



Eastern Young Athletes' League, Bedford Sun 27th July 2025

	Total	BU13	BU15	MU17	GU13	GU15	WU17
Havering AC	776	97	134	142	105	120	126
Stevenage	653	59	111	61	85	131	137
Bedford & County	610	102	90	60	114	68	106
Ipswich Harriers	586	104	78	103	68	72	91
St Albans	519	63	115	75	59	76	70
Colchester & Tendring	347	47	44	56	73	74	5
West Suffolk	195	11	49	21	19	39	9

Havering's Eastern Young Athletes team finished their league season in style with a convincing win with their highest points score of the series at a chilly Bedford on Sunday to move up to third in the league table and qualify for the end of season Top 6 Final.

The **Under 17 Men** dominated their age group winning by almost 40 points and recording 14 wins and six runners up spots. Max Adeosum won both 100m and 200m sprints and Emanuel Iwuchukwu recorded a jumps double in the long jump (PB) and triple jump, while Jayden Wilkinson won the B long jump (PB) and B Javelin competitions. Harrison Rabess also won had two wins in the discus and B shot, as his partners Reggie Marshall and Sam Johnson won the B discus and A shot respectively. Shea Sweeney was second in the 800m, with Aidan Doherty winning the B string as well as the B high jump, and Shea filled a 1500m gap and won the B event as Sam Horsley was second in the 1500m A in a new PB. Findlay McLaren was second in both the 400m and the A high jump and William Tilson (javelin) and Romel Semper (100m) were second in their events. The sprint relay squad of Tobias Samuel, Tobi Bello, Romel and Max were easy winners.

The **Under 15 Boys** also came out on top. Joshua Buxton ran the fifth fastest time by a club U15 in the hurdles, easing down and also won the B long jump and was second in the shot (PB). Another double came from Derin Okubango in the B hurdles and high jump, as Henry Langford won the high jump A. Tobi Oluborode Oluseye had a winning double in the 300m and long jump (PB) and David Ojo Ekhaton (200m) and Reuben McDermott (javelin) also added B string wins. Second place points were gained by Ethan Johnson (discus and javelin), Nathan Hathaway (shot) and George Burgess (B javelin). Denzel Mwashu joined Tobi, David and Joshua in the winning sprint relay quartet.

The **Under 17 Women** placed second thanks to A string wins from Poppy Vines (800m) and Eboni Roach (shot), and Eboni also won the B discus partnered by Lila Chapelhow who won the B shot and was discus runner up. Jasmine Asmal won the B 800m and was second in the javelin and hurdles, and Jessie Lynes won the B triple jump. Ruby Beasley was second in the 1500m in a new PB and Grace Tilson was 1500m runner up.

The **Under 15 Girls** were also runners up. Millie Cook won the 800m and Siobhan Etemadi won the hurdles in a PB and there were full points for the high jump pairing of Abigail Adegite and Amelie Shearing, and Isabella Bryant-Afriye (100m) and Evie Green (javelin) on her debut. Ayla Baker was second in the javelin, discus and shot, as was Brooke Lavey in the B hurdles and long jump.

The **Under 13 Girls** were second with Betsy Morrow winning the shot and B 800m, and placing second in the B 100m, while Emily Johnson's PB won her the javelin, and she was B discus runner up. Sprinters Charlene Bangne (100m) and Ava McMillan (B 200m and long jump) were both second, as was Lucy Tregidgo in the javelin B and Thalia Hayes (B shot), and Isla Green was B high jump runner up. The relay team of Isla, Charlen, Destiny Carbon and Ava finished second.

William Hiles had throws double in the shot and discus for the **Under 13 Boys**, and AJ Gray also who twice in the B long jump and javelin, and Samuel Kirk won the B shot. Tomiwa Okubango (B hurdles) and Sam Hollins (B high jump) were also both second. The relay team of AJ, Rajveer Nahr, Tomiwa and Euan Cheesewright won.

Provisional Table after 4 (of 4) matches

1. Chelmsford 21 – 2544 * result awaited; 2. SS Athletics / Enfield 26 - 2930; **3. Havering 25 - 2975;**
4. Norwich 24 - 2853; 5. Shaftesbury Barnet 24 2794; 6. Stevenage/HAWCS 23 2544.5

