

## Junior / Under 20 Men (as at 30<sup>th</sup> September 2021)

### 100 Metres

1		Eugene Ayanful	10.73	U17	6 <sup>th</sup> August 2006
2		Matthew Russell	10.76		31 <sup>st</sup> August 1998
3		Ross Bacchus	10.8		9 <sup>th</sup> May 1998
4		Joshua Olawore	10.84		9 <sup>th</sup> August 2014
5	=	Mo Marenah	10.9		27 <sup>th</sup> May 1989
5	=	Luke Stott	10.9		22 <sup>nd</sup> April 2006
			(11.02)		29 <sup>th</sup> April 2006)
7		<b>Richard Akinyebo</b>	<b>10.93</b>		<b>13<sup>th</sup> September 2020</b>
8		Kevin Farrell	10.96		13 <sup>th</sup> May 1995
9		<b>Denzel Achi</b>	<b>10.99</b>	<b>U17</b>	<b>31<sup>st</sup> July 2021</b>
10		Lewis Bailey	11.04		14 <sup>th</sup> May 2016

### Wind Assisted Marks

		Matthew Russell	10.6		9 <sup>th</sup> May 1998
			(10.63)		4 <sup>th</sup> July 1998)
		<b>Richard Akinyebo</b>	<b>10.76</b>		<b>20<sup>th</sup> September 2020</b>
		Richard Morrissey	10.87		29 <sup>th</sup> August 2010
		<b>Ronnie Adoma</b>	<b>10.89</b>	<b>U17</b>	<b>28<sup>th</sup> August 2021</b>
		Lewis Bailey	10.90		6 <sup>th</sup> June 2015
		Charlie Moss	11.0	U17	28 <sup>th</sup> June 2008

### 200 Metres

1		Kevin Farrell	21.63		12 <sup>th</sup> July 1996
2		Brendan Lawlor	21.7		3 <sup>rd</sup> August 1986
3		Joshua Olawore	21.76		9 <sup>th</sup> August 2014
4		<b>Richard Akinyebo</b>	<b>21.84</b>		<b>20<sup>th</sup> September 2020</b>
5		Eugene Ayanful	21.91	U17	28 <sup>th</sup> July 2006
6		Mo Marenah	22.0		5 <sup>th</sup> August 1989
7		Richard Morrissey	22.04		20 <sup>th</sup> June 2010
8	=	Matthew Russell	22.20	U17	12 <sup>th</sup> July 1996
8	=	David Burke	22.2		30 <sup>th</sup> August 1986
8	=	Charlie Moss	22.2	U17	27 <sup>th</sup> July 2008

### Wind Assisted Marks

		Kevin Farrell	21.51		13 <sup>th</sup> July 1996
		Matthew Russell	21.89	U17	13 <sup>th</sup> July 1996
		Richard Morrissey	21.94		29 <sup>th</sup> August 2010
		Luke Stott	22.09		28 <sup>th</sup> Aug 2005
		Lewis Bailey	22.15		2 <sup>nd</sup> July 2016

### 400 Metres

1		Richard Morrissey	48.01		31 <sup>st</sup> July 2010
2		Thomas Pitkin	48.59		14 <sup>th</sup> May 2017
3		Kevin Lidlow	48.72		30 <sup>th</sup> August 1980
4		Ian Chambers	49.09		17 <sup>th</sup> June 1989
5		Mark Bishop	49.1		16 <sup>th</sup> August 1986
6		Graham Healy	49.4		15 <sup>th</sup> August 1987
7		Andrew Lewis	49.40		4 <sup>th</sup> July 2009
8		Philip Sadler	49.49		27 <sup>th</sup> May 1995
9		Peter Winch	49.6y		28 <sup>th</sup> July 1968
10		Sid Purkis	49.7y		29 <sup>th</sup> June 1957

### 800 Metres

1		Gary Robbins	1:52.2		19 <sup>th</sup> July 1987
2		Keith Evans	1:53.8		15 <sup>th</sup> July 1978
3		Michael Boxall	1:54.2		31 <sup>st</sup> August 1968
4		Glen Coppin	1:54.25		7 <sup>th</sup> July 2000
5		Thomas Keevil	1:54.33		15 <sup>th</sup> August 2018
6		Russell Bailey	1:54.6	U17	15 <sup>th</sup> July 1978
7		Russell Middleton	1:54.8		19 <sup>th</sup> September 1987
8	=	Douglas Speer	1:55.0y		5 <sup>th</sup> September 1962
8	=	Ian Berrett	1:55.0		August 1978
8	=	Mark Blackburn	1:55.0		30 <sup>th</sup> June 1979

### 1500 Metres

1		Richard Bolam	3:51.8		15 <sup>th</sup> June 1974
2		Gary Robbins	3:52.1		19 <sup>th</sup> September 1986
3		Adrian Murphy	3:54.4		7 <sup>th</sup> August 1975
4		Ross Clarke	3:56.45		21 <sup>st</sup> July 2007
5		Glen Coppin	3:57.9		24 <sup>th</sup> June 2000
6		Ben Davis	3:58.62		24 <sup>th</sup> June 2017
7		Elliott Cordery	3:58.83		25 <sup>th</sup> July 2018
8		Pat Gahagan	3:58.?		August 1980
9		Thomas Keevil	3:59.09		2 <sup>nd</sup> June 2018
10		Colin Tilley	3:59.2		24 <sup>th</sup> August 1969

### 110 Metres Hurdles – 3ft 6ins

1		Peter Akwaboah	15.3		5 <sup>th</sup> August 1989
2		George Hadler	15.55		5 <sup>th</sup> July 2014
3		Brett Heath	15.68		21 <sup>st</sup> August 1994
4		Bill Peaty	15.8y		29 <sup>th</sup> June 1957
5		Kevin Lidlow	15.9 ?w		5 <sup>th</sup> May 1980
6		Mark Bishop	16.2		28 <sup>th</sup> September 1986
7	=	Paul Dunston	16.3		1 <sup>st</sup> May 1982
7	=	Michael Sampson	16.3		22 <sup>nd</sup> August 1993
9		Anthony Williams	16.4		17 <sup>th</sup> May 2008
10		Kevin Benton	16.8		25 <sup>th</sup> July 1998

### 110 Metres Hurdles - 3ft 3ins

1		Robbie Clarricoats	14.19		16 <sup>th</sup> June 2013
2		Isaac Ogunlade	14.53		29 <sup>th</sup> August 2010
3		Joshua Olawore	14.7		1 <sup>st</sup> July 2012
			(15.35		22 <sup>nd</sup> September 2013)
4		Leo Barker	14.71		3 <sup>rd</sup> August 1997
5		George Hadler	14.89		28 <sup>th</sup> May 2014
6		Jack Edgar-Hill	14.90		8 <sup>th</sup> July 2012
<b>7</b>		<b>Bradley James</b>	<b>15.1</b>		<b>27<sup>th</sup> June 2021</b>
			<b>(15.25</b>		<b>31<sup>st</sup> July 2021)</b>
8		Anthony Williams	15.18		15 <sup>th</sup> June 2008
<b>9</b>		<b>Toby Bishop</b>	<b>15.19</b>		<b>19<sup>th</sup> September 2021</b>
10		Kevin Lidlow	15.2		17 <sup>th</sup> May 1980

### Wind Assisted Marks

		Isaac Ogunlade	14.37		25 <sup>th</sup> July 2010
		George Hadler	14.50		25 <sup>th</sup> May 2013
		Joshua Olawore	14.5		24 <sup>th</sup> June 2012
		Jack Edgar-Hill	14.6		24 <sup>th</sup> June 2012
			(14.65		20 <sup>th</sup> June 2010)

### 400 Metres Hurdles – 3 ft

1		Kevin Lidlow	52.81		24 <sup>th</sup> May 1981
2		Isaac Ogunlade	54.71		3 <sup>rd</sup> July 2010
3		George Hadler	55.11		26 <sup>th</sup> May 2013
4		Leroy Groves	55.12		15 <sup>th</sup> June 1988
5		Thomas Pitkin	55.13		22 <sup>nd</sup> April 2017
6		Darren Matthews	56.0		18 <sup>th</sup> May 1985
7		Robbie Clarricoats	56.58		26 <sup>th</sup> May 2013
8		David Troup	56.6		12 <sup>th</sup> August 1972
9	=	Paul Dunston	56.90		26 <sup>th</sup> June 1982
9	=	Adam McCarthy	56.9		26 <sup>th</sup> April 2009

### 2,000 Metres Steeplechase

1	Paul Bettridge	5:58.8		22 <sup>nd</sup> August 1976
2	Richard Fisher	6:02.8		6 <sup>th</sup> August 1965
3	William Bullock	6:03.8		10 <sup>th</sup> July 1981
4	Gavin Maley	6:05.2		11 <sup>th</sup> May 1996
5	Ben Davis	6:06.36		8 <sup>th</sup> July 2017
6	Keith Berrett	6:08.2		?
7	Paul Berrett	6:08.9		18 <sup>th</sup> April 1979
8	Daniel Belbeck	6:15.57		7 <sup>th</sup> July 1991
9	Jason Lendon	6:18.8		26 <sup>th</sup> May 1993
10	Robert Day	6:20.8		1965

### 3,000 Metres Steeplechase

1	Paul Bettridge	9:26.8		24 <sup>th</sup> July 1976
2	Richard Fisher	9:36.0		4 <sup>th</sup> May 1966
3	William Bullock	9:36.4		30 <sup>th</sup> May 1981
4	Jason Lendon	9:40.0		2 <sup>nd</sup> July 1994
5	Ben Davis	9:44.38		4 <sup>th</sup> August 2018
6	Stephen Harrison	9:45.4		11 <sup>th</sup> August 1965
7	= Roy Young	9:47.0		11 <sup>th</sup> August 1965
7	= Robert Day	9:47.0		15 <sup>th</sup> May 1965
9	Wesley Hawes	9:55.5		19 <sup>th</sup> July 1998
10	Stuart Campbell	10:03.5		17 <sup>th</sup> Sept 1988

### High Jump

1	= Steve Thornett	1.95m		16 <sup>th</sup> July 1983
1	= Steven Prady	1.95m	U17	18 <sup>th</sup> August 2001
3	= Alan Murrell	1.93m		7 <sup>th</sup> August 1965
3	= Steve Nadin	1.93m		7 <sup>th</sup> July 1986
3	= Dean Tompkins	1.93m	U17	5 <sup>th</sup> May 1990
3	= Brett Heath	1.93m		23 <sup>rd</sup> January 1994
3	= Richard Brown	1.93m		5 <sup>th</sup> July 1999
3	= Shandell Taylor	1.93m		4 <sup>th</sup> August 2018
9	Tony Freeman	1.91m		7 <sup>th</sup> July 1990
10	= Michael Dunn	1.90m		24 <sup>th</sup> May 1986
10	= David Stringer	1.90m	U17	21 <sup>st</sup> July 1990
10	= Scott Keating	1.90m	U17	8 <sup>th</sup> August 2002
10	= Shandell Taylor	1.90m	U17	4 <sup>th</sup> September 2016
<b>10</b>	<b>= Aaron Eweka</b>	<b>1.90m</b>		<b>31<sup>st</sup> July 2021</b>

### Long Jump

1	Shandell Taylor	7.78m		13 <sup>th</sup> July 2018
2	Stuart Wells	7.56m		11 <sup>th</sup> July 1997
3	Joshua Olawore	7.20m	U17	18 <sup>th</sup> August 2011
4	Peter Akwaboah	7.08m		21 <sup>st</sup> May 1988
5	Hudson McClean	7.00m		8 <sup>th</sup> September 1974
6	Alex Law	6.92m		16 <sup>th</sup> May 2015
7	Joseph Ramie	6.89m		16 <sup>th</sup> May 2009
8	Lorne Gutteridge	6.81m		28 <sup>th</sup> May 1984
9	Richard Holland	6.78m		12 <sup>th</sup> August 2012
10	Leo Barker	6.76m		2 <sup>nd</sup> August 1997

### Wind Assisted Marks

Joshua Olawore	7.28m		9 <sup>th</sup> August 2014
Peter Akwaboah	7.18m		28 <sup>th</sup> May 1988
Hudson McClean	7.13m		7 <sup>th</sup> September 1974
John Davies	6.96m	U17	15 <sup>th</sup> August 1999
Alan Hardy	6.95m		15 <sup>th</sup> May 1976
Joseph Ramie	6.95m		28 <sup>th</sup> June 2008

### Triple Jump

1	Peter Akwaboah	15.60m		7 <sup>th</sup> August 1988
2	Jimi Tele	15.01m		7 <sup>th</sup> July 2012
3	Eric Robinson	14.39m		31 <sup>st</sup> May 1958
4	Fred Alsop	14.15m		27 <sup>th</sup> July 1957
5	Lorne Gutteridge	14.10m		9 <sup>th</sup> June 1984
6	Ray Harwood	14.08m		30 <sup>th</sup> May 1964
7	Joshua Olawore	14.02m indoor	U17	26 <sup>th</sup> Feb 2011

		(13.94m	U17	11 <sup>th</sup> June 2011)
8	Joseph Ramie	13.98m		24 <sup>th</sup> May 2009
9	John Davies	13.88m	U17	12 <sup>th</sup> June 1999
10	Kieron Keevil	13.86m		12 <sup>th</sup> June 1993

#### Wind Assisted Marks

	Jimi Tele	15.33m		12 <sup>th</sup> May 2013
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#### Pole Vault

1	Ed Thompson	4.40m		19 <sup>th</sup> April 2014
2	= Brett Heath	4.20m		17 <sup>th</sup> April 1994
2	= Kevin Tufton	4.20m		22 <sup>nd</sup> August 1999
4	John Woodberry	3.75m		14 <sup>th</sup> April 1976
5	= Dean Tompkins	3.70m	U17	24 <sup>th</sup> June 1990
5	= Richard Gray	3.70m	U17	20 <sup>th</sup> July 1993
7	= Arron Bonning	3.60m		5 <sup>th</sup> May 1993
7	= Jay Ryan	3.60m		27 <sup>th</sup> July 2008
9	Peter Dukelow	3.58m		23 <sup>rd</sup> July 1966
10	Peter Brinton-Quinn	3.50m	U17	7 <sup>th</sup> April 2019

#### Shot Putt 6.00 kg (in use from 1 January 2002)

1	Scott Hayes	16.77m *		1 <sup>st</sup> September 1991
2	Emmanuel Quarshie	15.05m		9 <sup>th</sup> July 2011
3	Duane Jibunoh	14.46m		27 <sup>th</sup> April 2014
4	Laurence Goodacre	14.35m		2 <sup>nd</sup> July 2011
5	Joshua Olawore	14.34m		30 <sup>th</sup> June 2013
6	Terry Kent	13.63m *		21 <sup>st</sup> May 1983
7	Brett Heath	13.43m *		23 <sup>rd</sup> January 1994
8	Alex Law	12.54m		13 <sup>th</sup> September 2015
9	Danny Wilson	12.37m		15 <sup>th</sup> September 2012
10	Jay Ryan	12.36m		29 <sup>th</sup> June 2008

\* 6.25 kg (in use until 31 December 2001)

#### Shot Putt 7.26kg

1	Scott Hayes	15.35m		7 <sup>th</sup> July 1991
2	Emmanuel Quarshie	13.34m		17 <sup>th</sup> July 2011
3	Duane Jibunoh	12.57m		19 <sup>th</sup> April 2014
4	Brett Heath	11.65m		29 <sup>th</sup> April 1994
5	Andy Woolgar	11.59m		1 <sup>st</sup> May 1982
6	Jay Ryan	11.42m		3 <sup>rd</sup> May 2008
7	Dean Tompkins	11.26m	U17	1 <sup>st</sup> April 1990
8	Mark Bishop	10.59m		7 <sup>th</sup> September 1986
9	Alex Law	10.52m		8 <sup>th</sup> August 2015
10	Kevin Deacon	10.22m		3 <sup>rd</sup> May 2003

#### Discus 1.75kg

1	Scott Hayes	51.46m		1 <sup>st</sup> April 1991
2	Duane Jibunoh	50.52m		15 <sup>th</sup> June 2014
3	Leo Barker	40.90m		3 <sup>rd</sup> August 1997
4	Laurence Goodacre	39.85m		11 <sup>st</sup> May 2011
5	Bradley Reece	38.65m		10 <sup>th</sup> May 2009
6	Danny Wilson	38.03m		16 <sup>th</sup> September 2012
7	Darron Keevil	37.54m		15 <sup>th</sup> May 1993
8	Michael Duncan	36.96m		26 <sup>th</sup> March 2016
<b>9</b>	<b>Toby Bishop</b>	<b>36.05m</b>		<b>30<sup>th</sup> May 2021</b>
10	Andrew Tierney	34.25m		27 <sup>th</sup> July 2003

#### Discus 2.0kg

1	Scott Hayes	47.42m		22 <sup>nd</sup> June 1991
2	Duane Jibunoh	46.51m		19 <sup>th</sup> April 2014
3	Brett Heath	36.80m		1 <sup>st</sup> May 1994
4	Bradley Reece	35.91m		16 <sup>th</sup> May 2009
5	Andy Woolgar	35.14m		1 <sup>st</sup> May 1982
6	Michael Duncan	33.56m		15 <sup>th</sup> April 2017
7	Emmanuel Quarshie	33.26m		4 <sup>th</sup> June 2011
8	Danny Wilson	33.06m		20 <sup>th</sup> April 2013
9	Andrew Tierney	30.83m		8 <sup>th</sup> June 2002

10	Luke Overton	30.00m		14 <sup>th</sup> July 2012
<b>Hammer 6.00 kg (in use from 1 January 2002)</b>				
1	Kevin Deacon	52.89m		17 <sup>th</sup> September 2003
2	Bradley Reece	50.75m		23 <sup>rd</sup> May 2010
3	Joe Forde	49.91m		18 <sup>th</sup> June 2006
4	Daniel Gamester	45.28m *		14 <sup>th</sup> June 1997
5	Lewis Williams	41.99m		29 <sup>th</sup> May 2011
6	Terry O'Leary	32.32m		29 <sup>th</sup> Aug 2004
7	Andrew Tierney	29.85m		27 <sup>th</sup> July 2003
8	Christian Newton	28.23m		24 <sup>th</sup> April 2005
9	Jay Ryan	27.33m		27 <sup>th</sup> July 2008
10	Dean Tompkins	24.46m *		4 <sup>th</sup> May 1992
* 6.25 kg (in use until 31 December 2001)				
<b>Hammer 7.26kg</b>				
1	Kevin Deacon	47.64m		18 <sup>th</sup> April 2003
2	Joe Forde	43.14m		5 <sup>th</sup> August 2006
3	Bradley Reece	45.58m		5 <sup>th</sup> June 2010
4	Daniel Gamester	39.84m		3 <sup>rd</sup> May 1997
5	Andrew Tierney	25.13m		4 <sup>th</sup> August 2001
6	Christian Newton	24.63m		9 <sup>th</sup> July 2005
7	Duane Jibunoh	23.12m		7 <sup>th</sup> June 2014
8	Emmanuel Quarshie	22.18m		31 <sup>st</sup> July 2010
9	Georgie Bean	20.67m		21 <sup>st</sup> Aug 2010
<b>Javelin 800g New Model Only</b>				
1	Bonne Buwembo	70.80m		13 <sup>th</sup> September 2008
2	Max Law	68.57m		2 <sup>nd</sup> June 2019
3	<b>Peter Brinton-Quinn</b>	<b>61.64m</b>		<b>12<sup>th</sup> September 2021</b>
4	Bradley Burr	60.19m		17 <sup>th</sup> April 2010
5	<b>Bradley James</b>	<b>57.68m</b>		<b>1<sup>st</sup> August 2021</b>
6	Georgie Bean	54.22m	U17	15 <sup>th</sup> June 2008
7	Mark Bishop	53.80m		8 <sup>th</sup> June 1986
8	<b>Oliver Woods</b>	<b>52.67m</b>		<b>13<sup>th</sup> September 2020</b>
9	Patrick Lear	51.20m		12 <sup>th</sup> August 2012
10	Duane Jibunoh	50.15m		19 <sup>th</sup> April 2014
<b>Decathlon</b> <b>(100m, Long Jump, Shot, High Jump, 400m, 110m hurdles, Discus, Pole Vault, Javelin, 1500m)</b>				
1	Brett Heath	6579 E Points (11.83w, 6.41m, 11.65m, 1.88m, 52.04, 15.88, 36.80m, 4.20m, 39.78m, 4.28.37)		30 <sup>th</sup> April / 1 <sup>st</sup> May 1994
2	Mark Bishop	6070 H Points 11.5, 6.41m, 10.59m, 1.79m, 50.2, 16.7, 28.70m, 3.30m, 52.86m (Old Style) 4.50.0		6 <sup>th</sup> /7 <sup>th</sup> September 1986
3	Greg Archer	5437 H Points 12.0, 6.39m, 9.48m, 1.79m, 53.2, 18.1, 29.86m, 2.60m, 38.20m (Old Style) 5.03.9		29 <sup>th</sup> /30 <sup>th</sup> September 1984
4	Mark Bird	4663 Points		27 <sup>th</sup> /28 <sup>th</sup> September 1980
5	Kieron Keevil	4348 Points		27 <sup>th</sup> /28 <sup>th</sup> August 1993

### Decathlon Junior Implements

1	Leo Barker	6384 E Points 11.37, 6.76m, 12.10m, 1.77m, 53.24, 14.71, 40.90m, 2.90m, 49.32m, 5:13.96	2 <sup>nd</sup> /3 <sup>rd</sup> August 1997
2	Joshua Olawore	6269 E Points 11.05, 7.18m, 12.81m, 1.76m, 50.62; 15.35, 29.15m, 2.60m, 41.99m, 5:07.75	21 <sup>st</sup> / 22 <sup>nd</sup> September 2013
3	<b>Bradley James</b>	<b>5733 E Points</b> <b>11.80, 6.60m, 8.82m, 1.74m, 52.42,</b> <b>15.41, 27.80m, 2.20m, 53.15m,</b> <b>4:55.08</b>	<b>18<sup>th</sup>/19<sup>th</sup> September 2021</b>
4	<b>Toby Bishop</b>	<b>5713 E Points</b> <b>11.71, 6.26m, 11.08m, 1.74m, 53.70,</b> <b>15.19, 34.67m, 3.10m, 42.61m,</b> <b>5:43.58</b>	<b>18<sup>th</sup>/19<sup>th</sup> September 2021</b>
5	Aaron Bonning	5334 H Points 12.2, 5.94m, 10.80m, 1.66m, 55.6; 16.9, 31.22m, 3.40m, 41.84m, 5:01.0	25 <sup>th</sup> /26 <sup>th</sup> June 1994
6	Danny Wilson	5197 E Points 11.93, 5.33m, 12.37m, 1.63m, 52.09; 18.63, 38.03m, 2.20m, 33.13m, 4:47.23	15 <sup>th</sup> /16 <sup>th</sup> September 2012
7	Darron Keevil	5065 H Points 12.7, 5.96m, 9.96m, 1.80m, 56.8, 16.8, 31.58m, 2.90m, 39.04m, 5:10.8	26 <sup>th</sup> /27 <sup>th</sup> June 1993
8	Bradley Burr	4978 H Points 12.3, 5.62m, 10.79m, 1.74m, 56.8, 16.7, 28.34m, 2.60m, 54.45m, 5:49.7	26 <sup>th</sup> /27 <sup>th</sup> June 2010

H = Hand Timing    E = Electronic Timing

### Other Junior / U20 Records

4 x 100 Metres Relay	<b>43.60</b> <b>Sam Sanusi, Ridwan Salaam, Jacob Blanc, Denzel Achi</b>	<b>U17</b>	<b>5<sup>th</sup> September 2020</b>
4 x 200 Metres Relay	1:36.2 Team Unknown	U17	7 <sup>th</sup> August 1976
4 x 400 Metres Relay	3:24.0 Team Unknown		18 <sup>th</sup> May 1980
4 x 800 Metres Relay	8:15.1 Ian Berrett, Keith Evans, S Pattle, Andy Coleman	U17	26 <sup>th</sup> August 1976
4 x 1500 Metres Relay	17:46.6 Team Unknown	U17	10 <sup>th</sup> September 1986
3 x 800 Metres Relay	5:49.3 Team Unknown		1988
3 x 1500 Metres Relay	12:18.2 David Caton, Russell Middleton, Gary Robbins	U17	12 <sup>th</sup> September 1984
Medley Relay 200, 200, 400, 800	3:28.6 Graham Healy, David Burke, Russell Middleton, Gary Robbins		14 <sup>th</sup> July 1987

**Other Junior / U20 Records (cont)**

<b>60 metres</b>	<b>Denzel Achi</b>	<b>7.18 Indoor</b>	<b>U17</b>	<b>22<sup>nd</sup> February 2020</b>
150 metres	Matthew Russell	16.5	U17	23 <sup>rd</sup> March 1997
300 Metres	Philip Sadler	35.97 Indoor		29 <sup>th</sup> February 1996
600 Metres	Ian Berrett	1:27.1		6 <sup>th</sup> August 1977
1000 Metres	Paul Berrett	2:30.9		20 <sup>th</sup> August 1980
2000 Metres	Roy Young	5:32.2		17 <sup>th</sup> April 1964
3000 Metres	Adrian Murphy	8:24.2		3 <sup>rd</sup> September 1975
5000 Metres	Adrian Murphy	14:44.8		26 <sup>th</sup> July 1975
1 Mile	Richard Bolam	4:15.5		9 <sup>th</sup> July 1975
2 Miles	Roy Young	9:03.6		29 <sup>th</sup> June 1965
60 Metres Hurdles	Robbie Clarricoats	8.28 Indoor		10 <sup>th</sup> February 2013
200 Metres Hurdles	M Corbett	27.8y		11 <sup>th</sup> June 1961
300 Metres Hurdles	George Hadler	39.8		30 <sup>th</sup> March 2014
Pentathlon +	Brett Heath	3589 Points		23 <sup>rd</sup> January 1994
Heptathlon +	Brett Heath	4455 Points		2 <sup>nd</sup> January 1994

*Note: + Junior Implements*