Under 15 Girls (as at 31st March 2024)

100 Metres					
1 2 3 = 3 = 3 = 6 7 = 7 = 7 = 7 7 = 7	Modupe Shokunbi Lucy Sargent Sonya Lapena Pat Shiels Sheila Richardson Bella Smith Frankie Calder Lloyd Linda Smith Jillian Reynolds Alison Bickell Claire Edwards	12.1 (12.13 12.31 12.5 12.5y 12.5y 12.59 12.60 12.6y 12.6 12.6 12.6	22 nd June 2013 31 st August 2013) 12 th July 2003 21 st July 1990 1 st July 1967 10 th June 1967 1 st August 2018 8 th July 2005 6 th July 1968 2 nd July 1977 26 th August 1985 17 th May 1987 8 th April 1989		
	Laura Jones	12.6	12 th August 2000		
Wind Assisted M	Marks Modupe Shokunbi Pat Shiels Sheila Richardson Bella Smith Frankie Calder Laura Jones	12.12 12.3y 12.3y 12.43 12.49 12.59	25 th May 2013 8 th July 1967 15 th July 1967 8 th July 2018 28 th May 2005 29 th July 2000		
200 Metres					
1 2 3 = 3 = 5 6 7 8 9 10	Lucy Sargent Modupe Shokunbi Jillian Reynolds Claire Edwards Linda Smith Frankie Calder Alison Bickell Laura Jones Dawn Richards Nicola Schofield	25.42 25.5 (25.55 25.6 25.6 25.7 25.8 25.84 25.9 26.0 26.1	30 th August 2003 21 st July 2013 13 th July 2013) 23 rd June 1985 1 st July 1989 3 rd July 1977 25 th June 2004 25 th July 1987 6 th August 2000 29 th July 1978 27 th May 2001		
Wind Assisted N	larks				
	Modupe Shokunbi Linda Smith	25.15 25.5	1 st September 2013 9 th July 1977		
300 Metres 1 2 3 4 5 6 7 8 9 10	Stephanie Okoro Uche Okpalauko Olivia Boachie Frankie Calder Alice Brown Poppy Ellis Leila Jones Amy Mansell Miriam Adebayo Nicola Hill	40.86 40.9 (42.05 41.1 (41.24 41.6 41.61 41.8 (42.28 42.1 (42.92 42.45 42.60 42.94	20 th September 2020 6 th July 2019 11 th May 2019) 6 th July 2019 12 th July 2019) 17 th July 2005 19 th May 2018 1 st July 2017 2 nd September 2017) 10 th July 2022 11 th June 2022 11 th June 2022 19 th September 2021 21 st August 2005		
800 Metres					
1 2 3 4 5 6 7	Lesley Kiernan Carolyn Wells Susan Baxter Alice Brown Giselle Oughton Lydia Hallam Megan Foley	2:10.1 2:10.76 2:11.46 2:11.98 2:12.58 2:13.57 2:13.95	9 th July 1971 18 th August 1978 18 th August 1978 2 nd June 2018 23 rd July 1978 2 nd July 2011 12 th July 2002		

8 9		Sara Luck Karen Chalkley	2:14.52 2:14.9	25 th July 2001 29 th August 1981
10		Stephanie Okoro	2:15.5	7 th July 2019
1500 Metres				
1		Una English	4:36.9	14 th July 1984
2		Susan Baxter	4:38.67	22 nd July 1978
3		Donna Dearlove	4:39.3	7 th September 1988
4		Faye Fullerton	4:39.45	31st August 1998
5		Debbie Sullivan	4:39.8	29 th June 1986
6		Lydia Hallam	4:39.84 mx	27 th July 2011
7		Natalie Sewell	4:40.37	21st August 2019
8		Katie Richardson	4:40.42	12 th July 2003
9		Sharon Jeffries	4:41.0	14 th July 1979
10		Helen Ruffell	4:41.32	30 th July 1982
75 Metres Hu	urdles			
1		Leigh Cockerell	11.4	26 th June 1988
2		Ruby Mace	11.43	13 th July 2018
3		Millie Hodges	11.44	11 th June 2016
4	=	Claire Sargent	11.5	15 th July 2000
4	=	Nicola Hill	11.5	19 th June 2005
C		Davia Kina	(11.53	14 th August 2005)
6 7		Paris King Mayi Hughes	11.53 11.6	11 th October 2020 20 th May 2015
1		Mayl Hughes	(11.79	8 th August 2015)
8		Stephanie Okoro	11.61	13 th September 2020
9		Grace Newson	11.63	11 th June 2016
10		Lisa Schofield	11.65	25 th May 2003
Wind Assiste	ed Mark			,
		Paris King	11.42	1st September 2019
		Nicola Schofield	11.59	9 th September 2001
Diagnalified		Mayi Hughes	11.62	6 th September 2015
Disqualified		Nicola Hill	11.43	14th August 2005
Doubtful Tim	ning	THOOLG TIM	6	11 7 August 2000
	Ū	Michelle Hughes	11.5	30 th June 2012
High Jump				
1		Bethan Siddons	1.64m	22 nd May 2005
2		Cynthia Asiegbu	1.62m	23 rd June 2019
3	=	Chloe Van Wulven	1.60m	1st September 2002
3	=	Ruby Tillson	1.60m	12th September 2021
5		Rebecca Merry	1.58m	11th August 1984
6		Mayi Hughes	1.57m	2 nd August 2015
7	=	Katie O'Sullivan	1.56m	20 th May 2001
7	=	Helen McDonnell	1.56m	19 th April 2003
7	=	Ruby Mace	1.56m	7 th July 2018
10	=	Kay Morris	1.55m	3 rd September 1977
10 10	=	Sara Luck Angela James	1.55m 1.55m	19 th August 2001 10 th September 2006
10	=	Angela James	1.55111	To September 2000
Long Jump				
1		Mayi Hughes	5.34m	20 th May 2015
2		Lucy Sargent	5.30m	22 nd June 2003
3		Kate Brewington	5.25m	29 th June 1996
4		Freya Higginbottom	5.23m	18 th May 2019
5	=	Janice Edwards	5.22m	6 th July 1968
5 5	=	Jillian Reynolds	5.22m 5.22m	1 st September 1984 6 th July 2019
5 8	=	Stephanie Okoro Susan Harries	5.21m	15 th September 1985
9		Emma Bonny	5.20m	14 th July 2001
10		Karen Butler	5.15m	7 th May 1977
10		. taron banor	3.10111	

Pole Vault			
1	Jessie Collier	2.75m	8 th July 2018
2	Mercy Gutteridge	2.73m Indoor	25 th Sept 2011
•	O a sala II Wa a da	(2.56m	11 th Sept 2011)
3 4	Scarlett Woods	2.30m 2.20m indoor	13 th August 2023
4	Katie Ennis	(2.00m	8 th February 2020 20 th Sept 2020)
5 =	= Alice Atkins	2.10m	30 th July 2017
_	Freya Long	2.10m	7 th July 2019
7	Annie Grannell	2.00m	17 th June 2018
8	Katie O'Sullivan	1.80m	26 th August 2000
-	Gemma Archer-Haley	1.70m	10th June 2012
	Philippa Gill	1.70m	11th May 2014
	Jenna Cavanagh	1.70m	8 th July 2018
	= Ava Haythorn	1.70m 1.70m	2 nd June 2019 7 th July 2021
9 =	= Lucy Bacon	1.70111	7* July 2021
Triple Jump			
1 1	Bethany Chambers	10.74m	30 th August 2010
2	Charlotte Fransham	9.37m	18th September 2016
3	Jessica Ward	9.25m	17 th June 2013
4	Nicole Dalton	9.04m	13 th May 2007
5	Jessie Collier	8.43m	15 th April 2018
Shot Putt 3.0kg	g – New Weight 1 st April 2014	Onwards	
1	Omolola Kuponiyi	14.36m	2 nd September 2018
2	Amara Nwosu	11.42m	20 th July 2019
3	Jo Smith	11.19m #	22 nd August 1993
4	Philippa Gill	11.10m	6 th September 2015
5	Zikora Ezeonwuka	10.93m	15 th August 2021
6	Claire Mills	10.85m #	19 th April 1980
_	Kate HerringIsobel McDonach	10.75m # 10.75m	9 th May 1998 4 th July 2015
9	Katherine Buckley	10.74m	4 th July 2015
10	Janis Wilderspin	10.72m #	14 th May 1977
	•	With former 3.25kg shot	
Discus 1.0kg			
1	Georgie Taylor	39.81m	28 th May 2011
1 2	Alice Brown	37.71m	2 nd April 2018
1 2 3	Alice Brown Janis Wilderspin	37.71m 35.92m	2 nd April 2018 15 th May 1977
1 2 3 4	Alice Brown Janis Wilderspin Rosanne Lister	37.71m 35.92m 35.50m	2 nd April 2018 15 th May 1977 17 th April 1983
1 2 3 4 5	Alice Brown Janis Wilderspin Rosanne Lister Claire Mills	37.71m 35.92m 35.50m 33.48m	2 nd April 2018 15 th May 1977 17 th April 1983 12 th April 1980
1 2 3 4	Alice Brown Janis Wilderspin Rosanne Lister Claire Mills Lynsey Clark	37.71m 35.92m 35.50m	2 nd April 2018 15 th May 1977 17 th April 1983
1 2 3 4 5 6	Alice Brown Janis Wilderspin Rosanne Lister Claire Mills Lynsey Clark Freya Gutteridge Rosie Brown	37.71m 35.92m 35.50m 33.48m 33.34m	2 nd April 2018 15 th May 1977 17 th April 1983 12 th April 1980 7 th July 2001 17 th August 2013 21 st August 2016
1 2 3 4 5 6 7	Alice Brown Janis Wilderspin Rosanne Lister Claire Mills Lynsey Clark Freya Gutteridge	37.71m 35.92m 35.50m 33.48m 33.34m 33.18m 32.35m 31.70m	2 nd April 2018 15 th May 1977 17 th April 1983 12 th April 1980 7 th July 2001 17 th August 2013 21 st August 2016 12 th August 1979
1 2 3 4 5 6 7 8 9	Alice Brown Janis Wilderspin Rosanne Lister Claire Mills Lynsey Clark Freya Gutteridge Rosie Brown Claudia Bernard	37.71m 35.92m 35.50m 33.48m 33.34m 33.18m 32.35m 31.70m (32.66 downhill	2 nd April 2018 15 th May 1977 17 th April 1983 12 th April 1980 7 th July 2001 17 th August 2013 21 st August 2016 12 th August 1979 14 th July 1979)
1 2 3 4 5 6 7 8	Alice Brown Janis Wilderspin Rosanne Lister Claire Mills Lynsey Clark Freya Gutteridge Rosie Brown	37.71m 35.92m 35.50m 33.48m 33.34m 33.18m 32.35m 31.70m	2 nd April 2018 15 th May 1977 17 th April 1983 12 th April 1980 7 th July 2001 17 th August 2013 21 st August 2016 12 th August 1979
1 2 3 4 5 6 7 8 9	Alice Brown Janis Wilderspin Rosanne Lister Claire Mills Lynsey Clark Freya Gutteridge Rosie Brown Claudia Bernard Freya Killilea	37.71m 35.92m 35.50m 33.48m 33.34m 33.18m 32.35m 31.70m (32.66 downhill	2 nd April 2018 15 th May 1977 17 th April 1983 12 th April 1980 7 th July 2001 17 th August 2013 21 st August 2016 12 th August 1979 14 th July 1979)
1 2 3 4 5 6 7 8 9	Alice Brown Janis Wilderspin Rosanne Lister Claire Mills Lynsey Clark Freya Gutteridge Rosie Brown Claudia Bernard	37.71m 35.92m 35.50m 33.48m 33.34m 33.18m 32.35m 31.70m (32.66 downhill	2 nd April 2018 15 th May 1977 17 th April 1983 12 th April 1980 7 th July 2001 17 th August 2013 21 st August 2016 12 th August 1979 14 th July 1979)
1 2 3 4 5 6 7 8 9 10 Javelin 600g –	Alice Brown Janis Wilderspin Rosanne Lister Claire Mills Lynsey Clark Freya Gutteridge Rosie Brown Claudia Bernard Freya Killilea Model 1999 Onwards	37.71m 35.92m 35.50m 33.48m 33.34m 33.18m 32.35m 31.70m (32.66 downhill 31.68m	2 nd April 2018 15 th May 1977 17 th April 1983 12 th April 1980 7 th July 2001 17 th August 2013 21 st August 2016 12 th August 1979 14 th July 1979) 14 th July 2018
1 2 3 4 5 6 7 8 9 10 Javelin 600g - 1 2 3	Alice Brown Janis Wilderspin Rosanne Lister Claire Mills Lynsey Clark Freya Gutteridge Rosie Brown Claudia Bernard Freya Killilea Model 1999 Onwards Kike Oniwinde Emma Sharp Melanie Harrison	37.71m 35.92m 35.50m 33.48m 33.34m 33.18m 32.35m 31.70m (32.66 downhill 31.68m 38.16m 32.39m 30.60m	2 nd April 2018 15 th May 1977 17 th April 1983 12 th April 1980 7 th July 2001 17 th August 2013 21 st August 2016 12 th August 1979 14 th July 1979) 14 th July 2018
1 2 3 4 5 6 7 8 9 10 Javelin 600g - 1 2 3 4	Alice Brown Janis Wilderspin Rosanne Lister Claire Mills Lynsey Clark Freya Gutteridge Rosie Brown Claudia Bernard Freya Killilea Model 1999 Onwards Kike Oniwinde Emma Sharp Melanie Harrison Deborah Knight	37.71m 35.92m 35.50m 33.48m 33.34m 33.18m 32.35m 31.70m (32.66 downhill 31.68m 38.16m 32.39m 30.60m 30.50m	2 nd April 2018 15 th May 1977 17 th April 1983 12 th April 1980 7 th July 2001 17 th August 2013 21 st August 2016 12 th August 1979 14 th July 1979) 14 th July 2018 14 th July 2007 13 th July 2013 1 st May 2000 19 th July 2009
1 2 3 4 5 6 7 8 9 10 Javelin 600g - 1 2 3 4 5	Alice Brown Janis Wilderspin Rosanne Lister Claire Mills Lynsey Clark Freya Gutteridge Rosie Brown Claudia Bernard Freya Killilea Model 1999 Onwards Kike Oniwinde Emma Sharp Melanie Harrison Deborah Knight Lauren McVicar	37.71m 35.92m 35.50m 33.48m 33.34m 33.18m 32.35m 31.70m (32.66 downhill 31.68m 38.16m 32.39m 30.60m 30.50m 28.34m	2 nd April 2018 15 th May 1977 17 th April 1983 12 th April 1980 7 th July 2001 17 th August 2013 21 st August 2016 12 th August 1979 14 th July 1979) 14 th July 2018 14 th July 2007 13 th July 2013 1 st May 2000 19 th July 2009 9 th August 2003
1 2 3 4 5 6 7 8 9 10 Javelin 600g – 1 2 3 4 5 6	Alice Brown Janis Wilderspin Rosanne Lister Claire Mills Lynsey Clark Freya Gutteridge Rosie Brown Claudia Bernard Freya Killilea Model 1999 Onwards Kike Oniwinde Emma Sharp Melanie Harrison Deborah Knight Lauren McVicar Georgie Taylor	37.71m 35.92m 35.50m 33.48m 33.34m 33.18m 32.35m 31.70m (32.66 downhill 31.68m 38.16m 32.39m 30.60m 30.50m 28.34m 26.52m	2 nd April 2018 15 th May 1977 17 th April 1983 12 th April 1980 7 th July 2001 17 th August 2013 21 st August 2016 12 th August 1979 14 th July 1979) 14 th July 2018 14 th July 2017 13 th July 2007 13 th July 2000 19 th July 2009 9 th August 2003 1 st August 2000
1 2 3 4 5 6 7 8 9 10 Javelin 600g – 1 2 3 4 5 6 7	Alice Brown Janis Wilderspin Rosanne Lister Claire Mills Lynsey Clark Freya Gutteridge Rosie Brown Claudia Bernard Freya Killilea Model 1999 Onwards Kike Oniwinde Emma Sharp Melanie Harrison Deborah Knight Lauren McVicar Georgie Taylor Georgie-Lou Sales	37.71m 35.92m 35.50m 33.48m 33.34m 33.18m 32.35m 31.70m (32.66 downhill 31.68m 38.16m 32.39m 30.60m 30.50m 28.34m 26.52m 26.48m	2 nd April 2018 15 th May 1977 17 th April 1983 12 th April 1980 7 th July 2001 17 th August 2013 21 st August 2016 12 th August 1979 14 th July 1979) 14 th July 2018 14 th July 2017 13 th July 2007 13 th July 2000 19 th July 2009 9 th August 2003 1 st August 2010 10 th April 2005
1 2 3 4 5 6 7 8 9 10 Javelin 600g – 1 2 3 4 5 6 7 8	Alice Brown Janis Wilderspin Rosanne Lister Claire Mills Lynsey Clark Freya Gutteridge Rosie Brown Claudia Bernard Freya Killilea Model 1999 Onwards Kike Oniwinde Emma Sharp Melanie Harrison Deborah Knight Lauren McVicar Georgie Taylor Georgie-Lou Sales Sidnie Sales	37.71m 35.92m 35.50m 33.48m 33.34m 33.18m 32.35m 31.70m (32.66 downhill 31.68m 38.16m 32.39m 30.60m 30.50m 28.34m 26.52m 26.48m 24.17m	2 nd April 2018 15 th May 1977 17 th April 1983 12 th April 1980 7 th July 2001 17 th August 2013 21 st August 2016 12 th August 1979 14 th July 1979) 14 th July 2018 14 th July 2013 1st May 2000 19 th July 2009 9th August 2003 1st August 2010 10 th April 2005 1st July 2006
1 2 3 4 5 6 7 8 9 10 Javelin 600g – 1 2 3 4 5 6 7 8	Alice Brown Janis Wilderspin Rosanne Lister Claire Mills Lynsey Clark Freya Gutteridge Rosie Brown Claudia Bernard Freya Killilea Model 1999 Onwards Kike Oniwinde Emma Sharp Melanie Harrison Deborah Knight Lauren McVicar Georgie Taylor Georgie-Lou Sales Sidnie Sales Rachel Forder	37.71m 35.92m 35.50m 33.48m 33.34m 33.18m 32.35m 31.70m (32.66 downhill 31.68m 38.16m 32.39m 30.60m 30.50m 28.34m 26.52m 26.48m 24.17m 23.05m	2 nd April 2018 15 th May 1977 17 th April 1983 12 th April 1980 7 th July 2001 17 th August 2013 21 st August 2016 12 th August 1979 14 th July 1979) 14 th July 2018 14 th July 2013 1st May 2000 19 th July 2009 9 th August 2003 1st August 2010 10 th April 2005 1st July 2006 2 nd May 2011
1 2 3 4 5 6 7 8 9 10 Javelin 600g – 1 2 3 4 5 6 7 8 9	Alice Brown Janis Wilderspin Rosanne Lister Claire Mills Lynsey Clark Freya Gutteridge Rosie Brown Claudia Bernard Freya Killilea Model 1999 Onwards Kike Oniwinde Emma Sharp Melanie Harrison Deborah Knight Lauren McVicar Georgie Taylor Georgie-Lou Sales Sidnie Sales Rachel Forder Patsy McWeeney	37.71m 35.92m 35.50m 33.48m 33.34m 33.18m 32.35m 31.70m (32.66 downhill 31.68m 38.16m 32.39m 30.60m 30.50m 28.34m 26.52m 26.48m 24.17m 23.05m 22.90m	2 nd April 2018 15 th May 1977 17 th April 1983 12 th April 1980 7 th July 2001 17 th August 2013 21 st August 2016 12 th August 1979 14 th July 1979) 14 th July 2018 14 th July 2013 1st May 2000 19 th July 2009 9th August 2003 1st August 2010 10 th April 2005 1st July 2006
1 2 3 4 5 6 7 8 9 10 Javelin 600g – 1 2 3 4 5 6 7 8 9	Alice Brown Janis Wilderspin Rosanne Lister Claire Mills Lynsey Clark Freya Gutteridge Rosie Brown Claudia Bernard Freya Killilea Model 1999 Onwards Kike Oniwinde Emma Sharp Melanie Harrison Deborah Knight Lauren McVicar Georgie Taylor Georgie-Lou Sales Sidnie Sales Rachel Forder	37.71m 35.92m 35.50m 33.48m 33.34m 33.18m 32.35m 31.70m (32.66 downhill 31.68m 38.16m 32.39m 30.60m 30.50m 28.34m 26.52m 26.48m 24.17m 23.05m 22.90m	2 nd April 2018 15 th May 1977 17 th April 1983 12 th April 1980 7 th July 2001 17 th August 2013 21 st August 2016 12 th August 1979 14 th July 1979) 14 th July 2018 14 th July 2013 1st May 2000 19 th July 2009 9 th August 2003 1st August 2010 10 th April 2005 1st July 2006 2 nd May 2011
1 2 3 4 5 6 7 8 9 10 Javelin 600g – 1 2 3 4 5 6 7 8 9	Alice Brown Janis Wilderspin Rosanne Lister Claire Mills Lynsey Clark Freya Gutteridge Rosie Brown Claudia Bernard Freya Killilea Model 1999 Onwards Kike Oniwinde Emma Sharp Melanie Harrison Deborah Knight Lauren McVicar Georgie Taylor Georgie-Lou Sales Sidnie Sales Rachel Forder Patsy McWeeney	37.71m 35.92m 35.50m 33.48m 33.34m 33.18m 32.35m 31.70m (32.66 downhill 31.68m 38.16m 32.39m 30.60m 30.50m 28.34m 26.52m 26.48m 24.17m 23.05m 22.90m	2 nd April 2018 15 th May 1977 17 th April 1983 12 th April 1980 7 th July 2001 17 th August 2013 21 st August 2016 12 th August 1979 14 th July 1979) 14 th July 2018 14 th July 2013 1st May 2000 19 th July 2009 9 th August 2003 1st August 2010 10 th April 2005 1st July 2006 2 nd May 2011
1 2 3 4 5 6 7 8 9 10 Javelin 600g - 1 2 3 4 5 6 7 8 9 10 Javelin 500g - 1 2	Alice Brown Janis Wilderspin Rosanne Lister Claire Mills Lynsey Clark Freya Gutteridge Rosie Brown Claudia Bernard Freya Killilea Model 1999 Onwards Kike Oniwinde Emma Sharp Melanie Harrison Deborah Knight Lauren McVicar Georgie Taylor Georgie-Lou Sales Sidnie Sales Rachel Forder Patsy McWeeney New weight 1st April 2014 On Lucy Quinlan Adelaide Thatcher-Graf	37.71m 35.92m 35.50m 33.48m 33.34m 33.18m 32.35m 31.70m (32.66 downhill 31.68m 38.16m 32.39m 30.60m 30.50m 28.34m 26.52m 26.48m 24.17m 23.05m 22.90m nwards 35.03m y 34.97m	2nd April 2018 15 th May 1977 17 th April 1983 12 th April 1980 7 th July 2001 17 th August 2013 21 st August 2016 12 th August 1979 14 th July 1979) 14 th July 2018 14 th July 2013 1st May 2000 19 th July 2013 1st May 2000 19 th July 2009 9 th August 2010 10 th April 2005 1st July 2006 2nd May 2011 13 th July 2008
1 2 3 4 5 6 7 8 9 10 Javelin 600g - 1 2 3 4 5 6 7 8 9 10 Javelin 500g - 1 2 3 3	Alice Brown Janis Wilderspin Rosanne Lister Claire Mills Lynsey Clark Freya Gutteridge Rosie Brown Claudia Bernard Freya Killilea Model 1999 Onwards Kike Oniwinde Emma Sharp Melanie Harrison Deborah Knight Lauren McVicar Georgie Taylor Georgie-Lou Sales Sidnie Sales Rachel Forder Patsy McWeeney New weight 1st April 2014 On Lucy Quinlan Adelaide Thatcher-Gray Jessica Page	37.71m 35.92m 35.50m 33.48m 33.34m 33.18m 32.35m 31.70m (32.66 downhill 31.68m 38.16m 32.39m 30.60m 30.50m 28.34m 26.52m 26.48m 24.17m 23.05m 22.90m nwards 35.03m y 34.97m 32.27m	2nd April 2018 15 th May 1977 17 th April 1983 12 th April 1980 7 th July 2001 17 th August 2013 21 st August 2016 12 th August 1979 14 th July 1979) 14 th July 2018 14 th July 2013 1st May 2000 19 th July 2013 1st May 2000 19 th July 2009 9 th August 2010 10 th April 2005 1st July 2006 2nd May 2011 13 th July 2008 4 th September 2021 26 th August 2017 17 th September 2023
1 2 3 4 5 6 7 8 9 10 Javelin 600g - 1 2 3 4 5 6 7 8 9 10 Javelin 500g - 1 2 3 4 4 5 6 7 8 9 10 Javelin 500g - 1 2 3 4 4 5 6 6 7 8 9 10 5 6 6 7 7 8 9 10 5 6 7 7 8 9 10 5 6 7 7 8 9 10 5 6 7 7 8 9 10 5 6 7 7 8 9 10 5 6 7 7 8 9 10 5 6 7 7 8 9 10 5 6 7 7 8 9 10 5 6 7 7 8 9 10 5 6 7 7 8 9 10 5 7 7 8 9 10 5 7 7 8 9 10 5 7 7 8 9 10 5 7 7 7 8 9 10 5 7 7 7 8 9 10 5 7 7 7 8 9 10 5 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7	Alice Brown Janis Wilderspin Rosanne Lister Claire Mills Lynsey Clark Freya Gutteridge Rosie Brown Claudia Bernard Freya Killilea Model 1999 Onwards Kike Oniwinde Emma Sharp Melanie Harrison Deborah Knight Lauren McVicar Georgie Taylor Georgie-Lou Sales Sidnie Sales Rachel Forder Patsy McWeeney New weight 1st April 2014 On Lucy Quinlan Adelaide Thatcher-Gray Jessica Page Ruby Mace	37.71m 35.92m 35.50m 33.48m 33.34m 33.18m 32.35m 31.70m (32.66 downhill 31.68m 38.16m 32.39m 30.60m 30.50m 28.34m 26.52m 26.48m 24.17m 23.05m 22.90m nwards 35.03m y 34.97m 31.99m	2nd April 2018 15 th May 1977 17 th April 1983 12 th April 1980 7 th July 2001 17 th August 2013 21 st August 2016 12 th August 1979 14 th July 1979) 14 th July 2018 14 th July 2013 1st May 2000 19 th July 2013 1st May 2000 19 th July 2009 9 th August 2010 10 th April 2005 1st July 2006 2nd May 2011 13 th July 2008 4 th September 2021 26 th August 2017 17 th September 2023 2nd July 2017
1 2 3 4 5 6 7 8 9 10 Javelin 600g - 1 2 3 4 5 6 7 8 9 10 Javelin 500g - 1 2 3 3	Alice Brown Janis Wilderspin Rosanne Lister Claire Mills Lynsey Clark Freya Gutteridge Rosie Brown Claudia Bernard Freya Killilea Model 1999 Onwards Kike Oniwinde Emma Sharp Melanie Harrison Deborah Knight Lauren McVicar Georgie Taylor Georgie-Lou Sales Sidnie Sales Rachel Forder Patsy McWeeney New weight 1st April 2014 On Lucy Quinlan Adelaide Thatcher-Gray Jessica Page	37.71m 35.92m 35.50m 33.48m 33.34m 33.18m 32.35m 31.70m (32.66 downhill 31.68m 38.16m 32.39m 30.60m 30.50m 28.34m 26.52m 26.48m 24.17m 23.05m 22.90m nwards 35.03m y 34.97m 32.27m	2nd April 2018 15 th May 1977 17 th April 1983 12 th April 1980 7 th July 2001 17 th August 2013 21 st August 2016 12 th August 1979 14 th July 1979) 14 th July 2018 14 th July 2013 1st May 2000 19 th July 2013 1st May 2000 19 th July 2009 9 th August 2010 10 th April 2005 1st July 2006 2nd May 2011 13 th July 2008 4 th September 2021 26 th August 2017 17 th September 2023

7	Faith Reilly	30.41m	20th September 2020	
8	Emily Quinlan	28.14m	14 th May 2023	
9 =	Philippa Gill	27.07m	24 th May 2015	
9 =	Jessie Collier	27.07m	14 th May 2017	
Hammer 3.0kg – New	v 1 st April 2014 Onwards			
1	Georgie Taylor	28.99m #	15 th May 2011	
2	Amara Nwosu	26.50m	15 th September 2019	
3	Omolola Kuponiyi	26.15m	2 nd September 2017	
4	Amy Cox	25.78m #	17 th September 2006	
5	Eboni Roach	24.99m	7 th May 2023	
6	Freya Killilea	24.02m	13 th August 2017	
7	Philippa Gill Claudia Attewell	23.89m	25 th August 2014	
8		22.51m 22.00m	18 th May 2019	
9 10	Katherine Buckley Freya Gutteridge	21.90m #	18 th July 2015 1 st June 2013	
10	# With	former 3.25kg hammer	1 - June 2013	
Note: Hammer 4kg	# *************************************	ionner 3.23kg nammer		
Note: Hammer 4kg	Lily Swift	17.95m	4th August 2013	
	Lify Ownt	17.55111	+ //ugust 2010	
Pentathlon (new shot				
w.e.f 1st April 14)	Mayi Hughes	2934 Points	20th May 2015	
Long Jump	., .,	5.34m	,	
75 Metres Hurdles		11.6s		
Shot Putt (3kg)		9.29m		
High Jump		1.52m		
800m		2:53.2		
Pentathlon (old shot)	Nicola Hill	2743 Points	18th September 2005	
Long Jump		4.73m		
75 Metres Hurdles		11.72s		
Shot Putt (3.25kg)		8.31m		
High Jump		1.36m		
800m		2:32.73		
Pentathlon (Indoor)	Stephanie Okoro	3071 Points	14th December 2019	
60 Metres Hurdles		9.74s		
Long Jump		5.03m		
Shot Putt		8.45m		
High Jump		1.39m		
800m		2:20.36		
Other U15 Girls' Rec	anda			
4 x 100 Metres Relay	49.49		21st July 2019	
+ x 100 Wickes Helay		King, Stephanie Okoro, Uche	21 daily 2015	
	Okpalauko	ang, diephanie Okoro, dene		
4x200 Metres Relay	1:47.2		27th August 1984	
,	Jillian Reynolds, Susan Harries, Alison Bickell, Kim Har			
	1:47.2	30 th June 1985		
	(Team unknown)			
4x300 Metres Relay	2:52.55		28 th June 2019	
	Stephanie Okoro, Lucy	Nattrass, Uche Okpalauko,		
	Olivia Boachie			
3x800 Metres Relay	6:39.8		13 th September 1978	
		Giselle Oughton, Susan Baxter, Carolyn Wells		
	(United Kingdom Nation	al Girls Record)		
4x800 Metres Relay	9:22.0		23 rd July 1977	
		ayment, Susan Baxter, Carolyn		
	Wells			
60 metres	Modupe Shokunbi	7.94	23 rd February 2013	
150 metres	Natasha White	19.6 U13	30 th June 2002	
600 Metres	Karen Rees	1:38.5	26 th July 1988	
1000 Metres	Donna Dearlove	2:59.5	17 th August 1988	
3000 Metres	Lydia Hallam	10:33.93	14 th May 2011	
60 Metres Hurdles	Paris King	9.02 Indoors	23 rd February 2020	
80 Metres Hurdles	Ruby Mace	12.4	7 th July 2018	