



***London Indoor Games – Under 20s/Seniors Lee Valley  
Sat 18<sup>th</sup> & Sun 19<sup>th</sup> January 2025***

**Stephanie Okoro showed that she is wintering well as she broke her own club Under 20 women's 400m record at the London Indoor Games at Lee Valley on Saturday.**

The Brunel University first year student clocked an impressive 54.36s to take over half a second off her previous club U20 best to also move up to third on the club all time senior list. Stephanie led until the last 50m as Phoebe Gill, who competed for Team GB in the women's 800m at last summer's Paris Olympics, overhauled her with a strong finish to cross the line in 53.65s.

Emmanuel Asirifi-Otchere impressed in his first races as an Under 20, clocking a swift 7.06s in the 60m, one of the fastest ever by a club U20 man. He also won his 200m heat with 22.27s, a fraction outside his outdoor best suggesting that a sub 22 second mark is on the cards this year. Alicia Fairmaner also stepped up well into the Under 20 ranks with an indoor long jump PB of 5.50m to finish third.

Kieran O'Hara was close to the two-minute 800m mark in his first indoor race for five years, and Sam Mahoney also ran well. Matthew Agnimel was close to his recent indoor best and was timed at 48.64s in a competitive 400m heat while Isaac Ogunlade clocked 51.43s in his heat. Also in action was Cassie Campbell who improved her indoor 200m best to 26.38s and was a fraction outside her 60m best with 8.25s for a good start to her winter campaign.

**Senior Men:** 400m: Matthew Agnimel 48.64s; Isaac Ogunlade 51.43s; 800m: Kieran O'Hara 2:01.10; Sam Mahoney 2:01.21; PV Luke Williams 3.55m

**U20M:** 60m: Emmanuel Asirifi-Otchere 7.06s (PB) & 7.07s; 200m: Emmanuel Asirifi-Otchere 22.27s

**Under 20 Women:** 60m: Cassie Campbell 8.25s (& 8.25s); 200 Cassie Campbell 26.38s; 400 **2<sup>nd</sup>** Stephanie Okoro 54.36s **PB & Club Under 20W Record**; Long Jump: **3<sup>rd</sup>** Alicia Fairmaner 5.50m