



## ***Eastern Counties & Essex County Pentathlons Peterborough Sunday 28<sup>th</sup> September 2025***

The final event of the summer 2025 track and field season saw three club young athletes win medals at the East of England & Essex County Pentathlon Championships at Peterborough on Sunday.

In the **Under 17 Women's** competition Jasmine Asmal won Essex county silver & Eastern Counties bronze thanks to a high jump PB, in second place, and a victory in the 800m.

Abigail Adegite won Essex county silver and was sixth overall of the 26 competitors in the Eastern **Under 15 Girls'** event, setting PBs in the hurdles, long jump and shot put.

Edie Smith, competing in her first Pentathlon, won gold in the **Under 13 Girls'** Essex county event and won bronze in the Eastern Counties competition with a long jump PB and a big 800m PB boosting her results.

