

Essex Cross Country League

Final Team Standings (best 4 scores)

U13 Girls

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Chelmsford AC	1	1	1	1	1	4
2	Basildon AC	2	2	2	3	2	8
3	Thurrock Harriers	3	7	3	2	3	11
4	Southend-on-Sea AC	4	3	5	4	5	16
5	Havering AC	6	5	4	20	4	19
6	Benfleet Running Club	5	6	20	6	7	24
7	Harlow AC	7	10	7	5	6	25
8	Walden Tri Club	8	13	6	20	20	47
9	Orion Harriers	9	9	20	20	20	58
10	Cambridge & Coleridge AC	20	11	8	20	20	59
11	Braintree & District AC	20	12	9	20	20	61
12	Colchester Harriers AC	20	4	20	20	20	64
13	West Suffolk AC	20	8	20	20	20	68
14	Colchester & Tendring AC	20	14	20	20	20	74

U13 Boys

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering AC	2	1	2	1	1	5
2	Chelmsford AC	1	2	1	4	2	6
3	Southend-on-Sea AC	3	4	5	2	4	13
4	Basildon AC	4	3	3	5	5	15
4	Harlow AC	5	7	4	3	3	15
6	Orion Harriers	7	5	7	20	6	25
7	Braintree & District AC	8	6	6	20	8	28
8	Ilford AC	20	20	8	6	7	41
9	Benfleet RC	6	20	20	7	20	53
10	West Suffolk AC	20	8	20	20	20	68

U15 Girls

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Chelmsford AC	1	1	1	2	2	5
2	Havering AC	9	2	2	1	1	6
3	Southend-on-Sea AC	2	3	7	3	4	12
4	Colchester & Tendring AC	5	5	8	4	6	20
5	Orion Harriers	3	7	4	8	11	22
6	Colchester Harriers AC	7	8	6	20	3	24
6	Benfleet Running Club	4	6	9	7	7	24
8	Walden Tri	11	12	3	5	8	27
9	Harlow AC	10	9	10	6	5	30
10	Thurrock Harriers	6	11	11	20	9	37
11	Basildon AC	8	13	12	20	10	43
12	Cambridge & Coleridge AC	20	4	5	20	20	49
13	Braintree & District AC	20	20	13	9	20	62
14	Loughton AC	20	10	20	20	20	70

U15 Boys

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Chelmsford AC	3	2	1	1	1	5
2	Havering AC	1	3	2	2	4	8
3	Southend-on-Sea AC	2	2	6	7	2	12
4	Thurrock Harriers	8	6	3	4	5	18
5	Basildon AC	4	5	4	6	7	19
6	Colchester & Tendring AC	5	4	8	8	3	20
7	Ilford AC	7	8	5	3	6	21
8	Colchester Harriers AC	6	7	9	20	9	31
9	Orion Harriers	20	9	7	5	20	41
10	Cambridge & Coleridge AC	20	10	11	20	20	61
11	Harlow AC	20	20	20	20	8	68
12	Walden Tri	20	20	10	20	20	70
13	Benfleet Running Club	20	11	20	20	20	71

U17/20 Women

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering AC	1	1	1	1	1	4
2	Chelmsford AC	2	2	2	2	3	8
3	Orion Harriers	4	3	4	3	5	14
4	Basildon AC	5	5	5	5	2	17
5	Southend-on-Sea AC	3	6	20	4	6	19
6	Colchester Harriers AC	20	7	8	6	4	25
7	Benfleet Running Club	6	9	9	20	7	31
8	Cambridge & Coleridge AC	20	4	3	20	20	47
9	Harlow AC	20	10	6	20	20	56
10	Walden Tri	20	20	7	20	20	67
11	Thurrock Harriers	20	8	20	20	20	68

U17 Men

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Chelmsford AC	1	1	1	2	2	5
2	Havering AC	2	2	2	1	1	6
3	Southend-on-Sea AC	3	3	7	5	8	18
4	Orion Harriers	7	8	5	3	5	20
5	Billerica Striders RC	4	9	6	4	7	21
6	Braintree & District AC	20	4	4	20	4	25
7	Basildon AC	5	6	20	20	3	34
8	Harlow AC	20	11	20	6	9	46
9	Cambridge & Coleridge AC	20	5	3	20	20	48
10	Ilford AC	6	10	20	20	20	56
11	West Suffolk AC	20	7	20	20	20	67

Senior Women (incl. Veterans) Div 1

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Southend-on-Sea AC	1	3	1	1	2	5
2	Havering AC	2	1	2	3	1	6
3	Billerica Striders RC	4	12	3	4	4	15
4	Thurrock Harriers	7	4	10	2	5	18
5	Orion Harriers	20	5	4	5	6	20
6	Phoenix Striders	3	9	8	6	8	23
7	Colchester Harriers AC	9	2	12	20	3	26
8	Benfleet Running Club	6	7	7	8	7	27
9	Brentwood Running Club	5	10	6	7	10	28
10	Tiptree Road Runners	20	6	5	10	9	30
11	Springfield Striders RC	8	8	11	20	11	38
12	Halstead RR	10	11	9	9	12	39

Senior Men (incl. Veterans) Div 1

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering AC	1	1	1	2	1	4
2	Southend-on-Sea AC	2	4	1	2	2	7
3	Orion Harriers	3	2	3	3	3	8
4	Chelmsford AC	4	3	5	4	5	16
5	Thurrock Harriers	11	5	4	6	3	18
6	Ilford AC	5	8	7	5	6	23
7	Billerica Striders RC	6	12	6	8	8	28
7	Braintree & District AC	12	9	8	7	4	28
9	Colchester Harriers AC	9	6	11	11	7	33
10	Springfield Striders RC	10	7	9	10	9	35
11	Benfleet Running Club	7	10	12	9	10	36
12	Grange Farm & Dunmow Runn	8	11	10	12	20	41

Senior Women (incl. Veterans) Div 2

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Ilford AC	1	2	1	1	2	5
2	JBR Run and Tri	2	3	2	3	3	10
3	Boxted Runners	3	4	3	2	4	12
3	Chelmsford AC	5	1	5	5	1	12
5	Pitsea Running Club	4	5	4	4	5	17
6	Braintree & District AC	8	7	7	10	8	30
6	Basildon AC	6	11	10	8	6	30
8	Mid Essex Casuals	9	14	13	9	9	40
9	Innovation Multisport	20	9	9	7	20	45
10	Cambridge & Coleridge AC	20	12	11	20	7	50
11	Hockley Trail Runners	7	8	20	20	20	55
12	Grange Farm & Dunmow Run	20	10	6	20	20	56
13	Witham Running Club	20	13	8	20	20	61
14	Loughton AC	20	6	20	20	20	66
15	Walden Tri	20	20	12	20	20	72

Senior Men (incl. Veterans) Div 2

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Mid Essex Casuals	7	2	2	2	1	7
2	Boxted Runners	5	4	3	1	2	10
3	Phoenix Striders	4	1	7	4	3	12
4	Halstead RR	3	3	4	5	9	15
4	Pitsea Running Club	2	8	6	3	4	15
6	JBR Run and Tri	1	5	10	7	5	18
7	Hockley Trail Runners	6	6	8	6	7	25
8	Cambridge & Coleridge AC	10	7	1	8	10	26
9	Tiptree Road Runners	9	10	9	10	6	34
10	Basildon AC	8	11	12	12	8	39
11	Innovation Multisport	25	9	13	11	20	53
12	Colchester & Tendring AC	12	25	14	9	20	55
13	Witham Running Club	25	12	11	20	20	63
14	East Essex Triathlon Club	11	13	25	20	20	64
15	Walden Tri	25	25	5	20	20	70

Veteran Women

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Southend-on-Sea AC	1	3	1	1	1	4
2	Thurrock Harriers	10	2	16	2	3	17
3	Phoenix Striders	2	6	6	7	9	21
3	JBR Run and Tri	3	10	5	6	7	21
5	Ilford AC	4	9	8	5	8	25
5	Billerica Striders RC	16	12	4	4	5	25
7	Boxted Runners	6	13	7	8	6	27
7	Orion Harriers	25	17	3	3	4	27
9	Colchester Harriers AC	15	1	17	25	2	35
10	Brentwood Running Club	5	7	10	14	17	36
11	Pitsea Running Club	7	16	9	11	13	40
12	Tiptree RR	25	4	2	13	25	44
12	Havering AC	8	22	15	10	11	44
14	Benfleet Running Club	9	15	21	16	12	52
15	Chelmsford AC	14	18	13	12	15	54
16	Halstead RR	18	11	12	15	18	56
17	Springfield Striders RC	11	8	18	25	20	57
18	Braintree & District AC	13	19	14	18	16	61
19	Mid Essex Casuals	17	23	19	17	19	72
20	Loughton AC	25	5	20	25	25	75
21	Hockley Trail Runners	12	14	25	25	25	76
22	Grange Farm & Dunmow Runn	25	20	11	25	25	81
23	Nuclear Races Striders	25	25	25	9	25	84
24	Innovation Multisport	25	24	23	19	25	91
25	Witham Running Club	25	25	20	25	25	95
26	Cambridge & Coleridge AC	25	21	25	25	25	96
27	East Essex Triathlon Club	25	25	22	25	25	97

Veteran Men

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering AC	1	1	1	1	1	4
2	Ilford AC	2	5	7	3	2	12
3	Southend-on-Sea AC	5	4	2	2	7	13
4	Springfield Striders RC	12	3	4	4	5	16
5	Billerica Striders RC	4	10	5	6	8	23
6	Orion Harriers	3	17	3	14	6	26
7	Chelmsford AC	18	6	6	13	3	28
8	Colchester Harriers AC	17	6	8	25	4	31
9	Pitsea Running Club	7	12	17	7	9	35
10	Phoenix Striders	9	9	12	8	10	36
11	Thurrock Harriers	20	7	11	5	15	38
12	Hockley Trail Runners	8	13	14	11	13	45
12	Boxted Runners	11	15	13	9	12	45
12	Benfleet Running Club	6	8	20	15	16	45
15	Mid Essex Casuals	16	11	15	12	11	49
16	Halstead RR	15	18	16	10	18	59
17	Tipt						