

Under 17 Men (as at 30th June 2025)

100 Metres

1	Joel Ajayi	10.49	8th June 2024
2	Eugene Ayanful	10.73	5 th August 2006
3	Matthew Russell	10.80	11 th July 1997
4	Denzel Achi	10.99	31 st July 2021
5	Kevin Farrell	11.00a	23 rd July 1994
6	Ike Okwudi	11.04	29 th July 2023
7	= Charlie Moss	11.1	27 th July 2008
7	= Lewis Bailey	11.1	14 th September 2014
9	Emmanuel Asirifi-Otchere	11.11	17th August 2024
10	Ross Bacchus	11.12	17 th August 1997

a = Altitude Assisted Mark

Wind Assisted Marks

Joel Ajayi	10.38	23rd June 2024
Ross Bacchus	11.0	29 th June 1997
Charlie Moss	11.0	28 th June 2008
Emmanuel Asirifi-Otchere	11.06	26th May 2024
Sam Sanusi	11.07	20 th September 2020

200 Metres

1	Kevin Farrell	21.78a	23 rd July 1994
2	Joel Ajayi	21.89	30th June 2024
3	Eugene Ayanful	21.91	28 th July 2006
4	= Matthew Russell	22.20	12 th July 1996
4	= Charlie Moss	22.2	27 th July 2008
		(22.41	12 th July 2008)
6	Emmanuel Asirifi-Otchere	22.23	17th August 2024
7	Jimi Tele	22.5	12 th June 2010
		(22.63	10 th April 2010)
8	Ayo Babatunde	22.51	8 th August 2021
9	Maxwell Adeosun	22.53	14th June 2025
10	Ross Bacchus	22.6	5 th July 1997

a = Altitude Assisted Mark

Wind Assisted Marks

Matthew Russell	21.89	13 th July 1996
Ronnie Adoma	22.30	28 th August 2021
Charlie Moss	22.35	11 th July 2008
Ike Okwudi	22.53	25 th June 2023
Jacob Blanc	22.59	1 st August 2021

400 Metres

1	= Russell Bailey	50.4	9 th July 1978
1	= Andy Lewis	50.4	28 th June 2008
		(50.76	10 th May 2008)
3	Reece Harriott	50.50	9 th June 2018
4	Kevin Farrell	50.6	14 th September 1994
5	Nian Jarvis	50.8	13 th June 1992
6	Andrew Bartlett	50.9	5 th July 2003
7	Danny Wilson	50.92	14 th May 2011
8	Leroy Groves	50.95	21 st June 1987
9	Jacob Blanc	50.98	12 th June 2021
10	Philip Sadler	51.0	12 th June 1993

800 Metres

1	Freddie Rowe	1:51.05	12th April 2025
2	Findlay McLaren	1:54.55	18th June 2025
3	Russell Bailey	1:54.6	15 th July 1978
4	Matthew Bloy	1:55.31	31 st May 2006
5	Russell Middleton	1:56.1	16 th September 1984
6	Gary Robbins	1:56.5	2 nd September 1984
7	Dan Peters	1:56.57	14 th August 2021
8	Glen Coppin	1:56.9	8 th September 1999
9	Ian Chambers	1:56.93	20 th June 1987
10	David Herbert	1:57.1	26 th June 1977

1500 Metres

1	Freddie Rowe	3:44.62	18th June 2025
2	Ross Clarke	4:01.44	24 th Aug 2005
3	Matthew Bloy	4:01.5	10 th June 2006
4	Richard Bolam	4:01.9	20 th August 1972
5	Gary Robbins	4:02.1	5 th August 1984
6	Ashley Reece	4:03.23	29 th June 2005
7	Russell Middleton	4:03.3	19 th May 1984
8	= Paul Berrett	4:04.2	15 th July 1978
8	= Paul Turner	4:04.2	15 th May 1982
10	Gavin Maley	4:06.7	14 th August 1994

Previously listed but overage

Richard Bolam	3:57.8	16 th June 1973
Roy Young	4:02.0 **	12 th July 1963

**** Mile time less 17.5 seconds****3000 Metres**

1	Freddie Rowe	8:38.38	U15	6 th September 2023
2	Ross Clarke	8:44.54		29 th June 2005
3	Hoseah Gikungu	8:57.46		14 th Aug 2011
4	= Gavin Maley	9:00.2		1994
4	= Ashley Reece	9:00.2		18 th July 2004
6	Richard Bolam	9:02.4		17 th June 1972
7	John Deacon	9:07.1		7 th September 1997
8	Paul Turner	9:09.4		16 th May 1982
9	G Smith	9:10.0		19 th August 1973
10	John Broad	9:10.2		26 th May 1971

Previously listed but overage

Adrian Murphy	8:47.0	3 rd July 1974
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100 Metres Hurdles - 3.0ft (91.4cms)

1	Jacob Blanc	12.91		10 th July 2021
2	Sam Sanusi	13.04		5 th September 2020
3	Robbie Clarricoats	13.1		7 th July 2012
		(13.19)		20 th May 2012)
4	Joshua Olawore	13.35		20 th August 2011
5	Jack Edgar-Hill	13.40		2 nd August 2009
6	Toby Bishop	13.58		11 th May 2019
7	Bradley James	13.6		11 th August 2019
		(14.00)		28 th July 2019)
8	Al-Ameen Salaam	13.62		8 th July 2022
9	Richard Hall	13.63		10 th July 1992
10	James With	13.86		13 th September 2020

Wind Assisted Mark

Joshua Olawore	13.21	14 th May 2011
Richard Hall	13.43	5 th July 1992
George Hadler	13.75	14 th May 2011

400 Metres Hurdles – 2ft. 9 ins (84.2cms)

1	Jacob Blanc	54.79		31 st May 2021
2	George Hadler	54.85		14 th July 2012
4	Thomas Pitkin	55.25		12 th July 2014
4	Kevin Lidlow	56.4		10 th July 1978
5	Paul Dunston	56.8		6 th September 1981
6	Toby Bishop	57.08		26 th May 2019
7	Bradley James	57.98		21 st July 2019
8	Simeon Barker	58.20		30th June 2024
9	Martin Cooper	58.52		29 th June 1996
10	Marc Evanson	58.6		20 th August 1989

1,500 Metres Steeplechase

1	David Caton	4:15.0	9 th June 1984
2	Freddie Rowe	4:20.10	31st August 2024
3	Gareth Scott	4:27.5	11 th July 1986
4	Gavin Maley	4:29.5	12 th August 1994
5	Paul Berrett	4:34.6	3 rd September 1978
6	Daniel Belbeck	4:35.0	23 rd September 1989
7	Paul Bettridge	4:37.0	11 th August 1973
8	David Francis	4:39.8	9 th May 1964
9	Keith Berrett	4:40.0	6 th September 1981
10	G Smith	4:41.0	11 th August 1973

High Jump

1	Steven Prady	1.95m	18 th August 2001
2	Dean Tompkins	1.93m	5 th May 1990
3	Jack Hignett	1.91m Indoor	3rd March 2024
		(1.86m	2 nd July 2023)
4	= David Stringer	1.90m	21 st July 1990
4	= Richard Brown	1.90m	19 th April 1998
4	= Scott Keating	1.90m	8 th August 2002
4	= Shandell Taylor	1.90m	4 th September 2016
8	Jamal Thomas	1.87m	6 th May 2018
9	= Steve Thornett	1.86m	21 st September 1980
9	= Richard Kindell	1.86m	18 th April 1993
9	= Nathanael Adeniran	1.86m	13 th August 2017

Previously listed but Overage

Alan Murrell	1.89m	23 rd May 1963
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Long Jump

1	Joshua Olawore	7.20m	21 st August 2011
2	Alex Law	6.85m	8 th June 2013
3	Shandell Taylor	6.80m	4 th September 2016
4	Sam Sanusi	6.75m	30 th June 2019
5	Hudson McClean	6.74m	9 th July 1973
6	Denzel Achi	6.71m	12 th June 2021
7	Stuart Wells	6.69m	14 th May 1995
8	Jacob Blanc	6.59m	28 th June 2021
9	Vince Lazaro	6.53m	10 th June 2006
10	John Davies	6.50m	15 th August 1998

Wind Assisted Marks

John Davies	6.96m	15 th August 1999
Hudson McClean	6.77m	7 th July 1973
Richard Kindell	6.66m	16 th May 1993

Triple Jump

1	Jimi Tele	14.86m	10 th July 2010
2	Eric Robinson	14.07m	21 st July 1956
3	Joshua Olawore	14.02m Indoor	26 th February 2011
		(13.94m	11 th June 2011)
4	John Davies	13.88m	12 th June 1999
5	Chris Brown	13.79m Indoor	25 th January 2020
		(13.42m	12 th June 2021)
6	Stuart Wells	13.65m	11 th June 1994
7	Ray Harwood	13.44m	15 th June 1963
8	Joseph Ramie	13.43m	9 th September 2007
9	Emanuel Iwuchukwu	13.29m	25th May 2025
10	Lorne Gutteridge	13.12m	?1980

Wind Assisted Marks

Emanuel Iwuchukwu	13.94m	14th June 2025
Richard Kindell	13.34m	16 th May 1993

Pole Vault

1	Ed Thompson	3.72m Indoor	17 th March 2013
		(3.60m	13 th April 2013)
2	= Dean Tompkins	3.70m	24 th June 1990
2	= Richard Gray	3.70m	20 th July 1993
4	Kevin Tufon	3.60m	27 th April 1996
5	Peter Dukelow	3.55m	June 1964
6	Peter Brinton-Quinn	3.50m	7 th April 2019
7	Aaron Bonning	3.40m	9 th September 1992
8	Malcolm Thraves	3.35m	29 th June 1968

2024 updates in blue

2025 updates in red

9	=	Brendan Lawlor	3.30m	20 th June 1982
9	=	Anthony Chambers	3.30m	23 rd August 1986
9	=	Andrew Kerr	3.30m	15 th August 2010
Shot Putt - 5kg				
1		Scott Hayes	15.82m	29 th May 1989
2		Terry Kent	15.08m	19 th September 1982
3		Laurence Goodacre	14.39m	7 th June 2008
4	=	Andy Woolgar	14.23m	27 th July 1980
4	=	Emmanuel Quarshie	14.23m	24 th May 2008
6		Sam Johnson	13.54m	7th June 2025
7	=	Mark Bird	13.32m	September 1978
7	=	Ayo Babatunde	13.32m	19 th September 2021
9		Paul Whitcombe	13.18m	1986
10		Nick Addison	13.04m	2 nd May 1982
NB Shot Putt - 6kg				
		Emmanuel Quarshie	13.09m	27 th September 2008
		Laurence Goodacre	13.08m	24 th May 2009
NB Shot Putt – 7.26kg				
		Emmanuel Quarshie	11.96m	13 th September 2008
Discus 1.5kg				
1		Scott Hayes	47.14m	26 th February 1989
2		Danny Wilson	46.27m	3 rd September 2011
3		Steven Gough	44.06m	8 th July 1977
4		Patrick McLean-Tattan	43.12m	30 th May 2021
5		Laurence Goodacre	41.63m	14 th April 2009
6		Nick Addison	40.30m	19 th June 1983
7		Dean Tompkins	40.02m	27 th May 1990
8		Neil Jones	39.90m	16 th June 1985
9		Harrison Rabess	39.75m	10th May 2025
10		Leon Agu	39.31m	12 th August 2023
Hammer - 5kg				
1		Joe Forde	52.93m	10 th October 2004
2		Bradley Reece	48.21m	6 th May 2007
3		Kevin Deacon	48.10m	6 th September 2000
4		Sam Johnson	47.48m	10th May 2025
5		Scott Hayes	45.68m	14 th May 1989
6		Andrew Kerr	42.85m	6 th June 2010
7		Patrick McLean-Tattan	42.39m	5 th September 2021
8		Terry Kent	41.16m	1 st August 1982
9		Chris Bartlett	39.01m	23 rd July 2000
10		Lewis Williams	38.87m	13 th June 2009
NB Hammer - 6kg				
		Bradley Reece	42.77m	1 st July 2007
Javelin - 700g				
1		Max Law	75.30m	7 th July 2018
2		Bonne Buwembo	66.54m	3 rd September 2006
3		Bradley Burr	63.96m	18 th April 2009
4		Bobby Williams	63.50m	14 th May 2023
5		Steve Savill	60.12m	8 th July 1983
6		Georgie Bean	59.74m	25 th May 2008
7		Bradley James	59.31m	12 th July 2019
8		Peter Brinton-Quinn	55.47m	27 th June 2019
9		William Peet	55.12m	1 st July 1961
10		Zak Williams	54.06m	8th September 2024
NB Javelin - 800g				
		Max Law	64.38m	16 th September 2018
		Bonne Buwembo	54.99m	30 th July 2005
		Georgie Bean	54.22m	14 th June 2008
		Bobby Williams	53.23m	18 th June 2023
		Bradley James	51.18m	13 th September 2020
		Zak Williams	50.75m	17th August 2024
		Bradley Burr	49.38m	19 th April 2008
		Peter Brinton-Quinn	48.84m	30 th June 2019

Pentathlon

1	Joshua Olawore	3007 Points 13.6 (100mH), 6.49m (LJ), 27.95m (DT), 33.43 (JT), 52.7 (400),	18 th May 2011
2	Toby Bishop	3005 Points 13.7 (100mH), 6.16m (LJ), 33.07m (DT), 40.63 (JT), 54.8 (400),	22 nd May 2019
3	Dean Tompkins	2610 Points 5.75m (LJ), 38.24m (JT), 24.4 (200m), 34.02m (DT) 5:18.4 (1500)	22 nd April 1990

Octathlon**(Long Jump, Discus, Javelin, 400m, 100m H, High Jump, Shot, 1500m)**

1	Joshua Olawore	5200w Points (6.93m W, 36.32m (DT), 41.14m (JT), 52.46 (400), 13.33s w (100mH), 1.77m (HJ), 12.72m (SP), 5:07.33 (1500) {5179 points with 6.84m w LJ})	18 th September 2011
2	Jacob Blanc	4960 Points (6.43m, 33.28m, 28.52m, 51.82, 13.25, 1.74m, 11.37m, 4:35.77)	19 th September 2021
3	Bradley Burr	4476 Points (5.39m, 15.1 (100H), 54.59 (JT), 56.1 (400), 1.66m (HJ), 11.17m (SP), 31.53 (DT), 4:54.7 (1500)	27 th June 2009
4	Ayo Babatunde	4314 Points (5.82m, 30.56m, 34.11m, 52.67, 15.22, 1.59m, 13.32m, 5:24.76)	19 th September 2021
5	Alex Law	4274 Points (6.67w, 28.78m, 30.27m, 53.32s; 14.01s, 1.62m, 8.79m, 5:22.89)	16 th September 2012
6	Dean Tompkins	4273 Points (12.1, 5.64m, 11.82m, 36.68m, 1.81m, 31.20m, 56.2, 5:13.1)	16 th July 1989
7	Brendan Burgess	4233 Points (5.59m, 37.09m, 31.40m, 55.52, 14.99, 1.47m, 12.54, 5:05.00)	19 th September 2021
8	Sam Sanusi	4127 Points (6.13m, 24.78m (DT), 25.46 (JT), 54.7, 13.5, 1.74m, 10.95m, 5:38.5)	23 rd June 2019

(Tomkins: 100m, Long Jump, Shot, Discus, High Jump, Javelin, 400m, 1500m)**4 x 100 Metres Relay 43.37 20th July 2024****Ryan Alexander, Emmanuel Asirifi-Otchere, Tobias Samuel, Maxwell Adeosun**

4 x 200 Metres Relay	1:36.2 Team Unknown	7 th August 1976
4 x 400 Metres Relay	3:28.7 Team Unknown	13 th September 1978
4 x 800 Metres Relay	8:15.1 Ian Berrett, Keith Evans, Simon Pattle, Andy Coleman	26 th August 1976
4 x 1500 Metres Relay	17:46.6 Team Unknown	10 th September 1986
3 x 800 Metres Relay	6:08.5 Trevor Robinson, Daniel Belbeck, Peter Brannon	6 th September 1989
3 x 1500 Metres Relay	12:18.2 David Caton, Russell Middleton, Gary Robbins	12 th September 1984
Medley Relay 200, 200, 400, 800	3:39.9 David Burke, Tony Osborne, Russell Middleton, Gary Robbins	13 th June 1984

Other Youths / U17 Records

60 metres	Joel Ajayi	6.82	10th February 2024
150 metres	Matthew Russell	16.5	23 rd March 1997
	Eugene Ayanful	16.5	19 th March 2006
300 Metres	Richard Kindell	36.5	14 th April 1993
600 Metres	Glen Coppin	1:27.2	15 th March 1998
1000 Metres	P Williams	2:37.8	11 th May 1961
Two Miles	Stephen Harrison	9:22.8	15 th September 1965
60 Metres Hurdles	Sam Sanusi	8.11	23 rd February 2020
300 Metres Hurdles	Jacob Blanc	38.48	2 nd May 2021
300 Metres Hurdles =	Kevin Benton	44.4	24 th March 1996
(3ft 0ins 91.4cms) =	Ricky Alexander	44.4	24 th March 1996