



English Schools Cross Country Champs – Tonbridge Sat 19th March

The curtain came down on the cross-country season as eight club athletes represented Essex Schools team at the prestigious English Schools Championships at the Hop Farm, near Tonbridge Kent.

With different age groupings in force at this schools event Freddie Rowe was in the bottom year of his age group, rather than the top year in club competition, and he will have another chance to improve on his fine 22nd place in a field of 330 in the **Junior Boys** event. Jack West was also in action in 167th as the Essex team bagged an excellent team silver.

The club provided four members of the Essex **Senior Girls** squad as Maddie Barker was 86th, Sydney Foley 104th in her final English Schools Cross Country appearance with Natalie Sewell 116th, but Essex were one short of a scoring six as Hannah Yexley was one of the non-finishers. In the **Senior Boys** equivalent as Alex Ford was spiked and lost both running shoes soon after the start of the 6.5km course and despite running the race in his socks but did not appear in the results as his timing chip was on one of the lost shoes!

The club line up was completed by Charlotte Evans who was 170th in the **Intermediate Girls** race on her Schools' debut and Rosie Warner was 105th for the Essex **Junior Girls** on her first appearance at the event.

Results

Senior Girls: 86th Maddie Barker 16:06; 104th Sydney Foley 16:18; 116th Natalie Sewell 16:27; DNF Hannah Yexley

Senior Boys: ?? Alex Ford No Result;

Intermediate Girls: 170th Charlotte Evans 15:55;

Junior Girls: 105th Rosie Warner 13:43;

Junior Boys: 22nd Freddie Rowe 14:00; 167th Jack West 15:09

