



## MEETING REPORT

### ***Havering AC Spring Warm Up Meeting Hornchurch Sunday 2<sup>nd</sup> May 2021***

**Club athletes opened their season on home territory as Havering AC hosted their annual Spring Warm Up meeting in changeable conditions at Hornchurch Stadium on Sunday.**

The high-quality meeting saw Max Law open his account with a UK leading Under 20 javelin mark of 64.20m. The Under 15 javelin was also a good quality event as Hertford & Ware's Tom Rutter improved his UK leading mark to 56.71m, while the home club's UK ranked number 2 Bobby Williams came close to his best of 47.80m set a few days earlier to enter the club's all-time top 10. Visiting athletes also set UK leading times in two events as Mary John (Woodford) beat the European Junior qualifying standard in the 400m to top the UK Under 20 Women's 400m rankings while Lily Parris' 14.00s 100m hurdles clocking was the fastest by a UK U20 this summer and a Chelmsford club record.

Jacob Blanc demolished the club Under 17 300m hurdles best with his 38.48s clocking – taking over two and half seconds off Tom Pitkin's 2014 best. Findlay McLaren's excellent 4m 38.62s run in the Under 13 boys' 1500m was the second fastest in the country so far this year and third fastest ever by a club Under 13 and he is closing in on Matt Blacklock's 4m 32s club record. Steph Okoro's winning 41.38s posting in the 300m for Under 17s was the fifth fastest in her age group this year, while U17 men's 400m winner Dan Peters smashed his PB a weeks after running 1m 58.36s at Lee Valley to enter the club all time 800m top 10.

Paralympic hopefully Kieran O'Hara dipped under the two-minute mark for the first time in clocking 1m 59.20s for an English Native record and the fourth fastest time ever by a UK athlete in the T20 classification for athletes with intellectual impairments.

Club Secretary Tony Benton said "This was a great day to start our season, and with over 300 athletes entered we had to close entries early as we had reached the maximum numbers we could accommodate under the COVID secure restrictions. It was only possible due to all the officials and volunteers who gave up their time to make things possible and give the athletes a change for this early season competition."



*Pics: Nicole Blanc & Pat Gahagan*