

Eastern Young Athletes' League, Bedford Sun 28th July 2024

	Total	BU13	BU15	MU17	GU13	GU15	WU17
Havering AC	608	91	87	96	81	115	123
Bedford	499	72	70	65	69	98	105
Basildon	450	49	77	66	66	90	87
Bedfordshire Lions	214	0	22	34	48	49	46
West Suffolk	98	32	30	7	9	8	6

Despite being affected by holiday absences the Eastern Young Athletes League squad were comfortable winners at Bedford on Sunday to end the season unbeaten and finish runners up in the league table, and book their place in the end of season Top 6 Trophy Final.

The **Under 17 Men** only had eight athletes but they won by over 30 points. Findlay McLaren won the 400m & 800m A races, Maxwell Adeosun won the B high jump and was second in both 100m & 200m, and Ryan Alexander won the B 100m and was second in the A high jump. Emanuel Iwuchukwu stepped up from the Under 15s to win the triple jump and place second in the long jump on his club debut, and Adrian Shalujo-Afolabi won the B triple jump. Sam Burdett won the javelin and filled gaps in the B 800m and long jump, placing second in both, while James Brinton-Quinn won the B javelin and was second in the B discus. Ryan, Adrian and Maxwell were joined by Bradley Humm in the second placed relay quartet.

There was a winning treble form Eboni Roach for the 10-strong **Under 17 Women** with victories in the shot (PB), discus and hammer and Scarlett Woods won the vault and B hurdles, both in PBs, and was javelin runner up. Oma Nwapa won the A hurdles and was runner up in the A triple jump and B high jump, and Sophia Willson was second in the A high jump. Mya Thomas was second in the A 200m and B 100m, as were her sprint partners Fisola Fagbadegun (A 100m) and Mary Olubukola-Sogbetun (B 200m). Mya, Oma, Mary and Fisola were runners up in the relay. More second place points were earned by Ruby Price (A 800m & B discus) and Grace Tilson (B 800m and B triple jump) and Lucy Lendon who stepped in to place second in both B shot & javelin.

Jess Page led the way for the **Under 15 Girls** with wins in the 300m, 800m and javelin and her B string partners Callie Ziepe (300m), Elena Williams (800m) and Ayla Baker (javelin) also took full points and Ayla added victory in the A shot. Emmie Lole won the 1500m A and long jump B and Jasmine Asmal won the 1500m & high jump B strings and was second in the hurdles, and more maximum points were won by Ome Nwapa (A high jump), Lila Chapelhow (shot), who was second in the hammer. Second places were gained by Kara Adegite (100m) and Tomi Ojelowo (long jump), who combined with Ome and Jess in the winning relay squad.

Aidan Doherty starred for the **Under 15 Boys** notching up a hat trick of wins in the 1500m and hurdles, both in PBs and was close to his high jump best for victory. Jayden Wilkinson won the 300m and long jump (equal PB), Sam Johnson won both shot & hammer, Harrison Rabess's PB won the B shot, Oba Samuel won the B high jump, and Spencer Hart (B 100m) and George Burgess (B 1500m) were both second. The relay squad ended the day with victory in the relay, thanks to Harrison, Oba, Spencer and Jayden.

Another winning treble went to Jack Rossington for the **Under 13 Boys** with wins in the A hurdles, and B discus (both PBs) and B 800m, with George Bangs improving his best for second in the 800m A. Tobi Oluborode Oluseye won the A long jump with the second longest ever distance by a club Under 13, and improved his best to win the 100m, while twin Timi won the B 100m and long jump, both in PBs, and was second in the 200m. Teddy Madlin won on his hurdles debut and Michael Lesser won the B shot in a new PB, and Barney Sullivan was second in the A shot. Euan Cheesewright joined Timi, Tobi and Jack in the winning relay team.

The **Under 13 Girls** had a good all-round performance as Brooke Lavey won the shot on her debut and was second in the hurdles, and Charlene Bange won the 100m and B shot, both in new PBs, and was second in the B 200m. Millie Cook won the 800m and was second in the 200m and B long jump, and Lucy Tregidgo won the B hurdles on her first race over the barriers and was second in the B 800m and discus. Ria Simone-Nelson combined with Charlene, Millie and Brooke in the second placed relay quartet.

Havering ended the season as one of four unbeaten clubs but lost out to Chelmsford in the title race. These unbeaten teams will meet for the first time in the end of season Top Six final at the StoneX Stadium, Hendon on 8th September.

2024 Table (Top 6) after four of four matches

1 CHELMSFORD 24 - 2960; 2 HAVERING 24 - 2746 3 DACORUM 24 – 2641.5; 4 SHAFTESBURY BARNET 24 – 2607; 5 NORWICH 19 2274; 6 IPSWICH 18 2061.5