



## ***Eastern Young Athletes' League, Cambridge Sun 26<sup>th</sup> April 2026***

	<b>Total</b>	<b>BU14</b>	<b>BU16</b>	<b>MU18</b>	<b>GU14</b>	<b>GU16</b>	<b>WU18</b>
<b>Havering AC</b>	<b>745</b>	<b>112</b>	<b>138</b>	<b>85</b>	<b>108</b>	<b>139</b>	<b>113</b>
City of Norwich	732	107	120	85	131	117	122
Cambridge/Ely/Newmarket	644	91	97	130	84	90	82
Shaftesbury Barnet	642	77	122	98	96	96	101
St Albans	504	75	105	61	73	106	26
West Suffolk	216	1	67	21	32	53	6
Colchester & Tendring	164	50	6	10	41	23	3

**The Eastern Young Athletes League team started their season with a narrow victory against strong opposition in summery conditions at Cambridge on Sunday with wins in three of the six age groups.**

Both **Under 16** teams comfortably won their sections. The **Under 16 Girls** notched up ten wins and five second places on their way to victory. Millie Cook had a win double and was close to her 800m PB and added a win in the 300m, with Abigail Adegite winning the B 300m to add to her long jump victory in a new PB. Ome Nwapa won the B hurdles and B high jump and was 200m runner up and Siobhan Etemadi won the A hurdles and was 100m runner up before the quartet of Millie Abigail, Siobhan and Ome combined for relay victory. On the field the javelin pairing of Ayla Baker and Evie Green took full points, with Ayla second in the shot, while Mia Boriisova won the B long jump, with second places earned by Tomiwa Holloway (discus) and Danielle Adeyinka (200m). For **Under 16 Boys** debutant Rehan Syed won the triple jump and B hurdles, while Joshua Buxton won the 100m and was second in both the hurdles and high jump. Ameer Salaam's huge winning shot PB was the second longest in the age group in the UK this year, and Jack Rossington's PB won the B 800m. Sprinters David Ojo Ekhaton (100m) and Zaire Lewin-Dawkins (200m) were both second in their B string races, as were throwers Ethan Johnson (javelin) and Barney Sullivan (discus B). Zephaniah Smith joined Joshua, David and Zaire in the winning sprint relay team.

The **Under 14 Boys** also won their section, edging out Norwich. Elijah Lowe won both 100m and 200m sprints on his club debut, and there were B string victories from George Olubukola-Sogbetun in the hurdles, Austin Broadhurst (high jump), and AJ Gray, who added long jump win to his javelin second places. Also second were Adeleke Adenuga in both the hurdles and high jump, Parker Swaisland (1500m B) and Mason Alexander (discus B). The relay quartet of Euan Cheeswright, Tomiwa Okubanjo and Dre Overare joined Elijah Lowe in the second placed team.

The **Under 14 Girls** were runners up with A and B string wins in the javelin for Sophia Karim and Keira Atwood-Kelly, and high jumpers Isla Herrera and Elsie Smith, with Molly Jenkinson-Smith contributing the other win in the 1500m. Violet Everett provided second places in the 800m and B discus and Autumn Ely was second in the hammer on her debut.

The **Under 18 Women** also placed second. There were full points in the hurdles from Oma Nwapa and Amy Mansell, with the pairing second in the high jump too and they were part of the winning relay team with Christine Atumonyogo and Mary Olubukola-Sogbetun. Eboni Roach and Lila Chapelhow won both A and B discus events and were both second in the shot, with Lila adding hammer second place. Orla Friel won the 1500m and was second in the B javelin, and Jess Page was second in the A javelin to add to her 400m B runners up. The **Under 18 Men** were short of numbers but produced good results. Sam Johnson won both the shot and hammer, and William Tilson won the B javelin, with Sam Burdett A string runner up. Ryan Alexander had a trio of B string second places in the 100m, 200m and high jump, with Tobi Bello second in the 100m A race, and the pair combined with Peter Aderibigbe and Jayden Wilkinson in the second placed sprint relay quartet.