## Under 13 Boys (as at 31st March 2024)

75 Metres (s	ince 1 <sup>st</sup>	April 2021)		
1		Jacob Tomlinson	10.0	30 <sup>th</sup> July 2022
2		Luke Benjamin	10.2	17 <sup>th</sup> July 2021
3		Emmanuel Olubukola-Sogbet		8 <sup>th</sup> May 2022
4		Nathan Bia	10.46	22 <sup>nd</sup> July 2023
5		Ryan Alexander	10.5	17 <sup>th</sup> July 2021
3		rtyan Alexander	(11.07	4 <sup>th</sup> September 2021)
6	_	Aidan Doherty	10.65	8 <sup>th</sup> May 2022
<b>6</b>	=	Jesse Crawley	10.65	7 <sup>th</sup> May 2023
8	-	Zak Williams	10.94	4 <sup>th</sup> September 2021
9		Harrison Palmer	11.0	17 <sup>th</sup> July 2021
10		Logan Hunt	11.04	22 <sup>nd</sup> July 2023
Wind Assist	ad Mark		11.04	22 July 2023
Willia Assist	cu iviai r	Ryan Alexander	10.54	5 <sup>th</sup> June 2021
		rtyari Alexander	10.04	0 00110 2021
100 Metres				
1		Kareem Jerome	11.7	2 <sup>nd</sup> August 2015
•			(11.89	9 <sup>th</sup> August 2015)
2		Al-Ameen Salaam	11.9	6 <sup>th</sup> July 2019
_		, a , a , o o a o o a o o a	(12.26	20 <sup>th</sup> July 2019
3		Jayden Twum	11.93	29 <sup>th</sup> August 2022
4		Jairzinho Morris	12.2	7 <sup>th</sup> September 2014
-		Ganzinio Moms	(12.45	7 <sup>th</sup> June 2014)
5	=	Lekeladio "Bob" Thanda	12.3	29 <sup>th</sup> July 1998
5	=	Chris Agnimel	12.3	22 <sup>nd</sup> September 2019
7	=	Ross Curtis	12.6	6 <sup>th</sup> August 1995
7		Oscar Osuala	12.6	
9	=			16 <sup>th</sup> July 2016 29 <sup>th</sup> July 1979
	=	Adam Carroll	12.7	
9	=	James Gregory	12.7	6th August 2000
9	= ! M!	Charlie Smith	12.7	23 <sup>rd</sup> July 2006
Wind Assiste	ea wark	-	11.00	Ooth Assesset 2002
		Jayden Twum	11.83	29 <sup>th</sup> August 2022
		Kareem Jerome	11.85	6 <sup>th</sup> September 2015
150 Matros (	-i 1	st A:! 0001)		
150 Metres (	since i		10.0	17th July 2001
1		Luke Benjamin	19.8	17 <sup>th</sup> July 2021
2		Jacob Tomlinson	19.99	3 <sup>rd</sup> July 2022
3	=	Alex Law	20.4	8 <sup>th</sup> April 2009
3	=	Aidan Doherty	20.40	8 <sup>th</sup> May 2022
3	=	Jayden Wilkinson	20.40	3 <sup>rd</sup> July 2022
6		Emmanuel Olubukola-Sogbet	un 20.6	30 <sup>th</sup> July 2022
OOO Matros				
200 Metres		Al Amoon Coloom	24.06	2rd July 2010
1		Al-Ameen Salaam	24.06	3 <sup>rd</sup> July 2019
2		Kareem Jerome	24.2	2 <sup>nd</sup> August 2015
•		L. J. T	(24.77	9 <sup>th</sup> August 2015)
3		Jayden Twum	24.32	31st August 2022
4		Jairzinho Morris	24.49	27 <sup>th</sup> July 2014
5		Lekeladio "Bob" Thanda	25.5	13th September 1998
6		Matthew Russell	25.6	16 <sup>th</sup> May 1992
7		Oscar Osuala	25.8	16 <sup>th</sup> July 2016
8		Ross Curtis	25.9	25 <sup>th</sup> June 1995
9		Nian Jarvis	26.1	8th August 1989
10		James Gregory	26.2	6 <sup>th</sup> August 2000
000 Matura				
800 Metres		Lakaladia "D-L" Thomdo	0.10.0	7th June 1000
1		Lekeladio "Bob" Thanda	2:10.3	7 <sup>th</sup> June 1998
2		Findlay McLaren	2:14.89	29 <sup>th</sup> May 2021
3		Matt Bloy	2:15.2	27 <sup>th</sup> July 2003
4		Benjamin Ellis	2:15.3	6 <sup>th</sup> July 2011
-		Matthau Diville	(2:18.75	5 <sup>th</sup> June 2011)
5		Matthew Blacklock	2:16.6	2 <sup>nd</sup> July 2017
_		Bardalla.	(2:16.62	20 <sup>th</sup> August 2017)
6		Daniel Lammas	2:17.6	6 <sup>th</sup> July 2019
			(2:19.24	11 <sup>th</sup> May 2019)
		John Kiernan	2:18.0	31 <sup>st</sup> May 1981
7				
8		Joe Isaacs	2:18.9	20 <sup>th</sup> July 1997
8 9		Joe Isaacs Kimathi Christie	2:18.9 2:19.6	20 <sup>th</sup> July 1997 18 <sup>th</sup> July 2015
8		Joe Isaacs	2:18.9	20 <sup>th</sup> July 1997

1500 Metres			
1500 Welles	Matthew Blacklock	4:32.11	15 <sup>th</sup> July 2017
2	John Kiernan	4:38.1	6 <sup>th</sup> September 1981
3	Findlay McLaren	4:38.62	2 <sup>nd</sup> May 2021
4	Matt Bloy	4:42.2	17 <sup>th</sup> August 2003
5	Andrew Estcourt	4:42.4	4 <sup>th</sup> September 1991
6	Gavin Maley	4:43.2	22 <sup>nd</sup> July 1990
7	Stuart Campbell	4:43.3	27 <sup>th</sup> July 1986
8	Freddy Keefe	4:43.58	4 <sup>th</sup> May 2009
9	Ashley Reece	4:44.7	8 <sup>th</sup> July 2001
10	Joe Isaacs	4:45.8	23 <sup>rd</sup> July 1997
10	000 134403	4.40.0	20 daily 1997
3000 Metres (no lor	nger a permitted event for l	Under 13s)	
1	Paul Turner	10:07.4	30th November 1977
2	Keith Berrett	10:20.8	30th November 1977
3	Joe Isaacs	10:38.4	13 <sup>th</sup> August 1997
75 14			
75 Metres Hurdles	Al Amazan Calasma	44.54	00th Caratarrah ar 0010
1	Al-Ameen Salaam	11.51	29 <sup>th</sup> September 2019
2	Dominic Alexandru	11.74	12 <sup>th</sup> May 2018
3	Jacob Blanc	12.1	17 <sup>th</sup> September 2017
4	Alambann	(12.28	2 <sup>nd</sup> September 2017)
4	Alex Law	12.2	19 <sup>th</sup> July 2009
E	Prodley James	(12.31	26 <sup>th</sup> July 2009)
5	Bradley James	12.4	16 <sup>th</sup> July 2016
e	Occar Shaaring	(13.29	29 <sup>th</sup> August 2016
6	Oscar Shearing	12.7	11 <sup>th</sup> August 2019 20 <sup>th</sup> July 2019)
7 =	David Creedon	(12.76	14 <sup>th</sup> June 2003
_	Flynn Astbury	12.8 12.8	19 <sup>th</sup> August 2012
/ = 9	Harvey Jolliffe		13 <sup>th</sup> July 2013
10	Harrison Palmer	13.02 13.2	17 <sup>th</sup> July 2021
10	Hamson Faimer		19 <sup>th</sup> September 2021)
		(13.31	19" September 2021)
High Jump			
1	Shane Smith	1.66m	11th May 1986
2	Al-Ameen Salaam	1.54m	29 <sup>th</sup> September 2019
3	Jairzinho Morris	1.53m	14 <sup>th</sup> September 2014
4	Dominic Alexandru	1.52m	21st April 2018
5	Anthony Freeman	1.51m	1986
6 =	Karl Scott	1.50m	29th August 1993
6 =	Steven Prady	1.50m	14th September 1997
6 =	Harrison Ellis	1.50m	20 <sup>th</sup> June 2004
6 =	Benjamin Hamberger	1.50m	14th September 2014
6 =	Jacob Blanc	1.50m	17th September 2017
			•
Long Jump			, ath I and I
1	Jairzinho Morris	5.31m	12 <sup>th</sup> June 2014
2	Lekeladio "Bob" Thanda	5.16m	9 <sup>th</sup> August 1998
3	Alex Law	5.02m	14 <sup>th</sup> June 2009
4	James Smith	5.01m	21 <sup>st</sup> July 1996
5	Paul Felstead	5.00m	16 <sup>th</sup> September 1984
6	Al-Ameen Salaam	4.98m	20 <sup>th</sup> July 2019
7	Matthew Fennell	4.97m	10 <sup>th</sup> July 1994
8	Anthony Davies	4.92m	20 <sup>th</sup> August 1989
9	Ashton Thatcher-Gray	4.87m	31 <sup>st</sup> July 2016
10	Ross Curtis	4.86m	16 <sup>th</sup> July 1995
Shot Putt 3 00kg =	New Weight 1st April 2018 (	Onwards	
1	Al-Ameen Salaam	12.60m	29th September 2019
2	Lekeladio "Bob" Thanda	11.87m #	26 <sup>th</sup> July 1998
3	Ejiro Akpotor	11.51m #	29 <sup>th</sup> August 2016
4	Alfie Parrish	10.34m #	6 <sup>th</sup> September 2015
5	Harrison Ellis	10.39m #	12 <sup>th</sup> September 2004
6	Alex Law	9.65m #	31st August 2009
7	Noah Harriott	9.45m	15 <sup>th</sup> September 2019
8	Jayden Tomlinson	9.14m	11 <sup>th</sup> September 2022
9	Harrison Rabess	9.10m	11 <sup>th</sup> September 2022
10	Alex Burr	9.07m #	13 <sup>th</sup> September 2009
-		th former 3.25kg shot	F
		Ü	

Discus 1kg			
1	Max Law	34.09m	27th September 2014
2	Ejiro Akpotor	33.64m	4 <sup>th</sup> September 2016
3 4	Alex Law Harrison Rabess	30.34m 26.43m	26 <sup>th</sup> July 2009 11 <sup>th</sup> September 2022
5	Patrick Tattan-McLean	25.68m	17th September 2017
6	Oliver Yexley	25.40m	3 <sup>rd</sup> September 2017
7	Michael Jones	25.21m	11th September 2005
8	Michael Tesi	24.76m	26th August 2019
9	Danny Wilson	24.36m	9th September 2007
10	Bradley Reece	24.25m	14 <sup>th</sup> September 2003
Javelin 400g			
1	Max Law	49.84m	14th September 2014
2	Oliver Yexley	44.35m	2 <sup>nd</sup> July 2017
3	Bradley James	42.04m	18th September 2016
4	Zak Williams	38.45m	12 <sup>th</sup> September 2021
5 6	Will King Peter Brinton-Quinn	34.54m 33.65m	31 <sup>st</sup> August 2009 12 <sup>th</sup> July 2015
7	Joel Hutton	31.96m	29 <sup>th</sup> September 2018
8	Samuel Harrison	31.32m	28 <sup>th</sup> August 1994
9	Robbie Brown	30.64m	15 <sup>th</sup> September 2019
10	Sam Burdett	30.48m	19th September 2021
NB Javelin 600g	Maria	44.00 ::	
	Max Law Oliver Yexley	41.60m 37.40m	14 <sup>th</sup> September 2014 17 <sup>th</sup> September 2017
	Zak Williams	24.96m	30 <sup>th</sup> June 2021
	Peter Brinton-Quinn	24.56m	13 <sup>th</sup> September 2015
	Sam Burdett	22.38m	30 <sup>th</sup> June 2021
	Matthew Page	22.10m	29th September 2018
	John Nelson	20.50m	12 <sup>th</sup> June 2011
	Robbie Brown	20.35m	3 <sup>rd</sup> July 2019
Hammer 3kg			
1	Andrew Kerr	22.25m	17th September 2006
Other U13 Records			
Pentathlon	Al-Ameen Salaam	2363 points	29th September 2019
4 x 100 Metres Relay			0.0th 1 1 0.040
4 X TOO WELLES HELAY	50.58		20 <sup>th</sup> July 2019
4 X 100 Welles Helay		Lammas, Sebastian Alexandru,	20" July 2019
	Jude Ogundare, Daniel Al-Ameen Salaam	Lammas, Sebastian Alexandru,	·
4 x 200 Metres Relay	Jude Ogundare, Daniel Al-Ameen Salaam 1:58.0		20 <sup>th</sup> August 1989
	Jude Ogundare, Daniel Al-Ameen Salaam 1:58.0 Tony Wiltshire, Philip Sa	Lammas, Sebastian Alexandru, adler, Eamonn Connoly, Nian	·
	Jude Ogundare, Daniel Al-Ameen Salaam 1:58.0		28 <sup>th</sup> August 1989
	Jude Ogundare, Daniel Al-Ameen Salaam 1:58.0 Tony Wiltshire, Philip Sa Jarvis 9:43.0	adler, Eamonn Connoly, Nian	·
4 x 200 Metres Relay	Jude Ogundare, Daniel Al-Ameen Salaam 1:58.0 Tony Wiltshire, Philip Sa Jarvis 9:43.0 John Kiernan, B Lewis,	adler, Eamonn Connoly, Nian	28 <sup>th</sup> August 1989
4 x 200 Metres Relay	Jude Ogundare, Daniel Al-Ameen Salaam 1:58.0 Tony Wiltshire, Philip Sa Jarvis 9:43.0	adler, Eamonn Connoly, Nian	28 <sup>th</sup> August 1989
4 x 200 Metres Relay 4 x 800 Metres Relay	Jude Ogundare, Daniel Al-Ameen Salaam 1:58.0 Tony Wiltshire, Philip Sa Jarvis 9:43.0 John Kiernan, B Lewis, O'Connor	adler, Eamonn Connoly, Nian	28 <sup>th</sup> August 1989 1 <sup>st</sup> October 1980
4 x 200 Metres Relay	Jude Ogundare, Daniel Al-Ameen Salaam  1:58.0 Tony Wiltshire, Philip Sa Jarvis  9:43.0 John Kiernan, B Lewis, O'Connor  7:14.5	adler, Eamonn Connoly, Nian Russell Middleton, Gary	28 <sup>th</sup> August 1989
4 x 200 Metres Relay 4 x 800 Metres Relay 3 x 800 Metres Relay	Jude Ogundare, Daniel Al-Ameen Salaam 1:58.0 Tony Wiltshire, Philip Sa Jarvis 9:43.0 John Kiernan, B Lewis, O'Connor	adler, Eamonn Connoly, Nian Russell Middleton, Gary	28 <sup>th</sup> August 1989  1 <sup>st</sup> October 1980  20 <sup>th</sup> September 2003
4 x 200 Metres Relay  4 x 800 Metres Relay  3 x 800 Metres Relay  Medley Relay	Jude Ogundare, Daniel Al-Ameen Salaam  1:58.0 Tony Wiltshire, Philip Sa Jarvis  9:43.0 John Kiernan, B Lewis, O'Connor  7:14.5 Grant Twist, Joe Webste	adler, Eamonn Connoly, Nian Russell Middleton, Gary er, Matt Bloy	28 <sup>th</sup> August 1989 1 <sup>st</sup> October 1980
4 x 200 Metres Relay 4 x 800 Metres Relay 3 x 800 Metres Relay	Jude Ogundare, Daniel Al-Ameen Salaam  1:58.0 Tony Wiltshire, Philip Sa Jarvis  9:43.0 John Kiernan, B Lewis, O'Connor  7:14.5 Grant Twist, Joe Webste  4:37.1 Richard Gray, Philip Sac	adler, Eamonn Connoly, Nian Russell Middleton, Gary	28 <sup>th</sup> August 1989  1 <sup>st</sup> October 1980  20 <sup>th</sup> September 2003
4 x 200 Metres Relay  4 x 800 Metres Relay  3 x 800 Metres Relay  Medley Relay 200, 200, 400, 800	Jude Ogundare, Daniel Al-Ameen Salaam  1:58.0 Tony Wiltshire, Philip Sa Jarvis  9:43.0 John Kiernan, B Lewis, O'Connor  7:14.5 Grant Twist, Joe Webster  4:37.1 Richard Gray, Philip Sac Bradbury	adler, Eamonn Connoly, Nian Russell Middleton, Gary er, Matt Bloy dler, Nian Jarvis, Marcus	28 <sup>th</sup> August 1989  1 <sup>st</sup> October 1980  20 <sup>th</sup> September 2003  10 <sup>th</sup> September 1989
4 x 200 Metres Relay  4 x 800 Metres Relay  3 x 800 Metres Relay  Medley Relay 200, 200, 400, 800  60 metres	Jude Ogundare, Daniel Al-Ameen Salaam  1:58.0 Tony Wiltshire, Philip Sa Jarvis  9:43.0 John Kiernan, B Lewis, O'Connor  7:14.5 Grant Twist, Joe Webster 4:37.1 Richard Gray, Philip Sac Bradbury Jayden Twum	adler, Eamonn Connoly, Nian Russell Middleton, Gary er, Matt Bloy dler, Nian Jarvis, Marcus 7.60	28 <sup>th</sup> August 1989  1 <sup>st</sup> October 1980  20 <sup>th</sup> September 2003  10 <sup>th</sup> September 1989  29 <sup>th</sup> August 2022
4 x 200 Metres Relay  4 x 800 Metres Relay  3 x 800 Metres Relay  Medley Relay 200, 200, 400, 800  60 metres 600 Metres	Jude Ogundare, Daniel Al-Ameen Salaam  1:58.0 Tony Wiltshire, Philip Sa Jarvis  9:43.0 John Kiernan, B Lewis, O'Connor  7:14.5 Grant Twist, Joe Webster 4:37.1 Richard Gray, Philip Sac Bradbury Jayden Twum Andrew Estcourt	edler, Eamonn Connoly, Nian Russell Middleton, Gary er, Matt Bloy dler, Nian Jarvis, Marcus 7.60 1:48.0	28 <sup>th</sup> August 1989  1 <sup>st</sup> October 1980  20 <sup>th</sup> September 2003  10 <sup>th</sup> September 1989  29 <sup>th</sup> August 2022 17 <sup>th</sup> March 1991
4 x 200 Metres Relay  4 x 800 Metres Relay  3 x 800 Metres Relay  Medley Relay 200, 200, 400, 800  60 metres 600 Metres 1 Mile	Jude Ogundare, Daniel Al-Ameen Salaam  1:58.0 Tony Wiltshire, Philip Sa Jarvis  9:43.0 John Kiernan, B Lewis, O'Connor  7:14.5 Grant Twist, Joe Webster 4:37.1 Richard Gray, Philip Sac Bradbury Jayden Twum Andrew Estcourt Gavin Maley	Russell Middleton, Gary er, Matt Bloy dler, Nian Jarvis, Marcus 7.60 1:48.0 5:07.9	28 <sup>th</sup> August 1989  1 <sup>st</sup> October 1980  20 <sup>th</sup> September 2003  10 <sup>th</sup> September 1989  29 <sup>th</sup> August 2022 17 <sup>th</sup> March 1991 16 <sup>th</sup> September 1990
4 x 200 Metres Relay  4 x 800 Metres Relay  3 x 800 Metres Relay  Medley Relay 200, 200, 400, 800  60 metres 600 Metres	Jude Ogundare, Daniel Al-Ameen Salaam  1:58.0 Tony Wiltshire, Philip Sa Jarvis  9:43.0 John Kiernan, B Lewis, O'Connor  7:14.5 Grant Twist, Joe Webster 4:37.1 Richard Gray, Philip Sac Bradbury Jayden Twum Andrew Estcourt	edler, Eamonn Connoly, Nian Russell Middleton, Gary er, Matt Bloy dler, Nian Jarvis, Marcus 7.60 1:48.0	28 <sup>th</sup> August 1989  1 <sup>st</sup> October 1980  20 <sup>th</sup> September 2003  10 <sup>th</sup> September 1989  29 <sup>th</sup> August 2022 17 <sup>th</sup> March 1991
4 x 200 Metres Relay  4 x 800 Metres Relay  3 x 800 Metres Relay  Medley Relay 200, 200, 400, 800  60 metres 600 Metres 1 Mile 60 metres hurdles	Jude Ogundare, Daniel Al-Ameen Salaam  1:58.0 Tony Wiltshire, Philip Sa Jarvis  9:43.0 John Kiernan, B Lewis, O'Connor  7:14.5 Grant Twist, Joe Webster 4:37.1 Richard Gray, Philip Sac Bradbury Jayden Twum Andrew Estcourt Gavin Maley	Russell Middleton, Gary er, Matt Bloy dler, Nian Jarvis, Marcus 7.60 1:48.0 5:07.9 9.8s	28 <sup>th</sup> August 1989  1 <sup>st</sup> October 1980  20 <sup>th</sup> September 2003  10 <sup>th</sup> September 1989  29 <sup>th</sup> August 2022 17 <sup>th</sup> March 1991 16 <sup>th</sup> September 1990
4 x 200 Metres Relay  4 x 800 Metres Relay  3 x 800 Metres Relay  Medley Relay 200, 200, 400, 800  60 metres 600 Metres 1 Mile 60 metres hurdles	Jude Ogundare, Daniel Al-Ameen Salaam  1:58.0 Tony Wiltshire, Philip Sa Jarvis  9:43.0 John Kiernan, B Lewis, O'Connor  7:14.5 Grant Twist, Joe Webster 4:37.1 Richard Gray, Philip Sac Bradbury Jayden Twum Andrew Estcourt Gavin Maley Alex Law	Russell Middleton, Gary er, Matt Bloy dler, Nian Jarvis, Marcus 7.60 1:48.0 5:07.9 9.8s	28 <sup>th</sup> August 1989  1 <sup>st</sup> October 1980  20 <sup>th</sup> September 2003  10 <sup>th</sup> September 1989  29 <sup>th</sup> August 2022 17 <sup>th</sup> March 1991 16 <sup>th</sup> September 1990