



Eastern Counties & Essex County Pentathlons Peterborough Sunday 28th September 2025

The final event of the summer 2025 track and field season saw three club young athletes win medals at the East of England & Essex County Pentathlon Championships at Peterborough on Sunday.

In the **Under 17 Women's** competition Jasmine Asmal won Essex county silver & Eastern Counties bronze thanks to a high jump PB, in second place, and a victory in the 800m.

Abigail Adegite won Essex county silver and was sixth overall of the 26 competitors in the Eastern **Under 15 Girls'** event, setting PBs in the hurdles, long jump and shot put.

Edie Smith, competing in her first Pentathlon, won gold in the **Under 13 Girls'** Essex county event and won bronze in the Eastern Counties competition with a long jump PB and a big 800m PB boosting her results.

