

Youth Development League – Upper: Crawley Sunday 30th June 2024

Posn	Team Name	Points
1	Havering AC	694
2	Medway & Maidstone	626
3	Tonbridge AC	541
4	Crawley AC	515
5	Croydon Harriers	493
6	Brighton & Hove	420
7	Herne Hill Harriers	368
8	Bexley AC	345

A strong Havering YDL Under 17 and Under 20 squad comfortably won their final league fixture at Crawley on Sunday to confirm their Division 1 title and promotion to the Southern Premier Division next summer, returning to the topflight for the first time since 2019.

The **Under 17 Men's** squad scored strongly with 11 wins and eight second places. They were boosted by the availability of Joel Ajayi, fresh from his selection for the European Under 18 Championships later this month, who cruised to 100m victory and improved his 200m best to make it a sprint double, and Emmanuel Asirifi-Otchere improved his best for B string runners up spot. Freddie Rowe won the 1500m from the front and added a second place in the steeplechase. Simeon Barker's winning debut at the 400m hurdles saw him go straight into the club all-time top ten and he later won the B triple jump and was third in the sprint hurdles. Zak Williams won the B sprint hurdles in a new PB, and was third in both the vault and javelin. Ryan Alexander won the A high jump and Findlay McLaren won the B, and was 800m runners up, as Shea Sweeney smashed his PB as he lost out on 800m B string win in the final strides. Ugo Godwin won the A triple jump and was second in the B shot and third in the B discus and he was partnered by Freddie Hatcher who set a new PB for second in the A discus, and was third in the shot. Tobias Samuel was third in the long jump and he combined with Maxwell Adeosun, Emmanuel Asirifi-Otchere and Joel Ajayi who were second in the sprint relay. Simeon Barker, Freddie Rowe, Shea Sweeney and Findlay McLaren won the 4x400m relay in the fastest time by a club U17 team since 2019.

The **Under 20 Women's** team were much stronger this time and registered six wins. Southern medallist Cassie Campbell was an impressive winner in the 200m after finishing runner up in the 100m. Stephanie Osuala improved her best to win the B 100m and jumped to a triple jump PB in third. Olivia Boachie came through strongly for B 200m victory and Stephanie Okoro was well clear in winning the 400m hurdles. This quartet won the sprint relay in the fastest time by a club Under 20 Women's team for several years. Katie Ennis was discus winner and hammer runner up, and Maddie Barker was second in the 800m as Abigail Swan was third in the B string, and Hannah Evans added second place points in the B javelin.

The **Under 17 Women's** team registered a strong all round performance. Lucy Chapelhow won the steeplechase and B discus and was third in the 300m hurdles, and Alicia Fairmaner was close to her recent PB in winning the long jump, as Amy Mansell was B long jump runner up after improving her 300m PB with a strong finish, and was third in the B 80m hurdles. Mya Thomas set a new PB for second in the 100m B race and Oma Nwapa set a new PB for third in the 80m hurdles, and was second in the high jump. Scarlett Woods won the pole vault, and was second in both the B 300m hurdles and A javelin. Grace Tillson's was second in both the B shot and B triple jump (PB) and improved her 800m PB. Eboni Roach was second in the shot and discus and third in the hammer. Mya, Amy, Oma and Alicia were second in the sprint relay.

The **Under 20 Men** had their strongest squad this season. Dan Lammas set a season's best to win the 400m B race, for their only win, and was third in the high jump. Michae I Tesi was in fine form improving his PBs in all his three throwing events, placing second in the javelin and third in both shot and discus. Maxwell Adeosun stepped up and age group to place second in the B 200m in a new PB and another Under 17 Adrian Shalujo-Afolabi was third in the triple jump, as was Toby Johnson in the B 800m.

The squad's win at Crawley, added to the victory in round two and runners up spot in the first match saw Havering top the table well ahead of their main opponents Crawley and Medway & Maidstone and they will now compete against the top five Southern teams in next year's competition.

League Division 1B - after 3 of 3 fixtures

Posn	Team Name	League	Points
1	Havering AC	23	1901.8
2	Medway & Maidstone	17	1714.1
3	Crawley AC	17	1670.3
4	Croydon Harriers	15	1631.3
5	Brighton & Hove	13	1544.9
6	Tonbridge AC	11	1343.6
7	Herne Hill Harriers	8	1332.6
8	Bexley AC	4	1000.3

Havering promoted to Southern Premier Division, along with the Winners of Division 1A, Reading AC.

U20M	A STRINGS	Pos.	Time/Dist		B STRINGS	Pos.	Time/Dist
100	Chris Agnimel	4	11.38	100	Calvin Sanni	5	12.24
200	Calvin Sanni	6	25.30	200	Maxwell Adeosun U17	2	23.34 PB
400	Oscar Shearing	4	51.12 PB	400	Dan Lammas	1	51.84
800	Sam Mahoney	4	2:03.68	800	Toby Johnson	3	2:13.30
HJ	Dan Lammas	3	1.70	TJ	Adrian Shalujo-Afolabi	3	10.90
SP	Michael Tesi	3	9.61 PB	DT	Michael Tesi	2	34.96 PB
JT	Michael Tesi	2	34.05 PB	DT			
4x100	Jake Shaw U17, Calvin, Tom Backham U17, Chris					3	46.68
U20W	A STRINGS	Pos.	Time/Dist		B STRINGS	Pos.	Time/Dist
100	Cassie Campbell	2	12.66	100	Stephanie Osuala	1	12.74 PB
200	Cassie Campbell	1	25.32	200	Olivia Boachie	1	26.07
400	Hannah Evans	7	66.91 PB				
800	Maddie Barker	2	2:21.62	800	Abigail Swan	3	2:37.55
1500	Charlotte Evans	5	5:20.82	1500	Hannah Evans	4	5:23.55
400H	Stephanie Okoro	1	61.57				
LJ	Abigail Swan	6	3:814.04	TJ	Stephanie Osuala	3	10.37 PB
SP	Katie Ennis	7	6.33				
DT	Katie Ennis	1	32.68	HT	Katie Ennis	2	31.73
JT	Katie Ennis	4	22.29	JT	Hannah Evans	2	12.86
4x100	Steph Okoro, Stephanie Osuala, Olivia Boachie, Cassie Campbell					1	49.39
4x400	Mixed A: Dan 54.3, Charlotte 66.0, Maddie 64.4, Oscar 59.0					4	4:03.56
4x100	Mixed B: Katie, Adrian S-A, Ugo, Hannah					2	4:30.70

U17M							
100	Joel Ajayi	1	10.65		100	Maxwell Adeosun	3 11.59
200	Joel Ajayi	1	21.89 PB		200	Emmanuel A-Otchere	2 22.73 PB
400	Emmanuel Asirifi-Otchere	5	53.91		400	Adrian Shalujo-Afolabi	4 58.81 PB
800	Findlay McLaren	2	2:04.13		800	Shea Sweeney	2 2:08.45 PB
1500	Freddie Rowe	1	4:06.63		1500	Sam Burdett	4 5:18.46
100H	Simeon Barker	2	14.28		100H	Zak Williams	1 14.88 PB
400H	Simeon Barker	1	58.20 PB		1500SC	Freddie Rowe	2 4:29.35
HJ	Ryan Alexander	1	1.80		HJ	Findlay McLaren	1 1.70 PB=
LJ	Tobias Samuel	3	6.10		PV	Zak Williams	3 2.95
TJ	Ugo Godwin	1	12.53		TJ	Simeon Barker	1 12.33 PB
SP	Freddie Hatcher	3	8.69		SP	Ugo Godwin	2 8.39
DT	Freddie Hatcher	2	24.63 PB		DT	Ugo Godwin	3 23.68 PB
HT	Freddie Hatcher	4	17.72				
JT	Zak Williams	3	48.17		JT	Sam Burdett	1 32.13
4x100	Tobias, Maxwell, Emmanuel, Joel						2 44.14
4x400	Simeon 54.2, Freddie R 52.2, Shea 56.4, Findlay 51.9						1 3:34.70

U17W	A STRINGS	Pos.	Time/Dist		B STRINGS	Pos.	Time/Dist
100	Alicia Fairmaner	4	12.86		100	Mya Thomas	2 12.76 PB
200	Mary Olubukola-Sogbetun	5	28.67		200	-	
300	Amy Mansell	2	42.16 PB		300	Agnesa Kollarova	6 47.53 PB
800	Grace Tilson	5	2:44.50 PB		800	-	
80H	Oma Nwapa	3	12.30 PB		80H	Amy Mansell	3 13.56
300H	Lucy Chapelhow	3	48.71		300H	Scarlett Woods	2 54.64 PB
1500SC	Lucy Chapelhow	1	6:3.96		1500SC	-	
HJ	Oma Nwapa	2	1.40		PV	Scarlett Woods	1 2.15
LJ	Alicia Fairmaner	1	5.72		LJ	Amy Mansell	2 4.87
TJ	Oma Nwapa	4	9.30		TJ	Grace Tilson	2 8.85 PB
DT	Eboni Roach	2	26.67		DT	Lucy Chapelhow	1 18.53 PB
SP	Eboni Roach	2	10.58		SP	Grace Tilson	2 5.82
JT	Scarlett Woods	2	27.68		HT	Eboni Roach	3 25.03
4x100	Mya, Amy, Oma, Alicia						2 50.44
4x300	Agnesa, Scarlett, Grace, Lucy						6 3:10.93

Non Scoring: 100: Tobias Samuel 11.82; Jake Shaw 11.96 PB Tom Backham 11.99 PB; Ryan Alexander 12.03; Mary Olubukola-Sogbetun 13.57 PB; Esther Jegede 14.63 PB; 200: Jake Shaw 24.10 PB; Stephanie Osuala 26.58 PB; SP Tom Backham 8.17