

## Eastern Young Athletes' League, Hornchurch Sun 2<sup>nd</sup> July 2023

|                    | Total        | BU13       | BU15       | MU17       | GU13      | GU15         | WU17       |
|--------------------|--------------|------------|------------|------------|-----------|--------------|------------|
| <b>Havering AC</b> | <b>764.5</b> | <b>107</b> | <b>132</b> | <b>138</b> | <b>98</b> | <b>139.5</b> | <b>130</b> |
| Basildon           | 521          | 87         | 68         | 87         | 65        | 101          | 98         |
| Herts Phoenix      | 492.5        | 85         | 84         | 84         | 75        | 77.5         | 77         |
| Bedford & County   | 375          | 44         | 59         | 46         | 85        | 71           | 55         |
| Orion/Ilford       | 243          | 21         | 66         | 44         | 10        | 39           | 44         |
| Harlow             | 213          | 38         | 14         | 10         | 61        | 47           | 28         |

### Under 17 Men

| Event       | 'A' String                    | Result  | Pos | 'B' String               | Result  | Pos |
|-------------|-------------------------------|---------|-----|--------------------------|---------|-----|
| 100m        | Ike Okwudi                    | 11.35   | 1   | Emmanuel Asirifi-Otchere | 11.67   | 1   |
| 200m        | Ike Okwudi                    | 23.15   | 1   | Jack Hignett             | 24.60   | 1   |
| 400m        | Daniel Lammas                 | 52.53   | 2   | Joseph Finch             | 57.97   | 2   |
| 800m        | Toby Johnson                  | 2:07.36 | 1   | Oliver Taylor-Bush       | 2:12.01 | 1   |
| 1500m       | Jack West                     | 4:18.91 | 1   | Sean Langan              | 4:54.12 | 5   |
| 100m H      | Al-Ameen Salaam               | 14.13   | 1   |                          |         |     |
| Pole Vault  | Oliver Pullen                 | 2.70    | 1   | No B string              |         |     |
| High Jump   | Jack Hignett                  | 1.86    | 1   | Oliver Taylor Bush       | 1.65    | 2   |
| Long Jump   | Luca Gregory                  | 4.81    | 4   | Oliver Pullen            | 4.62    | 2   |
| Triple Jump | Emmanuel Asirifi-Otchere      | 9.65    | 2   | -                        |         |     |
| Shot        | Michael Tesi                  | 10.24   | 1   | Luca Gregory             | 9.15    | 1   |
| Discus      | Michael Tesi                  | 33.02   | 1   | Bobby Williams           | 23.20   | 1   |
| Hammer      | Oliver Pullen                 | 22.62   | 1   | No B string              |         |     |
| Javelin     | Bobby Williams                | 58.64   | 1   | Luca Gregory             | 40.18   | 1   |
| 4x100m R    | Emmanuel, Daniel, Bobby, Ike, |         |     |                          | 46.13   | 1   |

### Under 15 Boys

|            |  |         |   |                      |         |   |
|------------|--|---------|---|----------------------|---------|---|
| 100m       | Tobias Samuel                              | 11.7    | 2 | Ryan Alexander       | 12.1    | 2 |
| 200m       | Tobias Samuel                              | 24.36   | 2 | Jake Shaw            | 25.90   | 3 |
| 300m       | Findlay McLaren                            | 38.75   | 1 | Charlie Keenan       | 40.47   | 1 |
| 800m       | Findlay McLaren                            | 2:07.97 | 1 | Shea Sweeney         | 2:11.96 | 1 |
| 1500m      | Stevie Reynolds                            | 4:42.47 | 1 | Liam Battrum         | 5:07.16 | 1 |
| 80m H      | Zak Williams                               | 12.35   | 1 | Simeon Sandhu-Nelson | 15.48   | 2 |
| Pole Vault | Zak Williams                               | 2.80    | 1 | No B string          |         |   |
| High Jump  | Ryan Alexander                             | 1.73    | 1 | Findlay McLaren      | 1.65    | 1 |
| Long Jump  | Jayden Wilkinson                           | 4.68    | 2 | Tobias Samuel        | NJ      |   |
| Shot       | Jacob Tomlinson                            | 8.43    | 3 | William Tilson       | 7.08    | 3 |
| Discus     | Dillon Humphrey                            | 31.55   | 1 | Harrison Rabess      | 27.51   | 1 |
| Hammer     | Dillon Humphrey                            | 18.13   | 2 | No B string          |         |   |
| Javelin    | Zak Williams                               | 41.14   | 1 | William Tilson       | 28.57   | 1 |
| 4x100m R   | Ryan, Tobias, Jake, Adrian Shalujo-Afolabi |         |   |                      | 48.15   | 1 |

### Under 13 Boys

|             |                               |         |   |                |         |   |
|-------------|-------------------------------|---------|---|----------------|---------|---|
| 100m        | Jesse Crawley                 | 14.59   | 2 | Michael Lesser | 15.47   | 4 |
| 200m        | Jesse Crawley                 | 31.18   | 3 | George Rogers  | 29.09   | 1 |
| 800m        | Oliver West                   | 2:24.97 | 1 | George Bangs   | 2:33.20 | 2 |
| 1500m       | Joseph Sewell                 | 5:12.85 | 2 | Logan Hunt     | 5:31.36 | 4 |
| 75m Hurdles | George Rogers                 | 14.24   | 2 | Henry Langford | 14.48   | 1 |
| High Jump   | Isaac Shearing                | 1.30    | 1 | Henry Langford | 1.30    | 1 |
| Long Jump   | Max Sillett                   | 3.81    | 4 | Isaac Shearing | 3.76    | 3 |
| Shot        | Oliver West                   | 8.22    | 1 | Ethan Johnson  | 7.12    | 1 |
| Discus      | Ethan Johnson                 | 18.88   | 1 | George Burgess | 13.82   | 2 |
| Javelin     | Ethan Johnson                 | 23.77   | 1 | George Rogers  | 20.47   | 1 |
| 4x100m R    | George, Isaac, Michael, Jesse |         |   |                | 59.70   | 2 |

## Eastern Young Athletes' League, Hornchurch Sun 2<sup>nd</sup> July 2023

| <b>Under 17 Girls</b> |                                      |               |            |                      |               |            |
|-----------------------|--------------------------------------|---------------|------------|----------------------|---------------|------------|
| <b>Event</b>          | <b>'A' String</b>                    | <b>Result</b> | <b>Pos</b> | <b>'B' String</b>    | <b>Result</b> | <b>Pos</b> |
| 100m                  | Precious Fagbadegun                  | 13.03         | 2          | Zara Okocha          | 13.34         | <b>1</b>   |
| 200m                  | Cassie Campbell                      | 27.08         | 2          | Mya Thomas           | 27.33         | <b>1</b>   |
| 300m                  | Isobel Pickard                       | 44.01         | 2          | Cassie Campbell      | 44.90         | <b>1</b>   |
| 800m                  | Abigail Swan                         | 2:34.09       | 3          | Rosie Warner         | 2:37.59       | <b>1</b>   |
| 1500m                 | Charlotte Evans                      | 5:23.63       | <b>1</b>   | Hannah Evans         | 5:32.64       | <b>1</b>   |
| 80m H                 | Maggie Smith                         | 12.65         | <b>1</b>   | Faith Wicks          | 14.57         | <b>1</b>   |
| Pole V                | Faith Wicks                          | 2.20          | <b>1</b>   | No B string          |               |            |
| High J                | Maggie Smith                         | 1.55          | <b>1</b>   |                      |               |            |
| Long J                | Maggie Smith                         | 4.76          | <b>1</b>   | Heidi Burt           | 4.02          | <b>1</b>   |
| Triple J              | Charlotte Evans                      | 8.27          | 4          | Hannah Evans         | 7.62          | 2          |
| Shot                  | Lucy Lendon                          | 5.98          | 4          | Gillian Danbaba      | 5.50          | 3          |
| Discus                | Isobel Pickard                       | 20.90         | 2          | -                    |               |            |
| Hammer                | Lisa Osuala                          | 22.81         | 3          | No B string          |               |            |
| Javelin               | Lucy Quinlan                         | 33.27         | <b>1</b>   | Emily Quinlan        | 21.34         | <b>1</b>   |
| 4x100m                | Mya, Zara, Cassie, Precious          |               |            |                      | 52.57         | <b>1</b>   |
| <b>Under 15 Girls</b> |                                      |               |            |                      |               |            |
| <b>Event</b>          | <b>'A' String</b>                    | <b>Result</b> | <b>Pos</b> | <b>'B' String</b>    | <b>Result</b> | <b>Pos</b> |
| 100m                  | Kara Adegite                         | 13.3          | <b>1</b>   | Christine Atumonyogo | 13.4          | <b>1</b>   |
| 200m                  | Kara Adegite                         | 27.80         | <b>1</b>   | Jessica Page         | 27.75         | <b>1</b>   |
| 300m                  | Amy Mansell                          | 43.65         | <b>1</b>   | Bel Drake            | 43.64         | <b>1</b>   |
| 800m                  | Daisy Leech                          | 2:22.27       | <b>1</b>   | Ruby Price           | 2:34.77       | 2          |
| 1500m                 | Emmie Lole                           | 5:07.11       | <b>1</b>   | Orla Friel           | 5:10.49       | <b>1</b>   |
| 75m H                 | Isabelle James                       | 12.65         | <b>1</b>   | Amy Mansell          | 13.00         | <b>1</b>   |
| Pole V                | Scarlett Woods                       | 1.90          | <b>1</b>   | No B string          |               |            |
| High J                | Bel Drake                            | 1.45          | <b>1=</b>  | Daisy Leech          | 1.35          | 2          |
| Long J                | Tomi Ojelowo                         | 4.49          | 2          | Daisy Leech          | 4.26          | <b>1</b>   |
| Shot                  | Amy Mansell                          | 8.97          | 2          | Callie Ziepe         | 5.95          | 2          |
| Discus                | Isabelle James                       | 17.46         | 3          | Emmie Lole           | 16.17         | <b>1</b>   |
| Hammer                | Grace Tilson                         | 15.17         | 3          | No B string          |               |            |
| Javelin               | Jessica Page                         | 30.96         | <b>1</b>   | Scarlett Woods       | 27.00         | <b>1</b>   |
| 4x100m                | Christine, Bel, Amy, Kara            |               |            |                      | 50.80         | <b>1</b>   |
| <b>Under 13 Girls</b> |                                      |               |            |                      |               |            |
| <b>Event</b>          | <b>'A' String</b>                    | <b>Result</b> | <b>Pos</b> | <b>'B' String</b>    | <b>Result</b> | <b>Pos</b> |
| 100m                  | Cleo Drake                           | 14.00         | 2          | Ome Nwapa            | 14.69         | 3          |
| 200m                  | Cleo Drake                           | 31.02         | 4          | Talia Malcolm        | 31.50         | 3          |
| 800m                  | Isabelle Ridley                      | 2:51.89       | 5          | Jessica Latham       | 3:01.00       | 3          |
| 1500m                 | Elena Williams                       | 5:41.94       | <b>1</b>   | Amelie Shearing      | 6:07.79       | 2          |
| 70m H                 | Amelie Shearing                      | 12.55         | 3          | Isabelle Ridley      | 14.24         | 3          |
| High J                | Ome Nwapa                            | 1.32          | <b>1</b>   | Sophia-Rae Ahmad     | 1.20          | <b>1</b>   |
| Long J                | Ome Nwapa                            | 4.07          | 2          | Sophia-Rae Ahmad     | 3.55          | 3          |
| Shot                  | Dulce Smith-Rodriguez                | 8.81          | <b>1</b>   | Orlaith McLaren      | 4.95          | 2          |
| Discus                | Dulce Smith-Rodriguez                | 22.09         | 2          | Dolly Humphrey       | 13.83         | 2          |
| Javelin               | Amelie Shearing                      | 14.73         | 4          | Alana Graves         | 11.63         | 2          |
| 4x100m                | Ome, Talia, Amelie, Zenobia Williams |               |            |                      | 58.05         | 2          |

**Eastern Young Athletes' League 2023** Non Scoring Athletes

| <b>Name</b>            | <b>Age-group</b> | <b>Event 1</b> | <b>Event 2</b> | <b>Event 3</b> |
|------------------------|------------------|----------------|----------------|----------------|
| Michael Lesser         | U13B             | 200: 32.18     |                |                |
| George Burgess         | U13B             | 800: 2:45.29   |                |                |
| Alex Lole              | U13B             | 800: 2:54.97   | JT: 19.14      |                |
| Schalk Steyn           | U13B             | LJ: 3.43       | 100: 15.29     | HJ: 1.35       |
| Max Sillett            | U13B             | 100: 15.82     |                |                |
| Henry Langford         | U13B             | LJ: 3.14       |                |                |
| Isaac Shearing         | U13B             | 1500: 5:35.10  |                |                |
| Logan Hunt             | U13B             | 100: 14.38     |                |                |
|                        |                  |                |                |                |
| Charlie Keenan         | U15B             | 100: 12.51     |                |                |
| Jayden Twum            | U15B             | 100: 11.60     | 200: 23.74     |                |
| Callum Attwood-Kelly   | U15B             | 800: 2:21.00   |                |                |
| Aidan Doherty          | U15B             | 800: 2:24.4    | HJ: 1.55       |                |
| Jayden Wilkinson       | U15B             | 800: 2:19.45   | 300: 42.27     |                |
| Oliver Spence          | U15B             | 200: 28.11     |                |                |
| Shea Sweeney           | U15B             | DT: 19.85      |                |                |
| Harrison Rabess        | U15B             | SP: 8.68       | JT: 21.78      |                |
| Freddie Hatcher        | U15B             | HT: 18.37      | SP: 7.98       |                |
| Jake Shaw              | U15B             | 100: 12.54     |                |                |
| Leo Leborgne           | U15B             | 100: 13.68     | 300: 46.35     |                |
| Dexter Millington      | U15B             | 80mH: 18.87    |                |                |
| Adrian Shalujo-Afolabi | U15B             | 100: 12.53     | 200: 25.86     |                |
| Ethan Carroll          | U15B             | 1500: 5:15.96  |                |                |
| William Tilson         | U15B             | 800: 2:17.59   |                |                |
| Maxwell Adeosun        | U15B             | 200: 25.64     |                |                |
| Freddie Hatcher        | U15B             | HT: 18.37      |                |                |
|                        |                  |                |                |                |
| Joseph Gray            | U17M             | 400: 55.42     |                |                |
| Daniel Lammas          | U17M             | 200: 24.17     |                |                |
| Daniel Lesser          | U17M             | HJ: 1.50       |                |                |
| Toby Johnson           | U17M             | 400: 55.42     |                |                |
|                        |                  |                |                |                |

