	S'end	U13G	4.28	
LJ	119	6	Kyra Sinclair	Have	U13G	3.84	U13G Silver
LJ	78	7	Max Sillett	Have	U13B	3.62	U13B Gold
LJ	102	8	George Burgess	Have	U13B	3.57	U13B Silver
LJ	92	9	Siobhan Etemadi	Have	U13G	3.55	U13G Bronze
LJ	123	10	Abigail Rogers	Have	U15G	3.52	U15G Silver
LJ	61	11	Sophia-rae Ahmad	Have	U13G	3.44	
LJ	118	12	Jessica Latham	Have	U13G	3.19	
LJ	38	13	Ellen Moore	Have	U15G	3.17	U15G Bronze
LJ	64	14	Isabelle Moore	Have	U13G	2.65	
<b>Shot - All</b>							
SP2.72K	275	1	Dulce Smith Rodriguez	Have	U13G	9.05	U13G Gold
SP2.72K	257	2	Ayla Baker	Have	U13G	8.59	U13G Silver
SP2.72K	258	3	Orlaith McLaren	Have	U13G	6.25	U13G Bronze
SP3K	279	1	Eboni Roach	Have	U15G	10.61	U15G Gold
SP3K	87	2	Amy Mansell	Have	U15G	9.28	U15G Silver
SP3K	284	3	Poppy Smith	Have	U17W	7.60	U17W Gold
SP3K	295	4	Ethan Johnson	Have	U13B	7.55	U13B Gold
SP3K	278	5	Isobel Pridie	Have	U15G	6.00	U15G Bronze
SP4K	296	1	Freddie Hatcher	Have	U15B	8.54	U15B Gold
SP4K	108	2	Nina Brennan	Have	W35	7.37	
SP5K	252	3	Michael Tesi	Have	U17M	9.73	U17M Gold
SP7.26K	199	1	Jonathan Hart	Have	M40	7.35	
<b>Long Jump - Pool 2</b>							
LJ	247	1	Joseph Ramie	Unatt	SM	6.95	
LJ	246	2	Aaron Freshwater	Have	SM	5.43	
LJ	100	3	Maggie Smith	Have	U17W	4.67	U17W Gold
LJ	4	4	Aly Hashem	Have	U17M	4.58	U17M Gold
LJ	248	5	James Stewart	Have	SM	4.47	



**HAVERING AC - CLUB CHAMPIONSHIPS AND OPEN MEETING Held at HORNCHURCH**  
**Sunday 17th September 2023**

	<b>No.</b>	<b>Pos</b>	<b>Name</b>	<b>Club</b>	<b>Age Group</b>	<b>Performance</b>	<b>HAC Medals</b>
LJ	193	6	Clarissa Shuck	Dart	U17W	3.82	
LJ	81	7	Amy Kilner	Have	SW	3.66	
LJ	291	8	Ginte Bailey	Have	W35	3.58	
LJ	198	9	Martin Chester	Have	M50	3.47	
LJ	27	10	Clare St John-Coleman	Chelm	W60	3.44	

# HAVERING AC - CLUB CHAMPIONSHIPS AND OPEN MEETING Held at HORNCHURCH

Sunday 17th September 2023

	No.	Pos	Name	Club	Age Group	Performance	HAC Medals
<b>Discus</b>							
DT0.75K	275	1	Dulce Smith Rodriguez	Have	U13G	20.01	U13G Gold
DT0.75K	156	2	Summer Smith	Have	U13G	19.78	U13G Silver
DT0.75K	257	3	Ayla Baker	Have	U13G	19.44	U13G Bronze
DT0.75K	93	4	Zenobia Williams	Have	U13G	12.90	
DT0.75K	258	5	Orlaith McLaren	Have	U13G	12.63	
DT1K	287	1	Katie Ennis	Have	U20W	31.08	
DT1K	280	2	Madison Poulter	Chelm	U15G	22.91	
DT1K	108	3	Nina Brennan	Have	W35	22.43	
DT1K	279	4	Eboni Roach	Have	U15G	21.18	U15G Gold
DT1K	295	5	Ethan Johnson	Have	U13B	17.13	U13B Gold
DT1K	102	6	George Burgess	Have	U13B	14.72	U13B Silver
DT1K	278	7	Isobel Pridie	Have	U15G	13.29	U15G Silver
DT1.25K	250	1	Harrison Rabess	Have	U15B	28.47	U15B Gold
DT1.25K	296	2	Freddie Hatcher	Have	U15B	22.92	U15B Silver
DT1.5K	252	1	Michael Tesi	Have	U17M	33.00	U17M Gold
<b>Pole Vault - All</b>							
PV	196	1	Jack Hughes	Chelm	U20M	4.10	
PV	6	2	Quentin Pritchard	G&G	U17M	3.50	
PV	286	3	Lilianne Jervis-Allan	WSEH	U17W	3.40	
PV	104	4	Zak Williams	Have	U15B	3.10	U15B Gold
PV	282	5	Olivia Kraus	G&G	U15G	2.60	
PV	293	6	Claire Brennan	Have	W40	2.50	
PV	190	7	Jack Eames	WSEH	U15B	2.40	
PV	96	8	Scarlett Woods	Have	U15G	1.90	U15G Gold
PV	249	9	Alan Hardy	B&B	M65	1.90	
PV	1		Harry Casey	E&H	U17M	NH	
PV	270		Oliver Pullen	Have	U17M	NH	
PV	289		Erin Rees	WSEH	U20W	NH	
PV	374		Jack Staunton	WSEH	U20M	NH	
PV	108		Nina Brennan	Have	W35	NH	
<b>High Jump - All</b>							
HJ	75	1	Jack Hignett	Have	U17M	1.75	U17M Gold
HJ	31	2	Ryan Alexander	Have	U15B	1.70	U15B Gold
HJ	109	3	Findlay McLaren	Have	U15B	1.65	U15B Silver
HJ	106	4	Sophia Willson	Have	U17W	1.55	U17W Gold
HJ	100	5	Maggie Smith	Have	U17W	1.50	U17W Silver
HJ	28	6	Aidan Doherty	Have	U15B	1.45	U15B Bronze
HJ	97	7	Annabella Drake	Have	U15G	1.45	U15G Gold
HJ	138	8	Isaac Shearing	Have	U13B	1.40	U13B Gold
HJ	160	9	Jasmine Asmal	Have	U15G	1.35	U15G Silver
HJ	60	10	Omezirim Nwapa	Have	U13G	1.30	U13G Gold
HJ	85	11	Lily Hartman	Bas	U15G	1.30	
HJ	277	12	Shalomie King	Have	U15G	1.25	U15G Bronze
HJ	294	13	Schalk Steyn	Have	U13B	1.15	U13B Silver
HJ	78	14	Max Sillett	Have	U13B	1.15	U13B Bronze

HAVERING AC - CLUB CHAMPIONSHIPS AND OPEN MEETING Held at HORNCHURCH

Sunday 17th September 2023

	No.	Pos	Name	Club	Age Group	Performance	HAC Medals
<b>Javelin - Pool 1</b>							
JT400	295	1	Ethan Johnson	Have	U13B	25.77	U13B Gold
JT400	265	2	Alana Graves	Have	U13G	21.03	U13G Gold
JT400	103	3	Miles Boston	Herts P	U13B	20.64	
JT400	276	4	Isabelle Stander	WGEL	U13G	16.29	
JT400	269	5	Niamh Salter	Have	U13G	15.53	U13G Silver
JT400	257	6	Ayla Baker	Have	U13G	11.47	U13G Bronze
JT500	167	1	Jessica Page	Have	U15G	32.27	U15G Gold
JT500	96	2	Scarlett Woods	Have	U15G	26.22	U15G Silver
JT500	280	3	Madison Poulter	Chelm	U15G	22.19	
JT500	160	4	Jasmine Asmal	Have	U15G	21.93	U15G Bronze
JT500	278	5	Isobel Pridie	Have	U15G	14.51	
JT600	297	1	Samuel Burdett	Have	U15B	37.49	U15B Gold
JT600	191	2	William Stander	WGEL	U15B	31.13	
JT600	287	3	Katie Ennis	Have	U20W	22.26	
JT600	250	4	Harrison Rabess	Have	U15B	20.28	U15B Silver
<b>Triple Jump - All</b>							
HJ	32	1	Maxwell Adeosun	Have	U15B	11.27	U15B Gold
HJ	30	2	Tobias Samuel	Have	U15B	11.23	U15B Silver
HJ	299	3	Adrian Shalujo-Afolabi	Have	U15B	11.18	U15B Bronze
HJ	7	4	Miles Davis	Col H	U17M	10.82	
HJ	184	5	Freddie Rowe	Have	U15B	10.74	
HJ	172	6	Abella Ammam	Dart	U17W	10.31	
HJ	155	7	Amy Pugsley	Chelm	U15G	9.97	
HJ	250	8	Harrison Rabess	Have	U15B	9.68	
HJ	290	9	Adele Pereira	Herts P	U20W	9.21	
<b>Javelin - Pool 2</b>							
JT500	192	1	Imogen List	Herts P	U17W	37.12	
JT500	285	2	Faye Fearon	Have	U17W	14.98	U17W Gold
JT600	104	1	Zak Williams	Have	U15B	43.47	U15B Gold
JT700	373	1	Milan Andrews	WGEL	U17M	29.14	
JT700	253	2	James Gillett	Have	U17M	29.12	U17M Gold
JT700	242	3	James Brinton-Quinn	Have	U17M	23.95	U17M Silver
JT700	372	4	Ole West	S'end	U17M	15.97	
JT800	197	1	Peter Brinton-Quinn	Have	SM	64.47	
JT800	245	2	Hal Hutton	Have	SM	54.34	
JT800	251	3	Bobby Williams	Have	U17M	48.78	