



London Marathon and Mini Marathon Saturday 26th & Sunday 27th April 2025

James Connor improved the club M40 marathon best by over 15 minutes as he clocked 2:21.43 at the TCS London marathon on Sunday. It was his first marathon finish since setting the club senior record of 2:20.16 in October 2021 and it came off the back of a series of good road race results, including his Essex 20 Mile gold a few weeks ago. James went through halfway in 68:16 and slowed only slightly over the later stages finishing fourth overall in the M40 category and 21st overall from the mass start.

Lauren Reed ran the second fastest time by a club woman, finishing in 2:40.50 just two minutes shy of her own club record of 2:38.02 set in last year's event. Lauren's even-paced run saw her pass halfway in 79:49 and she finished as the fastest W40 from the mass start and 18th female overall.

Will Kirk crossed the line in 3:01.32, over 15 minutes better than his previous marathon best while Gary Atkins failed to finish after being on target to beat his previous best of 3:20.41 after passing halfway in 95:48 but slowed badly after the 25k mark before stopping after 35k.

Twenty-one club athletes competed for the Havering Borough teams in the London Mini Marathon on Saturday morning.

Pride of place went to the under 15 Girls who lifted the team prize as Poppy Vines placed sixth, Emmie Lole was 13th and Orla Friel placed 20th, with Jasmine Asmal in 81st. Brentwood Beagles' Summer Smith was an impressive runner up in 8:25 and Isabel Forrest placed 32nd with 9:53.



Club Results:

U17W: 63rd Lucy Chapelhow 10:48; 66th Ruby Price 10:52; 74th Abigail Rogers 11:06; 88th Grace Tilson 11:05

U17M: 40th Shea Sweeney 8:12

U15G: 6th Poppy Vines 8:59; 13th Emmie Lole 9:21; 20th Orla Friel 9:39; 81st Jasmine Asmal

U15B: 11th Aidan Doherty 8:14; 78th Joe Sewell 9:11

U13G: 46th Millie Cook 0:28; 68th Lucy Tregidgo 10:50; 82nd Ava McMillan 11:03; 83rd Beth Friel 11:03; 122nd Violet Everett 11:51

U13B: 40th Harrison Sewell 9:23; 97th Callum Millard Jennings 10:02; 98th Cruz Carvell 10:03; 105th Reuben McDermott 10:05; 112th Austin Broadhurst 10:11

The marathon festival also saw the celebration of the 40th running of the London Mini Marathon with past competitors invited to return. The club contingent saw the return of past winners including Debbie Appleton, (nee Sullivan) and Anne Gifford (nee Reason) who won the inaugural Under 15 and Under 17 girls' events.



