

Youth Development League – Canterbury Sunday 26th June 2022

Posn	Team Name	Points
1	Havering AC	550.0
2	Crawley AC	502.5
3	Croydon Harriers	393.0
4	Team ATIP	309.5
5	Tonbridge AC	301.0
6	Woodford Green with Essex Ladies	279.0

Havering's Under 17 and Under 20 squad had a comfortable win over unbeaten league leaders Crawley in the third Youth Development League fixture at Canterbury on Sunday.

The strong **Under 17 Men's** squad again dominated with ten victories, seven of them in the throwing events. Matthew Page won the A shot and B javelin, and Wyatt Larkins added a double in the hammer and B discus. Bobby Williams won the A javelin, Michael Tesi the B discus and Leon Bengo the B shot. Sam Mahoney won the 800m in a tight finish and Archie Sims' PB won the 400m hurdles. Leon Bengo, Reece Malcom, Chris Agnimmel and Ike Okwudi won the sprint relay in a season's best. Oliver Taylor-Bush had a hat-trick of runners up places in the B 1500m, steeplechase and long jump, while Reece Malcolm (100m B) and Daniel Lammas and Jeffrey Fenoo were runners up in the 400m races, as Jeffrey added long jump second too, and Toby Johnson was second in the 3000m.

The **Under 17 Women** were close to full strength and earned seven wins and 14 runners up spots. Stephanie Okoro won the 300m hurdles and also took full points for the Under 20s in the 400m flat, as Olivia Boachie won the U20B 400m. Katie Ennis improved her discus best for victory and set a hammer best for second, as Tilly Bunn won both B string events. Lucy Natrass won the 300m B as Miriam Adebayo was second in the A, and Charlotte Evans won the B triple jump after improving her 1500m best for second, as twin Hannah was also second in the B 1500m. Paris King was second in both the 100m and 80m hurdles, with Eliza Poulson second in the B hurdles and A triple jump, and Emily Fessey Cook was javelin runner up. Sprinters Cassie Campbell and Precious Fagbadegun were both second in the 200m as was Zara Okocha in the 100m B. Miriam, Lucy, Charlotte and Hannah combined to win the 4x300m relay, while in the sprint relay Liana Constable, Paris, Cassie and Precious ran their fastest time this year for second.

Charlie Howell returned to form to set new 800m career marks to win for the **Under 20 Men** and Ridwan Salaam's PB won the A long jump. Charlie joined 1500m winner Shane Hart, and Under 17s Daniel Lammas and Sam Mahoney in the winning 4x400m relay quartet, Ronnie Adoma was second in both the 100m and 400m but strained a muscle in the 200m. More second place points went to Calvin Sanni (200m B), Simon Hill (javelin) and U17 Michael Tesi (shot)

There were wins in the **Under 20 Women's** events for Natalie Sewell (800m) and throwers Hannah Yexley (discus) and Josie Larkins (hammer), and second places for Emma Ramsden (100m & 200m B) and Rebecca O'Rourke (1500m) and Natalie (javelin). Natalie joined Steph, Rebecca and Olivia in the second placed 4x400m relay.

The short four match season concludes at Crawley on 7th August as the table-topping hosts are favourites to win promotion back to the Premiership.

League – after three of four

Posn	Team Name		Points
1	Crawley AC	16	1704.0
2	Havering AC	15	1516.0
3	Tonbridge AC	11	1322.5
4	Croydon Harriers	11	1272.0
5	Woodford Green & EL	5	1011.0
6	Team ATIP	5	755.5

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Posn	Team Name	Points
1	Havering AC	565.0
2	Crawley AC	509.5
3	Croydon Harriers	398.0
4	Team ATIP	310.5
5	Tonbridge AC	292.0
6	Woodford Green with Essex Ladies	290.0

League – after three of four

Posn	Team Name	Points
1	Crawley AC	16
2	Havering AC	15
3	Tonbridge AC	11
4	Croydon Harriers	11
5	Woodford Green & EL	5
6	Team ATIP	5

U20M	A STRINGS	Pos.	Result			B STRINGS	Pos.	Result	
100	Ronnie Adoma	2	10.99		100	Ridwan Salaam	6	11.31	
200	Ronnie Adoma	5	25.57		200	Calvin Sanni	4	24.75	
400	Ronnie Adoma	2	54.78		400	Calvin Sanni	2	54.54	
800	Charlie Howell	1	2:03.76		800	-			
1500	Alex Ford	3	4:14.39		1500	Shane Hart	1	4:15.49	
LJ	Ridwan Salaam	1	6.22		TJ	Simon Hill	3	10.27	
SP	Michael Tesi U17	2	7.81						
JT	Simon Hill	2	49.56						
DT	Matthew Page U17	3	19.11						
4x100	Joseph Gray U17, Calvin Sanni, Charlie Howell, Ridwan Salaam							5	46.31
4x400	Shane Hart 53.0, Charlie Howell 53.7, Sam Mahoney U17 55.1, Daniel Lammas U17 55.2							1	3:36.93
U20W	A STRINGS	Pos.	Result			B STRINGS	Pos.	Result	
100	Karis Thomas	4	12.77		100	Emma Ramsden	2	13.05	
200	Karis Thomas	4	26.85		200	Emma Ramsden	2	26.83	
400	Stephanie Okoro	1	56.62		400	Olivia Boachie	1	59.85	
800	Natalie Sewell	1	2:18.80		800	-			
1500	Rebecca O'Rourke	2	5:51.25		1500	-			
SP	Josephine Larkins 2 nd	3	6.38		SP	-			
DT	Hannah Yexley	1	28.24		DT	-			
HT	Josephine Larkins 2 nd	1	41.25		HT	-			
JT	Natalie Sewell	2	22.20		JT	-			
4x100	Zara Okocha, Emma Ramsden, Olivia Boachie, Karis Thomas							3	50.86
4x400	Natalie Sewell 62.9, Steph Okoro 55.9, Rebecca O'Rourke 71.1, Olivia Boachie 60.8							2	4:10.62

U17M	A STRINGS	Pos.	Result			B STRINGS	Pos.	Result
100	Ike Okwudi	4	11.67		100	Reece Malcolm	2	11.96
200	Reece Malcolm	3	23.93		200	Leon Bengo	3	24.57
400	Daniel Lammas	2	52.42		400	Jeffrey Fenoo	2	56.86
800	Sam Mahoney	1	2:02.08		800	Joseph Gray	4	2:22.79
1500	Nathan Hart	3	4:39.72		1500	Oliver Taylor-Bush	2	4:48.72
3000	Toby Johnson	2	10:39.67		3000	-		
400H	Archie Sims (2 nd)	1	59.18		400H	-		
1500SC	Oliver Taylor-Bush	2	5:16.05		1500SC	-		
LJ	Jeffrey Fenoo	2	5.53		LJ	Oliver Taylor-Bush	2	4.31
SP	Matthew Page	1	9.52		SP	Leon Bengo	1	6.98
DT	Michael Tesi	1	27.69		DT	Wyatt Larkins (2 nd)	1	26.61
HT	Wyatt Larkins (2 nd)	1	43.67		HT	-		
JT	Bobby Williams	1	49.70		JT	Matthew Page	1	48.26
4x100	Leon Bengo, Reece Malcolm, Chris Agnimel, Ike Okwudi						1	45.08
4x400	Nathan Hart 57.0, Joseph Gray 60.5, Jeffrey Fenoo 56.5, Oliver Taylor-Bush 57.8						4	3:51.73
U17W	A STRINGS	Pos.	Result			B STRINGS	Pos.	Result
100	Paris King	2	12.66		100	Zara Okocha	2	13.04
200	Cassie Campbell	2	27.36		200	Precious Fagbadegun	2	27.70
300	Miriam Adebayo	2	42.89		300	Lucy Natrass	1	45.61
800	Abigail Swan	4	2:34.78		800	-		
1500	Charlotte Evans	2	4:56.10		1500	Hannah Evans	2	5:20.87
80H	Paris King	2	11.58		80H	Eliza Poulson	2	13.11
300H	Stephanie Okoro	1	44.15		300H	-		
HJ	Lucy Natrass	4	1.40		HJ	-		
LJ	Liana Constable	4	4.20		LJ	-		
TJ	Eliza Poulson	2	9.75		TJ	Charlotte Evans	1	8.71
HT	Katie Ennis	2	36.29		HT	Tilly Bunn	1	18.11
SP	Katie Ennis	5	7.61		SP	Tilly Bunn	3	6.59
DT	Katie Ennis	1	32.65		DT	Tilly Bunn	1	22.77
JT	Emily Fessey Cook	2	27.36		JT	-		
4x100	Liana Constable, Paris King, Cassie Campbell, Precious Fagbadegun						2	50.08
4x300	Lucy Natrass, Miriam Adebayo, Charlotte Evans, Hannah Evans						1	3:02.90
Non-Scoring								
100: Cassie Campbell 13.41; Precious Fagbadegun 13.43; 200: Liana Constable 29.45								
100: Chris Agnimel 12.07 Leon Bengo 12.16								
JT: Oliver Grundy 46.17; Michael Tesi 27.87								
DT: Noah Harriott 25.16m								