



## **South of England Under 20 & Senior Championships – Chelmsford Saturday 18<sup>th</sup> & Sunday 19<sup>th</sup> June**

**A small group of club athletes came away with two medals and four top five places at the South of England Championships at Chelmsford.**

Peter Brinton-Quinn's first round javelin throw of 66.26m added three metres to his career best to win senior gold and moved him up to third on the club all-time list. The second medal came in the Under 20 men's 400m hurdles as Jacob Blanc added to his impressive medal tally with bronze.

Simon Hill placed fourth in the U20 javelin and Maddie Barker matched that position in the U20 women's 1500m while seniors Flic Clarke (400m hurdles) and Adelaide Thatcher-Gray (javelin) both placed fifth.

**Senior Men:** 200m: Heat Akeem Akintokun 23.16s; 400: Heat Matthew Agnimel 49.84s; 800m: Louis Berrett 2:04.37s; Javelin: **1<sup>st</sup>** Peter Brinton-Quinn 66.26m.

**U20 Men:** 400m hurdles: **3<sup>rd</sup>** Jacob Blanc 54.80s; Javelin: 4<sup>th</sup> Simon Hill 49.81m.

**Senior Women:** 400m hurdles: 5<sup>th</sup> Flic Clarke 63.52s (Heat: 63.21s); Javelin: 5<sup>th</sup> Adelaide Thatcher-Gray 38.90m

**U20 Women:** 200m 7<sup>th</sup> Emma Ramsden 26.69s; 1500m 4<sup>th</sup> Maddie Barker 4:57.06

