

Under 13 Girls (as at 30th September 2024)

75 Metres

1		Natasha White	9.9	30 th June 2002
			(10.04)	1 st September 2002)
2		Fisola Fagbadegun	10.1	17 th July 2021
			(10.26)	4 th September 2021)
3		Cassie Campbell	10.17	20 th July 2019
4	=	Danielle Ross	10.2	11 th July 1999
4	=	Kara Adegite	10.2	30 th July 2022
			(10.28)	3 rd July 2022)
6	=	Tomi Akingbade	10.3	31 st May 2009
6	=	Bel Drake	10.3	21 st May 2022
			(10.39)	8 th May 2022
8		Paige Robinson	10.35	15 th July 2017
9	=	Paris King	10.40	19 th May 2018
9	=	Helen McDonnell	10.4	1 st July 2001
9	=	Modupe Shokunbi	10.4	8 th May 2011
			(10.59)	5 th June 2011)
9	=	Leila Jones	10.4	5 th June 2021

Wind Assisted Marks

		Stephanie Okoro	10.16	19 th May 2018
		Lucy Sargent	10.4	12 th May 2001

100 Metres

1	=	Alison Bickell	12.9	16 th June 1985
1	=	Claire Edwards	12.9	1 st August 1987
3	=	Tia Telford-Dickson	13.1	13 th September 2009
3	=	Paige Robinson	13.1	1 st July 2017
5		Modupe Shokunbi	13.2	24 th July 2011
6	=	Juliet Fairchild	13.3	11 th May 1986
6	=	Natasha White	13.3	18 th August 2002
8		Paris King	13.35	21 st August 2018
9		Fisola Fagbadegun	13.39	19 th September 2021
10	=	Kerry Lecomber	13.4	14 th May 1988
10	=	Stephanie Okoro	13.4	5 th August 2018

150 Metres

1		Natasha White	19.6	30 th June 2002
2		Helen McDonnell	20.0	20 th May 2001
3		Cassie Campbell	20.05	20 th July 2019
4	=	Stephanie Okoro	20.2	21 st July 2018
4	=	Fisola Fagbadegun	20.2	17 th July 2021
5		Paige Robinson	20.37	15 th July 2017
6	=	Bel Drake	20.4	21 st May 2022
			(20.44)	8 th May 2022)
6	=	Kara Adegite	20.4	30 th July 2022
			(20.78)	3 rd July 2022)
8		Millie Cook	20.44	19th May 2024
9	=	Bella Smith	20.5	21 st May 2016
9	=	Paris King	20.5	21 st July 2018

Wind Assisted Marks

		Isobel McDonach	20.49	13 th July 2013
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200 Metres

1		Claire Edwards	27.0	5 th July 1987
2	=	Alison Bickell	27.1	26 th August 1985
2	=	Tia Telford-Dickson	27.1	16 th August 2009
4		Natasha White	27.3	18 th August 2002
5	=	Modupe Shokunbi	27.4	3 rd July 2011
5	=	Paige Robinson	27.4	2 nd July 2017
7	=	Jillian Reynolds	27.5	24 th April 1983
7	=	Juliet Fairchild	27.5	17 th August 1986
9		Bel Drake	27.55	15 th May 2022
10		Nicola Schofield	27.7	25 th July 1999

2024 updates in **blue**

2023 updates in **red**

600 Metres

1	Eleanor Bounds	1:44.0	10 th June 2006
2	Megan Foley	1:44.2	10 th June 2000
3	Sara Luck	1:44.4	9 th May 1999
4	Rebecca Brown	1:44.83	8 th June 2013
5	Ingrid Deane	1:44.9	14 th June 2003
6	Stephanie Okoro	1:45.59	20 th August 2018
7	Rebecca O'Neill	1:46.1	10 th June 2006
8	Caroline Smith	1:46.2	12 th June 1999
9	Nikki Isaacs	1:46.8	12 th May 1996
10	Katie Richardson	1:48.5	9 th June 2001

800 Metres

1	Stephanie Okoro	2:21.30	15 th July 2017
2	Carolyn Wells	2:22.3	17 th June 1976
3	Sara Luck	2:23.5	18 th July 1999
4	Megan Foley	2:23.7	2 nd September 2000
5	Leila Jones	2:24.3 (2:26.57)	4 th July 2021 30 th June 2021)
6	Eleanor Bounds	2:24.52	14 th May 2006
7	Rebecca Brown	2:24.84	26 th May 2013
8	Karen Rees	2:25.2	30 th August 1986
9	Caroline Smith	2:25.97	12 th September 1999
10	Karen Chalkley	2:26.0	22 nd September 1980

1200 Metres

1	Megan Foley	3:49.1	2 nd July 2000
2	Summer Smith	3:50.22	22nd July 2022
3	Sara Luck	3:53.1	11 th July 1999
4	Natalie Sewell	3:54.10	15 th July 2017
5	Stephanie Okoro	3:55.6	21 st July 2018
6	Rebecca Brown	3:56.43	6 th May 2013
7	Ruby Higgins	3:56.98	17 th June 2018
8	Caroline Smith	3:58.9	11 th July 1999
9	Ingrid Deane	3:59.32	5 th May 2003
10	Eleanor Bounds	3:59.86	1 st May 2006

1500 Metres

1	Summer Smith	4:48.8 (4:50.05)	8th July 2023 17th September 2023)
2	Megan Foley	4:55.4	15 th July 2000
3	Eleanor Bounds	4:59.2	1 st July 2006
4	Sara Luck	5:00.7	3 rd May 1999
5	Karen Chalkley	5:01.2	27 th April 1980
6	Sheryl Fenn	5:01.9	1986
7	Stephanie Okoro	5:01.97	8 th July 2018
8	Ruby Higgins	5:02.1	16 th September 2018
9	Natalie Sewell	5:03.00	29 th July 2017
10	Katie Mitchell	5:03.6 (5:07.28)	29 th June 2013 8 th September 2013)

70 Metres Hurdles

1	Ruby Mace	11.3	6 th July 2016
2	= Claire Sargent	11.5	25 th May 1998
2	= Paige Robinson	11.5 (11.72)	17 th September 2017 2 nd September 2017)
4	= Isabella Purdie	11.60	13 th July 2013
4	= Mayi Hughes	11.6 (12.14)	15 th September 2013 8 th September 2013)
6	Paris King	11.78	8 th July 2018
7	Millie Hodges	11.79	27 th July 2014
8	Siobhan Etemadi	11.83	26th June 2024
9	Eliza Poulson	11.86	26 th August 2019
10	Bethan Jarret	11.87	3 rd July 2019

2024 updates in **blue**2023 updates in **red**

Wind Assisted Marks

Isabella Purdie	11.54	8 th June 2013
Mayi Hughes	11.60	26 th August 2013
Siobhan Etemadi	11.72	19th May 2024

High Jump

1	Helen McDonnell	1.53m	9 th June 2001
2	Bel Drake	1.51m	3 rd July 2022
3	Ruby Mace	1.48m	8 th May 2016
4	Nike Esho	1.46m	18 th September 2016
5	Sacha Martin	1.44m	5 th August 2007
6	= Tabatha Shields	1.43m	15 th September 1985
6	= Freya Higginbottom	1.43m	15 th August 2017
6	= Ome Nwapa	1.43m	6th August 2023
9	= Sara Luck	1.41m	21 st August 1999
9	= Uche Okpalauko	1.41m	1 st July 2017

Long Jump

1	Emma Bonny	4.92m	25 th June 2000
2	Freya Higginbottom	4.90m	3 rd September 2017
3	Stephanie Okoro	4.83m	16 th September 2018
4	Cleo Drake	4.80m	16th July 2023
5	Jillian Reynolds	4.79m	3 rd July 1983
6	Alison Bickell	4.74m	14 th April 1985
7	Juliet Fairchild	4.69m	17 th August 1986
8	Isabella Purdie	4.65m	14 th April 2013
9	Chenice Constable	4.59m	1 st August 2010
10	Paris King	4.57m	16 th September 2018

Shot Putt 2.72kg

1	Omolola Kuponiyi	10.62m	18 th September 2016
2	Zikora Ezeonwuka	10.33m	15 th September 2019
3	Rachel Forder	10.23m	26 th September 2009
4	Caroline Smith	9.69m	12 th September 1999
5	Ayla Baker	9.55m	16th July 2023
6	Ruby Mace	9.23m	18 th September 2016
7	Robyn Moody	9.15m	26 th July 2015
8	Dulce Smith-Rodrigues	9.05m	17th September 2023
9	Georgie Taylor	8.94m	26 th September 2009
10	Isabella Uzal	8.79m	16 th September 2018

Note: Shot Putt 3.25kg

Omolola Kuponiyi	9.96m	18 th September 2016
Kate Herring	8.49m	7 th September 1996
Georgie Taylor	8.25m	26 th September 2009

Discus 0.75kg

1	Alice Brown	32.80m	29 th August 2016
2	Georgie Taylor	32.31m	13 th September 2009
3	Katie Ennis	30.58m	16 th September 2018
4	Robyn Moody	29.76m	26 th July 2015
5	Hannah Yexley	28.65m	28 th August 2017
6	Lannahn Leary-Kiernan	28.52m	19 th July 2006
7	Mayi Hughes	28.44m	28 th July 2013
8	Rachel Forder	27.48m	26 th September 2009
9	Lynsey Clark	27.00m	30 th August 1999
10	Caroline Smith	26.92m	30 th August 1999

Note: Discus 1kg

Alice Brown	26.69m	18 th September 2016
Deborah Knight	19.80m	7 th July 2007
Sophie Baggs	19.73m	12 th June 2006

2024 updates in **blue**2023 updates in **red**

Javelin 400g

1	Ruby Mace	28.74m	7 th August 2016
2	Adelaide Thatcher-Gray	28.53m	13 th September 2015
3	Zenobia Williams	27.46m	15th September 2024
4	Deborah Knight	26.31m	8 th September 2007
5	Faith Reilly	26.06m	5 th August 2018
6	Scarlett Woods	25.86m	4 th September 2021
7	Maddie Georgiou	25.64m	30 th July 2017
8	Jessica Page	25.54m	23 rd July 2022
9	Jessie Collier	24.59m	18 th September 2016
10	Emily Quinlan	23.93m	19 th September 2021

Javelin 500g

1	Jessica Page	24.23m	29 th June 2022
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Hammer 3kg

1	Katie Ennis	18.37m	12 th May 2018
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Other U13 Girls' Records

4 x 100 Metres Relay	52.67 Stephanie Okoro, Uche Okpalauko, Paris King, Paige Robinson		9 th July 2017
4x200 Metres Relay	2:02.8 Team Unknown		25 th August 1991
3x800 Metres Relay	7:34.8 Sara Luck, Caroline Smith, Megan Foley		15 th September 1999
4x800 Metres Relay	11:29.5 Jennifer Winch, Catherine Harris, Adele Hobden, Louise McArdle		11 th September 1991
60 metres	Paris King	8.6	21 st October 2017
	Cleo Drake	8.69 indoors	4th March 2023
80 metres	Alison Bickell	10.7	19 th May 1985
60 Metres Hurdles	Isabella Purdie	10.3 Indoors	2 nd March 2013
75 Metres H (2' 6")	Isabella Purdie	12.3	17 th June 2013
1000m	Caroline Smith	3:13.1	30 th August 1999
Pentathlon (u15)	Nicola Hill	1950 points	28 th September 2003
75 Metres Hurdles		13.60	
Long Jump		4.15m	
Shot Putt		6.08m	
High Jump		1.22m	
800m		2:47.57	
Pentathlon (U13)	Abigail Adegite	1926 Points	22nd September 2024
Long Jump		3.77m	
70 Metres Hurdles		12.41	
Shot Putt		5.67m	
High Jump		1.32m	
800m		2:50.24	

2024 updates in **blue**2023 updates in **red**