

## Junior / Under 20 Men (as at 30<sup>th</sup> September 2022)

### 100 Metres

1		Eugene Ayanful	10.73	U17	6 <sup>th</sup> August 2006
2		Matthew Russell	10.76		31 <sup>st</sup> August 1998
3		Ross Bacchus	10.8		9 <sup>th</sup> May 1998
4		Joshua Olawore	10.84		9 <sup>th</sup> August 2014
5		<b>Ronnie Adoma</b>	<b>10.89</b>		<b>18<sup>th</sup> April 2022</b>
6	=	Mo Marenah	10.9		27 <sup>th</sup> May 1989
6	=	Luke Stott	10.9		22 <sup>nd</sup> April 2006
			(11.02)		29 <sup>th</sup> April 2006)
8		Richard Akinyebo	10.93		13 <sup>th</sup> September 2020
9		Kevin Farrell	10.96		13 <sup>th</sup> May 1995
10		<b>Denzel Achi</b>	<b>10.99</b>	<b>U17</b>	<b>31<sup>st</sup> July 2021</b>

### Wind Assisted Marks

		Matthew Russell	10.6		9 <sup>th</sup> May 1998
			(10.63)		4 <sup>th</sup> July 1998)
		Richard Akinyebo	10.76		20 <sup>th</sup> September 2020
		Richard Morrissey	10.87		29 <sup>th</sup> August 2010
		Lewis Bailey	10.90		6 <sup>th</sup> June 2015
		Charlie Moss	11.0	U17	28 <sup>th</sup> June 2008

### 200 Metres

1		Kevin Farrell	21.63		12 <sup>th</sup> July 1996
2		Brendan Lawlor	21.7		3 <sup>rd</sup> August 1986
3		Joshua Olawore	21.76		9 <sup>th</sup> August 2014
4		Richard Akinyebo	21.84		20 <sup>th</sup> September 2020
5		Eugene Ayanful	21.91	U17	28 <sup>th</sup> July 2006
6		Mo Marenah	22.0		5 <sup>th</sup> August 1989
7		Richard Morrissey	22.04		20 <sup>th</sup> June 2010
8	=	Matthew Russell	22.20	U17	12 <sup>th</sup> July 1996
8	=	David Burke	22.2		30 <sup>th</sup> August 1986
8	=	Charlie Moss	22.2	U17	27 <sup>th</sup> July 2008

### Wind Assisted Marks

		Kevin Farrell	21.51		13 <sup>th</sup> July 1996
		Matthew Russell	21.89	U17	13 <sup>th</sup> July 1996
		Richard Morrissey	21.94		29 <sup>th</sup> August 2010
		Luke Stott	22.09		28 <sup>th</sup> Aug 2005
		Lewis Bailey	22.15		2 <sup>nd</sup> July 2016

### 400 Metres

1		Richard Morrissey	48.01		31 <sup>st</sup> July 2010
2		Thomas Pitkin	48.59		14 <sup>th</sup> May 2017
3		Kevin Lidlow	48.72		30 <sup>th</sup> August 1980
4		Ian Chambers	49.09		17 <sup>th</sup> June 1989
5		Mark Bishop	49.1		16 <sup>th</sup> August 1986
6		Graham Healy	49.4		15 <sup>th</sup> August 1987
7		Andrew Lewis	49.40		4 <sup>th</sup> July 2009
8		Philip Sadler	49.49		27 <sup>th</sup> May 1995
9		<b>Jacob Blanc</b>	<b>49.59</b>		<b>28<sup>th</sup> May 2022</b>
10		Peter Winch	49.6y		28 <sup>th</sup> July 1968

### 800 Metres

1		Gary Robbins	1:52.2		19 <sup>th</sup> July 1987
2		Keith Evans	1:53.8		15 <sup>th</sup> July 1978
3		Michael Boxall	1:54.2		31 <sup>st</sup> August 1968
4		Glen Coppin	1:54.25		7 <sup>th</sup> July 2000
5		Thomas Keevil	1:54.33		15 <sup>th</sup> August 2018
6		Russell Bailey	1:54.6	U17	15 <sup>th</sup> July 1978
7		Russell Middleton	1:54.8		19 <sup>th</sup> September 1987
8	=	Douglas Speer	1:55.0y		5 <sup>th</sup> September 1962
8	=	Ian Berrett	1:55.0		August 1978
8	=	Mark Blackburn	1:55.0		30 <sup>th</sup> June 1979

**1500 Metres**

1	Richard Bolam	3:51.8	15 <sup>th</sup> June 1974
2	Gary Robbins	3:52.1	19 <sup>th</sup> September 1986
3	Adrian Murphy	3:54.4	7 <sup>th</sup> August 1975
4	Ross Clarke	3:56.45	21 <sup>st</sup> July 2007
5	Glen Coppin	3:57.9	24 <sup>th</sup> June 2000
6	Ben Davis	3:58.62	24 <sup>th</sup> June 2017
7	Elliott Cordery	3:58.83	25 <sup>th</sup> July 2018
8	Pat Gahagan	3:58.?	August 1980
9	Thomas Keevil	3:59.09	2 <sup>nd</sup> June 2018
10	Colin Tilley	3:59.2	24 <sup>th</sup> August 1969

**110 Metres Hurdles – 3ft 6ins**

1	Peter Akwaboah	15.3	5 <sup>th</sup> August 1989
2	George Hadler	15.55	5 <sup>th</sup> July 2014
3	Brett Heath	15.68	21 <sup>st</sup> August 1994
4	Bill Peaty	15.8y	29 <sup>th</sup> June 1957
5	Kevin Lidlow	15.9 ?w	5 <sup>th</sup> May 1980
6	Mark Bishop	16.2	28 <sup>th</sup> September 1986
7	= Paul Dunston	16.3	1 <sup>st</sup> May 1982
7	= Michael Sampson	16.3	22 <sup>nd</sup> August 1993
9	Anthony Williams	16.4	17 <sup>th</sup> May 2008
10	Kevin Benton	16.8	25 <sup>th</sup> July 1998

**110 Metres Hurdles - 3ft 3ins**

1	Robbie Clarricoats	14.19	16 <sup>th</sup> June 2013
2	Isaac Ogunlade	14.53	29 <sup>th</sup> August 2010
3	Joshua Olawore	14.7	1 <sup>st</sup> July 2012
		(15.35	22 <sup>nd</sup> September 2013)
4	Leo Barker	14.71	3 <sup>rd</sup> August 1997
5	<b>Jacob Blanc</b>	<b>14.73</b>	<b>7<sup>th</sup> August 2022</b>
6	George Hadler	14.89	28 <sup>th</sup> May 2014
7	Jack Edgar-Hill	14.90	8 <sup>th</sup> July 2012
8	<b>Bradley James</b>	<b>15.1</b>	<b>27<sup>th</sup> June 2021</b>
		<b>(15.25</b>	<b>31<sup>st</sup> July 2021)</b>
9	Anthony Williams	15.18	15 <sup>th</sup> June 2008
10	<b>Toby Bishop</b>	<b>15.19</b>	<b>19<sup>th</sup> September 2021</b>

**Wind Assisted Marks**

	Isaac Ogunlade	14.37	25 <sup>th</sup> July 2010
	George Hadler	14.50	25 <sup>th</sup> May 2013
	Joshua Olawore	14.5	24 <sup>th</sup> June 2012
	Jack Edgar-Hill	14.6	24 <sup>th</sup> June 2012
		(14.65	20 <sup>th</sup> June 2010)

**400 Metres Hurdles – 3 ft**

1	Kevin Lidlow	52.81	24 <sup>th</sup> May 1981
2	<b>Jacob Blanc</b>	<b>53.47</b>	<b>24<sup>th</sup> June 2022</b>
3	Isaac Ogunlade	54.71	3 <sup>rd</sup> July 2010
4	George Hadler	55.11	26 <sup>th</sup> May 2013
5	Leroy Groves	55.12	15 <sup>th</sup> June 1988
6	Thomas Pitkin	55.13	22 <sup>nd</sup> April 2017
7	Darren Matthews	56.0	18 <sup>th</sup> May 1985
8	Robbie Clarricoats	56.58	26 <sup>th</sup> May 2013
9	David Troup	56.6	12 <sup>th</sup> August 1972
10	= Paul Dunston	56.90	26 <sup>th</sup> June 1982
10	= Adam McCarthy	56.9	26 <sup>th</sup> April 2009

**2,000 Metres Steeplechase**

1	Paul Bettridge	5:58.8	22 <sup>nd</sup> August 1976
2	Richard Fisher	6:02.8	6 <sup>th</sup> August 1965
3	William Bullock	6:03.8	10 <sup>th</sup> July 1981
4	Gavin Maley	6:05.2	11 <sup>th</sup> May 1996
5	Ben Davis	6:06.36	8 <sup>th</sup> July 2017
6	Keith Berrett	6:08.2	?
7	Paul Berrett	6:08.9	18 <sup>th</sup> April 1979
8	Daniel Belbeck	6:15.57	7 <sup>th</sup> July 1991
9	Jason Lendon	6:18.8	26 <sup>th</sup> May 1993
10	Robert Day	6:20.8	1965

### 3,000 Metres Steeplechase

1		Paul Bettridge	9:26.8		24 <sup>th</sup> July 1976
2		Richard Fisher	9:36.0		4 <sup>th</sup> May 1966
3		William Bullock	9:36.4		30 <sup>th</sup> May 1981
4		Jason Lendon	9:40.0		2 <sup>nd</sup> July 1994
5		Ben Davis	9:44.38		4 <sup>th</sup> August 2018
6		Stephen Harrison	9:45.4		11 <sup>th</sup> August 1965
7	=	Roy Young	9:47.0		11 <sup>th</sup> August 1965
7	=	Robert Day	9:47.0		15 <sup>th</sup> May 1965
9		<b>Alex Ford</b>	<b>9:53.82</b>		<b>2<sup>nd</sup> May 2022</b>
10		Wesley Hawes	9:55.5		19 <sup>th</sup> July 1998

### High Jump

1	=	Steve Thornett	1.95m		<b>16<sup>th</sup> July 1983</b>
1	=	Steven Prady	1.95m	U17	18 <sup>th</sup> August 2001
3	=	Alan Murrell	1.93m		7 <sup>th</sup> August 1965
3	=	Steve Nadin	1.93m		7 <sup>th</sup> July 1986
3	=	Dean Tompkins	1.93m	U17	5 <sup>th</sup> May 1990
3	=	Brett Heath	1.93m		23 <sup>rd</sup> January 1994
3	=	Richard Brown	1.93m		5 <sup>th</sup> July 1999
3	=	Shandell Taylor	1.93m		4 <sup>th</sup> August 2018
9		Tony Freeman	1.91m		7 <sup>th</sup> July 1990
10	=	Michael Dunn	1.90m		24 <sup>th</sup> May 1986
10	=	David Stringer	1.90m	U17	21 <sup>st</sup> July 1990
10	=	Scott Keating	1.90m	U17	8 <sup>th</sup> August 2002
10	=	Shandell Taylor	1.90m	U17	4 <sup>th</sup> September 2016
10	=	<b>Aaron Eweka</b>	<b>1.90m</b>		<b>31<sup>st</sup> July 2021</b>

### Long Jump

1		Shandell Taylor	7.78m		13 <sup>th</sup> July 2018
2		Stuart Wells	7.56m		11 <sup>th</sup> July 1997
3		Joshua Olowore	7.20m	U17	18 <sup>th</sup> August 2011
4		Peter Akwaboah	7.08m		21 <sup>st</sup> May 1988
5		Hudson McClean	7.00m		8 <sup>th</sup> September 1974
6		Alex Law	6.92m		16 <sup>th</sup> May 2015
7		Joseph Ramie	6.89m		16 <sup>th</sup> May 2009
8		Lorne Gutteridge	6.81m		28 <sup>th</sup> May 1984
9		Richard Holland	6.78m		12 <sup>th</sup> August 2012
10		Leo Barker	6.76m		2 <sup>nd</sup> August 1997

### Wind Assisted Marks

		Joshua Olowore	7.28m		9 <sup>th</sup> August 2014
		Peter Akwaboah	7.18m		28 <sup>th</sup> May 1988
		Hudson McClean	7.13m		7 <sup>th</sup> September 1974
		John Davies	6.96m	U17	15 <sup>th</sup> August 1999
		Alan Hardy	6.95m		15 <sup>th</sup> May 1976
		Joseph Ramie	6.95m		28 <sup>th</sup> June 2008
		<b>Patrick McLean-Tattan</b>	<b>6.77m</b>		<b>25<sup>th</sup> June 2022</b>

### Triple Jump

1		Peter Akwaboah	15.60m		7 <sup>th</sup> August 1988
2		Jimi Tele	15.01m		7 <sup>th</sup> July 2012
3		Eric Robinson	14.39m		31 <sup>st</sup> May 1958
4		Fred Alsop	14.15m		27 <sup>th</sup> July 1957
5		Lorne Gutteridge	14.10m		9 <sup>th</sup> June 1984
6		Ray Harwood	14.08m		30 <sup>th</sup> May 1964
7		Joshua Olowore	14.02m indoor	U17	26 <sup>th</sup> Feb 2011
			(13.94m	U17	11 <sup>th</sup> June 2011)
8		Joseph Ramie	13.98m		24 <sup>th</sup> May 2009
9		John Davies	13.88m	U17	12 <sup>th</sup> June 1999
10		Kieron Keevil	13.86m		12 <sup>th</sup> June 1993

### Wind Assisted Marks

		Jimi Tele	15.33m		12 <sup>th</sup> May 2013
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**Pole Vault**

1		Ed Thompson	4.40m		19 <sup>th</sup> April 2014
2	=	Brett Heath	4.20m		17 <sup>th</sup> April 1994
2	=	Kevin Tufton	4.20m		22 <sup>nd</sup> August 1999
4		John Woodberry	3.75m		14 <sup>th</sup> April 1976
5	=	Dean Tompkins	3.70m	U17	24 <sup>th</sup> June 1990
5	=	Richard Gray	3.70m	U17	20 <sup>th</sup> July 1993
7	=	Arron Bonning	3.60m		5 <sup>th</sup> May 1993
7	=	Jay Ryan	3.60m		27 <sup>th</sup> July 2008
9		Peter Dukelow	3.58m		23 <sup>rd</sup> July 1966
10		Peter Brinton-Quinn	3.50m	U17	7 <sup>th</sup> April 2019

**Shot Putt 6.00 kg (in use from 1 January 2002)**

1		Scott Hayes	16.77m *		1 <sup>st</sup> September 1991
2		Emmanuel Quarshie	15.05m		9 <sup>th</sup> July 2011
3		Duane Jibunoh	14.46m		27 <sup>th</sup> April 2014
4		Laurence Goodacre	14.35m		2 <sup>nd</sup> July 2011
5		Joshua Olawore	14.34m		30 <sup>th</sup> June 2013
6		Terry Kent	13.63m *		21 <sup>st</sup> May 1983
7		Brett Heath	13.43m *		23 <sup>rd</sup> January 1994
8		<b>Ayo Babatunde</b>	<b>13.25m</b>		<b>18<sup>th</sup> September 2022</b>
9		<b>Patrick McLean-Tattan</b>	<b>12.69m</b>		<b>26<sup>th</sup> June 2022</b>
10		Alex Law	12.54m		13 <sup>th</sup> September 2015

\* 6.25 kg (in use until 31 December 2001)

**Shot Putt 7.26kg**

1		Scott Hayes	15.35m		7 <sup>th</sup> July 1991
2		Emmanuel Quarshie	13.34m		17 <sup>th</sup> July 2011
3		Duane Jibunoh	12.57m		19 <sup>th</sup> April 2014
4		Brett Heath	11.65m		29 <sup>th</sup> April 1994
5		Andy Woolgar	11.59m		1 <sup>st</sup> May 1982
6		Jay Ryan	11.42m		3 <sup>rd</sup> May 2008
7		Dean Tompkins	11.26m	U17	1 <sup>st</sup> April 1990
8		Mark Bishop	10.59m		7 <sup>th</sup> September 1986
9		Alex Law	10.52m		8 <sup>th</sup> August 2015
10		Kevin Deacon	10.22m		3 <sup>rd</sup> May 2003

**Discus 1.75kg**

1		Scott Hayes	51.46m		1 <sup>st</sup> April 1991
2		Duane Jibunoh	50.52m		15 <sup>th</sup> June 2014
3		Leo Barker	40.90m		3 <sup>rd</sup> August 1997
4		<b>Patrick McLean-Tattan</b>	<b>40.07m</b>		<b>9<sup>th</sup> July 2022</b>
5		Laurence Goodacre	39.85m		11 <sup>st</sup> May 2011
6		Bradley Reece	38.65m		10 <sup>th</sup> May 2009
7		Danny Wilson	38.03m		16 <sup>th</sup> September 2012
8		Darron Keevil	37.54m		15 <sup>th</sup> May 1993
9		Michael Duncan	36.96m		26 <sup>th</sup> March 2016
10		<b>Toby Bishop</b>	<b>36.05m</b>		<b>30<sup>th</sup> May 2021</b>

**Discus 2.0kg**

1		Scott Hayes	47.42m		22 <sup>nd</sup> June 1991
2		Duane Jibunoh	46.51m		19 <sup>th</sup> April 2014
3		Brett Heath	36.80m		1 <sup>st</sup> May 1994
4		<b>Patrick McLean-Tattan</b>	<b>36.19m</b>		<b>16<sup>th</sup> July 2022</b>
5		Bradley Reece	35.91m		16 <sup>th</sup> May 2009
6		Andy Woolgar	35.14m		1 <sup>st</sup> May 1982
7		Michael Duncan	33.56m		15 <sup>th</sup> April 2017
8		Emmanuel Quarshie	33.26m		4 <sup>th</sup> June 2011
9		Danny Wilson	33.06m		20 <sup>th</sup> April 2013
10		<b>Toby Bishop</b>	<b>30.86m</b>		<b>13<sup>th</sup> August 2022</b>

**Hammer 6.00 kg (in use from 1 January 2002)**

1	Kevin Deacon	52.89m	17 <sup>th</sup> September 2003
2	Bradley Reece	50.75m	23 <sup>rd</sup> May 2010
3	Joe Forde	49.91m	18 <sup>th</sup> June 2006
4	Daniel Gamester	45.28m *	14 <sup>th</sup> June 1997
5	Lewis Williams	41.99m	29 <sup>th</sup> May 2011
6	Terry O'Leary	32.32m	29 <sup>th</sup> Aug 2004
7	Andrew Tierney	29.85m	27 <sup>th</sup> July 2003
8	<b>Patrick McLean-Tattan</b>	<b>29.21m</b>	<b>24<sup>th</sup> April 2022</b>
9	Christian Newton	28.23m	24 <sup>th</sup> April 2005
10	Jay Ryan	27.33m	27 <sup>th</sup> July 2008

\* 6.25 kg (in use until 31 December 2001)

**Hammer 7.26kg**

1	Kevin Deacon	47.64m	18 <sup>th</sup> April 2003
2	Joe Forde	43.14m	5 <sup>th</sup> August 2006
3	Bradley Reece	45.58m	5 <sup>th</sup> June 2010
4	Daniel Gamester	39.84m	3 <sup>rd</sup> May 1997
5	Andrew Tierney	25.13m	4 <sup>th</sup> August 2001
6	Christian Newton	24.63m	9 <sup>th</sup> July 2005
7	Duane Jibunoh	23.12m	7 <sup>th</sup> June 2014
8	Emmanuel Quarshie	22.18m	31 <sup>st</sup> July 2010
9	Georgie Bean	20.67m	21 <sup>st</sup> Aug 2010

**Javelin 800g New Model Only**

1	Bonne Buwembo	70.80m	13 <sup>th</sup> September 2008
2	Max Law	68.57m	2 <sup>nd</sup> June 2019
3	<b>Peter Brinton-Quinn</b>	<b>61.64m</b>	<b>12<sup>th</sup> September 2021</b>
4	<b>Bradley James</b>	<b>61.03m</b>	<b>7<sup>th</sup> May 2022</b>
5	Bradley Burr	60.19m	17 <sup>th</sup> April 2010
6	<b>Hal Hutton</b>	<b>57.59m</b>	<b>25<sup>th</sup> September 2022</b>
6	Georgie Bean	54.22m	U17 15 <sup>th</sup> June 2008
7	Mark Bishop	53.80m	8 <sup>th</sup> June 1986
9	<b>Simon Hill</b>	<b>52.78m</b>	<b>14<sup>th</sup> May 2022</b>
10	Oliver Woods	52.67m	13 <sup>th</sup> September 2020

**Decathlon****(100m, Long Jump, Shot, High Jump, 400m, 110m hurdles, Discus, Pole Vault, Javelin, 1500m)**

1	Brett Heath	6579 E Points (11.83w, 6.41m, 11.65m, 1.88m, 52.04, 15.88, 36.80m, 4.20m, 39.78m, 4.28.37)	30 <sup>th</sup> April / 1 <sup>st</sup> May 1994
2	Mark Bishop	6070 H Points 11.5, 6.41m, 10.59m, 1.79m, 50.2, 16.7, 28.70m, 3.30m, 52.86m (Old Style) 4.50.0	6 <sup>th</sup> /7 <sup>th</sup> September 1986
3	Greg Archer	5437 H Points 12.0, 6.39m, 9.48m, 1.79m, 53.2, 18.1, 29.86m, 2.60m, 38.20m (Old Style) 5.03.9	29 <sup>th</sup> /30 <sup>th</sup> September 1984
4	Mark Bird	4663 Points	27 <sup>th</sup> /28 <sup>th</sup> September 1980
5	Kieron Keevil	4348 Points	27 <sup>th</sup> /28 <sup>th</sup> August 1993

**Decathlon Under 18 Implements***(100m, Long Jump, Shot, High Jump, 400m, 110m hurdles, Discus, Pole Vault, Javelin, 1500m)*

<b>1</b>	<b>Patrick McLean-Tattan</b>	<b>5895 E Points</b> <b>(11.65, 6.10m, 12.92m, 1.59m, 53.47, 16.67, 42.61m, 2.80m, 48.84m, 5.05.51)</b>	<b>28<sup>th</sup> /29<sup>th</sup> May 2022</b>
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**Decathlon Junior Implements**

1	Leo Barker	6384 E Points 11.37, 6.76m, 12.10m, 1.77m, 53.24, 14.71, 40.90m, 2.90m, 49.32m, 5:13.96	2 <sup>nd</sup> /3 <sup>rd</sup> August 1997
2	Joshua Olawore	6269 E Points 11.05, 7.18m, 12.81m, 1.76m, 50.62; 15.35, 29.15m, 2.60m, 41.99m, 5:07.75	21 <sup>st</sup> / 22 <sup>nd</sup> September 2013
<b>3</b>	<b>Bradley James</b>	<b>5733 E Points</b> <b>11.80, 6.60m, 8.82m, 1.74m, 52.42, 15.41, 27.80m, 2.20m, 53.15m, 4:55.08</b>	<b>18<sup>th</sup>/19<sup>th</sup> September 2021</b>
<b>4</b>	<b>Toby Bishop</b>	<b>5713 E Points</b> <b>11.71, 6.26m, 11.08m, 1.74m, 53.70, 15.19, 34.67m, 3.10m, 42.61m, 5:43.58</b>	<b>18<sup>th</sup>/19<sup>th</sup> September 2021</b>
5	Aaron Bonning	5334 H Points 12.2, 5.94m, 10.80m, 1.66m, 55.6; 16.9, 31.22m, 3.40m, 41.84m, 5:01.0	25 <sup>th</sup> /26 <sup>th</sup> June 1994
6	Danny Wilson	5197 E Points 11.93, 5.33m, 12.37m, 1.63m, 52.09; 18.63, 38.03m, 2.20m, 33.13m, 4:47.23	15 <sup>th</sup> /16 <sup>th</sup> September 2012
7	Darron Keevil	5065 H Points 12.7, 5.96m, 9.96m, 1.80m, 56.8, 16.8, 31.58m, 2.90m, 39.04m, 5:10.8	26 <sup>th</sup> /27 <sup>th</sup> June 1993
8	Bradley Burr	4978 H Points 12.3, 5.62m, 10.79m, 1.74m, 56.8, 16.7, 28.34m, 2.60m, 54.45m, 5:49.7	26 <sup>th</sup> /27 <sup>th</sup> June 2010
<b>9</b>	<b>Patrick McLean-Tattan</b>	<b>4906 H Points</b> <b>(11.8, 6.77w, 12.69m, 1.65m, 55.9, 19.2, 39.33m, 2.60m, 42.81, DNF)</b>	<b>25<sup>th</sup> / 26<sup>th</sup> June 2022</b>

H = Hand Timing    E = Electronic Timing

### Other Junior / U20 Records

4 x 100 Metres Relay	43.60 Sam Sanusi, Ridwan Salaam, Jacob Blanc, Denzel Achi U17	5 <sup>th</sup> September 2020
4 x 200 Metres Relay	1:36.2 Team Unknown	7 <sup>th</sup> August 1976
4 x 400 Metres Relay	3:24.0 Team Unknown	18 <sup>th</sup> May 1980
4 x 800 Metres Relay	8:15.1 Ian Berrett, Keith Evans, S Pattle, Andy Coleman	26 <sup>th</sup> August 1976
4 x 1500 Metres Relay	17:46.6 Team Unknown	10 <sup>th</sup> September 1986
3 x 800 Metres Relay	5:49.3 Team Unknown	1988
3 x 1500 Metres Relay	12:18.2 David Caton, Russell Middleton, Gary Robbins	12 <sup>th</sup> September 1984
Medley Relay 200, 200, 400, 800	3.28.6 Graham Healy, David Burke, Russell Middleton, Gary Robbins	14 <sup>th</sup> July 1987

### Other Junior / U20 Records (cont)

60 metres	<b>Denzel Achi</b>	<b>7.05 Indoor</b>	U17	<b>12<sup>th</sup> February 2022</b>
150 metres	Matthew Russell	16.5		23 <sup>rd</sup> March 1997
300 Metres	Philip Sadler	35.97 Indoor		29 <sup>th</sup> February 1996
600 Metres	Ian Berrett	1:27.1		6 <sup>th</sup> August 1977
1000 Metres	Paul Berrett	2:30.9		20 <sup>th</sup> August 1980
2000 Metres	Roy Young	5:32.2		17 <sup>th</sup> April 1964
3000 Metres	Adrian Murphy	8:24.2		3 <sup>rd</sup> September 1975
5000 Metres	Adrian Murphy	14:44.8		26 <sup>th</sup> July 1975
1 Mile	Richard Bolam	4:15.5		9 <sup>th</sup> July 1975
2 Miles	Roy Young	9:03.6		29 <sup>th</sup> June 1965
60 Metres Hurdles	<b>Jacob Blanc</b>	<b>8.06 Indoor</b>		<b>5<sup>th</sup> February 2022</b>
200 Metres Hurdles	M Corbett	27.8y		11 <sup>th</sup> June 1961
300 Metres Hurdles	<b>Jacob Blanc</b>	<b>38.47</b>		<b>9<sup>th</sup> April 2022</b>
Pentathlon +	Brett Heath	3589 Points		23 <sup>rd</sup> January 1994
Heptathlon + (Indoor)	<b>Toby Bishop</b>	<b>4494 Points</b>		<b>19<sup>th</sup> December 2021</b>
	<b>6.34, 6.18m, 12.07m, 1.72m, 8.46, 3.26m, 3:02.32</b>			
	<i>Note: + Junior Implements</i>			