



Eastern Young Athletes' League, Hemel Hempstead Sun 16th July 2023

	Total	BU13	BU15	MU17	GU13	GU15	WU17
Dacorum	680	104	121	121	90	105	119
Havering AC	659	87	132	108	108	131	78
Ipswich	523	68	76	102	89	100	73
Watford	346	58	19	49	67	44	94
Colchester & Tendring	274	24	49	39	44	39	64
Orion/Ilford	211	29	49	27	4	27	55

Havering's Eastern Young Athletes team lost out narrowly to the hosts Dacorum in the fourth of the five match series on Sunday despite trading three wins apiece with the hosts in the six age group categories.

The **Under 15 Girls** were convincing winners with 13 victories. Fisola Fagbadegun and Kara Adegite contributed four with double wins in both sprints, and Scarlett Woods won both pole vault and javelin and was second in the B hurdles. Daisy Leech and Abi Rogers scored full points in the 800m with Daisy adding second places in both long and high jump. Jasmine Asmal won the B 1500m with Orla Friel second in the A string. B string wins in the field came from Emily Quinlan (javelin), Tomi Ojolowo (long jump) and Amy Mansell in the shot and Amy added second place in the 300m. There was also a win for the relay team of Fisola, Kara, Amy and Christine Atumonyogo

The **Under 15 Boys** had 15 wins and won by 11 points. Tobias Samuel won the 100m and long jump, the latter in a big PB and he was second in the 200m while Ryan Alexander won the B 100m and B high jump. There were also win doubles for Findlay McLaren (800m and A high jump), Freddie Rowe (1500m and B 300m) and Zak Williams in the vault and javelin, backed up with second in the hurdles. Harrison Rabess won the discus and was second in the B shot, and Freddie Hatcher the hammer, and there were B string wins for Shea Sweeney (800m), Jayden Wilkinson (long jump) and Sam Burdett (javelin), and Bode Thompson was B hurdles runner up. Ryan and Tobias were joined by Maxwell Adeosun and Adrian Shalajo-Afolabi in the winning relay quartet.

The **Under 13 Girls** were also victorious with nine individual wins. Ayla Baker and Dulce Smith had win doubles in both shot and discus and Alana Graves won the B javelin while Amelie Shearing added second in the javelin and high jump A events. Summer Smith and Zeni Williams won the 800m A & B races and Ome Nwapa won the B high jump and was runner up in both sprints. Cleo Drake's big long jump PB placed her second and took her into the club all-time top 10, and she was also second in the A 100m and stepped in to fill a 1500m gap for another runners up spot, with Elena Williams second in the 1500m A, as was Siobhan Etemadi in the hurdles B. Sophia Rae Ahmad, Cleo, Amelie and Ome combined for second in the relay.

The **Under 17 Men** notched up nine wins with Joel Ajayi and Emmanuel Asirifi-Otchere winning both A & B string 100m and 200m strings, and Dan Lammas won the 400m. Oliver Pullen won the vault, Jack Hignett the high jump and Bobby Williams the javelin and Jack, Dan, Joel and Emmanuel won the relay. Adem Bouadjadja was second in the triple jump as was Emmanuel in the B, Michael Tesi in the A discus and B javelin, and Daniel Lesser in the B high jump.

The **Under 17 Women** were again missing several athletes. The best results came in the sprints as Precious Fagbadegun and Mya Thomas won both 100m races and Mya added a win in the B 200m as Cassie Campbell was second in the 200m A. The trio were joined by Heidi Burt in the winning relay team. Sophia Willson was second in the high jump and B shot and Rosie Warner was 1500m B runner up.

The **Under 13 Boys** had three wins as newcomer Nathan Bia won the A 100m and B 200m and George Burgess won the B discus and was second in the B 800m, as was George Bangs in the 800m A. There were also second places for Joe Sewell in the 1500m, George Rogers (hurdles and javelin) and Spencer Hart in the shot and discus. The relay team of Nathan, Michael Lesser, Max Sillett and George Rogers were runners up.

Unbeaten Chelmsford top the table and Shaftesbury Barnet in second are fractionally ahead of Havering, with Dacorum in fifth level on match points. Havering face Shaftesbury in the final fixture at Watford on 6th August.

Top Six (after four of five matches): 1. Chelmsford 24 (2987); 2. Shaftesbury Barnet 22 (2740); 3. Havering 22 (2739.5); 4. Dacorum 22 (2523); 6. Basildon 20 (2248).