

## Under 17 Women (as at 31<sup>st</sup> March 2024)

### 100 Metres

1		Lucy Sargent	11.65		14 <sup>th</sup> July 2005
2		Modupe Shokunbi	11.97		11 <sup>th</sup> July 2014
3		Fiona Page	12.0		11 <sup>th</sup> June 1988
			(12.02		5 <sup>th</sup> August 1988)
4		Paris King	12.09		27 <sup>th</sup> August 2022
5	=	Claudine Leger	12.2		6 <sup>th</sup> August 1995
5	=	Debbie Showler	12.2		29 <sup>th</sup> June 1974
7		Karis Thomas	12.22		31 <sup>st</sup> July 2021
8		Stephanie Okoro	12.28		21 <sup>st</sup> August 2022
9	=	Jacqueline Gray	12.3y		18 <sup>th</sup> August 1962
9	=	Pat Shiels	12.3y		11 <sup>th</sup> May 1968

### Wind Assisted Marks

		Modupe Shokunbi	11.78		30 <sup>th</sup> August 2014
		Debbie Showler	12.1		7 <sup>th</sup> July 1973
		Tayllah Barton-Conde	12.21		11 <sup>th</sup> May 2019
		Karis Thomas	12.21		7 <sup>th</sup> August 2021
		Sheila Richardson	12.3y	U15	15 <sup>th</sup> July 1967

### 200 Metres

1		Lucy Sargent	23.78 Indoor		20 <sup>th</sup> February 2005
			(23.93		29 <sup>th</sup> May 2004)
2		Fiona Page	24.64		7 <sup>th</sup> August 1988
3		Modupe Shokunbi	24.9		21 <sup>st</sup> June 2014
			(24.96		29 <sup>th</sup> June 2014)
4		Stephanie Okoro	25.07		7 <sup>th</sup> August 2022
5	=	Debbie Showler	25.1		25 <sup>th</sup> May 1974
5	=	Jillian Reynolds	25.1		11 <sup>th</sup> July 1986
7		Frankie Calder	25.2		16 <sup>th</sup> July 2006
8	=	Linda Smith	25.50		2 <sup>nd</sup> June 1979
8	=	Michelle Hughes	25.5		13 <sup>th</sup> July 2014
			(25.64 Indoor		9 <sup>th</sup> February 2014)
8	=	Tayllah Barton-Conde	25.5		22 <sup>nd</sup> May 2019
			(25.66		12 <sup>th</sup> May 2019
8	=	Poppy Ellis	25.5		7 <sup>th</sup> July 2019
			(25.60		26 <sup>th</sup> May 2019

### Wind Assisted Marks

		Lucy Sargent	23.6		25 <sup>th</sup> July 2004
			(23.61		14 <sup>th</sup> Aug 2005)
		Modupe Shokunbi	24.83		31 <sup>st</sup> August 2014
		Debbie Showler	24.9		10 <sup>th</sup> August 1974
		Carolyn Wells	24.9		30 <sup>th</sup> August 1980
		Karis Thomas	25.26		20 <sup>th</sup> September 2020
		Olivia Boachie	25.48		20 <sup>th</sup> September 2020
		Jade Kavanagh	25.50		9 <sup>th</sup> June 2018

### 300 Metres

1		Lucy Sargent	38.7		1 <sup>st</sup> August 2004
2		Stephanie Okoro	39.53		7 <sup>th</sup> August 2022
3		Poppy Ellis	39.63		26 <sup>th</sup> May 2019
4		Olivia Boachie	40.23		10 <sup>th</sup> July 2021
5		Claudine Neckles	40.7		21 <sup>st</sup> June 1992
6		Uche Okpalauko	40.9	U15	6 <sup>th</sup> July 2019
7		Frankie Calder	41.0		2 <sup>nd</sup> July 2006
			(41.05		7 <sup>th</sup> July 2006)
8		Michelle Hughes	41.1		15 <sup>th</sup> June 2014
9		Mali Grant	41.2		2 <sup>nd</sup> June 2019
			(41.58i		3 <sup>rd</sup> February 2019)
10		Claire Edwards	41.42		16 <sup>th</sup> June 1991

### 400 Metres

1		Carolyn Wells	55.13		23 <sup>rd</sup> August 1980
2		Jillian Reynolds	55.65		4 <sup>th</sup> July 1987
3		Stephanie Okoro	56.14		28 <sup>th</sup> May 2022
4		Denise Kiernan	56.9		28 <sup>th</sup> August 1977
5	=	Susan Baxter	57.1		1 <sup>st</sup> September 1979
5	=	Lesley Kiernan	57.1		12 <sup>th</sup> May 1973
7	=	Ruth Chettleburgh	57.8		24 <sup>th</sup> June 1973
7	=	Michelle Hughes	57.8		21 <sup>st</sup> June 2014
9		Poppy Ellis	57.9		22 <sup>nd</sup> September 2019
10		Maria Oldall	58.2		7 <sup>th</sup> June 1969

**800 Metres**

1	Lesley Kiernan	2:03.66	26 <sup>th</sup> August 1973
2	Denise Kiernan	2:08.5	3 <sup>rd</sup> July 1977
3	Carolyn Wells	2:09.7	31 <sup>st</sup> May 1980
4	Faye Fullerton	2:10.1	14 <sup>th</sup> May 2000
5	Susan Baxter	2:11.46	U15 18 <sup>th</sup> August 1978
6	Megan Foley	2:11.54	5 <sup>th</sup> July 2003
7	Alice Brown	2:11.98	U15 2 <sup>nd</sup> June 2018
8	Katie Richardson	2:12.10	6 <sup>th</sup> August 2005
9	Sara Luck	2:12.24	12 <sup>th</sup> July 2003
10	Giselle Oughton	2:12.58	U15 23 <sup>rd</sup> July 1978

**1500 Metres**

1	Denise Kiernan	4:23.25	20 <sup>th</sup> August 1977
2	Faye Fullerton	4:28.1	1 <sup>st</sup> May 2000
3	Katie Richardson	4:29.39	15 <sup>th</sup> August 2004
4	Megan Foley	4:30.24	10 <sup>th</sup> July 2004
5	Lydia Hallam	4:31.92	12 <sup>th</sup> June 2013
6	Una English	4:32.8	27 <sup>th</sup> July 1985
7	Sharon Jeffries	4:33.0	19 <sup>th</sup> July 1981
8	Jessica Mitchell	4:34.8mx (4:36.21)	9 <sup>th</sup> April 2017 28 <sup>th</sup> May 2017)
9	Helen Ruffell	4:36.1	13 <sup>th</sup> July 1984
10	Debbie Sullivan	4:36.92	17 <sup>th</sup> June 1988

**3000 Metres**

1	Jessica Mitchell	9:40.86	8 <sup>th</sup> July 2017
2	Faye Fullerton	9:42.3	7 <sup>th</sup> May 2000
3	Anne Reason	9:47.0	28 <sup>th</sup> November 1984
4	Megan Foley	10:07.8	25 <sup>th</sup> April 2004
5	Una English	10:15.1	28 <sup>th</sup> April 1985
6	Molly Sweetman	10:15.64	13 <sup>th</sup> May 2018
7	Sharon Jeffries	10:17.0	8 <sup>th</sup> August 1981
8	Sydney Foley	10:20.42	26 <sup>th</sup> May 2019
9	Georgie-Lou Sales	10:22.95	30 <sup>th</sup> May 2007
10	Lauren Deadman	10:23.2	28 <sup>th</sup> July 1999

**80 Metres Hurdles**

1	Paris King	11.02	28 <sup>th</sup> August 2022
2	Chloe Van Wulven	11.36	11 <sup>th</sup> July 2003
3	= Lisa Schofield	11.50	9 <sup>th</sup> July 2005
3	= Michelle Hughes	11.5 (11.53)	21 <sup>st</sup> July 2013 25 <sup>th</sup> May 2013)
5	= Holly Thomas	11.56	10 <sup>th</sup> July 2009
5	= Stephanie Okoro	11.56	24 <sup>th</sup> April 2022
7	<b>Ruby Tillson</b>	<b>11.59</b>	<b>10<sup>th</sup> September 2023</b>
8	Nicola Hill	11.6 (11.71)	10 <sup>th</sup> June 2007 12 <sup>th</sup> August 2007)
9	Claire Sargent	11.7	27 <sup>th</sup> July 2002
10	Mayi Hughes	11.86	14 <sup>th</sup> August 2016

**Wind Assisted Marks**

Chloe Van Wulven	11.3	22 <sup>nd</sup> May 2004
Holly Thomas	11.34	12 <sup>th</sup> June 2010
Michelle Hughes	11.52	25 <sup>th</sup> May 2013

**100 Metres Hurdles**

1	Chloe Van Wulven	14.5 (15.16)	20 <sup>th</sup> June 2004 10 <sup>th</sup> April 2004)
2	Nicola Hill	14.82	17 <sup>th</sup> June 2007
3	Keeley Johnson	15.6	18 <sup>th</sup> September 1983
4	Lisa Schofield	15.89	24 <sup>th</sup> July 2005
5	Claire Brennan	16.3	29 <sup>th</sup> June 1997
6	Paris King	16.82	20 <sup>th</sup> June 2021
7	Nicola Peachey	17.04	27 <sup>th</sup> June 2010
8	Katie O'Sullivan	17.3	28 <sup>th</sup> July 2002
9	Lee Dale	17.7	16 <sup>th</sup> July 1994
10	Louise Hebron	18.42	12 <sup>th</sup> September 1993

**Wind Assisted Marks**

Chloe Van Wulven	14.44	27 <sup>th</sup> June 2004
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**300 Metres Hurdles**

1	Stephanie Okoro	41.60	25 <sup>th</sup> September 2021
2	Michelle Hughes	43.22	31 <sup>st</sup> August 2014
3	Nicola Hill	43.70	26 <sup>th</sup> August 2007
4	Lisa Schofield	45.1	17 <sup>th</sup> July 2005
		(45.29)	15 <sup>th</sup> May 2005)
5	Chloe Van Wulven	45.4	18 <sup>th</sup> July 2004
6	Sara Luck	45.6	23 <sup>rd</sup> July 2003
7	Nicola Schofield	45.8	6 <sup>th</sup> July 2002
8	Frankie Calder	46.3	4 <sup>th</sup> June 2006
		(47.07)	20 <sup>th</sup> May 2006)
9	Mayi Hughes	46.31	11 <sup>th</sup> June 2016
10	Jo Slack	47.1	13 <sup>th</sup> June 1992

**400 Metres Hurdles**

1	Stephanie Okoro	58.44	7 <sup>th</sup> July 2022
2	Denise Kiernan	61.33	17 <sup>th</sup> July 1977
3	Nicola Hill	62.24	16 <sup>th</sup> June 2007
4	Flip Bishop	66.7	7 <sup>th</sup> September 1985
5	Susan Castling	66.8	13 <sup>th</sup> July 1980
6	Claudine Neckles	67.3	20 <sup>th</sup> July 1991
7	Nicola Schofield	67.4	27 <sup>th</sup> July 2003
8	Kay Morris	68.0	29 <sup>th</sup> July 1978
9	Jo Slack	68.1	2 <sup>nd</sup> June 1991
10	Nicola Peachey	69.90	27 <sup>th</sup> June 2010

**High Jump**

<b>1</b>	<b>Ruby Tillson</b>	<b>1.75m</b>	<b>6<sup>th</sup> August 2023</b>
2	Linda Knowles	1.73m	14 <sup>th</sup> September 1962
3	= Keeley Johnson	1.70m	10 <sup>th</sup> September 1983
3	= Chloe Van Wulven	1.70m	29 <sup>th</sup> June 2003
3	= Michelle Hughes	1.70m	20 <sup>th</sup> September 2014
6	Bethan Siddons	1.66m	10 <sup>th</sup> September 2006
7	Kay Morris	1.65m	20 <sup>th</sup> May 1979
8	Mayi Hughes	1.64m	2 <sup>nd</sup> July 2017
9	Sara Luck	1.63m	25 <sup>th</sup> August 2003
10	= Katie O'Sullivan	1.62m	8 <sup>th</sup> June 2002
10	= Cynthia Asiegbu	1.62m	23 <sup>rd</sup> June 2019

**Long Jump**

1	Lucy Sargent	5.75m	16 <sup>th</sup> May 2004
2	Christina Castling	5.73m	9 <sup>th</sup> June 1979
3	Stephanie Okoro	5.71m	12 <sup>th</sup> September 2021
4	Mayi Hughes	5.58m	2 <sup>nd</sup> July 2017
5	Susan Harries	5.53m	25 <sup>th</sup> August 1986
6	Jackie Selby	5.51m	1972
7	Kate Brewington	5.45m	28 <sup>th</sup> September 1997
8	Jackie Gray	5.39m	21 <sup>st</sup> July 1962
<b>9</b>	<b>Ruby Tillson</b>	<b>5.38m</b>	<b>16<sup>th</sup> September 2023</b>
10	Nicola Hill	5.37m	2 <sup>nd</sup> July 2006

**Wind Assisted Marks**

	Stephanie Okoro	5.91m	28 <sup>th</sup> August 2021
	Christina Kalejaiye	5.55m	11 <sup>th</sup> September 2004
	Chloe Van Wulven	5.37m	22 <sup>nd</sup> June 2003

**Triple Jump**

1	Mayi Hughes	12.03m	10 <sup>th</sup> June 2017
2	Miriam Adebayo	11.18m	13 <sup>th</sup> August 2022
3	Kirsty Smith	11.07m	11 <sup>th</sup> July 2003
4	Ella Lindsay	10.91m	5 <sup>th</sup> July 2014
5	Bethany Chambers	10.74m	30 <sup>th</sup> August 2010
6	Bethan Siddons	10.29m	10 <sup>th</sup> September 2006
7	Michelle Hughes	10.28m	28 <sup>th</sup> April 2013
8	Lynsey Clark	10.25m	18 <sup>th</sup> August 2002
9	= Nicola Hill	10.19m	12 <sup>th</sup> August 2006
9	= Olatomiwa Sanwo	10.19m	17 <sup>th</sup> September 2017

**Wind Assisted Marks**

	Bethan Siddons	10.69m	20 <sup>th</sup> August 2006
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U15

**Pole Vault**

1		Mercy Gutteridge	2.92m indoor (2.90m)		22 <sup>nd</sup> September 2012 27 <sup>th</sup> August 2012)
2		Jessie Collier	2.75m	U15	8 <sup>th</sup> July 2018
3		Angela James	2.55m		28 <sup>th</sup> July 2007
4	=	Katie Ennis	2.30m		20 <sup>th</sup> June 2021
<b>4</b>	<b>=</b>	<b>Faith Wicks</b>	<b>2.30m</b>		<b>30<sup>th</sup> April 2023</b>
<b>4</b>	<b>=</b>	<b>Scarlett Woods</b>	<b>2.30m</b>	<b>U15</b>	<b>13<sup>th</sup> August 2023</b>
7	=	Alice Atkins	2.10m	U15	30 <sup>th</sup> July 2017
7	=	Freya Long	2.10m	U15	7 <sup>th</sup> July 2019
9	=	Annie Grannell	2.00m	U15	17 <sup>th</sup> June 2018
10	=	Louise Halstead	1.90m		25 <sup>th</sup> May 1996
10	=	Katie O'Sullivan	1.90m		18 <sup>th</sup> August 2002
10	=	Becky Lawrence	1.90m		11 <sup>th</sup> July 2010

**Shot Putt 4.0kg**

1		Alexandrea Adeniji	11.33m		14 <sup>th</sup> April 2018
2		Claudia Bernard	11.07m		3 <sup>rd</sup> August 1980
3		Georgie Taylor	10.91m Indoor (10.82m)		13 <sup>th</sup> January 2013 18 <sup>th</sup> May 2013)
4		Rachel Forder	10.88m Indoor (10.39m)		13 <sup>th</sup> January 2013 13 <sup>th</sup> May 2012)
5		Omolola Kuponiya	10.82m	U15	16 <sup>th</sup> September 2018
6		Jo Smith	10.50m	U15	28 <sup>th</sup> February 1993
7		Janis Wilderspin	10.36m		12 <sup>th</sup> May 1979
8		Philippa Gill	10.26m		17 <sup>th</sup> September 2017
9		Melanie Harrison	10.06m		26 <sup>th</sup> August 2002
10		Kike Oniwinde	10.05m		5 <sup>th</sup> September 2009

**Shot Putt 3.0kg – New Weight 1<sup>st</sup> April 2014 Onwards**

1		Omolola Kuponiya	14.36m	U15	2 <sup>nd</sup> September 2018
2		Alexandrea Adeniji	12.87m		28 <sup>th</sup> April 2018
3		Philippa Gill	12.27m		21 <sup>st</sup> June 2017
4		Elysha Thatcher-Gray	11.95m		15 <sup>th</sup> May 2016
5		Anne-Prisca Djondo	11.71m		7 <sup>th</sup> July 2019
6		Amara Nwosu	11.42m	U15	20 <sup>th</sup> July 2019
<b>7</b>		<b>Ruby Tillson</b>	<b>11.19m</b>		<b>28<sup>th</sup> May 2023</b>
8		Zikora Ezeonwuka	11.03m		1 <sup>st</sup> May 2022
9		Michelle Hughes	10.78m		27 <sup>th</sup> April 2014
10		Isobel McDonach	10.75m	U15	4 <sup>th</sup> July 2015

**Discus 1.0kg**

1		Georgie Taylor	47.04m		31 <sup>st</sup> August 2013
2		Rachel Forder	42.64m		31 <sup>st</sup> August 2013
3		Alice Brown	41.91m		13 <sup>th</sup> September 2020
4		Rosanne Lister	41.56m		1 <sup>st</sup> September 1985
5		Lynsey Clark	40.90m		11 <sup>th</sup> July 2003
6		Janis Wilderspin	40.12m (42.90m downhill)		10 <sup>th</sup> September 1979 6 <sup>th</sup> July 1979)
7		Melanie Harrison	38.04m		12 <sup>th</sup> July 2002
8		Claudia Bernard	37.54m		20 <sup>th</sup> June 1981
9		Freya Gutteridge	35.89m		1 <sup>st</sup> June 2014
10		Louise Quilter	34.06m		21 <sup>st</sup> April 1979

**Javelin 500g – New 1<sup>st</sup> April 2014 Onwards**

1		Adelaide Thatcher-Gray	40.42m		16 <sup>th</sup> September 2018
2		Lucy Quinlan	35.97m		11 <sup>th</sup> June 2022
3		Emily Fessey Cook	35.62m		10 <sup>th</sup> July 2022
4		Mayi Hughes	35.00m		23 <sup>rd</sup> July 2017
5		Faith Reilly	33.14m		12 <sup>th</sup> June 2021
<b>6</b>		<b>Jessica Page</b>	<b>32.27m</b>	<b>U15</b>	<b>17<sup>th</sup> September 2023</b>
7		Michelle Hughes	32.19m		28 <sup>th</sup> June 2014
8		Ruby Mace	31.99m	U15	2 <sup>nd</sup> July 2017
9		Philippa Gill	31.94m		17 <sup>th</sup> September 2017
<b>10</b>		<b>Scarlett Woods</b>	<b>31.61m</b>	<b>U15</b>	<b>13<sup>th</sup> August 2023</b>

**Javelin 600g – Model from 1999 Onwards**

1		Kike Oniwinde	45.60m		9 <sup>th</sup> August 2009
2		Adelaide Thatcher-Gray	36.49m		16 <sup>th</sup> September 2018
3		Deborah Knight	35.16m		3 <sup>rd</sup> July 2011
4		Emma Sharp	32.39m	U15	13 <sup>th</sup> July 2013
5		Melanie Harrison	32.28m		30 <sup>th</sup> June 2002
6		Emma Christmas	31.57m		25 <sup>th</sup> July 2004
7		Mayi Hughes	30.01m		18 <sup>th</sup> June 2016

2024 updates in blue

2023 updates in red

8	Faith Reilly	29.56m	20 <sup>th</sup> June 2021
9	Alice Martin	29.19m	30 <sup>th</sup> March 2014
10	Lauren McVicar	28.85m	12 <sup>th</sup> September 2004

#### Hammer 3.0kg – New 1<sup>st</sup> April 2014 Onwards

1	Philippa Gill	39.99m	2 <sup>nd</sup> July 2017
2	Katie Ennis	36.29m	26 <sup>th</sup> June 2022
<b>3</b>	<b>Tilly Bunn</b>	<b>31.43m</b>	<b>10<sup>th</sup> June 2023</b>
4	Alexandrea Adeniji	30.54m	25 <sup>th</sup> June 2017
5	Amara Nwosu	26.50m	U15 15 <sup>th</sup> September 2019
6	Omolola Kuponiya	26.15m	U15 2 <sup>nd</sup> September 2017
7	Freya Killilea	24.02m	U15 13 <sup>th</sup> August 2017
<b>8</b>	<b>Lisa Osuala</b>	<b>23.62m</b>	<b>10<sup>th</sup> June 2023</b>
9	Freya Gutteridge	23.17m	27 <sup>th</sup> July 2014
10	Claudia Attewell	22.51m	U15 18 <sup>th</sup> May 2019

#### Hammer 4.0kg

1	Sarah Deacon	34.79m	9 <sup>th</sup> May 1999
2	Melanie Harrison	33.52m	4 <sup>th</sup> August 2002
3	Katie Ennis	30.65m	10 <sup>th</sup> July 2022
4	Amy Cox	28.35m	18 <sup>th</sup> May 2008
5	Philippa Gill	26.48m	15 <sup>th</sup> April 2017
6	Alexandrea Adeniji	25.03m	14 <sup>th</sup> April 2018
7	Kate Herring	24.63m	26 <sup>th</sup> June 1999
8	Rosanne Lister	24.48m	1 <sup>st</sup> September 1985
9	Georgie Taylor	24.24m	29 <sup>th</sup> April 2012
10	Katherine Knight	23.55m	10 <sup>th</sup> April 2009

#### Heptathlon (new weights w.e.f 1<sup>st</sup> April 2014)

80m Hurdles, High Jump, Shot Putt (3kg), 200m, Long Jump, Javelin (500g), 800m

<b>1</b>	<b>Ruby Tillson</b>	<b>4951 Points</b> <b>11.72, 1.68m, 11.00m, 25.97,</b> <b>5.38m, 30.45m, 2:26.48</b>	<b>16<sup>th</sup> / 17<sup>th</sup> September 2023</b>
2	Michelle Hughes	4814 Points (4841w) 11.59, 1.70m, 10.06m, 25.76, 5.15m (w), 31.30m, 2:33.46 (5.26m W)	20 <sup>th</sup> / 21 <sup>st</sup> September 2014
3	Mayi Hughes	4355 Points 12.22, 1.62m, 9.45m, 26.98, 4.92m, 32.30m, 2:41.04	17 <sup>th</sup> / 18 <sup>th</sup> September 2016
4	Tayllah Barton-Conde	3993 Points 13.3, 1.51m, 8.41m, 25.7, 4.92m, 26.12m, 2:41.9	22 <sup>nd</sup> / 23 <sup>rd</sup> June 2019

#### Heptathlon (old weights – pre 2014)

80m Hurdles, High Jump, Shot Putt (4kg), 200m, Long Jump, Javelin (600g), 800m

1	Sara Luck	4228 Points 12.58, 1.60m, 7.28m, 26.64, 4.67m, 21.11m, 2:15.21	26 <sup>th</sup> /27 <sup>th</sup> July 2003
2	Michelle Hughes	4069 Points 11.78, 1.52m, 8.78m, 25.94, 5.05m, 19.59m, 2:47.40	21 <sup>st</sup> / 22 <sup>nd</sup> September 2013
3	Frankie Calder	4063 Points 12.0, 1.26m, 9.64m, 25.8, 4.71m, 27.45m, 2:30.6	24 <sup>th</sup> /25 <sup>th</sup> June 2006
4	Kate Brewington	3977 Points 12.6, 1.57m, 7.31m, 27.2, 5.45m, 23.88m, 2:48.8	27/28 <sup>th</sup> September 1997
5	Keeley Johnson	3936 Points	1983
6	Nicola Hill	3915 Points 12.02, 1.39m, 7.70m, 26.99, 4.94m, 19.72m, 2:29.69	16 <sup>th</sup> /17 <sup>th</sup> September 2006
7	Chloe Van Wulven	3623 Points 12.15, 1.57m, 5.53m, 27.43, 4.88m, 18.94m, 2:50.86	27 <sup>th</sup> /28 <sup>th</sup> September 2003
8	Claire Brennan	3581 Points 12.7, 1.51m, 6.38m, 28.6, 5.11m, 18.24m, 2:43.5	27/28 <sup>th</sup> September 1997
9	Lisa Schofield	3453 Points 12.1, 1.30m, 6.5?m, 27.8, 4.98m, 14.95m, 2:40.1	26 <sup>th</sup> /27 <sup>th</sup> June 2004
10	Lauren McVicar	3450 Points 14.5, 1.33m, 6.??m, 26.1, 4.20m, 8.50m, 2:34.5	26 <sup>th</sup> /27 <sup>th</sup> June 2004

**Other U17/Intermediate Records**

4 x 100 Metres Relay	48.87		5 <sup>th</sup> September 2020
	Shalom Gbadebo, Karis Thomas, Paige Robinson, Aaliyah Payne		
4x200 Metres Relay	1:45.9		6 <sup>th</sup> May 1979
	Team Unknown		
4x300 Metres Relay	2:48.56		5 <sup>th</sup> September 2021
	Lucy Natrass, Natalie Sewell, Olivia Boachie, Stephanie Okoro		
4x400 Metres Relay	4:01.9		10 <sup>th</sup> August 1974
	Denise Rippe, Cheryl Reader, Maxine Sadler, Julie Jackson		
Medley Relay	4:09.7		1987
200, 200, 400, 800	Fiona Page, Jenny Tiller, Jillian Reynolds, Debbie Sullivan		
3x800 Metres Relay	6:39.8	(Under 15)	13 <sup>th</sup> September 1978
	Giselle Oughton, Susan Baxter, Carolyn Wells (United Kingdom National Girls Record)		
4x800 Metres Relay	8:53.1		24 <sup>th</sup> May 1980
	Giselle Oughton, Susan Baxter, Paula Peterson, Carolyn Wells (United Kingdom National Intermediate Record)		
60 metres	Lucy Sargent	7.67 Indoor	28 <sup>th</sup> February 2004
150 metres	Lucy Sargent	18.3	13 <sup>th</sup> March 2005
600 Metres	Anne Reason	1:32.9	24 <sup>th</sup> February 1985
1000 Metres	Lesley Kiernan	2:57.9	29 <sup>th</sup> March 1972
60 Metres Hurdles	Michelle Hughes	8.69 Indoor	1 <sup>st</sup> February 2014
100 Metres Hur (76cm)	Chloe Van Wulven	14.04	27 <sup>th</sup> May 2004
200 Metres Hurdles	Denise Kiernan	30.5	28 <sup>th</sup> July 1977
Pentathlon (Small hall)	Kate Brewington	3262 Points	18 <sup>th</sup> January 1998
Long Jump		5.16m	
60 Metres		8.34	
60 Metres Hurdles		9.33	
High Jump		1.58m	
Shot Putt		8.50m	
<b>Pentathlon (Indoor)</b>	<b>Ruby Tillson</b>	<b>3489 Points</b>	<b>11<sup>th</sup> March 2023</b>
<b>60 Metres Hurdles</b>		<b>8.96s</b>	
<b>Long Jump</b>		<b>5.20m</b>	
<b>Shot Putt</b>		<b>10.11m</b>	
<b>High Jump</b>		<b>1.68m</b>	
<b>800m</b>		<b>2:38.50s</b>	