

## **National Youth Development League – Southern Premier, R3** **Reading 8<sup>th</sup> July 2023**

Posn	Team Name	Points
1	Blackheath & Bromley	588.0
2	Tonbridge	509.0
3	Reading	503.0
4	Team Dorset	464.0
5	<b>Havering</b>	<b>389.0</b>
6	Basildon	315.0

**Havering's young athletes team, missing 21 regulars who were competing for their school teams at the National Schools Cup Final, finished in fifth place in their third round YDL Southern Premier division fixture at a damp Reading on Saturday and now look set to lose their top division status.**

The **Under 15 Boys** squad were missing six automatic choices and did well to record seven wins. Freddie Rowe became only the second club Under 15 to break the two-minute barrier for 800m, beaten to the mark by Findlay McLaren's club record the week before, to comfortably in the A string as Shea Sweeney made it full points winning the B string. Tobias Samuel had a trio of wins in the 100m A, 200m B and long jump in a new PB. Jayden Twum ran the fifth fastest 200m time by a club U15 in winning the A race but later pulled up injured in the 100m. Ryan Alexander won the high jump and stepped into the 300m B to place third in a new PB, and Jayden Wilkinson (B long jump) and Freddie Hatcher (B discus) were the only other top three finishers.

The **Under 15 Girls** were missing 10 regulars in school action but did well to cover the gaps, with several athletes making their league debuts. Emmie Lole was the only track winner, taking full points in the 1500m and Lois Smith was third in both the 1500m B and 300m B on her YDL debut while Amy Mansell provided the only field victory in the N shot and was also third in the 300m. Eboni Roach was second in the discus and third in the A shot, and third places were also earned by Ruby Price in the B 800m and Fisola Fagbadegun in the 100m A before Isobel Pridie combined with Eboni, Amy & Fisola in the third place sprint relay quartet.

Both **Under 13** squads could again only field small teams, with several athletes making their first appearance at this level but all athletes worked hard for the club.

There were eight **Under 13 Girls** who they covered all the scheduled events between them. Ome Nwapa improved her best for third in the 75m and was closed to her PB in finishing third in the long jump. The javelin pairing of Alana Graves and Niamh Salter earned the only other top three placings in the A & B string javelin.

The seven-strong **Under 13 Boys** were also worked hard for the club cause. Joseph Sewel and George Bangs both ran PBs to win second places in the a1200m A & B events and there were third places for Ethan Johnson in the shot & javelin and George Burgess in the B shot.

National Champions Blackheath & Bromley have all but sealed the division title and Tonbridge look most likely to join them in the National final as they host the final fixture on 22<sup>nd</sup> July. Basildon drop back into Division 1 and Havering will need a significantly improved showing in the last match to avoid joining them.

### **League after three of four fixtures**

Posn	Team Name	League	Points
1	Blackheath & Bromley	18	1769.0
2	Tonbridge	14	1462.0
3	Reading	11	1424.5
4	Team Dorset	10	1423.0
5	<b>Havering</b>	<b>7</b>	<b>1291.5</b>
6	Basildon	3	1045.0

<b>Under 15 Boys</b>						
<b>Event</b>	<b>'A' String</b>	<b>Result</b>	<b>Pos</b>	<b>'B' String</b>	<b>Result</b>	<b>Pos</b>
100m	Tobias Samuel	11.7	1	Jayden Twum	23.1	6
200m	Jayden Twum	23.6	1	Tobias Samuel	24.1	1
300m	Freddie Rowe	40.1	4	Ryan Alexander	40.4	3
800m	Freddie Rowe	1:59.7	1	Shea Sweeney	2:12.4	1
1500m	Stevie Reynolds	DQ		Jayden Wilkinson	4:51.1	2
80m H	Simeon Sandhu-Nelson	14.9	4	Charles Allen-Monaghan	17.9	5
Long Jump	Tobias Samuel	5.69	1	Jayden Wilkinson	4.64	3
High Jump	Ryan Alexander	1.70	1	Simeon Sandhu-Nelson	1.40	4
Pole Vault	-					
Shot	Freddie Hatcher	8.46	4	Sean Mugagga	4.48	5
Discus	Shea Sweeney	22.83	4	Freddie Hatcher	20.39	3
Hammer	Freddie Hatcher	18.84	4	-		
Javelin	Jayden Wilkinson	29.33	4	Stevie Reynolds	12.77	4
4x100m R	Ryan, Simeon, Charles, Tobias				53.6	5
4x300m R	Jayden Wilkinson, Freddie Rowe, Stevie Reynolds, Shea Sweeney				2:50.6	6
<b>Under 15 Girls</b>						
<b>Event</b>	<b>'A' String</b>	<b>Result</b>	<b>Pos</b>	<b>'B' String</b>	<b>Result</b>	<b>Pos</b>
100m	Fisola Fagbadegun	13.1	3	Isobel Pridie	16.3	6
200m	Fisola Fagbadegun	27.5	4	Ruby Price	30.5	6
300m	Amy Mansell	44.2	3	Lois Smith	51.6	3
800m	Jasmine Asmal	2:33.0	4	Ruby Price	2:36.8	3
1500m	Emmie Lole	5:01.2	1	Lois Smith	5:28.2	3
75m H	Amy Mansell	13.4	5	Fisola Fagbadegun	15.7	4
Long J	Jasmine Asmal	3.99	6	Amie Parker	2.97	6
High J	Jasmine Asmal	1.35	6	Lois Smith	1.15	5
Pole V	-			-		
Shot	Eboni Roach	9.79	3	Amy Mansell	8.51	1
Discus	Eboni Roach	19.27	2	Emmie Lole	14.37	4
Hammer	Eboni Roach	20.02	6			
Javelin	Isobel Pridie	15.27	5	Emmie Lole	14.88	4
4x100m	Isobel, Eboni, Amy, Fisola				55.6	3
4x300m	Jasmine, Lois, Ruby, Emmie				3:16.1	5
<b>Under 13 Boys</b>						
75m	Logan Hunt	11.2	6	Max Sillett	11.9	6
150m	Logan Hunt	22.1	6	Ethan Johnson	24.2	6
800m	Logan Hunt	2:51.4	6	George Burgess	2:49.3	6
1200m	Joseph Sewell	3:57.0	2	George Bangs	4:02.5	5
75mH	Isaac Shearing	15.3	5	George Burgess	15.9	6
Long Jump	Max Sillett	3.83	6	Isaac Shearing	3.32	6
High Jump	Isaac Shearing	1.25	5	Max Sillett	1.10	6
Shot	Ethan Johnson	7.04	3	George Burgess	5.42	3
Javelin	Ethan Johnson	24.10	3	-		
4x100m R	Max, Isaac, Ethan, Logan				59.4	6

**Under 13 Girls**

Event	'A' String	Result	Pos	'B' String	Result	Pos
75m	Ome Nwapa	10.6	3	Isabelle Ridley	11.9	6
150m	Zeni Williams	23.6	6	Jessica Latham	25.2	5
800m	Zeni Williams	2:59.5	5	Alan Graves	3:19.3	4
1200m	Jessica Latham	4:32.0	5	Isabelle Ridley	4:52.5	5
70mH	Isabelle Ridley	14.2	4	Indira Bhooma-Loader	15.9	4
Long J	Ome Nwapa	4.10	3	Sophia-Rae Ahmad	3.65	4
High J	Ome Nwapa	1.25	4	Sophia-Rae Ahmad	1.10	4
Shot	Niamh Salter	4.56	5	Jessica Latham	3.58	5
Javelin	Alana Graves	19.74	3	Niamh Salter	14.06	3
4x100m	Isabelle, Sophia-Rae, Zeni, Ome				59.2	5

**Non Scoring:**

**U13G** 75m; Zeni Williams 11.7; Indira Bhooma-Loader 12.3 800m Niamh Salter 3:18.7

U15B: 100m: Jake Shaw 12.5; 800m: Sean Mugagga 2:39.2