

Eastern Young Athletes' League Top 6 Final, Chelmsford Sun 10th Sept

| | Total | BU13 | BU15 | MU17 | GU13 | GU15 | WU17 |
|--------------------|--------------|-------------|--------------|-------------|-------------|-------------|-------------|
| Chelmsford | 647 | 93 | 104 | 111 | 90 | 126 | 103 |
| Shaftesbury Barnet | 576.5 | 80 | 106.5 | 111 | 84 | 68 | 107 |
| Havering AC | 572 | 63 | 109.5 | 102 | 76 | 98.5 | 103 |
| Dacorum | 545.5 | 101 | 87 | 67 | 67 | 75.5 | 108 |
| Basildon | 441.5 | 63 | 59.5 | 78 | 39 | 99 | 83 |
| Ipswich Harriers | 314.5 | 38 | 40.5 | 50 | 78 | 43 | 45 |

Havering's young athletes ended their season with a third-place finish in the Eastern Young Athletes League Top 6 Final at a sweltering Chelmsford on Sunday, as the hosts comfortably added the Final Shield to the league title. The Under 15 boys won their category, as Zak Williams again improved his Under 15 club pole vault record.

Six individual wins and a relay success saw the **Under 15 Boys** narrowly win their category. Tobias Samuel starred with a hat-trick of victories in both sprints and the long jump and English Schools Champion Findlay McLaren and Freddie Rowe, who had again improved his club 3000m record a few days before, both cruised to victory in their 800m and 1500m races. Zak Williams was runner up in the vault with his club record 3.20m clearance and returned to win the javelin, with Will Tilson second in the B javelin. There were also B string runners up places for Jake Shaw (200m), Shea Sweeney (800m B), Bode Thompson (high jump), and Jayden Wilkinson (long jump) and third places for Ryan Alexander (A high jump and B 100m), Harrison Rabess (A discus PB) and Freddie Hatcher (A hammer). Victory for the relay quartet of Ryan, Jake, Tobias and Adrian Shalujo-Afolabi in a season's best ensured a category team win.

The **Under 15 Girls** were third after an all-round team effort. Scarlett Woods and Jess Page took full points in the javelin and Scarlett added a pole vault win. Bel Drake had a pair of second places in the A long jump and B hurdles, as did Kara Adegite in both sprints, and Daisy Leech and Orla Friel added B 800m & 1500m runners up spots. Amy Mansell was second in the B shot and third in her hurdles and 300m A races, and more third place points were gained by Emmie Lole (1500m), Eboni Roach (shot) and Jasmine Asmal (B high jump – PB). Kara and Amy were joined by Christine Atumonyogo and Fisola Fagbadegun in the third placed relay quartet.

Both Under 17 squads placed third. The **Under 17 men** had seven wins with Emmanuel Asirifi-Otchere notching a win double in both sprints, with an impressive PB in the 200m. Joel Ajayi won the 100m and was 200m runner up, and Dan Lammas held on for 400m victory from the outside lane. Jack Hignett added high jump victory as did Bobby Williams in the javelin with Michael Tesi third in the B as well as winning the B discus. Leon Agu was second in the triple jump and third in the discus, and Adem Bouadjadja was B triple jump runner up. Emmanuel, Joel and Dan were joined by Chris Agnimel in the third placed relay team.

Ruby Tillson heads to this weekend's national schools combined events final with confidence after improving her hurdles best for victory and was shot runner up for the **Under 17 women**. Maggie Smith won the B hurdles and equalled her high jump PB for third, as Sophia Willson's PB won her the high jump B. Isobel Pickard had a pair of second places in the B shot & discus, Cassie Campbell (200m A) and Precious Fagbadegun (100m B) were both second, as was Rose Warner in the B 1500m. Lucy Quinlan was second in the javelin while Tilly Bunn added a third in the hammer to her discus runners up spot and Charlotte Evans was third in the triple jump and sibling Hannah placed third in the B 800m. Zara Okocha and Mya Thomas combined with Cassie & Precious to place second in the sprint relay.

The **Under 13** squads have been getting stronger all season and both placed fourth on the day. Cleo Drake was the only winner for the **Under 13 Girls** storming to B 200m victory and also placing third in the long jump. Amelia Shearing bagged a pair of second places in the B high jump (PB) and javelin, and was third in the hurdles, and Dulce Smith and Ayla Baker both traded second and third places in the shot and javelin, while Ome Nwapa had a pair of third places in the A 200m and high jump, and Alana Graves was third in the javelin. Ome, Amelie and Dulce were joined by Sophia Rae Ahmad in the second placed relay team.

The **Under 13 Boys** performed solidly with Jesse Crawley's big hurdles PB earning him second in the B as did Ethan Johnson's shot PB. Isaac Shearing improved his PBs in both the 800m and high jump, finishing third in both, and George Bangs was third on his 1500m debut, and George Burgess (B long jump) and Shalk Steyn (B high jump) added more third places.

Chelmsford, who had finished the league season unbeaten, took control from the start and went on to win three of the six age group trophies, and were in the mix for the other three. Havering finished ahead of Dacorum who had edged them in the league match but narrowly lost second place to Shaftesbury Barnet, who they had beaten in their league contest.

The main track and field season ends next Sunday with the club's Championships and Open event at Hornchurch.