



Eastern Young Athletes League – Thurrock Sunday 23rd April 2023

	Total	BU13	BU15	MU17	GU13	GU15	WU17
Havering AC	733	110	137	115	93	141	117
Thurrock	517	77	64	113	77	81	85
St Albans	401	82	82	25	58	91	43
Brentwood Beagles	233	28	16	52	35	83	9
Bedfordshire Lions	208	28	19	20	21	39	66
Harlow	207	26	37	23	44	19	48

Havering's Eastern Young Athletes team started the season in style as they notched up a win over the hosts by over 200 points at a rain soaked Thurrock on Sunday. All six age group teams won for a fine start to the 2-23 league season.

Both Under 13 squads made promising starts with many athletes making promising club debuts. The **Under 13 Boys** recording seven nine wins and seven second places. A string wins went to Joe Sewell (1500), George Rogers (hurdles) and Ethan Johnson (discus) while B string wins were led by a trio of wins from Isaac Shearing (800, high jump and shot), with Jesse Crawley winning the B 200m, Schalk Steyn the long jump and Spencer Hart the shot, plus a relay squad victory.

The **Under 13 Girls** had daylight over the rest thanks to nine wins and six second places. Ayla Baker had trio of wins in shot, discus and javelin, with her partners Isabelle Ridley, Dolly Humphrey and Amelia Shearing making it a clean sweep in the throws, with Amelie also adding a high jump B win. Cleo Drake added a win in the A 100m and the sprint relay team also won.

Both Under 15 teams had big wins. The **Under 15 Boys** had a massive 13 wins and six runners up spots. Findlay McLaren won both 800m and 300m A events with Simeon Barker doubling up to win the B 300m and A hurdles, with Bode Thompson winning the hurdles B, and Mini Marathon winner Freddie Rowe blasted to an A 1500m win. Zak Williams won both pole vault and javelin, with Sam Burdett winning the javelin B. Ryan Alexander and Aidan Doherty took full points in the high jump A & B, and Dillon Humphrey won the A hammer and B field victories came from Jayden Wilkinson (long jump), William Tilson (shot) and Harrison Rabess (discus).

The **Under 15 Girls** notched up 15 wins with Eboni Roache winning all three A throws. Fisola Fagbadegun won a sprint double and Leila Jones won both 200 & 300m B races. Full points came in the long jump from Oma Nwapa and Bel Drake and Scarlett Woods and Jess Page won both A & B javelin and Scarlett won the vault as well. Amy Mansell B 100m and Isabell James hurdles won their B events as did the relay quartet.

The **Under 17 women** were clear winners. Precious Fagbadegun and Cassie Campbell won 100 & 200m A races respectively and Charlotte Evans and Rosie Warner took full points in the 1500. Ruby Tillson won both hurdles and high jump and her B string partners Maggie Smith and Sophia Willson added B string wins and the relay squad won too. A special word for Grace Tillson who stepped up from the Under 15s to fill three gaps for the club cause.

The **Under 17 Men** narrowly beat the hosts but recorded 14 wins. Joel Ajayi won both sprints as did his B string partners Ike Okwudi and Kamel Adjei. Dan Lammas and Joseph Gray added full points in the 400m and Toby Johnson won the 1500m. Rashaun Mullings-Smith's Pb on the high jump and there were six other field wins thanks to Bobby Williams (javelin) and doubles from Michael Tesi shot & discus A and Luca Gregory shot & javelin B, as Dn Lammas added a B discus win and the relay squad took full points.