

Youth Development League – Upper: Sutcliffe Park Sunday 30th July 2023

Posn	Team Name	Points
1	Cambridge Harriers (Kent)	729
2	Medway & Maidstone	695
3	Havering AC	488
4	Tonbridge AC	399
5	Basildon	373
6	Croydon Harriers	355
7	Newham & EB	182

There was a damp end to the YDL season as a depleted Under 17 and Under 20 squad finished third at a rain-soaked Sutcliffe Park, Eltham on Sunday.

The **Under 17 Men's** squad again scored well, notching up six wins. Joel Ajayi was edged out in a photo finish in the 100m but made no mistake in the 200m, coming through strongly for victory while Emmanuel Asirifi-Otchere improved his best in both B sprint races for victory. English Schools hammer champion Wyatt Larkins comfortably won his speciality and added a B string discus win as Leon Agu was A string discus runner up on his debut, also finishing third in the shot. Bobby Williams won the javelin and Luca Gregory was second in the B string and won the B shot. Chris Agnimel joined Emmanuel, Joel and Bobby in the second placed sprint relay quartet and Nathan Hart, Toby Johnosn, Joseph Gray and Leon Agu were third in the 4x400m.

There were three wins for the small team of **Under 20 Men** as Matthew Page won both the javelin and B vault and Ronnie Adoma won the long jump and was third in the B 100m. Charles Howell was fractionally outside his PB in finishing second in the 800m, with Charlie Burgess improving his best for second in the B, and Reece Malcolm was third in both A sprints.

Natalie Sewell starred for the **Under 20 Women's** team setting new career marks in winning the 1500m, adding victory in the steeplechase, and placing second in the B javelin. Katie Ennis competed in all four throws winning the hammer and placing third in both the discus and javelin. Steph Okoro tuned up for the Commonwealth Youth Games winning the 400m hurdles in her second fastest time this year and Lucy Natrass was third in the B 200m.

Sophia Willson was the only winner for the **Under 17 Women's** team taking full points in the high jump and there were second places for Tilly Bunn in the discus and B shot, and a third in the hammer, while Abi Swan was second in the javelin with Rosie Warner also second in the 3000m.

Victory for hosts Cambridge Harriers confirmed their promotion to the Premier Division, while Havering's third place saw them finish as divisional runners up.

League table after Match 4 of 4

Posn	Team Name	League	Points
1	Cambridge Harriers (Kent)	26	2695.0
2	Havering AC	25	2277.5
3	Medway & Maidstone	20	2359.5
4	Tonbridge AC	16	1930.0
5	Croydon Harriers	13	1837.0
6	Basildon	8	1439.5
7	Newham & EB	4	740.5

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U20M	A STRINGS	Pos.	Time/Dist		B STRINGS	Pos.	Time/Dist	
100	Reece Malcolm	3	11.40		100	Ronnie Adoma	3	11.20
200	Reece Malcolm	3	23.35		200	Calvin Sanni	6	24.90
400	Calvin Sanni	4	54.54		400			
800	Charlie Howell	2	2:02.57		800	Charlie Burgess	2	2:04.37
1500	Matthew Blacklock	4	4:22.27		1500			
LJ	Ronnie Adoma	1	6.51		TJ			
PV	Ciaran Mastrogiacomo	2	3.45		PV	Matthew Page	1	3.15
JT	Matthew Page	1	43.17		DT	Bobby Williams U17	5	19.70
4x100	Charlie Burgess, Reece Malcolm, Calvin Sanni, Ronnie Adoma,						DNF	
4x400	Charlie B (57.0), Charlie H (56.9), Matthew B (59.0), Calvin (56.6)						4	3:49.5
U17M	A STRINGS	Pos.	Time/Dist		B STRINGS	Pos.	Time/Dist	
100	Joel Ajayi	2	11.17		100	Emmanuel Asirifi-Otchere	1	11.51
200	Joel Ajayi	1	23.04		200	Emmanuel Asirifi-Otchere	1	23.36
400	Nathan Hart	5	55.42		400	Joseph Gray	4	57.09
800	Oliver Taylor-Bush	7	2:20.89		1500	Toby Johnson	4	4:41.81
HJ	Oliver Taylor-Bush	3	1.60		LJ	Luca Gregory	4	4.11
SP	Leon Agu	3	10.64		SP	Luca Gregory	1	8.24
DT	Leon Agu	2	34.20		DT	Wyatt Larkins	1	29.62
HT	Wyatt Larkins	1	52.94		HT			
JT	Bobby Williams	1	50.26		JT	Luca Gregory	2	30.82
4x100	Emmanuel, Joel Ajayi, Chris Agnimel, Bobby						2	46.0
4x400	Nathan (59.4), Toby (56.1), Joseph (61.9) & Leon (68.4)						3	4:05.8
U20W	A STRINGS	Pos.	Time/Dist		B STRINGS	Pos.	Time/Dist	
100	Olivia Boachie	5	13.00		100	Megan Cook	4	15.33
200	Olivia Boachie	4	27.10		200	Lucy Natrass	3	28.99
1500	Natalie Sewell	1	4:38.31		1500SC	Natalie Sewell	1	5:20.6
400H	Stephanie Okoro	1	59.45					
HJ	Lucy Natrass	4	1.30		TJ	Lucy Natrass	5	7.55
HT	Katie Ennis	1	35.16		SP	Katie Ennis	4	6.36
JT	Katie Ennis	3	21.33		JT	Natalie Sewell	2	18.75
DT	Katie Ennis	3	31.28					
4x100	Megan Cook, Olivia Boachie, Lucy Natrass, Steph Okoro						5	54.1
U17W	A STRINGS	Pos.	Time/Dist		B STRINGS	Pos.	Time/Dist	
100	Mya Thomas	4	13.4		100	Zara Okocha	4	13.76
300	Gillian Danbata	7	48.94		300	Tahlia Sinclair	4	49.85
800	Abi Swan	4	2:44.90		3000	Rosie Warner	2	11:56.69
HJ	Sophia Willson	1	1.40		LJ	Sophia Willson	4	4.37
SP	Sophia Willson	5	7.64		SP	Tilly Bunn	2	6.92
JT	Abi Swan	2	20.85		JT	-		
DT	Tilly Bunn	2	24.42		HT	Tilly Bunn	3	25.91
4x100	Gillian, Precious, Mya, Tahlia						4	56.0
4x300	Rosie, Gillian, Abi, Sophia						4	3:30.9

Non Scorers:

100: Chris Agnimel 11.77, Precious Fagbadegun 13.46