

Under 13 Boys (as at 2nd April 2023)

75 Metres (since 1st April 2021)

1	Jacob Tomlinson	10.0	30th July 2022
2	Luke Benjamin	10.2	17 th July 2021
3	Emmanuel Olubukola-Sogbetun	10.44	8th May 2022
4	Ryan Alexander	10.5	17 th July 2021
		(11.07)	4 th September 2021)
5	Aidan Doherty	10.65	8th May 2022
6	Zak Williams	10.94	4 th September 2021
7	Harrison Palmer	11.0	17 th July 2021

Wind Assisted Marks

Ryan Alexander	10.54	5 th June 2021
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100 Metres

1	Kareem Jerome	11.7	2 nd August 2015
		(11.89)	9 th August 2015)
2	Al-Ameen Salaam	11.9	6 th July 2019
		(12.26)	20 th July 2019
3	Jayden Twum	11.93	29th August 2022
4	Jairzinho Morris	12.2	7 th September 2014
		(12.45)	7 th June 2014)
5	= Lekeladio "Bob" Thanda	12.3	29 th July 1998
5	= Chris Agnimel	12.3	22 nd September 2019
7	= Ross Curtis	12.6	6 th August 1995
7	= Oscar Osuala	12.6	16 th July 2016
9	= Adam Carroll	12.7	29 th July 1979
9	= James Gregory	12.7	6 th August 2000
9	= Charlie Smith	12.7	23 rd July 2006
		(12.99)	10 th September 2006)

Wind Assisted Marks

Jayden Twum	11.83	29th August 2022
Kareem Jerome	11.85	6 th September 2015

150 Metres (since 1st April 2021)

1	Luke Benjamin	19.8	17 th July 2021
2	Jacob Tomlinson	19.99	3rd July 2022
3	= Alex Law	20.4	8 th April 2009
3	= Aidan Doherty	20.40	8th May 2022
3	= Jayden Wilkinson	20.40	3rd July 2022
6	Emmanuel Olubukola-Sogbetun	20.6	30th July 2022

200 Metres

1	Al-Ameen Salaam	24.06	3 rd July 2019
2	Kareem Jerome	24.2	2 nd August 2015
		(24.77)	9 th August 2015)
3	Jayden Twum	24.32	31st August 2022
4	Jairzinho Morris	24.49	27 th July 2014
5	Lekeladio "Bob" Thanda	25.5	13 th September 1998
6	Matthew Russell	25.6	16 th May 1992
7	Oscar Osuala	25.8	16 th July 2016
8	Ross Curtis	25.9	25 th June 1995
9	Nian Jarvis	26.1	8 th August 1989
10	James Gregory	26.2	6 th August 2000

800 Metres

1	Lekeladio "Bob" Thanda	2:10.3	7 th June 1998
2	Findlay McLaren	2:14.89	29 th May 2021
3	Matt Bloy	2:15.2	27 th July 2003
4	Benjamin Ellis	2:15.3	6 th July 2011
		(2:18.75)	5 th June 2011)
5	Matthew Blacklock	2:16.6	2 nd July 2017
		(2:16.62)	20 th August 2017)
6	Daniel Lammas	2:17.6	6 th July 2019
		(2:19.24)	11 th May 2019)
7	John Kiernan	2:18.0	31 st May 1981
8	Joe Isaacs	2:18.9	20 th July 1997
9	Kimathi Christie	2:19.6	18 th July 2015
10	Freddy Keefe	2:19.63	10 th May 2009

1500 Metres

1	Matthew Blacklock	4:32.11	15 th July 2017
2	John Kiernan	4:38.1	6 th September 1981
3	Findlay McLaren	4:38.62	2 nd May 2021
4	Matt Bloy	4:42.2	17 th August 2003
5	Andrew Estcourt	4:42.4	4 th September 1991
6	Gavin Maley	4:43.2	22 nd July 1990
7	Stuart Campbell	4:43.3	27 th July 1986
8	Freddy Keefe	4:43.58	4 th May 2009
9	Ashley Reece	4:44.7	8 th July 2001
10	Joe Isaacs	4:45.8	23 rd July 1997

3000 Metres (no longer a permitted event for Under 13s)

1	Paul Turner	10:07.4	30 th November 1977
2	Keith Berrett	10:20.8	30 th November 1977
3	Joe Isaacs	10:38.4	13 th August 1997

75 Metres Hurdles

1	Al-Ameen Salaam	11.51	29 th September 2019
2	Dominic Alexandru	11.74	12 th May 2018
3	Jacob Blanc	12.1	17 th September 2017
		(12.28	2 nd September 2017)
4	Alex Law	12.2	19 th July 2009
		(12.31	26 th July 2009)
5	Bradley James	12.4	16 th July 2016
		(13.29	29 th August 2016
6	Oscar Shearing	12.7	11 th August 2019
		(12.76	20 th July 2019)
7	= David Creedon	12.8	14 th June 2003
7	= Flynn Astbury	12.8	19 th August 2012
9	Harvey Jolliffe	13.02	13 th July 2013
10	Harrison Palmer	13.2	17 th July 2021
		(13.31	19 th September 2021)

High Jump

1	Shane Smith	1.66m	11 th May 1986
2	Al-Ameen Salaam	1.54m	29 th September 2019
3	Jairzinho Morris	1.53m	14 th September 2014
4	Dominic Alexandru	1.52m	21 st April 2018
5	Anthony Freeman	1.51m	1986
6	= Karl Scott	1.50m	29 th August 1993
6	= Steven Prady	1.50m	14 th September 1997
6	= Harrison Ellis	1.50m	20 th June 2004
6	= Benjamin Hamberger	1.50m	14 th September 2014
6	= Jacob Blanc	1.50m	17 th September 2017

Long Jump

1	Jairzinho Morris	5.31m	12 th June 2014
2	Lekeladio "Bob" Thanda	5.16m	9 th August 1998
3	Alex Law	5.02m	14 th June 2009
4	James Smith	5.01m	21 st July 1996
5	Paul Felstead	5.00m	16 th September 1984
6	Al-Ameen Salaam	4.98m	20 th July 2019
7	Matthew Fennell	4.97m	10 th July 1994
8	Anthony Davies	4.92m	20 th August 1989
9	Ashton Thatcher-Gray	4.87m	31 st July 2016
10	Ross Curtis	4.86m	16 th July 1995

Shot Putt 3.00kg – New Weight 1st April 2018 Onwards

1	Al-Ameen Salaam	12.60m	29 th September 2019
2	Lekeladio "Bob" Thanda	11.87m #	26 th July 1998
3	Ejiro Akpotor	11.51m #	29 th August 2016
4	Alfie Parrish	10.34m #	6 th September 2015
5	Harrison Ellis	10.30m #	12 th September 2004
6	Alex Law	9.65m #	31 st August 2009
7	Noah Harriott	9.45m	15 th September 2019
8	Jacob Tomlinson	9.14m	11th September 2022
9	Harrison Rabess	9.10m	11th September 2022
10	Alex Burr	9.07m #	13 th September 2009

With former 3.25kg shot

Discus 1kg

1	Max Law	34.09m	27 th September 2014
2	Ejiro Akpotor	33.64m	4 th September 2016
3	Alex Law	30.34m	26 th July 2009
4	Harrison Rabess	26.43m	11th September 2022
5	Patrick Tattan-McLean	25.68m	17 th September 2017
6	Oliver Yexley	25.40m	3 rd September 2017
7	Michael Jones	25.21m	11 th September 2005
8	Michael Tesi	24.76m	26 th August 2019
9	Danny Wilson	24.36m	9 th September 2007
10	Bradley Reece	24.25m	14 th September 2003

Javelin 400g

1	Max Law	49.84m	14 th September 2014
2	Oliver Yexley	44.35m	2 nd July 2017
3	Bradley James	42.04m	18 th September 2016
4	Zak Williams	38.45m	12 th September 2021
5	Will King	34.54m	31 st August 2009
6	Peter Brinton-Quinn	33.65m	12 th July 2015
7	Joel Hutton	31.96m	29 th September 2018
8	Samuel Harrison	31.32m	28 th August 1994
9	Robbie Brown	30.64m	15 th September 2019
10	Sam Burdett	30.48m	19 th September 2021

NB Javelin 600g

	Max Law	41.60m	14 th September 2014
	Oliver Yexley	37.40m	17 th September 2017
	Zak Williams	24.96m	30 th June 2021
	Peter Brinton-Quinn	24.56m	13 th September 2015
	Sam Burdett	22.38m	30 th June 2021
	Matthew Page	22.10m	29 th September 2018
	John Nelson	20.50m	12 th June 2011
	Robbie Brown	20.35m	3 rd July 2019

Hammer 3kg

1	Andrew Kerr	22.25m	17 th September 2006
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Other U13 Records

Pentathlon	Al-Ameen Salaam	2363 points	29 th September 2019
4 x 100 Metres Relay	50.58 Jude Ogundare, Daniel Lammas, Sebastian Alexandru, Al-Ameen Salaam		20 th July 2019
4 x 200 Metres Relay	1:58.0 Tony Wiltshire, Philip Sadler, Eamonn Connolly, Nian Jarvis		28 th August 1989
4 x 800 Metres Relay	9:43.0 John Kiernan, B Lewis, Russell Middleton, Gary O'Connor		1 st October 1980
3 x 800 Metres Relay	7:14.5 Grant Twist, Joe Webster, Matt Bloy		20 th September 2003
Medley Relay 200, 200, 400, 800	4:37.1 Richard Gray, Philip Sadler, Nian Jarvis, Marcus Bradbury		10 th September 1989

60 metres	Jayden Twum	7.60	29th August 2022
600 Metres	Andrew Estcourt	1:48.0	17 th March 1991
1 Mile	Gavin Maley	5:07.9	16 th September 1990
60 metres hurdles	Alex Law	9.8s	20 th September 2009

Details uncertain (would be UK age best if verified!)

300 Metres	Paul Turner	39.3	25 th July 1976
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