

## Masters - Women (as at 30<sup>th</sup> September 2022)

Any additions and amendments are welcome, particularly clarification about weights of implements in field events etc.

### VETERAN WOMEN

#### 35-39

#### 100 Metres

1	Lesley Felton	13.4		27 <sup>th</sup> September 1998
2	Ruth O'Sullivan	13.7	W40	16 <sup>th</sup> June 1999
3	Cathy Matthews	15.1		5 <sup>th</sup> April 2008

#### 200 Metres

1	Lesley Felton	27.3		27 <sup>th</sup> September 1998
2	Ruth O'Sullivan	27.8	W40	16 <sup>th</sup> June 1999
<b>3</b>	<b>Nina Brennan</b>	<b>29.01</b>		<b>25<sup>th</sup> September 2022</b>
4	Tina Quinlivan	30.2		12 <sup>th</sup> July 2014

#### 400 Metres

1	Lesley Felton	61.0	W40	4 <sup>th</sup> September 1999
2	Ruth O'Sullivan	61.1		10 <sup>th</sup> April 1993
<b>3</b>	<b>Nina Brennan</b>	<b>63.77</b>		<b>25<sup>th</sup> September 2022</b>
4	Tina Quinlivan	69.4		25 <sup>th</sup> April 2015

#### 600 Metres

1	Ruth O'Sullivan	1.46.4	W40	3 <sup>rd</sup> April 1999
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#### 800 Metres

1	Lesley Felton	2:20.7		30 <sup>th</sup> May 1998
<b>2</b>	<b>Ginte Bailey</b>	<b>2:26.61</b>		<b>7<sup>th</sup> August 2021</b>
3	Clare Rudgeley	3:23.9		21 <sup>st</sup> April 2012

#### 1500 Metres

<b>1</b>	<b>Ginte Bailey</b>	<b>4:51.87</b>		<b>14<sup>th</sup> August 2021</b>
<b>2</b>	<b>Lauren Deadman</b>	<b>4:52.01</b>		<b>6<sup>th</sup> June 2021</b>
3	Lesley Felton	4:58.8		19 <sup>th</sup> August 1998
4	Christine Wilkins	5:07.0		20 <sup>th</sup> May 1989
5	Cathy Matthews	5:30.22	W40	6 <sup>th</sup> July 2008
5	Ruth O'Sullivan	5:34.7	W40	28 <sup>th</sup> August 2000

#### 3000 Metres

<b>1</b>	<b>Lauren Deadman</b>	<b>10:12.29</b>		<b>6<sup>th</sup> June 2021</b>
<b>2</b>	<b>Ginte Bailey</b>	<b>10:28.20</b>		<b>31<sup>st</sup> July 2021</b>
3	Lesley Felton	12:21.26	W45	2 <sup>nd</sup> July 2006
4	Dawn Hawes	12:41.5	W40	15 <sup>th</sup> July 2000
5	Jane Hallam	13:07.3	W45	18 <sup>th</sup> May 2013
6	Ruth O'Sullivan	13:24.0		4 <sup>th</sup> September 1993
7	Mo Lear	14:57.48		10 <sup>th</sup> August 2013
8	Hannah Connor	15:15.90		17 <sup>th</sup> August 2019

#### 5000 Metres

1	Lauren Deadman	17:24.61		13 <sup>th</sup> July 2019
<b>2</b>	<b>Ginte Bailey</b>	<b>18:39.78</b>		<b>11<sup>th</sup> September 2021</b>

<b>Marathon</b>				
1	Debbie Appleton	2:48.38	W40	21 <sup>st</sup> April 2013
2	Denise Harris	3:34.51		13 <sup>th</sup> Apr 2008
3	Tina Quinlivan	3:50.10		13 <sup>th</sup> April 2014
4	Lesley Gahagan	3:56.33	W50	26 <sup>th</sup> April 2009
5	Linda Smith	3:57.21	W50	18 <sup>th</sup> April 2004
6	Jane Hallam	3:57.32	W40	25 <sup>th</sup> April 2010
<b>100 Metres Hurdles</b>				
<b>1</b>	<b>Chloe Williams</b>	<b>14.82</b>		<b>25<sup>th</sup> September 2022</b>
2	Claire Brennan	16.92		7 <sup>th</sup> May 2017
3	Cathy Matthews	18.6	W40	26 <sup>th</sup> July 2008
4	Ruth O'Sullivan	20.0		13 <sup>th</sup> August 1994
<b>400 Metres Hurdles</b>				
1	Claire Brennan	68.56		3 <sup>rd</sup> July 2016
2	Ruth O'Sullivan	71.5		26 <sup>th</sup> June 1999
3	Cathy Matthews	74.3		26 <sup>th</sup> April 2008
<b>1500m S/chase</b>				
1	Tina Quinlivan	6:44.0		10 <sup>th</sup> August 2013
<b>Long Jump</b>				
1	Lesley Felton	4.35m		19 <sup>th</sup> July 1997
2	Cathy Matthews	4.24m	W40	28 <sup>th</sup> June 2008
3=	Maria Luck	4.22m	W45	11 <sup>th</sup> August 2002
3=	Claire Brennan	4.22m		21 <sup>st</sup> May 2017
5	Ruth O'Sullivan	3.71m	W40	28 <sup>th</sup> August 2000
<b>High Jump</b>				
1	Claire Brennan	1.40m		3 <sup>rd</sup> July 2016
<b>Triple Jump</b>				
1	Claire Brennan	10.03m		16 <sup>th</sup> September 2018
2	Cathy Matthews	8.68m		26 <sup>th</sup> April 2008
3	Maria Luck	8.12m	W45	11 <sup>th</sup> August 2002
4	Ruth O'Sullivan	6.84m	W40	4 <sup>th</sup> September 1999
<b>Pole Vault</b>				
1	Tina Quinlivan	2.90m ind (2.80m)		6 <sup>th</sup> February 2016 10 <sup>th</sup> June 2015)
2	Claire Brennan	2.60m		9 <sup>th</sup> April 2017
<b>3</b>	<b>Nina Brennan</b>	<b>1.60m</b>		<b>19<sup>th</sup> September 2021</b>
<b>Javelin</b>				
1	Claire Brennan	21.18m		21 <sup>st</sup> May 2017
2	Tina Quinlivan	13.98m		14 <sup>th</sup> July 2012
<b>Discus</b>				
<b>1</b>	<b>Nina Brennan</b>	<b>23.84m</b>		<b>19<sup>th</sup> September 2021</b>
2	Claire Brennan	21.52m		17 <sup>th</sup> April 2016
<b>Shot</b>				
<b>1</b>	<b>Nina Brennan</b>	<b>7.86m</b>		<b>2<sup>nd</sup> July 2022</b>
2	Claire Brennan	7.85m		18 <sup>th</sup> September 2016

2022 Updates in blue

2021 Updates in red

<b>Hammer</b>					
1	Ruth Lovell	24.30m	W40	2 <sup>nd</sup> August 1997	
2	Hannah Connor	18.97m		17 <sup>th</sup> August 2019	
<b>3</b>	<b>Nina Brennan</b>	<b>18.63m</b>		<b>7<sup>th</sup> August 2021</b>	
<b><u>40-44</u></b>					
<b>100 Metres</b>					
1	Lesley Felton	13.5		15 <sup>th</sup> August 1999	
2	Ruth O'Sullivan	13.7		16 <sup>th</sup> June 1999	
<b>200 Metres</b>					
1	Lesley Felton	27.5		15 <sup>th</sup> August 1999	
2	Ruth O'Sullivan	27.8		16 <sup>th</sup> June 1999	
<b>400 Metres</b>					
1	Lesley Felton	61.0		4 <sup>th</sup> September 1999	
2	Ruth O'Sullivan	61.4		26 <sup>th</sup> June 1999	
<b>600 Metres</b>					
1	Ruth O'Sullivan	1.46.4		3 <sup>rd</sup> April 1999	
<b>800 Metres</b>					
1	Lesley Felton	2.19.15		3 <sup>rd</sup> August 1999	
<b>1500 Metres</b>					
1	Lesley Felton	4:59.3	W45	23 <sup>rd</sup> July 2005	
2	Cathy Matthews	5:30.22		6 <sup>th</sup> July 2008	
3	Ruth O'Sullivan	5:34.7		28 <sup>th</sup> August 2000	
<b>3000 Metres</b>					
1	Lesley Felton	12:21.26	W45	2 <sup>nd</sup> July 2006	
2	Dawn Hawes	12:41.5		15 <sup>th</sup> July 2000	
3	Jane Hallam	13:07.3	W45	18 <sup>th</sup> May 2013	
4	Ruth O'Sullivan	13:26.3	W45	4 <sup>th</sup> August 2002	
<b>5000 Metres</b>					
1	Juliet Ward	24:51.7	W45	4 <sup>th</sup> July 2015	
<b>Marathon</b>					
1	Debbie Appleton	2:48.38		21 <sup>st</sup> April 2013	
2	Lesley Gahagan	3:56.33	W50	26 <sup>th</sup> April 2009	
3.	Linda Smith	3:57.21	W50	18 <sup>th</sup> April 2004	
4	Jane Hallam	3:57.32		25 <sup>th</sup> April 2010	
<b>100 Metres Hurdles</b>					
1	Cathy Matthews	18.6		26 <sup>th</sup> July 2008	
<b>400 Metres Hurdles</b>					
<b>1</b>	<b>Claire Brennan</b>	<b>68.75</b>		<b>3<sup>rd</sup> July 2021</b>	
2	Ruth O'Sullivan	71.5		26 <sup>th</sup> June 1999	
3	Cathy Matthews	74.6		30 <sup>th</sup> August 2008	
<b>High Jump</b>					
<b>1</b>	<b>Claire Brennan</b>	<b>1.40m</b>		<b>20<sup>th</sup> June 2021</b>	
<b>Long Jump</b>					
1	Cathy Matthews	4.24m		28 <sup>th</sup> June 2008	

2022 Updates in blue

2021 Updates in red

	2	Maria Luck	4.22m	W45	11 <sup>th</sup> August 2002
	3	Ruth O'Sullivan	3.71m		28 <sup>th</sup> August 2000
<b>Triple Jump</b>					
	1	Cathy Matthews	8.64m		28 <sup>th</sup> June 2008
	2	Maria Luck	8.12m	W45	11 <sup>th</sup> August 2002
	3	Ruth O'Sullivan	6.84m		4 <sup>th</sup> September 1999
<b>Pole Vault</b>					
	1	Tina Quinlivan	2.90m		18 <sup>th</sup> August 2017
	2	<b>Claire Brennan</b>	<b>2.70m</b>		<b>14<sup>th</sup> August 2021</b>
<b>Javelin</b>					
	1	<b>Claire Brennan</b>	<b>20.51m</b>		<b>14<sup>th</sup> August 2021</b>
<b>Hammer</b>					
	1	Ruth Lovell	24.30m		2 <sup>nd</sup> August 1997
	2	<b>Claire Brennan</b>	<b>14.21m</b>		<b>21<sup>st</sup> August 2022</b>
<b>45-49</b>					
<b>200 Metres</b>					
	1	Lesley Felton	29.2		4 <sup>th</sup> September 2005
<b>400 Metres</b>					
	1	Lesley Felton	63.4		3 <sup>rd</sup> August 2005
<b>800 Metres</b>					
	1	Lesley Felton	2.23.61		17 <sup>th</sup> July 2005
<b>1500 Metres</b>					
	1	Lesley Felton	4:59.3		23 <sup>rd</sup> July 2005
<b>3000 Metres</b>					
	1	Lesley Felton	12:21.26		2 <sup>nd</sup> July 2006
	2	Jane Hallam	13:07.3		18 <sup>th</sup> May 2013
	3	Ruth O'Sullivan	13:26.3		4 <sup>th</sup> August 2002
<b>5000 Metres</b>					
	1	Juliet Ward	24:51.7		4 <sup>th</sup> July 2015
<b>Marathon</b>					
	1	Lesley Gahagan	3:56.33	W50	26 <sup>th</sup> April 2009
	2	Linda Smith	3:57.21	W50	18 <sup>th</sup> April 2004
	3	Jane Hallam	3:57.32		25 <sup>th</sup> April 2010
<b>Long Jump</b>					
	1	Maria Luck	4.22m		11 <sup>th</sup> August 2002
<b>Triple Jump</b>					
	1	Maria Luck	8.12m		11 <sup>th</sup> August 2002

**50+**

**800 Metres**

1	Anne Gifford	2:57.6 (2:58.50)	20 <sup>th</sup> July 2019 26 <sup>th</sup> August 2019)
2	Ruth O'Sullivan	3:48.4	14 <sup>th</sup> July 2012

**1500 Metres**

1	Tracy O'Neill	6:58.71	17 <sup>th</sup> August 2019
2	Ruth O'Sullivan	7:46.9	14 <sup>th</sup> July 2012

**3000 Metres**

1	Ruth O'Sullivan	16:07.5	14 <sup>th</sup> July 2012
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**Marathon**

1	Lesley Gahagan	3:56.33	26 <sup>th</sup> April 2009
2	Linda Smith	3:57.21	18 <sup>th</sup> April 2004