



## ***Essex Cross Country Championships – Day 1 U13, U15s & Vets – Writtle University College Sat 4<sup>th</sup> December 2021***

There were two individual wins and three team medals for club runners as the first leg of the Essex Cross Country Championships took place at Writtle on Saturday with the Under 13s and Under 15s, and the Veterans contesting the first day's events.

Rob Warner produced a great run in his first **Veterans'** Essex County championship to leave his contemporaries in his wake, leading from gun to tape to win the **M40** race by forty seconds. Jason Lendon was next home and ran well to finish in 9<sup>th</sup> and the scoring four was completed by good runs from Gavin Maley in 16<sup>th</sup> and Rob Trevor in 21<sup>st</sup>, as the team were edged into second by just two points by Springfield Striders. Steve Rand in 22<sup>nd</sup> was just outside the scoring four with Jason Crispin 28<sup>th</sup>, James Blogg 33<sup>rd</sup>, and Martin Chester 38<sup>th</sup> making up the quartet who were the first 'B' team home in seventh overall. The 10-strong Havering contingent was completed by Ian Anthony 39<sup>th</sup> and Graham Hogan 43<sup>rd</sup>.

The **M50** vets team finished sixth thanks to Gary Atkins whose strong run placed him 20<sup>th</sup> with John Barker not far behind in 28<sup>th</sup>, while Tony Pecoraro 42<sup>nd</sup> and Roy James 61<sup>st</sup> completed the scorers.



Havering were one of several clubs whose young athlete teams were missing several regulars due to the avoidable clash with the English Schools Cup Final in Newquay.

Freddie Rowe continued his dominance of the Essex **Under 13 Boys'** season by taking the individual gold medal. Liam Battrum was fifth home, with Riley Stubberfield and William Tillson finishing 14<sup>th</sup> and 15<sup>th</sup> to secure the team silver medals. Ethan Carroll placed 23<sup>rd</sup>.

The **Under 15 boys** scoring quartet packed well as Ryan Carroll, Nathan Hart and Sean Langan finished 11<sup>th</sup>, 12<sup>th</sup> and 13<sup>th</sup> and Toby Johnson was 15<sup>th</sup>, to earn the quartet team bronze. Alfie Geeves (20<sup>th</sup>), Lochlan Dyer (24<sup>th</sup>) and Joe Gray (26<sup>th</sup>) completed the Havering line-up.

The girls' teams were badly affected by the Schools' event clash and were unable to field full teams. Jessica Page (19<sup>th</sup>), Scarlett Woods (20<sup>th</sup>) and Callie Ziepe (25<sup>th</sup>) competed for the **Under 13 girls** and Abigail Swan in 15<sup>th</sup> and new member Isobel Pickard (27<sup>th</sup>) competed for the **Under 15 girls**.

The second day of the Essex Championships for Under 17s, Under 20s and Seniors are at Gloucester Park, Basildon on Saturday 8<sup>th</sup> January.



*For more pics see posts on Havering AC Facebook Group*

#### **RESULTS:**

**M40 Veterans:** 1<sup>st</sup> Rob Warner 26:27; 9<sup>th</sup> Jason Lendon 27:56; 6<sup>th</sup> Gavin Maley 28:48; 21<sup>st</sup> Rob Trevor 29:18 (Team 2<sup>nd</sup> – 47 points); 22<sup>nd</sup> Steve Rand 29:26; 28<sup>th</sup> Jason Crispin 29:57; 33<sup>rd</sup> James Blogg 30:41; 38<sup>th</sup> Martin Chester 31:06 (Team 7<sup>th</sup> 121 points); 39<sup>th</sup> Ian Anthony 31:07

**M50 Veterans:** 20<sup>th</sup> Gary Atkins 30:57; 28<sup>th</sup> John Barker 31:35; 42<sup>nd</sup> Tony Pecoraro 33:100; 61<sup>st</sup> Roy James 34:44 (Team 6<sup>th</sup>)

**U15 Girls:** 15<sup>th</sup> Abigail Swan 16:52; 27<sup>th</sup> Isobel Pickard 19:04

**U15 Boys:** 11<sup>th</sup> Ryan Carroll 14:43; 12<sup>th</sup> Nathan Hart 14:45; 113<sup>th</sup> Sean Langan 14:46; 15<sup>th</sup> Toby Johnson 14:54 (Team: 3<sup>rd</sup> 51 points); 20<sup>th</sup> Alfie Geeves 15:17; 24<sup>th</sup> Lochlan Dyer 15:44; 26<sup>th</sup> Joseph Gray 16:00

**U13 Girls:** 19<sup>th</sup> Jessica Page 15:26; 20<sup>th</sup> Scarlett Woods; 25<sup>th</sup> Callie Ziepe 17:48

**U13 Boys:** 1<sup>st</sup> Freddie Rowe 11:53; 5<sup>th</sup> Liam Battrum 12:47; 14<sup>th</sup> Riley Stubberfield 14:02; 15<sup>th</sup> William Tillson 14:03 (Team: 2<sup>nd</sup> 35 points); 27<sup>th</sup> Ethan Carroll 14:52