

Havering AC Male 2022 Rankings as at 06/06/2023

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U20M	60	Denzel Achi	7.05i	AT U20M 1st	13-Feb-22	EA Age Group Champs	Sheffield
U20M	60	Ridwan Salaam	7.14i		13-Feb-22	EA Age Group Champs	Sheffield
U20M	60	Jacob Blanc	7.20i		23-Jan-22	London Indoor Games	Lee Valley
U20M	60	Ronnie Adoma	7.22i		23-Jan-22	London Indoor Games	Lee Valley
U20M	60	Toby Bishop	7.34i		18-Dec-21	SEAA CE Indoor Champs	Lee Valley
U17M	60	Al-Ameen Salaam	7.38i		19-Jan-22	Newham 2x60m Sprints	Newham
SM	60	Akeem Akintokun	7.42i		19-Jan-22	Newham 2x60m Sprints	Newham
U17M	60	Chris Agnimel	7.49i		2-Jan-22	New Year Open	Lee Valley
U17M	60	Leon Bengo	7.59i		15-Jan-22	SEAA Indoor Champs	Lee Valley
U13B	60	Jayden Twum	7.60	AT U13B 1st	29-Aug-22	BFTTA Open	Dagenham
U17M	60	Lews Dixon	7.9i		12-Feb-22	Essex & Eastern Indoor Champ	Lee Valley
U13B	60	Aidan Doherty	8.41i		12-Feb-22	Essex & Eastern Indoor Champ	Lee Valley
U13B	75	Jacob Tomlinson	10.0	AT U13B 1st	30-Jul-22	YDL LAG R4	Tonbridge
U13B	75	Emmanuel Olubukola-Sog	10.44		8-May-22	YDL LAG R1	Tonbridge
U13B	75	Aidan Doherty	10.65		8-May-22	YDL LAG R1	Tonbridge
U13B	75	George Rogers	11.06		3-Jul-22	YDL LAG R3	Hornchurch
U13B	75	Harrison Rabess	11.17		18-Apr-22	Woodford Open	Woodford
U13B	75	Oliver West	11.9		8-May-22	YDL LAG R1	Tonbridge
U13B	75	Noah Leach	11.9		3-Jul-22	YDL LAG R3	Hornchurch
U13B	75	Henry Langford	12.1		30-Jul-22	YDL LAG R4	Tonbridge
U13B	75	Ethan Johnson	12.2		8-May-22	YDL LAG R1	Tonbridge
U20M	100	Ronnie Adoma	10.89	AT U20M 5th	18-Apr-22	Woodford Open	Woodford
SM	100	Lewis Bailey	11.05		7-May-22	NAL Championship R1	Chelmsford
U20M	100	Ridwan Salaam	11.06w		9-Jul-22	SEAA U20 Inter Counties	Horspath, Oxford
U20M	100	Ridwan Salaam	11.18		14-Aug-22	Newham Sprints	Stratford (CT)
U20M	100	Ayo Babatunde	11.13w		18-Sep-22	English Schools Combined Ever	Bedford
U20M	100	Ayo Babatunde	11.22		8-Jun-22	Lee Valley Open	Lee Valley
SM	100	Akeem Akintokun	11.40		10-Aug-22	Watford Open	Watford
U17M	100	Ike Okwudi	11.54		25-Sep-22	Club Champs & Open	Hornchurch
U17M	100	Reece Malcolm	11.6		1-May-22	EYAL R1	Thurrock
U17M	100	Reece Malcolm	11.70		25-Sep-22	Club Champs & Open	Hornchurch
U15B	100	Joel Ajayi	11.63		11-Sep-22	EYAL Top 8 Final	Chelmsford
U20M	100	Patrick McLean-Tattan	11.65		28-May-22	EA U18 Decathlon Champs	Bedford
U17M	100	Chris Agnimel	11.66		7-Aug-22	YDL UAG R4	Crawley
U17M	100	Al-Ameen Salaam	11.72		28-May-22	YDL UAG R2	Woodford
U17M	100	Leon Bengo	11.77		24-Apr-22	YDL UAG R1	Tonbridge
SM	100	Aaron Freshwater	11.81		13-Aug-22	SAL R4	Perivale
U13B	100	Jayden Twum	11.83w	AT U13B w/a	29-Aug-22	BFTTA Open	Dagenham
U13B	100	Jayden Twum	11.93	AT U13B 3rd	29-Aug-22	BFTTA Open	Dagenham
U20M	100	Calvin Sanni	11.9		22-May-22	SAL R1	Hemel Hempstead
U20M	100	Calvin Sanni	11.96		12-Jun-22	SAL R2	Chelmsford
U15B	100	Kamel Adjei	11.9		30-Jul-22	YDL UAG R4	Tonbridge
U15B	100	Kamel Adjei	11.93		3-Jul-22	YDL UAG R3	Hornchurch
U20M	100	Jeramie St Valchikwe	12.21		7-Aug-22	YDL UAG R4	Crawley
SM	100	Louis Berrett	12.27		9-Apr-22	Havering Warm Up Open	Hornchurch
U17M	100	Jeffrey Fenoo	12.36		24-Apr-22	YDL UAG R1	Tonbridge
U15B	100	Jack Hignett	12.55		31-Aug-22	Chelmsford Open	Chelmsford
U17M	100	Lewis Dixon	12.63		9-Apr-22	Havering Warm Up Open	Hornchurch
U15B	100	Ryan Alexander	12.75		10-Jul-22	EYAL R3	Hornchurch
U15B	100	Rashaun Mullings-Smith	12.8		1-May-22	EYAL R1	Thurrock
U15B	100	Rashaun Mullings-Smith	13.22		9-Apr-22	Havering Warm Up Open	Hornchurch
U17M	100	Joseph Gray	13.08		9-Apr-22	Havering Warm Up Open	Hornchurch
U15B	100	Jake Shaw	13.24		8-May-22	YDL LAG R1	Tonbridge
U13B	100	Aidan Doherty	13.54		14-May-22	Essex Championships	Chelmsford
U15B	100	Simeon Barker	13.6		8-May-22	YDL LAG R1	Tonbridge
U15B	100	Oliver Pullen	13.6		21-May-22	YDL LAG R2	Bracknell
U15B	100	Oliver Pullen	13.85		25-Sep-22	Club Champs & Open	Hornchurch
U15B	100	Maxwell Adeosun	13.64		25-Sep-22	Club Champs & Open	Hornchurch
U13B	100	Jacob Tomlinson	13.7		1-May-22	EYAL R1	Thurrock
U15B	100	Luke Benjamin	13.72		10-Jul-22	EYAL R3	Hornchurch
U13B	100	Emmanuel Olubukola-Sog	13.73		10-Jul-22	EYAL R3	Hornchurch
U13B	100	Oliver Spence	13.94		10-Jul-22	EYAL R3	Hornchurch
U15B	100	Harrison Palmer	13.98		3-Jul-22	YDL LAG R3	Hornchurch
U15B	100	Aly Hashem	14.15		25-Sep-22	Club Champs & Open	Hornchurch

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Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U13B	100	Harrison Rabess	14.17		14-May-22	Essex Championships	Chelmsford
U15B	100	Freddie Rowe	14.27		18-Apr-22	Woodford Open	Woodford
U13B	100	George Rogers	14.29		10-Jul-22	EYAL R3	Hornchurch
U15B	100	Samuel Theophilus	14.36		10-Jul-22	EYAL R3	Hornchurch
U15B	100	Sam Burdett	14.91		23-Jul-22	LICC	Hendon
U13B	100	Liam Battrum	15.0		5-Jun-22	EYAL R2	Chelmsford
U13B	100	William Millard	15.17		25-Sep-22	Club Champs & Open	Hornchurch
U13B	100	Henry Langford	15.8		5-Jun-22	EYAL R2	Chelmsford
U13B	100	Henry Langford	16.30		10-Jul-22	EYAL R3	Hornchurch
U13B	100	Ethan Johnson	15.8		5-Jun-22	EYAL R2	Chelmsford
U13B	100	Isaac Shearing	15.95		9-Apr-22	Havering Warm Up Open	Hornchurch
U13B	100	Sean Mugagga	15.99		10-Jul-22	EYAL R3	Hornchurch
U13B	150	Jacob Tomlinson	19.99	AT U13B 2nd	3-Jul-22	YDL LAG R3	Hornchurch
U13B	150	Aidan Doherty	20.40	AT U13B =3rd	8-May-22	YDL LAG R1	Tonbridge
U13B	150	Jayden Wilkinson	20.40	AT U13B =3rd	3-Jul-22	YDL LAG R3	Hornchurch
U13B	150	Emmanuel Olubukola-Sog	20.6		30-Jul-22	YDL LAG R4	Tonbridge
SM	200	Matthew Agnimel	22.2		22-May-22	SAL R1	Hemel Hempstead
SM	200	Matthew Agnimel	22.41		13-Aug-22	SAL R4	Perivale
U20M	200	Ronnie Adoma	22.35		18-Apr-22	Woodford Open	Woodford
SM	200	Lewis Bailey	22.35		28-May-22	BFTTA Open	Dagenham
SM	200	Akeem Akintokun	22.55		10-Jul-22	Medway Open	Gillingham
U20M	200	Jacob Blanc	22.91		4-Jun-22	NAL Championship R2	Bedford
U20M	200	Ayo Babatunde	23.00		4-Jun-22	NAL Championship R2	Bedford
U17M	200	Ike Okwudi	23.50		10-Jul-22	EYAL R3	Hornchurch
U17M	200	Reece Malcolm	23.6		5-Jun-22	EYAL R2	Chelmsford
U17M	200	Reece Malcolm	23.88		25-Sep-22	Club Champs & Open	Hornchurch
U20M	200	Patrick McLean-Tattan	23.62		23-Apr-22	Essex Pentathlons	Lee Valley
U15B	200	Joel Ajayi	23.63	AT U15B 6th	3-Jul-22	YDL LAG R3	Hornchurch
U17M	200	Daniel Lammas	24.0		5-Jun-22	EYAL R2	Chelmsford
U17M	200	Chris Agnimel	24.10		10-Jul-22	EYAL R3	Hornchurch
U17M	200	Leon Bengo	24.15w		7-Aug-22	YDL UAG R4	Crawley
U17M	200	Leon Bengo	24.41		24-Apr-22	YDL UAG R1	Tonbridge
U17M	200	Al-Ameen Salaam	24.15		11-Sep-22	EYAL Top 8 Final	Chelmsford
U20M	200	Toby Bishop	24.23		9-Apr-22	Havering Warm Up Open	Hornchurch
U13B	200	Jayden Twum	24.32	AT U13B 3rd	31-Aug-22	Chelmsford Open	Chelmsford
U20M	200	Calvin Sanni	24.35		7-Aug-22	YDL UAG R4	Crawley
SM	200	Louis Berrett	24.36		18-Apr-22	Woodford Open	Woodford
SM	200	Reece Harriott	24.40i		12-Feb-22	Scottish Student Champs	Glasgow
U17M	200	Teddy Matthews	24.48		11-Jun-22	Essex Schools Championships	Chelmsford
U15B	200	Kamel Adjei	25.06		10-Jul-22	EYAL R3	Hornchurch
U17M	200	Lewis Dixon	25.08		9-Apr-22	Havering Warm Up Open	Hornchurch
U15B	200	Rashaun Mullings-Smith	25.8		21-May-22	YDL LAG R2	Bracknell
U15B	200	Rashaun Mullings-Smith	26.46		9-Apr-22	Havering Warm Up Open	Hornchurch
U15B	200	Ryan Alexander	26.70		11-Sep-22	EYAL Top 8 Final	Chelmsford
U13B	200	Jacob Tomlinson	26.79		10-Jul-22	EYAL R3	Hornchurch
U17M	200	Nathan Hart	26.8		1-May-22	EYAL R1	Thurrock
U13B	200	Aidan Doherty	27.42i		13-Feb-22	Essex & Eastern Indoor Champ	Lee Valley
U13B	200	Aidan Doherty	27.46		9-Apr-22	Havering Warm Up Open	Hornchurch
U13B	200	Jayden Wilkinson	27.84		10-Jul-22	EYAL R3	Hornchurch
U15B	200	Waeel Kabuye	28.5		5-Jun-22	EYAL R2	Chelmsford
U15B	200	William Tilson	28.60		9-Apr-22	Havering Warm Up Open	Hornchurch
U15B	200	Jake Shaw	28.6		1-May-22	EYAL R1	Thurrock
U13B	200	Emmanuel Olubukola-Sog	28.64		10-Jul-22	EYAL R3	Hornchurch
U15B	200	John O'Brien	30.1		5-Jun-22	EYAL R2	Chelmsford
U17M	200	Benjamin Suddaby	30.18		9-Apr-22	Havering Warm Up Open	Hornchurch
U13B	200	Keiran Catherall	30.24		9-Apr-22	Havering Warm Up Open	Hornchurch
U15B	200	Morgan Anusiem	30.27		10-Jul-22	EYAL R3	Hornchurch
U15B	200	Maxwell Adeosun	30.85		25-Sep-22	Club Champs & Open	Hornchurch
U13B	200	Harrison Rabess	30.93		15-May-22	Essex Championships	Chelmsford
U13B	200	George Rogers	31.21		10-Jul-22	EYAL R3	Hornchurch
U13B	200	Ethan Johnson	32.45		10-Jul-22	EYAL R3	Hornchurch
U13B	200	Spencer Hart	34.4		5-Jun-22	EYAL R2	Chelmsford
U15B	300	Joel Ajayi	39.57		11-Jun-22	Essex Schools Championships	Chelmsford
U15B	300	Joseph Finch	39.63		10-Jul-22	EYAL R3	Hornchurch

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Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U15B	300	Adem Bouadjadja	40.55		25-Sep-22	Club Champs & Open	Hornchurch
U15B	300	Findlay McLaren	41.88		3-Jul-22	YDL LAG R3	Hornchurch
U15B	300	Shea Sweeney	43.63		10-Jul-22	EYAL R3	Hornchurch
U15B	300	William Tilson	44.06		8-May-22	YDL LAG R1	Tonbridge
U15B	300	Daniel Lesser	45.7		21-May-22	YDL LAG R2	Bracknell
U15B	300	Morgan Anusiem	48.3		5-Jun-22	EYAL R2	Chelmsford
SM	400	Tom Pitkin	47.26i		3-Dec-21	Blue & Gold Invitational	South Bend, IL USA
SM	400	Matthew Agnimel	48.98	AT SM 13th	14-May-22	Essex Championships	Chelmsford
U20M	400	Jacob Blanc	49.59	AT U20M 9th	28-May-22	YDL UAG R2	Woodford
U17M	400	Daniel Lammas	51.78		11-Jun-22	Essex Schools Championships	Chelmsford
U20M	400	Ayo Babatunde	52.83		18-Sep-22	English Schools Combined Ever	Bedford
U20M	400	Shane Hart	52.97		16-Jul-22	SAL R3	Stevenage
U17M	400	Oscar Shearing	53.24		11-Sep-22	EYAL Top 8 Final	Chelmsford
SM	400	Louis Berrett	53.29		18-Apr-22	Woodford Open	Woodford
U20M	400	Patrick McLean-Tattan	53.47		28-May-22	EA U18 Decathlon Champs	Bedford
U17M	400	Archie Winney	54.1		1-May-22	EYAL R1	Thurrock
U17M	400	Archie Winney	54.81		11-Sep-22	EYAL Top 8 Final	Chelmsford
U20M	400	Charlie Howell	54.45		13-Aug-22	SAL R4	Perivale
U20M	400	Calvin Sanni	54.54		26-Jun-22	YDL UAG R3	Canterbury
U20M	400	Ronnie Adoma	54.78		26-Jun-22	YDL UAG R3	Canterbury
U17M	400	Joshua Lee-Prime	54.89		9-Apr-22	Havering Warm Up Open	Hornchurch
U17M	400	Jeffrey Fenoo	55.10		7-Aug-22	YDL UAG R4	Crawley
SM	400	Alexander McCree	55.11		9-Apr-22	Havering Warm Up Open	Hornchurch
U17M	400	Sam Mahoney	55.11		10-Jul-22	EYAL R3	Hornchurch
U20M	400	Dan Peters	55.26i		13-Feb-22	Essex & Eastern Indoor Champ	Lee Valley
U17M	400	Al-Ameen Salaam	55.5		25-Jun-22	ESAA Eastern CE Champs	Norwich
U17M	400	Owen Fisher	55.60		16-Jul-22	SAL R3	Stevenage
U17M	400	Nathan Hart	55.63		7-Aug-22	YDL UAG R4	Crawley
SM	400	Reece Harriott	55.88i		19-Feb-22	BUCS Indoor Champs	Sheffield
U17M	400	Joseph Gray	57.00		28-May-22	YDL UAG R2	Woodford
M50	400	Steve Rand	59.81	AT M50 1st	25-Sep-22	Club Champs & Open	Hornchurch
U20M	400	Ayo Babatunde	63.5		25-Jun-22	ESAA Eastern CE Champs	Norwich
SM	600	Tom Pitkin	1:18.88i	AT SM 1st	14-Jan-22	Jim Green Invitational	Lexington KY USA
SM	800	Kieran O'Hara	1:59.59		10-Aug-22	Watford Open	Watford
U20M	800	Jacob Blanc	1:59.8		25-Sep-22	Club Champs & Open	Hornchurch
U20M	800	Shane Hart	2:00.21		7-Aug-22	YDL UAG R4	Crawley
SM	800	Sam Atkins	2:00.28		17-Aug-22	Sutcliffe Open	Eltham
SM	800	Louis Berrett	2:00.72		7-May-22	NAL Championship R1	Chelmsford
U20M	800	Dan Peters	2:01.19		27-Apr-22	BMC Regional	Wormwood Scrubs
U17M	800	Sam Mahoney	2:01.33		10-Apr-22	Lee Valley Open	Lee Valley
U17M	800	Daniel Lammas	2:02.53		7-Sep-22	Watford Open	Watford
SM	800	Ben Davis	2:03.46		2-Jul-22	NAL Championship R3	Stevenage
U15B	800	Findlay McLaren	2:03.70	AT U15B 4th	3-Jul-22	YDL LAG R3	Hornchurch
U20M	800	Charlie Howell	2:03.76		26-Jun-22	YDL UAG R3	Canterbury
U17M	800	Oscar Shearing	2:05.0		1-May-22	EYAL R1	Thurrock
U17M	800	Oscar Shearing	2:05.70		11-Jun-22	Essex Schools Championships	Chelmsford
U17M	800	Owen Fisher	2:05.97		10-Jul-22	EYAL R3	Hornchurch
U20M	800	Matthew Blacklock	2:07.0		25-Sep-22	Club Champs & Open	Hornchurch
U20M	800	Matthew Blacklock	2:09.51		7-Aug-22	YDL UAG R4	Crawley
U17M	800	Nathan Hart	2:07.23		17-Aug-22	Sutcliffe Open	Eltham
M40	800	Gavin Maley	2:08.31	AT M40 6th	13-Aug-22	SAL R4	Perivale
U20M	800	Luke Chester	2:09.26		12-Jun-22	SAL R2	Chelmsford
U15B	800	Adem Bouadjadja	2:10.91		3-Jul-22	YDL LAG R3	Hornchurch
M40	800	James Blogg	2:11.33	AT M40 8th	29-Jun-22	Chelmsford Open	Chelmsford
U15B	800	Jack West	2:12.00		15-May-22	Essex Championships	Chelmsford
U15B	800	Freddie Rowe	2:14.4		18-Apr-22	Woodford Open	Woodford
U17M	800	Oliver Taylor-Bush	2:15.7		18-Apr-22	Woodford Open	Woodford
U17M	800	Oliver Taylor-Bush	2:17.37		9-Apr-22	Havering Warm Up Open	Hornchurch
U17M	800	Michael Tesi	2:15.73		29-Jun-22	Chelmsford Open	Chelmsford
U17M	800	Waleed Kabuye	2:15.89		10-Jul-22	EYAL R3	Hornchurch
U15B	800	Joseph Finch	2:15.9		21-May-22	YDL LAG R2	Bracknell
U17M	800	Finley Wolton	2:16.2		1-May-22	EYAL R1	Thurrock
U17M	800	Finley Wolton	2:16.84		9-Apr-22	Havering Warm Up Open	Hornchurch
U15B	800	Sean Langan	2:16.44		3-Jul-22	YDL LAG R3	Hornchurch

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Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U17M	800	Toby Johnson	2:17.35		14-May-22	Essex Championships	Chelmsford
U15B	800	Shea Sweeney	2:17.75		3-Jul-22	YDL LAG R3	Hornchurch
U17M	800	Joseph Gray	2:19.76		9-Apr-22	Havering Warm Up Open	Hornchurch
U15B	800	William Tilson	2:25.8		30-Jul-22	YDL LAG R4	Tonbridge
U15B	800	William Tilson	2:26.00		10-Jul-22	EYAL R3	Hornchurch
U15B	800	Daniel Lesser	2:25.9		30-Jul-22	YDL LAG R4	Tonbridge
U15B	800	Daniel Lesser	2:32.27		25-Sep-22	Club Champs & Open	Hornchurch
U13B	800	Liam Battrum	2:26.59		14-May-22	Essex Championships	Chelmsford
U13B	800	Aidan Doherty	2:26.65		14-May-22	Essex Championships	Chelmsford
M55	800	Matt Bland	2:27.52	AT M55 2nd	29-Jun-22	Chelmsford Open	Chelmsford
U15B	800	Charlie Keenan	2:30.66		9-Apr-22	Havering Warm Up Open	Hornchurch
U15B	800	Morgan Anusiem	2:32.15		10-Jul-22	EYAL R3	Hornchurch
U15B	800	Ryan Alexander	2:32.6		5-Jun-22	EYAL R2	Chelmsford
U15B	800	Sam Burdett	2:33.76i		9-Feb-22	Lee Valley MD Open	Lee Valley
U15B	800	Sam Burdett	2:36.43		16-Apr-22	Lee Valley Open	Lee Valley
U13B	800	Jayden Wilkinson	2:34.42		25-Sep-22	Club Champs & Open	Hornchurch
U13B	800	Jude Hearn	2:35.4		1-May-22	EYAL R1	Thurrock
U15B	800	Taylor Dixon	2:36.8		30-Jul-22	YDL LAG R4	Tonbridge
U15B	800	Taylor Dixon	2:39.91		25-Sep-22	Club Champs & Open	Hornchurch
U13B	800	Oliver West	2:36.93		10-Jul-22	EYAL R3	Hornchurch
SM	800	James Stewart	2:38.28		16-Jul-22	SAL R3	Stevenage
U13B	800	Sean Mugagga	2:40.50		3-Jul-22	YDL LAG R3	Hornchurch
U13B	800	Fraser Wolton	2:45.5		5-Jun-22	EYAL R2	Chelmsford
U13B	800	Fraser Wolton	2:45.93		9-Apr-22	Havering Warm Up Open	Hornchurch
U13B	800	Isaac Shearing	2:48.98		10-Jul-22	EYAL R3	Hornchurch
U15B	800	Emmanuel Olubukola-Sog	2:50.0		8-May-22	YDL LAG R1	Tonbridge
U13B	800	Ethan Johnson	2:53.9		1-May-22	EYAL R1	Thurrock
U13B	800	Spencer Hart	3:15.38		3-Jul-22	YDL LAG R3	Hornchurch
U20M	1000	Toby Bishop	3:02.32i		19-Dec-21	SEAA CE Indoor Champs	Lee Valley

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Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U13B	1200	Ethan Carroll	4:11.7		21-May-22	YDL LAG R2	Bracknell
U13B	1200	Ethan Johnson	4:40.10		8-May-22	YDL LAG R1	Tonbridge
U13B	1200	Isaac Shearing	4:48.72		8-May-22	YDL LAG R1	Tonbridge
SM	1500	Ben Davis	4:00.47		7-May-22	NAL Championship R1	Chelmsford
SM	1500	Kieran O'Hara	4:05.74		17-Aug-22	Sutcliffe Open	Eltham
SM	1500	Sam Atkins	4:06.37		2-Jun-22	BMC Regional	Eltham
SM	1500	James Stewart	4:07.01		17-Aug-22	Sutcliffe Open	Eltham
U20M	1500	Shane Hart	4:12.16		25-May-22	BMC Regional	Eltham
U20M	1500	Alex Ford	4:14.39		26-Jun-22	YDL UAG R3	Canterbury
U15B	1500	Freddie Rowe	4:15.37	AT U15B 2nd	8-Jul-22	English Schools Championships	Manchester
M35	1500	James Connor	4:16.64		4-Jun-22	NAL Championship R2	Bedford
M40	1500	Gavin Maley	4:23.98	AT M40 7th	1-Jun-22	Watford Open	Watford
U15B	1500	Findlay McLaren	4:25.8		1-May-22	EYAL R1	Thurrock
U15B	1500	Findlay McLaren	4:27.27		11-Jun-22	Essex Schools Championships	Chelmsford
U15B	1500	Jack West	4:26.6		30-Jul-22	YDL LAG R4	Tonbridge
U15B	1500	Jack West	4:32.03		10-Jul-22	EYAL R3	Hornchurch
U17M	1500	Owen Fisher	4:27.0		5-Jun-22	EYAL R2	Chelmsford
U17M	1500	Owen Fisher	4:27.91		9-Apr-22	Havering Warm Up Open	Hornchurch
SM	1500	Louis Berrett	4:27.29		15-May-22	Essex Championships	Chelmsford
M40	1500	James Blogg	4:29.12	AT M40 8th	31-Aug-22	Chelmsford Open	Chelmsford
U17M	1500	Nathan Hart	4:31.2		5-Jun-22	EYAL R2	Chelmsford
U17M	1500	Nathan Hart	4:38.01		11-Sep-22	EYAL Top 8 Final	Chelmsford
U17M	1500	Oliver Taylor-Bush	4:33.6		2-Jul-22	ESAA Schools Cup	Abingdon
U17M	1500	Oliver Taylor-Bush	4:40.80		24-Apr-22	YDL UAG R1	Tonbridge
U15B	1500	Sean Langan	4:34.8		30-Jul-22	YDL LAG R4	Tonbridge
U15B	1500	Sean Langan	4:36.14		10-Jul-22	EYAL R3	Hornchurch
U17M	1500	Charlie Burgess	4:35.2		5-Jun-22	EYAL R2	Chelmsford
U17M	1500	Charlie Burgess	4:40.00		9-Apr-22	Havering Warm Up Open	Hornchurch
U20M	1500	Charlie Howell	4:35.92		15-May-22	Essex Championships	Chelmsford
U20M	1500	Matthew Blacklock	4:36.67		24-Apr-22	YDL UAG R1	Tonbridge
U17M	1500	Finley Wolton	4:39.72		11-Jun-22	Essex Schools Championships	Chelmsford
U17M	1500	Toby Johnson	4:41.24		11-Sep-22	EYAL Top 8 Final	Chelmsford
U17M	1500	Ryan Carroll	4:47.4		5-Jun-22	EYAL R2	Chelmsford
SM55	1500	John Barker	4:52.01	AT M55 1st	27-Jul-22	Watford Open	Watford
U15B	1500	Stevie Reynolds	4:54.85		8-May-22	YDL LAG R1	Tonbridge
U13B	1500	Liam Battrum	4:58.73		11-Sep-22	EYAL Top 8 Final	Chelmsford
U15B	1500	William Tilson	5:03.35		10-Jul-22	EYAL R3	Hornchurch
U20M	1500	Patrick McLean-Tattan	5:05.51		29-May-22	EA U18 Decathlon Champs	Bedford
U17M	1500	Joseph Gray	5:05.7		1-May-22	EYAL R1	Thurrock
U13B	1500	Fabio Reina	5:11.99		25-Sep-22	Club Champs & Open	Hornchurch
U13B	1500	Oliver West	5:14.23		15-May-22	Essex Championships	Chelmsford
U15B	1500	Callum Atwood-Kelly	5:15.45		10-Jul-22	EYAL R3	Hornchurch
U15B	1500	Waleed Kabuye	5:25.5		1-May-22	EYAL R1	Thurrock
U15B	1500	Morgan Anusiem	5:27.0		5-Jun-22	EYAL R2	Chelmsford
U13B	1500	Ethan Carroll	5:31.2		5-Jun-22	EYAL R2	Chelmsford
U13B	1500	Ethan Carroll	5:38.47		11-Sep-22	EYAL Top 8 Final	Chelmsford
U13B	1500	Sean Mugagga	5:31.68		10-Jul-22	EYAL R3	Hornchurch
U13B	1500	Stanley Churchill	5:42.41		9-Apr-22	Havering Warm Up Open	Hornchurch
U20M	1500	Ayo Babatunde	5:50.86		19-Sep-22	English Schools Combined Ever	Bedford
U17M	1500	Al-Ameen Salaam	5:57.1		26-Jun-22	ESAA Eastern CE Champs	Norwich
SM	3000	Ben Davis	8:43.19		21-Aug-22	NAL Championship R4	Bedford
M35	3000	James Connor	8:46.66		4-Jun-22	NAL Championship R2	Bedford
SM	3000	James Stewart	8:57.40		12-Jun-22	SAL R2	Chelmsford
U15B	3000	Freddie Rowe	9:22.65	AT U15B 2nd	14-May-22	Essex Championships	Chelmsford
U20M	3000	Alex Ford	9:24.83		24-Aug-22	Watford Open	Watford
M40	3000	James Blogg	9:47.00	AT M40 6th	12-Jun-22	SAL R2	Chelmsford
M45	3000	Dan Meredith	10:07.88	AT M45 5th	14-May-22	Essex Championships	Chelmsford
U20M	3000	Charlie Howell	10:10.96		7-Aug-22	YDL UAG R4	Crawley
U17M	3000	Nathan Hart	10:20.33		11-Jun-22	Essex Schools Championships	Chelmsford
U17M	3000	Toby Johnson	10:24.14		11-Jun-22	Essex Schools Championships	Chelmsford
M55	3000	Matt Bland	10:30.96	AT M55 1st	14-May-22	Essex Championships	Chelmsford
U20M	3000	Matthew Blacklock	10:52.82		14-May-22	Essex Championships	Chelmsford
M45	3000	Martin Chester	11:19.05		13-Aug-22	SAL R4	Perivale
M60	3000	Paul Berrett	12:50.45		13-Aug-22	SAL R4	Perivale

Havering AC Male 2022 Rankings as at 06/06/2023

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
M35	5000	James Connor	14:59.13	AT SM 13th	7-May-22	NAL Championship R1	Chelmsford
SM	5000	Ben Davis	15:04.1	AT SM 14th	8-Jun-22	Essex 5000m Champs	Chelmsford
SM	5000	James Stewart	15:21.5		8-Jun-22	Essex 5000m Champs	Chelmsford
SM	5000	James Stewart	15:55.32		7-May-22	NAL Championship R1	Chelmsford
U20M	5000	Shane Hart	16:15.6		8-Jun-22	Essex 5000m Champs	Chelmsford
U20M	5000	Shane Hart	16:58.28		22-May-22	SAL R1	Hemel Hempstead
SM40	5000	James Blogg	16:54.17		2-Jul-22	NAL Championship R3	Stevenage
SM	5000	John Whitehead	16:57.0		8-Jun-22	Essex 5000m Champs	Chelmsford
M45	5000	Dan Meredith	17:37.20	AT M45 5th	16-Jul-22	SAL R3	Stevenage
M55	5000	Matt Bland	17:45.7	AT M55 1st	8-Jun-22	Essex 5000m Champs	Chelmsford
U20M	60HU20M	Jacob Blanc	8.06i	AT U20M 1st	5-Feb-22	SEAA Indoor Champs	Lee Valley
U20M	60HU20M	Toby Bishop	8.45i		12-Feb-22	Essex & Eastern Indoor Champ	Lee Valley
U20M	60H17M	Jacob Blanc	8.09i		4-Dec-21	SIAB Indoor Pentathlons	Glasgow
U17M	60H17M	Al-Ameen Salaam	8.31i		19-Dec-21	SEAA CE Indoor Champs	Lee Valley
U13B	75HU13B	George Rogers	14.8		30-Jul-22	YDL LAG R4	Tonbridge
U13B	75HU13B	George Rogers	15.11		10-Jul-22	EYAL R3	Hornchurch
U13B	75HU13B	Harrison Rabess	14.99		11-Sep-22	EYAL Top 8 Final	Chelmsford
U13B	75HU13B	Isaac Shearing	15.24		8-May-22	YDL LAG R1	Tonbridge
U13B	75HU13B	Henry Langford	15.5		30-Jul-22	YDL LAG R4	Tonbridge
U13B	75HU13B	Henry Langford	16.41		10-Jul-22	EYAL R3	Hornchurch
U15B	80HU15B	Jack Hignett	12.30		25-Sep-22	Club Champs & Open	Hornchurch
U15B	80HU15B	Simeon Barker	12.9		30-Jul-22	YDL LAG R4	Tonbridge
U15B	80HU15B	Simeon Barker	13.06		8-May-22	YDL LAG R1	Tonbridge
U15B	80HU15B	Rashaun Mullings-Smith	13.6		5-Jun-22	EYAL R2	Chelmsford
U15B	80HU15B	Rashaun Mullings-Smith	13.72		3-Jul-22	YDL LAG R3	Hornchurch
U15B	80HU15B	Simeon Sandhu-Nelson	15.8		5-Jun-22	EYAL R2	Chelmsford
U15B	80HU15B	Sam Burdett	17.92		10-Jul-22	EYAL R3	Hornchurch
U17M	100HU17M	Al-Ameen Salaam	13.62	AT U17M 8th	8-Jul-22	English Schools Championships	Manchester
U20M	110HU18M	Patrick McLean-Tattan	16.67		29-May-22	EA U18 Decathlon Champs	Bedford
U20M	110HU20M	Jacob Blanc	14.73	AT U20M 5th	7-Aug-22	YDL UAG R4	Crawley
U20M	110HU20M	James With	16.30		28-May-22	YDL UAG R2	Woodford
U20M	110HU20M	Ayo Babatunde	17.33		19-Sep-22	English Schools Combined Ever	Bedford
U20M	110HU20M	Patrick McLean-Tattan	19.2		26-Jun-22	ESAA Eastern CE Champs	Norwich
U20M	110HU20M	Ayo Babatunde	20.3		26-Jun-22	ESAA Eastern CE Champs	Norwich
SM	110H	Karl Tucker	19.47		21-Aug-22	NAL Championship R4	Bedford
M55	110H	Mark Bishop	21.82		7-May-22	NAL Championship R3	Stevenage
U20M	300HM	Jacob Blanc	38.47	AT U20M 1st	9-Apr-22	Havering Warm Up Open	Hornchurch
SM	400HM	Tom Pitkin	51.93		26-Jun-22	Irish Championships	Dublin
U20M	400HM	Jacob Blanc	53.47	AT U20M 2nd	24-Jun-22	British Champs & World Trials	Manchester
M45	400HM	Jason Lendon	69.74	AT M45 3rd	2-Jul-22	NAL Championship R3	Stevenage
M55	400HM	Mark Bishop	75.15	AT M55 1st	2-Jul-22	NAL Championship R3	Stevenage
U17M	1.5KSC	Owen Fisher	5:05.67		11-Jun-22	Essex Schools Championships	Chelmsford
U17M	1.5KSC	Charlie Burgess	5:06.04		11-Jun-22	Essex Schools Championships	Chelmsford
U17M	1.5KSC76	Oliver Taylor-Bush	5:16.05		26-Jun-22	YDL UAG R3	Canterbury
U17M	2KSC	Oliver Taylor-Bush	7:16.78		16-Jul-22	SAL R3	Stevenage
M50	2KSC	Gary Atkins	8:12.4		22-May-22	SAL R1	Hemel Hempstead
U20M	3KSC	Alex Ford	9:53.82	AT U20M 9th	2-Jul-22	NAL Championship R3	Stevenage
M40	3KSC	Rob Warner	9:56.22	AT M40 1st	12-Jun-22	SAL R2	Chelmsford
SM	3KSC	Sam Atkins	10:25.99		7-May-22	NAL Championship R1	Chelmsford
M45	3KSC	Jason Lendon	10:31.38	AT M45 1st	21-Aug-22	NAL Championship R4	Bedford
M50	3KSC	Gary Atkins	12:13.28	AT M50 2nd	12-Jun-22	SAL R2	Chelmsford
U17M	HJ	Oliver Taylor-Bush	1.75		11-Sep-22	EYAL Top 8 Final	Chelmsford
U15B	HJ	Rashaun Mullings-Smith	1.75	AT U15B =9th	11-Sep-22	EYAL Top 8 Final	Chelmsford
U15B	HJ	Jack Hignett	1.75	AT U15B =9th	11-Sep-22	EYAL Top 8 Final	Chelmsford
U20M	HJ	Toby Bishop	1.72i		18-Dec-21	SEAA CE Indoor Champs	Lee Valley
U20M	HJ	Ayo Babatunde	1.70		22-May-22	SAL R1	Hemel Hempstead
U17M	HJ	Leon Bengo	1.70		11-Sep-22	EYAL Top 8 Final	Chelmsford
U20M	HJ	Jacob Blanc	1.68		21-Aug-22	NAL Championship R4	Bedford
U20M	HJ	Patrick McLean-Tattan	1.65		26-Jun-22	ESAA Eastern CE Champs	Norwich
SM	HJ	Aaron Freshwater	1.65		16-Jul-22	SAL R3	Stevenage
U15B	HJ	Ryan Alexander	1.62		10-Jul-22	EYAL R3	Hornchurch
U17M	HJ	Oscar Shearing	1.60		1-May-22	EYAL R1	Thurrock
U20M	HJ	Ridwan Salaam	1.60		22-May-22	SAL R1	Hemel Hempstead
U17M	HJ	Al-Ameen Salaam	1.56		26-Jun-22	ESAA Eastern CE Champs	Norwich

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Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
M55	HJ	Mark Bishop	1.55		13-Aug-22	SAL R4	Perivale
SM	HJ	Ben Davis	1.52		2-Jul-22	NAL Championship R3	Stevenage
U15B	HJ	Findlay McLaren	1.50		8-May-22	YDL LAG R1	Tonbridge
U15B	HJ	Daniel Lesser	1.45		10-Jul-22	EYAL R3	Hornchurch
M45	HJ	Arron Bonning	1.40		12-Jun-22	SAL R2	Chelmsford
U13B	HJ	Aidan Doherty	1.35		10-Jul-22	EYAL R3	Hornchurch
U13B	HJ	Emmanuel Olubukola-Sog	1.35		11-Sep-22	EYAL Top 8 Final	Chelmsford
U15B	HJ	Simeon Sandhu-Nelson	1.30		5-Jun-22	EYAL R2	Chelmsford
U13B	HJ	Isaac Shearing	1.30		10-Jul-22	EYAL R3	Hornchurch
U15B	HJ	William Tilson	1.30		5-Jun-22	EYAL R2	Chelmsford
U20M	HJ	Calvin Sanni	1.30		13-Aug-22	SAL R4	Perivale
U15B	HJ	Sam Burdett	1.25		10-Jul-22	EYAL R3	Hornchurch
U13B	HJ	Jayden Wilkinson	1.20		8-May-22	YDL LAG R1	Tonbridge
U13B	HJ	Harrison Rabess	1.20		21-May-22	YDL LAG R2	Bracknell

Havering AC Male 2022 Rankings as at 06/06/2023

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
SM	PV	Ed Thompson	4.32		2-Jul-22	NAL Championship R3	Stevenage
M55	PV	Mark Bishop	3.30	AT M55 2nd	16-Jul-22	SAL R3	Stevenage
U20M	PV	Toby Bishop	3.26i		1-May-22	EYAL R1	Lee Valley
U17M	PV	Matthew Page	3.00		11-Sep-22	EYAL Top 8 Final	Chelmsford
U20M	PV	Patrick McLean-Tattan	2.80		29-May-22	EA U18 Decathlon Champs	Bedford
M45	PV	Arron Bonning	2.70		16-Jul-22	SAL R3	Stevenage
M70	PV	Stuart Tufon	2.70		25-Sep-22	Club Champs & Open	Hornchurch
U15B	PV	Zak Williams	2.60	AT U15B =6th	11-Sep-22	EYAL Top 8 Final	Chelmsford
U15B	PV	Lochlan Dyer	2.43i	AT U15B 9th	30-Jan-22	London Indoor Games	Lee Valley
U20M	PV	Ayo Babatunde	1.80		19-Sep-22	English Schools Combined Ever	Bedford
U17M	PV	Joseph Gray	1.70		5-Jun-22	EYAL R2	Chelmsford
U20M	LJ	Patrick McLean-Tattan	6.77w	AT U20M W/a	25-Jun-22	ESAA Eastern CE Champs	Norwich
U20M	LJ	Patrick McLean-Tattan	6.54		29-Aug-22	Southend Open	Southend
U20M	LJ	Ridwan Salaam	6.50		12-Jun-22	SAL R2	Chelmsford
U20M	LJ	Denzel Achi	6.41i		13-Feb-22	EA Age Group Champs	Sheffield
U20M	LJ	Jacob Blanc	6.37i		4-Dec-21	SIAB Indoor Pentathlons	Glasgow
U20M	LJ	Toby Bishop	6.18i		18-Dec-21	SEAA CE Indoor Champs	Lee Valley
U20M	LJ	Ayo Babatunde	6.15w		18-Sep-22	English Schools Combined Ever	Bedford
U20M	LJ	Ayo Babatunde	5.98		4-Jun-22	NAL Championship R2	Bedford
U17M	LJ	Lewis Dixon	5.86		10-Jul-22	EYAL R3	Hornchurch
U17M	LJ	Al-Ameen Salaam	5.83		2-Jul-22	ESAA Schools Cup	Abingdon
U17M	LJ	Jeffrey Fenoo	5.73		7-Aug-22	YDL UAG R4	Crawley
U17M	LJ	Daniel Lammas	5.66		2-Jul-22	ESAA Schools Cup	Abingdon
SM	LJ	Richard Holland	5.53		13-Aug-22	SAL R4	Perivale
M55	LJ	Mark Bishop	5.15	AT M55 2nd	2-Jul-22	NAL Championship R3	Stevenage
U17M	LJ	Teddy Matthews	5.10		28-May-22	YDL UAG R2	Woodford
U15B	LJ	Luca Gregory	4.91		10-Jul-22	EYAL R3	Hornchurch
U15B	LJ	Joel Ajayi	4.81		3-Jul-22	YDL LAG R3	Hornchurch
U13B	LJ	Jayden Wilkinson	4.78		5-Jun-22	EYAL R2	Chelmsford
U15B	LJ	Oliver Pullen	4.76		8-May-22	YDL LAG R1	Tonbridge
U15B	LJ	John O'Brien	4.53		10-Jul-22	EYAL R3	Hornchurch
U13B	LJ	Emmanuel Olubukola-Sog	4.52		10-Jul-22	EYAL R3	Hornchurch
U17M	LJ	Oliver Taylor-Bush	4.31		26-Jun-22	YDL UAG R3	Canterbury
U13B	LJ	Harrison Rabess	4.31		31-Aug-22	Chelmsford Open	Chelmsford
U20M	LJ	Calvin Sanni	4.20		13-Aug-22	SAL R4	Perivale
U15B	LJ	Zak Williams	4.12		1-May-22	EYAL R1	Thurrock
U15B	LJ	Freddie Hatcher	4.06		25-Sep-22	Club Champs & Open	Hornchurch
U13B	LJ	Liam Battrum	4.05		5-Jun-22	EYAL R2	Chelmsford
U15B	LJ	Aly Hashem	4.02		25-Sep-22	Club Champs & Open	Hornchurch
U15B	LJ	Samuel Theophilus	3.88		10-Jul-22	EYAL R3	Hornchurch
U15B	LJ	Shea Sweeney	3.72		9-Apr-22	Havering Warm Up Open	Hornchurch
U15B	LJ	Ryan Alexander	3.67i		19-Feb-22	BLCF Meeting	Lee Valley
U13B	LJ	Isaac Shearing	3.66		21-May-22	YDL LAG R2	Thurrock
SM	LJ	Karl Tucker	3.04		16-Jul-22	SAL R3	Stevenage
U13B	LJ	Henry Langford	3.02		10-Jul-22	EYAL R3	Hornchurch
U13B	LJ	Sean Mugagga	2.92		1-May-22	EYAL R1	Thurrock
SM	TJ	Matthew Agnimel	13.15		22-May-22	SAL R1	Hemel Hempstead
U17M	TJ	Leon Bengo	11.44		11-Sep-22	EYAL Top 8 Final	Chelmsford
U17M	TJ	Daniel Lammas	11.01		24-Apr-22	YDL UAG R1	Tonbridge
SM	TJ	Ben Davis	10.69		2-Jul-22	NAL Championship R3	Stevenage
M45	TJ	Arron Bonning	10.52		16-Jul-22	SAL R3	Stevenage
U20M	TJ	Simon Hill	10.27		26-Jun-22	YDL UAG R3	Canterbury
M55	TJ	Mark Bishop	9.83		21-Aug-22	NAL Championship R4	Perivale
U17M	TJ	Oliver Taylor-Bush	9.24		11-Sep-22	EYAL Top 8 Final	Chelmsford
U17M	TJ	Owen Fisher	8.74		16-Jul-22	SAL R3	Stevenage
SM	SP7.26K	Laurence Goodcare	14.05		2-Jul-22	NAL Championship R3	Stevenage
SM	SP7.26K	Duane Jibunoh	12.33		12-Jun-22	SAL R2	Chelmsford
U20M	SP7.26K	Toby Bishop	10.00		13-Aug-22	SAL R4	Perivale
M55	SP7.26K	Mark Bishop	9.63	AT M55 1st	16-Jul-22	SAL R3	Stevenage
M45	SP7.26K	Arron Bonning	8.52		16-Jul-22	SAL R3	Stevenage
M45	SP7.26K	Jason London	6.16		4-Jun-22	NAL Championship R2	Bedford
U20M	SP6K	Ayo Babatunde	13.25	AT U20M 8th	18-Sep-22	English Schools Combined Ever	Bedford
U20M	SP6K	Patrick McLean-Tattan	12.69	AT U20M 9th	26-Jun-22	ESAA Eastern CE Champs	Norwich
U20M	SP6K	Toby Bishop	12.07i		18-Dec-21	SEAA CE Indoor Champs	Lee Valley

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Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U20M	SP6K	Toby Bishop	10.13		7-Aug-22	YDL UAG R4	Crawley
U17M	SP6K	Matthew Page	8.42		28-May-22	YDL UAG R2	Woodford
U17M	SP6K	Michael Tesi	7.81		26-Jun-22	YDL UAG R3	Canterbury

Havering AC Male 2022 Rankings as at 06/06/2023

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
U20M	SP5K	Patrick McLean-Tattan	12.92		28-May-22	EA U18 Decathlon Champs	Bedford
U20M	SP5K	Jacob Blanc	11.91i		4-Dec-21	SIAB Indoor Pentathlons	Glasgow
U17M	SP5K	Al-Ameen Salaam	11.90		5-Jun-22	EYAL R2	Chelmsford
U17M	SP5K	Oscar Shearing	9.89		28-May-22	YDL UAG R2	Woodford
U17M	SP5K	Matthew Page	9.74		24-Apr-22	YDL UAG R1	Tonbridge
U17M	SP5K	Oliver Grundy	8.58		10-Jul-22	EYAL R3	Hornchurch
U17M	SP5K	Leon Bengo	6.98		26-Jun-22	YDL UAG R3	Canterbury
U15B	SP4K	Luca Gregory	9.12		10-Jul-22	EYAL R3	Hornchurch
U15B	SP4K	Oliver Pullen	8.64		30-Jul-22	YDL LAG R4	Tonbridge
U15B	SP4K	James Campbell	7.79i		30-Jan-22	London Indoor Games	Lee Valley
U15B	SP4K	James Campbell	7.36		14-May-22	Essex Championships	Chelmsford
U15B	SP4K	James Mallon	7.75		3-Jul-22	EYAL R3	Hornchurch
U15B	SP4K	Dillon Humphrey	7.21		14-May-22	Essex Championships	Chelmsford
U15B	SP4K	Kamel Adjei	7.12		30-Jul-22	YDL LAG R4	Tonbridge
U15B	SP4K	Freddie Hatcher	6.99		25-Sep-22	Club Champs & Open	Hornchurch
U13B	SP3K	Jacob Tomlinson	9.14	AT U13B 8th	11-Sep-22	EYAL Top 8 Final	Chelmsford
U13B	SP3K	Harrison Rabess	9.10	AT U13B 9th	11-Sep-22	EYAL Top 8 Final	Chelmsford
U13B	SP3K	Spencer Hart	6.47		10-Jul-22	EYAL R3	Hornchurch
U13B	SP3K	Oliver West	6.19		10-Jul-22	EYAL R3	Hornchurch
U13B	SP3K	Aidan Doherty	6.33		21-May-22	YDL LAG R2	Thurrock
U13B	SP3K	Jayden Wilkinson	4.92		8-May-22	YDL LAG R1	Tonbridge
U13B	SP3K	Sean Mugagga	4.75		10-Jul-22	EYAL R3	Hornchurch
SM	DT2K	Duane Jibunoh	44.91		12-Jun-22	SAL R2	Chelmsford
U20M	DT2K	Patrick McLean-Tattan	36.19	AT U20M 4th	16-Jul-22	SAL R3	Stevenage
SM	DT2K	Laurence Goodcare	35.80		2-Jul-22	NAL Championship R3	Stevenage
M55	DT2K	Mark Bishop	31.77	AT M55 1st	7-May-22	NAL Championship R1	Chelmsford
U20M	DT2K	Toby Bishop	30.86	AT U20M 10th	13-Aug-22	SAL R4	Perivale
M45	DT2K	Arron Bonning	24.95		22-May-22	SAL R1	Hemel Hempstead
M45	DT2K	Jason Lendon	15.79		4-Jun-22	NAL Championship R2	Bedford
U20M	DT1.75K	Patrick McLean-Tattan	40.07	AT U20M 4th	9-Jul-22	SEAA U20 Inter Counties	Horspath, Oxford
U20M	DT1.75K	Ayo Babatunde	32.15		19-Sep-22	English Schools Combined Ever	Bedford
U17M	DT1.75K	Matthew Page	19.11		26-Jun-22	YDL UAG R3	Canterbury
U20M	DT1.5K	Patrick McLean-Tattan	42.61		29-May-22	EA U18 Decathlon Champs	Bedford
U17M	DT1.5K	Michael Tesi	33.07		10-Sep-22	SEAA U17 Inter Counties	Oxford
U17M	DT1.5K	Noah Harriott	28.25		11-Jun-22	Essex Schools Championships	Chelmsford
U17M	DT1.5K	Al-Ameen Salaam	23.34		26-Jun-22	ESAA Eastern CE Champs	Norwich
U15B	DT1.5K	James Mallon	23.29		5-Jun-22	EYAL R2	Chelmsford
U17M	DT1.5K	Bobby Williams	22.71		1-May-22	EYAL R1	Thurrock
U17M	DT1.5K	Matthew Page	21.28		1-May-22	EYAL R1	Thurrock
U17M	DT1.5K	Oliver Taylor-Bush	19.16		1-May-22	EYAL R1	Thurrock
U17M	DT1.5K	Nathan Hart	16.88		11-Sep-22	EYAL Top 8 Final	Chelmsford
U17M	DT1.5K	Nathan Hart	16.88		11-Sep-22	EYAL Top 8 Final	Chelmsford
U15B	DT1.25K	James Mallon	26.92		3-Jul-22	YDL LAG R3	Hornchurch
U15B	DT1.25K	Dillon Humphrey	25.41		25-Sep-22	Club Champs & Open	Hornchurch
U15B	DT1.25K	Zak Williams	23.99		25-Sep-22	Club Champs & Open	Hornchurch
U15B	DT1.25K	Jack West	22.57		30-Jul-22	YDL LAG R4	Tonbridge
U15B	DT1.25K	James Campbell	20.90		14-May-22	Essex Championships	Chelmsford
U15B	DT1.25K	Shea Sweeney	20.89		10-Jul-22	EYAL R3	Hornchurch
U15B	DT1.25K	William Tilson	17.20		30-Jul-22	YDL LAG R4	Tonbridge
U13B	DT1K	Harrison Rabess	26.43	AT U13B 4th	11-Sep-22	EYAL Top 8 Final	Chelmsford
U13B	DT1K	Ethan Johnson	16.37		5-Jun-22	EYAL R2	Chelmsford
SM	HT7.26K	Duane Jibunoh	24.01		12-Jun-22	SAL R2	Chelmsford
M55	HT7.26K	Mark Bishop	22.18	AT M55 1st	2-Jul-22	NAL Championship R4	Stevenage
M45	HT7.26K	Arron Bonning	19.83		12-Jun-22	SAL R2	Chelmsford
M45	HT7.26K	Jason Lendon	11.38		4-Jun-22	NAL Championship R2	Bedford
M45	HT7.26K	Martin Chester	8.73		13-Aug-22	SAL R4	Perivale
U20M	HT6K	Patrick McLean-Tattan	29.21	AT U20M 8th	24-Apr-22	YDL UAG R1	Tonbridge
U15B	HT5K	Michael Tesi	18.29		11-Sep-22	EYAL Top 8 Final	Chelmsford
U15B	HT5K	James Mallon	17.17		5-Jun-22	EYAL R2	Chelmsford
U17M	HT5K	Nathan Hart	14.81		24-Apr-22	YDL UAG R1	Tonbridge
U15B	HT4K	Dillon Humphrey	24.45		25-Sep-22	Club Champs & Open	Hornchurch
U15B	HT4K	Oliver Pullen	22.81		30-Jul-22	YDL LAG R4	Tonbridge
U15B	HT4K	Luca Gregory	19.10		8-May-22	YDL LAG R1	Tonbridge
U15B	HT4K	Taylor Dixon	17.33		3-Jul-22	YDL LAG R3	Hornchurch

Havering AC Male 2022 Rankings as at 06/06/2023

Age Group	Event	Name	Performance	All Time	Date	Meeting	Venue
SM	JT800	Peter Brinton-Quinn	66.26	AT SM 3rd	19-Jun-22	SEAA U20/Senior Champs	Chelmsford
U20M	JT800	Bradley James	61.03	AT U20M 4th	15-May-22	Essex Championships	Chelmsford
U20M	JT800	Hal Hutton	57.59	AT U20M 6th	25-Sep-22	Club Champs & Open	Hornchurch
U20M	JT800	Simon Hill	52.78	AT U20M 9th	15-May-22	Essex Championships	Chelmsford
U17M	JT800	Bobby Williams	52.36	AT U17M 4th	25-Sep-22	Club Champs & Open	Hornchurch
SM	JT800	Duane Jibunoh	48.29		12-Jun-22	SAL R2	Chelmsford
U20M	JT800	Patrick McLean-Tattan	43.48		24-Apr-22	YDL UAG R1	Tonbridge
U17M	JT800	Matthew Page	43.08		13-Aug-22	SAL R4	Perivale
M45	JT800	Arron Bonning	33.28		22-May-22	SAL R1	Hemel Hempstead
M55	JT800	Mark Bishop	32.97	AT M55 1st	16-Jul-22	SAL R3	Stevenage
U20M	JT800	Ayo Babatunde	26.22		26-Jun-22	ESAA Eastern CE Champs	Norwich
U17M	JT700	Bobby Williams	61.72	AT U17M 4th	8-Jul-22	English Schools Championships	Manchester
U17M	JT700	Matthew Page	48.34		15-May-22	Essex Championships	Chelmsford
U20M	JT700	Patrick McLean-Tattan	48.84		29-May-22	EA U18 Decathlon Champs	Bedford
U17M	JT700	Oliver Grundy	47.96		28-May-22	YDL UAG R2	Woodford
U17M	JT700	Al-Ameen Salaam	29.91		26-Jun-22	ESAA Eastern CE Champs	Norwich
U17M	JT700	Michael Tesi	27.87		26-Jun-22	YDL UAG R3	Canterbury
U15B	JT700	William Tilson	25.29		5-Jun-22	EYAL R2	Chelmsford
U15B	JT600	Zak Williams	43.21		25-Sep-22	Club Champs & Open	Hornchurch
U15B	JT600	Sam Burdett	34.78		25-Sep-22	Club Champs & Open	Hornchurch
U15B	JT600	Luca Gregory	33.59		25-Sep-22	Club Champs & Open	Hornchurch
U15B	JT600	John O'Brien	33.58		25-Sep-22	Club Champs & Open	Hornchurch
U15B	JT600	William Tilson	30.94		1-May-22	EYAL R1	Thurrock
U15B	JT600	Taylor Dixon	24.34		9-Apr-22	Havering Warm Up Open	Hornchurch
M60	JT600	Paul Berrett	19.42	AT M60 1st	25-Sep-22	Club Champs & Open	Hornchurch
U13B	JT400	Jayden Wilkinson	24.60		14-May-22	Essex Championships	Chelmsford
U13B	JT400	Harrison Rabess	23.48		3-Jul-22	YDL LAG R3	Hornchurch
U13B	JT400	Emmanuel Olubukola-Sog	19.56		25-Sep-22	Club Champs & Open	Hornchurch
U13B	JT400	Liam Battrum	16.15		10-Jul-22	EYAL R3	Hornchurch
U13B	JT400	Aidan Doherty	15.26		11-Sep-22	EYAL Top 8 Final	Chelmsford
U20M	DecU18M	Patrick McLean-Tattan	5895		29-May-22	EA U18 Decathlon Champs	Bedford
U20M	DecU20M	Patrick McLean-Tattan	4906		26-Jun-22	ESAA Eastern CE Champs	Norwich
U20M	DecU20M	Ayo Babatunde	4782		19-Sep-22	English Schools Combined Ever	Bedford
U17M	OctU17M	Al-Ameen Salaam	3739		26-Jun-22	ESAA Eastern CE Champs	Norwich
U20M	HepiU20M	Toby Bishop	4494i	AT U20M 1st	19-Dec-21	SEAA CE Indoor Champs	Lee Valley
U20M	PeniU17M	Jacob Blanc	3672i		4-Dec-21	SIAB Indoor Pentathlons	Glasgow
U20M	PenU20M	Patrick McLean-Tattan	2941		23-Apr-22	Essex Pentathlons	Lee Valley