

Eastern Young Athletes League – Top 8 Final Chelmsford Sun 11th Sept 2022

	Total	BU13	BU15	MU17	GU13	GU15	WU17
Havering AC	863.5	126	150	115	137.5	150	165
Chelmsford	788	109	115	104	131.5	154	154.5
Shaftesbury Barnet	740	130	122.5	150	87	136	94.5
City of Norwich	677.5	99	80	150	110	112	106.5
Dacorum	615.5	85	120.5	107	70	108	105
Ipswich Harriers	558.5	61	110	94	90	83	100.5
Thurrock	555	93	95	136	48	75	88
Stevenage & North Herts	421	40	75	56	73	55	102

Havering's young athletes ended their season on a high with victory in the Eastern Young Athletes League Top 8 Final at Chelmsford on Sunday, to defend the title that they won in 2019 when the end of season fixture was last held. Although trailing early on they had edged in front by half way and finished strongly to beat the hosts by 75 points, winning three of the six age group trophies

The **Under 15 Boys** won their category by over 25 points, with six individual A string and three B string winners. Joel Ajayi won both sprints, setting a new PB in the 100m despite running into a strong headwind. Findlay McLaren was pushed all the way to victory in the 800m A race, and Freddie Rowe and Sean Langan won both A & B strings in the 1500m. On the field both Jack Hignett and Rashaun Mullings-Smith improved their PBs to take full points in the high jump, and Zak Williams and Sam Burdett made no mistake in winning the A & B javelin strings, with Zak adding third in the vault in a new PB. Kamel Adjei was second in the B 100m, and there were third places in the hurdles for Jack Hignett and Simeon Barker, and Shea Sweeney in the B discus. Oliver Pullen joined Joel, Rashaun and Jack in the third placed relay squad.

The **Under 17 Women** had nine wins and six second places on their way to victory. Parsi King won both the 100m and the 80m hurdles, and Steph Okoro won both the 200m and B hurdles, and Cassie Campbell won the B 200m as the trio were joined by Zara Okocha who was runner up in the B 100m, to win the sprint relay in a season's best. Ruby Tillson won both the high and long jumps, and B string wins came from Tilly Bunn, with a discus PB, and Emily Fessey Cook in the javelin, as their partners Katie Ennis (Discus) and Lucy Quinlan (javelin) were both second in the A string, with Katie adding third in the hammer too. Miriam Adebayo was second in both the 300m and triple jump, Lucia Ward was second in the B high jump and Abi Swan third in the B 1500m.

The **Under 13 Girls** saw off a strong challenge from Chelmsford. Bel Drake won both high jump and long jump A competitions, and 100m B string, as Bella Taylor-Bush won the B high jump, while Emmie Lole added B long jump second place to her win in the B 800m, taking five seconds off her previous best. Izzy James won the B hurdles on her club debut and Jasmine Asmal won the B javelin as well as finishing second in the 1500m, as Summer Smith was second in the A 1500m. Kara Adegite was second in both A string sprints and Jess Page was second in the 800m A and javelin A, and combined with Bel Drake and Callie Ziepe in the winning sprint relay team who clocked as season's best.

The **Under 15 Girls** were edged into second place by four points. Leila Jones won the 300m A and was second in the 200m, Amy Mansell won the B 300m and was third in the long jump with a new PB and Mya Thomas won the 200m B after finishing third in the B 100m. Fisola Fagbadegun joined Leila, Amy & Mya in the second placed sprint relay team. Sophia Willson won the high jump A with Oma Nwapa making it full points in the B and also placing third in the B hurdles. Scarlett Woods won the B javelin, as Emily Quinlan was runner up in the A and Scarlett added a pole vault PB for second place, and Eboni Roach was third in both shot and discus.

New recruit Jayden Twum led the way for the **Under 13 Boys** with dominant wins in both sprints, with Aidan Doherty's B high jump win the only other victory, to add to his 800m third place. Harrison Rabess had two second places in the discus A and Shot B, and there were second places for Jacob Tomlinson in the 200m, as well as third in the shot and Emmanuel Olubukola-Sogbetun (long jump), and third in the high jump. Liam Battram's PB earned him third in the 1500m and George Rogers was third in the B hurdles. Emmanuel, Jayden Wilkinson, Jacob & Jaiden Twum came close to victory in the sprint relay, placing second in a photo finish.

The **Under 17 Men** had four wins as Bobby Williams and Matt Page took full points in the javelin, and Leon Bengo equalled his best to win the B high jump. Matt Page improved his best in finishing second in the vault while Al-Ameen Salaam (200m B) and Archie Winney (400m) placed third in their B string races.

Club Secretary Tony Benton said "This was the third successive win for the club in this competition and the win showed the current strength in depth of the club's young athletes. Thanks to all the coaches, team managers and officials who have so worked hard to make our first full season after lockdown such a success.